## CONEJO QUIVER

## July 2020 Issue



The next scheduled club shoot is Sunday August 23, 2020 - plan to shoot. The General Meeting will start at 11:30 per our normal schedule. Should the meeting end up being canceled due to Covid-19, a notice will be sent out.

## FROM THE EDITOR

John Downey, Editor
I'm glad to see that folks are slowing coming out and making use of the range. Everyone is encouraged to make use of the range but do it safely. Please remember to follow the new CVA guidelines (printed again this month in the newsletter). We all know the drill now about proper distancing and face masks. So please be careful.


We mostly have our usual cast of irregulars again this month, so enjoy this month's newsletter.
Hope to see you when this craziness is all over.

## NOTE:

For now, I'm maintaining a low profile and not venturing farther than the mailbox. Amazon is my best friend currently (and all too easy to use).
... jbd
P.S. Send me your best Covid "Mask Pictures" for next month's Quiver. How clever can you get?

## FROM THE DESK OF THE PRESIDENT

Kurt Hoberg, President

## CVA Range News

Range News: I hope everyone is staying healthy. In late June we were allowed to open completely, with the Public session opened and full range member shooting with guests allowed.

There are postings throughout the range that outline the requirements that need to be followed for us to remain open. A membership email was sent with that info as well. Please familiarize yourself with the details. The major requirements are social distancing and the wearing of face coverings when not shooting.
Each porta-toilet has a spray bottle of Steramine surface sanitizer located inside, and we also use this to sterilize shared Public Session equipment. Steramine is not hand sanitizer but is for spraying on surfaces to kill viruses and to disinfect. Please use on the toilet doors and other high use areas on the range.
I'm hoping that the ever-changing situation in our State allows us to remain open. We are watching and will inform the membership of any changes that require us to adjust how we run the range.
Public Session Range: Late June we were able to reopen and again offer the Public Session. The sessions have been lightly attended and honestly, we really had no idea of the expected turnout.

The lock on the Public Session door is fixed and will open from the inside.

We closed on July 18 to replace the bales on the PS range, which was very overdue. Thanks to everyone that came out to help. On Saturday before noon the team compressed and placed 100 haybales. We rebuilt the 18 M and yardage ranges, every target has new strapping, and we displaced one very angry scorpion. It was a lot of work that was made easier with lots of help, and we also had a
lot of fun. I want to also thank Mike Keena for the use of his Polaris and trailer, and to Kevin Cloepfil as the man behind the scenes coordinating and addressing the fine details to set us up us for success.
We will be opening again per normal scheduling the weekend of the $25^{\text {th }}$ and are allowing members to shoot the range if they so desire.
Field Range: The majority of the lanes look OK, but some adopted lanes were especially overgrown and required a couple of work crew sessions to remediate. For those who have adopted lanes with walkups to the next target, please be sure to continue to address those areas in addition to the main shooting lane.

Haybales on the entire range need to be replaced. We will be planning that out and will inform members of when we will be addressing the situation.

## Open Positions - Volunteers Stepped Up!

Treasurer: I want to thank Genevieve Ivie for volunteering to be our club Treasurer. Gen and Cher are already working together for a smooth transition later in the year. Thanks Gen - we are here to help and are excited to have you in this vital position!
Field Range Captain: I want to thank Mike Keena for volunteering to be our Field Range Captain. Mike has already been doing the job, so I am convinced that he is the right person and will do great!

Hey Mike - let's get some bales replaced!
CVA Toy Drive: After 14 years of serving in the capacity of Tournament Director for CVA's Annual Toy Drive Charity Tournament, my lovely wife Rose is stepping down from running the event.

Our Club Tournament Chair, Mr. John Downey extraordinaire, has volunteered to run the Tournament this year. I'm very happy as this charity event is important to help children during the holiday season.

I foresee a Nightmare on Elm Street theme with John running the show...stay tuned.

## Tournament News

Due to Covid-19, many tournaments are being canceled or postponed. Be sure to check the USA Archery schedule, the CBH newsletter, and social media for the status of a scheduled shoot.

CA Archery is using the USA Archery WEB site to schedule tournaments. Browse to https://www.usarchery.org/events/find-anevent to find and schedule out the event of interest.

Currently the following tournaments are scheduled with registration open. Check back often as tournaments are being added and dates adjusted.

- CA Beach Cup in Long Beach, CA - August $8^{\text {th }}$
- 2020 Pacific Coast Championship in Sacramento CA - September $18^{\text {th }}$
- State Outdoor in Long Beach CA - October $17^{\text {th }}$

CBH Tournaments are scheduled as well; please check the CBH WEB site (https://www.cbhsaa.net/EventCalendar) for schedules.

## Snakes

They are out! Stay vigilant, watch where you step, \& don't put your hands where you can't see them when searching for arrows.

## Range Security

As I do every month, I would like to remind all members to close and lock the CVA gate behind you when you enter the range and be sure to secure and lock the gate when you leave. This includes both the main range entrance and the gate to the Tournament Range.
I've lost count the number of times l've personally secured the gate during the weekend and weekdays. We have had vandalism occur keeping the range secure helps keep the possibility down.
Club members, please be sure to do your part to secure our range.
See you on the range!
Your President,
Kurt
Remember, archery is easy. Shoot a 10, do it again!

## From the Desk of the VP

Bonnie Marshall

## Elections!!

Things are starting to heat up on the election nominations front as we have many new faces throwing in their hat for Board positions!

## Here's the candidates!

## President

Kurt Hoberg
Vice President
Richard Carpenter
Cathy Linson

## Secretary

Scott Leviant
Board Members (alpha order)
Bryan Carter
Kevin Cloepfil
Bill Davis
Grace Getzen
Erik Hammerquist
Matt Ivie
Mike Keena
(David Jockisch and Lee Glaser have one year remaining on their terms)


## CVA Anniversaries

## How time flies!

## July Anniversaries

Bryan Tanger - 13 years
Rob Ramos-11 years
Daniel Aldrich - 8 years
Terry Marvin and family -6 years
Todd and Grace Dolores -2 years
David English and family - 1 year
Thank you all for your continued support!

## Membership Corner

The new Membership Protocols were passed at the last General Meeting and so I post them here again for all to review. The most important thing for everyone to think about is there are only about 8 weeks left (September 15th end of day) to complete your work hours.
Many people have not even started their hours yet, so all I can say is "get it done". The expense of the renewal, due to the increased Maintenance Fee with uncompleted hours, means you will owe last year's fee PLUS you will be required to go to a non-working membership for the new year and will owe that new Maintenance Fee. It will add up very fast.

So, let's make it easy for everyone and look for all opportunities you can to get hours completed.
Enough said!

See you on the range!
Bonnie

## Adopted Changes to Conejo Valley Archers Membership Requirements and Costs

Approved - 6/28/2020
Note: Lifetime Memberships are not affected by these changes

## Membership Fees

- Membership Fees will again remain unchanged for the 202021 club year


## Work Hour Requirements - Working Memberships

- Beginning with the 2020-21 club year, required Work Hours will be set for each Membership type as follows:

1. Single and Student Memberships will be set to $\mathbf{2 4}$ hours per year per membership
Prorated hours requirements for new memberships will be two hours per month
2. Family Membership will be set to $\mathbf{4 8}$ hours per year per membership
Prorated hours requirements for new memberships will be four hours per month
3. Single Golden Ager Membership will set to 12 hours per year per membership
Prorated hours requirements for new members will be one hour per month
4. Family Golden Ager Membership will be set to 24 hours per year per membership
Prorated hours requirements for new memberships will be two hours per month

## Maintenance Fees - Non-Working Memberships

- Beginning with the 2020-21 club year, Maintenance Fees will be set for each membership type as follows:

1. Single and Student Maintenance Fees will change to \$300 per year per membership

Prorated Maintenance Fees for new memberships will be $\mathbf{\$ 2 5}$ per month
2. Family Maintenance Fees will change to $\mathbf{\$ 6 0 0}$ per year per membership
Prorated Maintenance Fees for new memberships will be $\$ \mathbf{5 0}$ per month
3. Single Golden Ager Maintenance Fees will change to \$180 per year per membership
Prorated Maintenance Fees for new memberships will be $\mathbf{\$ 1 5}$ per month
4. Family Golden Ager Maintenance Fees will change to \$360 per year per membership
Prorated Maintenance Fees for new memberships will be $\mathbf{\$ 3 0}$ per month

## CVA Members

## Please review the following if you haven't already.

The Board of Directors is very pleased to be able to announce the reopening of the range to our MEMBERS ONLY as of Saturday May 23!! Go shoot your bow!!!

## DO NOT STOP READING!!

There is a LOT of information here. Please be a responsible member and read through all of this, it is important.

Now that we have passed our initial inspection, all final paperwork completed, and necessary sanitary items placed were needed, we were allowed to open up. Any questions or comments need to be directed to Kurt or Bonnie. A COVID-19 Risk Assessment, Prevention Plan and Guidance Documentation are all posted at the Field Range Bulletin Board in the Volunteer Sign In pocket. Do NOT remove these documents from the area.

## Things NOT changing at this time:

- We will not yet be open to the public or guests at this time.
- No group meetings
- No Access from the Park/ Main Gate Entrance - Tournament Range Parking ONLY - Walk in access only
- No vehicles on the range except AUTHORIZED maintenance vehicles
- No dogs on the range.


## Things that ARE changing:

- Masks are recommended at all times but of course while shooting should be pulled off.
- 6-foot distancing at all times everywhere on all range areas especially during scoring.
- We can shoot!


## What IS happening:

- The Monthly Club Shoot is ON!!! Targets will be set on Saturday and good for shooting on Sunday
- Quiver to still go out in a modified COVID-19 format.
- Range Maintenance - on going and incredibly important - the mustard is out in force!!


## What IS NOT happening:

- No General Meeting this month - we will decide monthly on this status
- No Public Session - There will be a makeover of how we will need to run these sessions and we will need to do some more discussion until that time comes. It will definitely not happen until after the parks opens and we will notify the public via Face Book.


## Please bring to the range when you come:

- Your own personal mask or face covering.
- Your own personal hand sanitizer clipped to your quiver.
- Common courtesy for all - please remember that a good portion of our membership is considered elderly.
- Water, sunscreen, hat, etc. - this opening weekend is slated for extreme heat!! Be aware of yourself and others. Be prepared.


## When you get to the Range:

- Skip a spot when parking vehicles.
- Read ALL posted materials.
- Do not share equipment unless from same household.
- Utilize sanitation items on any hard surface high touchpoint areas such as padlocks, handles to portable toilets or bins. Use with discretion and report if missing.


## BUT FIRST!!!

You as a "volunteer" of this "business" are all required to go through the attached training.
What this means is that you read through the information below AND then open the attachment and read through that info including clicking into all of the blue links.

You have all heard this information before, but for us to be able to stay open, you all must adhere to these guidelines as presented. It's not that hard.
Also note that you are looking through documents that have been prepared by government agencies. There are redundancies on everything. Just grit your teeth and look through it all still please. Here you go!

Below is statewide guidance for businesses to follow, if they're permitted to open per county health rules.
Before reopening, these facilities must:

1. Perform a detailed risk assessment and implement a sitespecific protection plan - posted on site
2. Train members on how to limit the spread of COVID-19, including how to screen themselves for symptoms and stay home if they have them - all members to review this link: https://www.cdc.gov/coronavirus/2019-ncov/symptomstesting/symptoms.htmI?CDC AA refVal=https\%3A\%2F\%2Fw ww.cdc.gov\%2Fcoronavirus\%2F2019-ncov\%2Fsymptomstesting\%2Findex.htm
3. POSTED ON SITE - All Members to review all posted signage:
4. Implement individual control measures and screenings
5. Implement disinfecting protocols
6. Implement physical distancing guidelines

It is critical that members needing to self-isolate because of COVID19 , stay at home to prevent further infection on our range.

## Bonnie

## Conejo Valley Archers Covid-19

Required Documentation posted at the Field Range Bulletin Board inside of the Volunteer Check-In pocket - please do not remove from area - includes:

CAL/OSHA Risk Assessment Checklist
CVA Protection/Prevention Plan
Industry Guidance Document
All members are required to read through Covid-10 Industry Guidance - Outdoor Museums and Galleries (yes this is correct) at:

## https://covid19.ca.gov/pdf/guidance-outdoor-museums.pdf

## Please click into all links that are highlighted in blue

Before reopening, all facilities must:

1. Perform a detailed risk assessment and implement a sitespecific protection plan - completed and posted on-site
2. Train employees on how to limit the spread of COVID-19, including how to screen themselves for symptoms and stay home if they have them - email communication and posted in Quiver Newsletter
3. Implement individual control measures and screenings posted on site
4. Implement disinfecting protocols -posted on site
5. Implement physical distancing guidelines - posted on site

It is critical that employees needing to self-isolate because of COVID-19 are encouraged to stay at home. Do not come to the range if you have any of the following:

People with COVID-19 have had a wide range of symptoms reported - ranging from mild symptoms to severe illness.

Symptoms may appear 2-14 days after exposure to the virus.
People with these symptoms may have COVID-19:

- Cough
- Shortness of breath or difficulty breathing
- Fever
- Chills
- Muscle pain
- Sore throat
- New loss of taste or smell

This list is not all possible symptoms. Other less common symptoms have been reported, including gastrointestinal symptoms like nausea, vomiting, or diarrhea.

When to Seek Emergency Medical Attention Look for emergency warning signs* for COVID-19. If someone is showing any of these signs, seek emergency medical care immediately

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake


## - Bluish lips or face

*This list is not all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you.

Call 911 or call ahead to your local emergency facility: Notify the operator that you are seeking care for someone who has or may have COVID-19.

## Practice these activities to reduce the spread!!

- Frequent Handwashing - 20 seconds with soap and water
- Avoid touching face
- Sanitizers used should contain $60 \%$ ethanol or $70 \%$ alcohol
- Parking lot areas - park 6 feet apart in lots (skip a spot)


## Self-Checker

A guide to help you make decisions and seek appropriate medical care.

Click here to self-check:
https://www.cdc.gov/coronavirus/2019-ncov/symptomstesting/symptoms.html?CDC AA refVal=https\%3A\%2F\%2Fwww.c dc.gov\%2Fcoronavirus\%2F2019-ncov\%2Fsymptomstesting\%2Findex.html

## Survival, The Ultimate Outdoor Skill

A column for the "Conejo Quiver," July 2020

## By Curtis Hermann

There are literally dozens of books on the subject of surviving in hostile or at least in under less than perfect conditions. I even have one book that is devoted to the subject of just surviving any kind of imaginable storm. There are many CD's and I'm sure just as many U-tube Videos on the subject. Although I am often leery of what I see on YouTube as many are
 done but few are really good.

For many years most survival information was directed at the outdoorsman or woman that were hunters, fisherman/boaters, campers, hikers or mountain climbers. Today the survival community has expanded a great deal to include the urban and suburban citizen as those that distrust government, foreign or domestic enemies and major catastrophic events like wildfires, earthquakes, hurricanes, nuclear blasts, pandemics and chemical or biologic warfare.

Remember the bomb shelters from the 60 's! I sure do. In fact, there was a small town that was built by FDR in 1941 in just seven months. This small town was to manufacture the bombs that would be used against Germany and Japan in WWII. It was built in the southwest corner of South Dakota in a remote piece of prairie that had a railroad line running through it. Before they even built the factory where the bombs were to be built, they built 802 large domed bunkers out of cement that was to be used to store the various bombs. This little town was known as "Igloo," a nickname it picked up because of the shape of these bunkers.

I know about this town because I lived there from the summer of 1943 to the summer of 1945. Anyway, this town survived until 1964 and the start of the Vietnam war, when it was abandoned and sold to a rancher. Today many of those bunkers have been purchased by private citizens and turned into luxury bomb shelters.


In all my years of teaching, I have restricted the knowledge of survival to the needs of the archers. Specifically, the hunting archer because they are the ones who tend to (temporarily) get lost or find they need to spend an unintended night in the woods without shelter or bedroll. On occasion an accident or fall that will render a limb useless or large wound to happen. More common was dehydration causing hyperthermia (heat stroke) by not having enough water. Hypothermia (freezing) from such things as falling while crossing a creek or river at night fall and far from camp. Not being dressed properly for sitting in a tree stand in December while trying to pretend you were not miserably cold. Small cuts and bruises and burns (all of which tended to happen in camp) were
covered in First Aid. Today the idea of acquiring survival knowledge is a far larger subject.

We all live in what we can loosely call "the greater Los Angeles area" the most densely populated spot in the United States. Our production and shipping capacity are unequaled, and these traits make us a high value target by wrongdoers.

To the North, East and somewhat to the South we are surrounded by mountains and massive deserts, and to the West is thousands of miles of open water along our coast. These geographical barriers today are a delight to have, but during a massive earthquake or nuclear blast they become a trap making escape difficult at best.

I thought of this column because of the current situation we all find ourselves in with a lot of chaotic government malfeasance, the closing of our businesses, schools, churches etc. The loss of jobs. The need for masks, staying home and social distancing along with rioters, looters and protestors, it just seems that the topic of being prepared for worsening conditions must be on everyone's mind.

I am not suggesting that we all go to South Dakota and buy a bunker or anything radical like that. I think I just wanted everyone to know that we are all having these thoughts and that a little preparation here and there around the home couldn't hurt and that you are not alone with these thoughts.

Our club is a great group of families that share a common pastime and are competent with the rules of safety while using archery equipment. We stay aware and practice with the idea of being safe and seeing that others around us are safe as well. It is perhaps time we consider expanding our knowledge of how to survive larger disasters for the benefit of our families, after all survival is the ultimate outdoor skill.


A Modernized "Igloo" Dwelling


A number of the old "Igloos" have been bought and converted

## Club Tournament News

June 28, 2020 Club Shoot

Considering most of us are in seclusion due to the Covid-19 pandemic we had a good turnout for the June shoot, with seventeen archers making the round and turning in score cards.
At the top for the month is JOAD member Jack Houghton with a 565 Handicapped score (479 scratch). Oscar had to settle for second with his 559 (540 scratch) score, and his shooting buddy Charles picked up third $(554,518)$

| NAME | HSCORE | SCRATCH | DIVISION | STYLE |
| :--- | :--- | :--- | :--- | :--- |
| Jack Houghton | 565.00 | 479.00 | C | FITA |
| Oscar Melendez | 559.00 | 540.00 | A | FS |
| Charles Neace | 554.00 | 518.00 | A | FS |
| Jim Collins | 552.00 | 443.00 | A | BHFS |
| Scott Leviant | 552.00 | 486.00 | A | FS |
| Norman Rice | 548.00 | 473.00 | GA | BHFS |
| Norman Rice | 544.00 | 489.00 | GA | FS |
| Cher Riggs | 543.00 | 382.00 | A | FITA |
| Nathan Collins | 542.00 | 395.00 | Y | BHFS |
| Kurt Hoberg | 541.00 | 439.00 | A | FITA |
| Terry Marvin | 537.00 | 473.00 | A | FS |
| Sarah Dakin | 532.00 | 325.00 | A | BHFS |
| Carlos Parada | 505.00 | 227.00 | A | TRAD |
| Charlie Houghton | 490.00 | 156.00 | C | FITA |
| Ken Downey | 490.00 | 490.00 | A | BHFS |
| Tom Swindell | 489.00 | 218.00 | GA | TRAD |


| Jeff Owens | 245.00 | 245.00 | A | TRAD |
| :--- | :--- | :--- | :--- | :--- |

## Club Trophy (Best Five Handicapped Scores)

Oscar is looking good to pick up the Club Championship (for now) but that could change. Charles is a mere 4 points behind. There is still plenty of time for a dark horse to sneak in and pick it up.

| NAME | HSCORE AVERAGE | STYLE |
| :--- | :--- | :--- |
| Oscar Melendez | 557.20 | FS |
| Charles Neace | 553.20 | FS |
| Terry Marvin | 545.20 | FS |
| Mark Miller | 540.60 | FS |
| Jim Collins | 535.40 | BHFS |

## Perpetual Trophy (Best Ten Scratch Scores)

Oscar is looking pretty good for this trophy as well.

| NAME | SCRATCH TOTAL | STYLE | AVG |
| :--- | :--- | :--- | :--- |
| Oscar Melendez | 3711 | FS | 530.10 |
| Charles Neace | 3586 | FS | 512.30 |
| Terry Marvin | 3357 | FS | 479.60 |
| Mark Miller | 2969 | FS | 494.80 |
| Jim Collins | 2909 | BHFS | 415.60 |

Golden Ager Trophy (Best Three Handicapped Scores)
Will Norm Rice pick trophy up again this year, or can Curtis Hermann sneak in and take it away? Only the Shadow knows.

| NAME | HSCORE AVG | STYLE |
| :--- | :--- | :--- |
| Norman Rice | 519.70 | BHFS |
| Curtis Hermann | 497.70 | TRAD |
| Tom Swindell | 488.30 | TRAD |

## All Scores to Date (since the October 2019 club shoot) Please report any discrepancies to JBD

| Name | Date Shot | Division | Scratch | Style | Handicap | Hscore |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Bill Bachelor | 1/26/2020 | A | 463 | BHFS | 0 | 463 |
| Bill Bachelor | 2/23/2020 | A | 468 | BHFS | 0 | 468 |
| Bob Bombardier | 12/22/2019 | A | 177 | LB | 0 | 177 |
| Bob Bombardier | 1/26/2020 | A | 131 | LB | 0 | 131 |
| Bob Bombardier | 2/23/2020 | A | 122 | LB | 334 | 456 |
| Carlos Parada | 11/24/2019 | A | 185 | TRAD | 0 | 185 |
| Carlos Parada | 12/22/2019 | A | 205 | TRAD | 0 | 205 |
| Carlos Parada | 1/26/2020 | A | 197 | TRAD | 292 | 489 |
| Carlos Parada | 2/23/2020 | A | 214 | TRAD | 284 | 498 |
| Carlos Parada | 5/24/2020 | A | 177 | LB | 0 | 177 |
| Carlos Parada | 6/28/2020 | A | 227 | TRAD | 278 | 505 |
| Charles Neace | 11/24/2019 | A | 504 | FS | 0 | 504 |
| Charles Neace | 12/22/2019 | A | 506 | FS | 0 | 506 |
| Charles Neace | 1/26/2020 | A | 512 | FS | 42 | 554 |
| Charles Neace | 2/23/2020 | A | 517 | FS | 39 | 556 |
| Charles Neace | 3/22/2020 | A | 515 | FS | 37 | 552 |
| Charles Neace | 5/24/2020 | A | 514 | FS | 36 | 550 |
| Charles Neace | 6/28/2020 | A | 518 | FS | 36 | 554 |
| Charlie Houghton | 1/26/2020 | C | 123 | FITA | 0 | 123 |
| Charlie Houghton | 2/23/2020 | C | 152 | FITA | 0 | 152 |
| Charlie Houghton | 6/28/2020 | C | 156 | FITA | 334 | 490 |
| Chef Robert Bogin | 11/24/2019 | A | 512 | FS | 0 | 512 |
| Chef Robert Bogin | 12/22/2019 | A | 509 | FS | 0 | 509 |
| Chef Robert Bogin | 1/26/2020 | A | 510 | FS | 40 | 550 |
| Chef Robert Bogin | 3/22/2020 | A | 511 | FS | 40 | 551 |
| Chef Robert Bogin | 5/24/2020 | A | 502 | FS | 42 | 544 |


| Name | Date Shot | Division | Scratch | Style | Handicap | Hscore |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| Cher Riggs | $2 / 23 / 2020$ | A | 293 | FITA | 0 | 293 |
| Cher Riggs | $3 / 22 / 2020$ | A | 328 | FITA | 0 | 328 |
| Cher Riggs | $5 / 24 / 2020$ | A | 369 | FITA | 184 | 553 |
| Cher Riggs | $6 / 28 / 2020$ | A | 382 | FITA | 161 | 543 |
| Chris Blackwell | $3 / 22 / 2020$ | YA | 357 | BHFS | 0 | 357 |
| Connor Blackwell | $3 / 22 / 2020$ | YA | 409 | BHFS | 0 | 409 |
| Curtis Hermann | $12 / 22 / 2019$ | GA | 232 | TRAD | 0 | 232 |
| Curtis Hermann | $1 / 26 / 2020$ | GA | 234 | TRAD | 0 | 234 |
| Curtis Hermann | $2 / 23 / 2020$ | GA | 254 | TRAD | 256 | 510 |
| Curtis Hermann | $3 / 22 / 2020$ | GA | 215 | TRAD | 261 | 476 |
| Curtis Hermann | $5 / 24 / 2020$ | GA | 251 | TRAD | 256 | 507 |
| David Jockisch | $5 / 24 / 2020$ | A | 481 | FS | 0 | 481 |
| Derek Lyneis | $2 / 23 / 2020$ | A | 489 | FS | 0 | 489 |
| Derek Lyneis | $3 / 22 / 2020$ | A | 498 | FS | 0 | 498 |
| Derek Lyneis | $5 / 24 / 2020$ | A | 500 | FS | 52 | 552 |
| Jack Houghton | $1 / 26 / 2020$ | C | 427 | FITA | 0 | 427 |
| Jack Houghton | $2 / 23 / 2020$ | C | 450 | FITA | 0 | 450 |
| Jack Houghton | $6 / 28 / 2020$ | C | 479 | FITA | 86 | 565 |
| James Stankovich | $11 / 24 / 2019$ | GA | 237 | LB | 0 | 237 |
| James Stankovich | $12 / 22 / 2019$ | GA | 208 | LB | 0 | 208 |
| James Stankovich | $1 / 26 / 2020$ | GA | 234 | LB | 267 | 501 |
| James Stankovich | $2 / 23 / 2020$ | GA | 180 | LB | 282 | 462 |
| Jeff Blackwell | $3 / 22 / 2020$ | A | 441 | BHFS | 0 | 441 |
| Jeff Owens | $3 / 22 / 2020$ | A | 132 | TRAD | 0 | 132 |
| Jeff Owens | $6 / 28 / 2020$ | A | 245 | TRAD | 0 | 245 |
| Jim Collins | $11 / 24 / 2019$ | A | 434 | BHFS | 0 | 434 |
| Jim Collins | $12 / 22 / 2019$ | A | 397 | BHFS | 0 | 397 |
| Jim Collins | $1 / 26 / 2020$ | A | 401 | BHFS | 120 | 521 |
| Jim Collins | $2 / 23 / 2020$ | A | 403 | BHFS | 128 | 531 |
|  |  |  |  |  |  |  |


| Name | Date Shot | Division | Scratch | Style | Handicap | Hscore |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| Jim Collins | $3 / 22 / 2020$ | A | 416 | BHFS | 123 | 539 |
| Jim Collins | $5 / 24 / 2020$ | A | 415 | BHFS | 119 | 534 |
| Jim Collins | $6 / 28 / 2020$ | A | 443 | BHFS | 109 | 552 |
| Joe Cavaleri | $11 / 24 / 2019$ | GA | 111 | LB | 0 | 111 |
| Joe Cavaleri | $1 / 26 / 2020$ | GA | 92 | LB | 0 | 92 |
| Joe Cavaleri | $2 / 23 / 2020$ | GA | 137 | LB | 358 | 495 |
| Joe Cavaleri | $5 / 24 / 2020$ | GA | 97 | LB | 362 | 459 |
| Ken Downey | $1 / 26 / 2020$ | A | 396 | BHFS | 0 | 396 |
| Ken Downey | $6 / 28 / 2020$ | A | 490 | BHFS | 0 | 490 |
| Kevin Knebel | $1 / 26 / 2020$ | A | 91 | LB | 0 | 91 |
| Kurt Hoberg | $1 / 26 / 2020$ | A | 450 | FITA | 0 | 450 |
| Kurt Hoberg | $2 / 23 / 2020$ | A | 418 | FITA | 0 | 418 |
| Kurt Hoberg | $3 / 22 / 2020$ | A | 411 | FITA | 107 | 518 |
| Kurt Hoberg | $5 / 24 / 2020$ | A | 447 | FITA | 108 | 555 |
| Kurt Hoberg | $6 / 28 / 2020$ | A | 439 | FITA | 102 | 541 |
| Mark Miller | $11 / 24 / 2019$ | A | 464 | FS | 0 | 464 |
| Mark Miller | $12 / 22 / 2019$ | A | 481 | FS | 0 | 481 |
| Mark Miller | $1 / 26 / 2020$ | A | 494 | FS | 65 | 559 |
| Mark Miller | $2 / 23 / 2020$ | A | 510 | FS | 52 | 562 |
| Mark Miller | $3 / 22 / 2020$ | A | 524 | FS | 41 | 565 |
| Mark Miller | $5 / 24 / 2020$ | A | 496 | FS | 40 | 536 |
| Nathan Collins | $11 / 24 / 2019$ | Y | 311 | BHFS | 0 | 311 |
| Nathan Collins | $12 / 22 / 2019$ | Y | 376 | BHFS | 0 | 376 |
| Nathan Collins | $1 / 26 / 2020$ | Y | 352 | BHFS | 171 | 523 |
| Nathan Collins | $2 / 23 / 2020$ | Y | 348 | BHFS | 162 | 510 |
| Nathan Collins | $3 / 22 / 2020$ | Y | 373 | BHFS | 162 | 535 |
| Nathan Collins | $5 / 24 / 2020$ | Y | 361 | BHFS | 160 | 521 |
| Nathan Collins | $6 / 28 / 2020$ | Y | 395 | BHFS | 147 | 542 |
| $11 / 24 / 2019$ | GA | 438 | BHFS | 0 | 438 |  |


| Name | Date Shot | Division | Scratch | Style | Handicap | Hscore |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Norman Rice | 1/26/2020 | GA | 463 | FS | 0 | 463 |
| Norman Rice | 2/23/2020 | GA | 503 | FS | 0 | 503 |
| Norman Rice | 2/23/2020 | GA | 464 | BHFS | 0 | 464 |
| Norman Rice | 5/24/2020 | GA | 483 | FS | 62 | 545 |
| Norman Rice | 5/24/2020 | GA | 463 | BHFS | 84 | 547 |
| Norman Rice | 6/28/2020 | GA | 473 | BHFS | 75 | 548 |
| Norman Rice | 6/28/2020 | GA | 489 | FS | 55 | 544 |
| Oscar Melendez | 11/24/2019 | A | 516 | FS | 0 | 516 |
| Oscar Melendez | 12/22/2019 | A | 531 | FS | 0 | 531 |
| Oscar Melendez | 1/26/2020 | A | 515 | FS | 32 | 547 |
| Oscar Melendez | 2/23/2020 | A | 540 | FS | 26 | 566 |
| Oscar Melendez | 3/22/2020 | A | 529 | FS | 26 | 555 |
| Oscar Melendez | 5/24/2020 | A | 540 | FS | 19 | 559 |
| Oscar Melendez | 6/28/2020 | A | 540 | FS | 19 | 559 |
| Robb Ramos | 12/22/2019 | A | 123 | TRAD | 0 | 123 |
| Robb Ramos | 1/26/2020 | A | 170 | TRAD | 0 | 170 |
| Robb Ramos | 2/23/2020 | A | 105 | TRAD | 342 | 447 |
| Sarah Dakin | 1/26/2020 | A | 289 | BHFS | 0 | 289 |
| Sarah Dakin | 2/23/2020 | A | 289 | BHFS | 0 | 289 |
| Sarah Dakin | 6/28/2020 | A | 325 | BHFS | 207 | 532 |
| Scott Leviant | 2/23/2020 | A | 476 | FS | 0 | 476 |
| Scott Leviant | 5/24/2020 | A | 470 | FS | 0 | 470 |
| Scott Leviant | 6/28/2020 | A | 486 | FS | 66 | 552 |
| Sunny Linares | 12/22/2019 | A | 507 | FS | 0 | 507 |
| Terry Marvin | 11/24/2019 | A | 477 | FS | 0 | 477 |
| Terry Marvin | 12/22/2019 | A | 472 | FS | 0 | 472 |
| Terry Marvin | 1/26/2020 | A | 488 | FS | 65 | 553 |
| Terry Marvin | 2/23/2020 | A | 478 | FS | 65 | 543 |
| Terry Marvin | 3/22/2020 | A | 484 | FS | 62 | 546 |


| Name | Date Shot | Division | Scratch | Style | Handicap | Hscore |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| Terry Marvin | $5 / 24 / 2020$ | A | 485 | FS | 62 | 547 |
| Terry Marvin | $6 / 28 / 2020$ | A | 473 | FS | 64 | 537 |
| Tom Swindell | $11 / 24 / 2019$ | GA | 243 | TRAD | 0 | 243 |
| Tom Swindell | $12 / 22 / 2019$ | GA | 244 | TRAD | 0 | 244 |
| Tom Swindell | $1 / 26 / 2020$ | GA | 231 | TRAD | 257 | 488 |
| Tom Swindell | $2 / 23 / 2020$ | GA | 227 | TRAD | 261 | 488 |
| Tom Swindell | $5 / 24 / 2020$ | GA | 218 | TRAD | 268 | 486 |
| Tom Swindell | $6 / 28 / 2020$ | GA | 218 | TRAD | 271 | 489 |

Hope to see you all out on the range.
Keep stick'n them pointy ends in the target.
John Downey
Tournament Chairman

## NOTE:

## SCORE CARDS

Due to the Covid-19 pandemic and social distancing rules we are temporarily reducing the number of required signatures on score cards from three (3) to two (2) signatures. In other words, only two archers are required in a group. Your cards still need to be signed by the archer and the person that accompanied the archer for the round. That person does not need to actually shoot but does need to accompany the archer and keep the second card. Copies of Score Cards (phone pictures or images)

## My mother didn't raise a PRINCESS



## She trained a VALKYRIE

 can be emailed to me at johndowney@sbcglobal.net. Please email or send images of both cards.
## JOAD - Always On Point

July 2020

The Conejo Valley Archers JOAD program has been operational since the range was re-opened during the COVID-19 pandemic. New protocols have been put in place, social distancing and of course mask
 wearing. We do this to keep our children safe and allow them some sense of normalcy. To be truthful, it gives the parents a bit of normalcy as well. Welcome back archers and parents. It's a pleasure to see everyone again!

July proved to be an "explosive" month! Ken and Geoff discovered a new and fun source of archery entertainment and it was presented to the JOAD kids. Some of you may have seen or heard the 2 L bottles of compressed air exploding on the range. It does provide a great sense of cause and effect! See the photos below!

With the public range closed because of COVID-19, it was nice to see some of the CVA members, Darkside Archers and especially our CVA board members shooting on the adjacent tournament range! We welcome the CVA board members to stop by any Saturday and spend some time shooting with us and perhaps providing some fun archery stories with the students.

Coach Ken has been prepping the students for a potential return to archery tournaments (at some point)! The JOAD students have been performing mock tournaments and shooting for USA Archery pins. Range Dad Geoff, has been trying to find fun and engaging games and activities for upcoming JOAD sessions. Stay tuned for more on this! JOAD has also adopted field ranges adjacent to the tournament range. Parents: Please utilize these adopted ranges for your volunteer hours. Speak with Coach Ken and document the hours spent on the volunteer log book. Let's keep CVA looking good so we can all shoot and enjoy the activities CVA provides.

This month's Student Spotlight is Nadia Vass. Nadia is a 15 -yearold resident of Thousand Oaks, shooting an Olympic Recurve with 21\# limbs. Nadia started shooting when she was 8 years old after her parents took her to the CVA public session. She found archery to be a fun challenge and started to take private lessons. However, the
 private lessons began to
conflict with her school calendar. She found balance with school and archery when she joined CVA JOAD!

When asked what it is about archery that she likes most, Nadia stated, "Archery is really cool. It builds strength and allows me to focus on one thing, its self-centering." She also added, "JOAD is casual but I'm still learning and it's interactive." Like everyone in archery, we are all striving to improve our abilities and when asked what area of archery she is focusing on, Nadia said with a smile, "Coach Ken always has me focus on holding [on my anchor point] for 3 seconds." It's always entertaining when Coach Ken does PINS with the students. After the round is complete, scores are tallied and provided, we can always find Nadia's score card because there will always be drawings of cute puppies, kittens and doodles.

Charlie Houghton saw this and started to emulate her drawings on his score cards!

Where will archery take you, Nadia? "It's the only sport I have done and liked to do. I will look into archery at college or just keep doing it for fun." Nadia has had fun with archery and performed her first tournament, California State Indoors, just before COVID-19 hit. Nadia had fun and looks forward to future tournaments.

It's a pleasure having Nadia at JOAD, she is always cheerful and helpful. Thanks Nadia!

Stay safe, stay healthy, practice social distancing and practice archery when you can!

Thanks!
Ken and Geoff


Coach Ken working with Pranshu, Harley and Rhett

Charlie H. is proud of his grouping!



Cenzo working on his form!


Hello from the JOAD shooting line!


## Publicity Pundit

David Jockisch

We're all aware that the Governor of California, Gavin Newsome, closed down in-store service-based business' due to a spike in the positive test results in the ongoing COVID situation.

Well, personally, I don't know about you, but I am ready to get back to my normal life of spending Saturdays participating in tournaments and on the range with friends and fellow archers.

In anticipation that this will pass, the Board of the Conejo Valley Archers, at our last webinar meeting, that we are not going to let the current shut down stop us from the future planning of our club's events. We have decided to tentatively plan and prepare for these events and are excited to let you know that our Fun in the Sun and Spark of Love events are on the calendar, quarantines permitting.

Our Fun in the Sun "Zombie Monster Novelty \& 3-D shoot", coordinated and hosted by John Downey, is schedule for Sunday, October 4th, 2020. This Tournament will follow the same ghoulish theme of years past, where we are preparing for the apocalypse of the walking dead. You may also find a few petrified animals along with steel bonus targets out there: The distinct 'plink' of arrows hitting steel and the sound of arrows shattering, makes John's laughter that much louder and maniacal.

Regarding our Conejo Valley Archers Spark of Love Toy Drive, we have the sad news that Rose Hoberg, who has for many years taken on the task of coordinating and hosting this event, has decided to step down: Thank you Rose for your years of dedication, love and giving to the children.

In her place, our big hearted and lovable, John Downey (unbelievable as that may seem given my statements above) has decided to step in, allowing our club to continue the beautiful expression of giving, to children in need, that Rose has shared within our community. This event is scheduled for Sunday, December 6th, 2020.

Today, I am asking that you get these on your calendars now and plan to join us.

I will be providing our flyers and more details in the near future as we have a better understanding of the long- and short-term effects the pandemic brings.

Until we can see each other on the range and in person, take care of yourselves.

Sincerely,
David Jockisch
Board Member and Publicity Chair


## ADOPT-A-TARGET (CVA Roving Range)

Most or our target lanes have been adopted. If interested in adopting one you can contact one of the Board Members.

Jbd

| Target | Distance | Adopter |
| :---: | :---: | :---: |
| 1 | 35 yrd. fan field 36 yrd fan hunter | Ben Shirley |
| 2 | 30 yrd. field 32 yrd hunter | Ben Shirley |
| 3 | 20 yrd. field 19 yd walk-up hunter | Tom Sheppard |
| 4 | 35 ft. walk-up field 11 yrd hunter | Cher Riggs |
| 5 | 80 yrd. walk-up field 70 yrd. walk-up <br> hunter | Norm Rice |


| 6 | 25 yrd field 28 yrd. fan hunter | William Bachellar |
| :---: | :---: | :---: |
| 7 | 55 yrd field 53 yrd walk-up hunter | Jim Collins |
| 8 | 45 yrd walk-up field 44 yrd hunter | Jim Collins |
| 9 | 15 yrd. field 15 yrd. walk-up hunter | Ron Riley |
| 10 | 65 yrd. field 64 yrd. walk-up hunter | Brian Carter |
| 11 | 40 yrd field 40 yrd . Hunter | Norm Rice |
| 12 | 60 yrd field 58 yrd. walk-up | Jackie Rice |
| 13 | 45 yrd field 23 yrd. walk-up hunter | Tom Roberts |
| 14 | 50 yrd. field 48 yrd walk-up hunter | Mike Chase |
| 15 | 45 yrd. walk-up field 44 yrd. hunter | JOAD Parents |
| 16 | 50 yrd . field 48 yrd . hunter | Tom Sheppard |
| 17 | 20 yrd field 19 yrd. walk-up hunter | JOAD Parents |
| 18 | 80 yrd. walk-up field 70 yrd walk-up hunter | Jake Anderson w John Somers \& Jonathan Sylvester |
| 19 | 55 yrd. field 53 yrd. walk-up hunter | Wayne Williams |
| 20 | 25 yrd. field 28 yrd . fan hunter | Wayne Williams |
| 21 | 35 yrd. fan field 36 yrd fan hunter |  |
| 22 | 30 yrd . field 32 yrd . fan hunter | Phil Bruno |
| 23 | 35 ft . walk-up field 11 yrd. Hunter | Charles Shaw |
| 24 | 45 yrd. field 23 yrd. walk-up hunter | Derek Lyneis |
| 25 | 65 yrd. field 64 yrd. walk-up hunter |  |
| 26 | 60 yrd field 58 yrd. walk-up |  |
| 27 | 15 yrd. field 15 yrd. walk-up hunter | Jeff Blackwell |


| 28 | 40 yrd. field 40 yrd. hunter | Thomas Cayia |
| :---: | :---: | :---: |
|  | 20 yd practice butts running pig |  |



## YOUR CVA OFFICERS

| President <br> president@cvarchers.com | Kurt Hoberg | (805) 552-9934 |
| :--- | :--- | :---: |
| Vice-President <br> vicepresident@cvarchers.com | Bonnie Marshall | (805) 379-8721 |
| Secretary | Scott Leviant | (818) 477-2814 |
| Treasurer | Cher Riggs | $(805)$ 368-7466 |
| Board Members | Cathy Linson <br> Lee Glaser <br> Mike Keena <br> Bill Davis | (805) 791-5102 |


|  | Kevin Cloepfil <br> David Jockisch | $(805) 390-1059$ <br> $(805) 217-1356$ |
| :--- | :--- | :---: |
| Range Captain | Kevin Knebel | $(805) 390-1059$ |
| Target Chairman | Bryan Tanger | $(805) 915-7347$ |
| 3D Range Captain | David Jockisch | $(805) 217-1356$ |
| Publicity Chair | John Downey | $(805) 527-4894$ |
| Editor / Tournament Chair | Clark Pentico | $(805-630-1749$ |
| CVA Answering Service |  |  |
| Past-President \& whatever <br> we need him to do guy |  |  |

## FRIENDS OF CONEJO VALLEY ARCHERS


805.581.1671

2150 Agate Court • Simi Valley, CA 93065

## CONEJO QUIVER

## August 2020 Issue



The next scheduled club shoot is Sunday August 23, 2020 - plan to shoot. The General Meeting will start at 11:30 per our normal schedule. Please wear a protective mask and maintain appropriate distances during the club shoot and General Meeting.

## FROM THE EDITOR

John Downey, Editor
I hope all of you and your families are doing well and managing to weather these crazy times. Please stay safe and maintain appropriate safety measure when out and about, and at the range.

We have our usual cast of irregulars again this month, so sit back and enjoy this month's newsletter. Kurt, Bonnie and Cathy have a number of items to bring your way. Curtis has an interesting column on the California Department of Fish \& Wildlife this month. If you have ever wondered what they do then you'll definitely want to check it out.

All of the CVA Club Shoot scores are included again this month (updated with the July results). Please look at them closely and inform me any discrepancies you observe. The Club Banquet and Awards Ceremony is not that far away (October). You only have two club shoots left (August \& September) in the Club year to qualify for an award.

Finally, we have Bios on all the candidates running for the CVA Board. Yes, it is hard to imagine but Board Elections are just around the corner. You'll probably want to pay particular attention to the Bios to help you make up your mind on who to vote for. Bonnie talks about the online voting process that we'll be using again in her article.

Please stay safe and I hope to see you when this craziness is all over.

## FROM THE DESK OF THE PRESIDENT

Kurt Hoberg, President

## CVA Range News

Range News: We are into our third month of being open during these interesting times and have been adhering to the County's requirements to remain so. I want to thank all club members for making certain that requirements are followed so we can continue to have our range open and accessible.

I also want to thank Lee Glaser for his tenure on the Board of Directors. Due to personnel commitments, Lee has been forced to make the difficult decision to step down as a member of CVA's Board. In the interim until the Club elections in a couple of months, I have appointed Genevieve Ivie to serve out Lee's term. Lee, thank you so much for your dedication, hard work, and commitment to CVA's success.

Public Session Range: We are open to the Public! The weekend of the $15^{\text {th }}$ we got very close to our 50 people on the range maximum, which for me a great thing to see. It seems that there are some people that do want to come out and shoot instead of staying at home, all cooped up! We are sterilizing equipment, wearing masks, and social distancing. It has been great to get out and interact with people and enjoy the sport we all love.
If you are a certified instructor / coach, please sign up to help. I can only do so much as an 'army of one', so help is highly appreciated and needed, especially at 8 am when the PS range needs to be setup. The last two weekends l've setup the range solo while people are lining up. Please - come help!!

Field Range: Haybales are in the process of being replaced. On 8/15 we had a large crew to help so we banded 85 bales and placed new bales on the range. With the exception of four targets ( $5,18,19$, and 20), all bales on the Field Range are new. Thanks everyone that came to help. With such a large crew it really went fast. Next weekend we'll take care of the last four targets, do some range cleanup, and for the club shoot we should have a range with all-new bales!
On Sunday we pasted targets, again we had a good size crew that came out to help. In two hours, we completed enough targets for four full resets, and if we knock out a few 50 cm and 65 cm targets we'll have enough for six resets. We really got a lot done, thanks to everyone that helped.

## Tournament News

Due to Covid-19, many tournaments are being canceled or postponed. Be sure to check the USA Archery schedule, the CBH newsletter, and many times social media for status of a scheduled shoot.
CA Archery is using the USA Archery WEB site to schedule tournaments. Browse to https://www.usarchery.org/events/find-an-event to find and schedule out the event of interest.
Currently the following tournaments are scheduled. Check back often as tournaments are being added and dates adjusted.

- CA Beach Cup in Long Beach, CA - September 26 ${ }^{\text {th }}$
- State Outdoor in Long Beach CA - October 17 ${ }^{\text {th }}$

CBH has canceled all tournaments this year, much to many archers (and my) disappointment. I'm looking forward to next year!
CVA has two upcoming tournaments, The October Fun in the Sun / Zombie shoot scheduled for the first weekend in October, and the CVA Toy Drive, scheduled for the first weekend of December. As club members we are all expected to help during one CVA
tournament, so when the signups are sent please be sure to volunteer. And - if you can't help running the tournament, come shoot it. We have many members that don't shoot our tournaments but will drive several states away to shoot a Field or 3D round. This has always confused me. Please support your club and either volunteer at a tournament or shoot it.

## Snakes

They are out in force! Stay vigilant, watch where you step, and don't put your hands where you can't see them when searching for arrows.
We found a nice big rattler when replacing the bales on target 4, pictures are on the Club Facebook page.

## Range Security

As I do every month, I would like to remind all members to close and lock the CVA gate behind you when you enter the range and be sure to secure and lock the gate when you leave. This includes both the main range entrance and the gate to the Tournament Range.

I've lost count the number of times l've personally secured the gate during the weekend and weekdays. We have had vandalism occur keeping the range secure helps keep the possibility down.

All club members, please be sure to do your part to secure our range.

See you on the range!
Your President,
Kurt
Remember, archery is easy. Shoot a 10, do it again!

## From the Desk of the VP

Bonnie Marshall

## ELECTIONS INFORMATION

Final Nominations are required by the end of business at the CVA August General Membership Meeting on August 23, 2020. This is your last day to have a name placed on the ballot to be sent out to members for voting.


NOTE: Write-in votes are always accepted during voting.

All voting will again be done through our online service 'Simply Voting'. We had a great experience using this process last year with the best return of votes we have ever seen. The site is extremely easy to use for voting and reporting.

This is all done via email so make sure that we have your updated email! If you are a family type membership, you do get two votes, so make sure that we also have a second email to send the ballot to. A single email cannot be used for two ballots. Directions will be sent out with your personal link to voting.

Tenure in Office. The officers of this Club shall be elected each year and shall take office the first meeting in October. Officers shall hold office for one year and until their successors are elected and installed in office. Directors shall be elected for staggered two (2) year terms; three (3) in each even numbered year (to be served during the ensuing odd numbered year), and three (3) in each odd numbered year (to be served during the ensuing even numbered year.

NOTE: The treasurer is an appointed position.
So far, we have received nominations, that have been accepted, for the following positions:

## Officers

President - Kurt Hoberg
Vice President

- Richard Carpenter
- Cathy Linson

Secretary

- Scott Leviant


## Directors

- Brian Carter
- Kevin Cloepfil
- Bill Davis
- Grace Getzen
- Erik Hammerquist
- Matt Ivie
- Mike Keena
- David Jockisch *
*David is already in position to serve the second year of his twoyear term and cannot be nominated or voted for.

Please reach out to any Board member if you might be interested in serving on the nomination committee or running for a Board position. We would be glad to chat with you!

## CVA Anniversaries

## How time flies!

August 2020 Anniversaries
1 year - Brian Carter
2 years - Tom Fitzgerald, Nathan Rose
3 years - Robert Bogin
4 years - Chris Hofmeister
5 years - Sarah Dakin, Ron Riley
6 years - Erik Hammerquist, Curtis Parry
13 years - James Lowry

Thank you all for your continued support!

## Membership Corner

## BIG NEWS!!!

ONLINE RENEWALS ARE COMING!!!
We are taking another step into the future!
Final details are coming with complete information.
This info will be sent out as a direct communication as soon as possible.
PLEASE REMEMBER that keys will not be mailed out and will still need to be picked up at the range at the stated dates.

See you on the range!
Bonnie

## Pictures from Around the Range



Everyone is cautioned to be aware of rattlesnakes around the range, especially if you're working or moving things around. This critter was about $4^{\prime}$ long, and had 8 rattles and a button.


The Banding Team in action.


This is why you want to be careful where you put your hand


Nice example of using protective masks on the range.


Sixth Century BC Plate depicting a Female Scythian Archer


## Cathy's Corner

## The End of the Club Year

We are coming up on the end of the club year and thus the end of your ability to complete your required work hours. Thank you to everyone who has completed their hours for the year and especially to those who gave more than was required. You have until 9/15/20 to complete the hours so come out to a work party, adopt a lane, take on a project or do some weed abatement as soon as possible.

Check the hours we have recorded for you here and contact Nikki or myself to discuss any issues or discrepancies.
https://docs.google.com/spreadsheets/d/1bbjmwMyHXOZdbV11Br 7p0knPYUWRCC1Ps4nXyQhu0eg/edit?usp=sharing
The first page is a summary of the hours we have recorded and the hours required for each membership.

## Work Party Saturday

Bales on the Field Range will be replaced on the last few lanes on Saturday, $8 / 22$. Mike $\&$ Kevin will be there at 6 am as they want to finish before it gets too hot (if that is too early come at 7 ). If enough people show up, there is weed abatement that needs to be done around the parking lot \& bins. Bring work gloves, a hat, sunscreen if you use it, and water or Gatorade. Long sleeves and long pants are helpful as the straw is scratchy and dusty. Masks are suggested both for the dust factor and in situations where you are working in proximity with others. Please bring your truck if you have one. Sign in and out on the sheet located on the back of the bulletin board near the stage. No need to sign up, just show up.

## Other Work Opportunities

We need someone to build a platform and step(s) to access the mandoor on the West Valley Bin. In order to use this bin as a place to store tools for member use access to the mandoor needs to be improved. Tools like string trimmers, machetes, rakes, shovels will be available for use by members who can do weed abatement on days that work parties are not scheduled. Contact Bonnie if you want to do this work.

## Field Range Lanes Need Adoption

Field Range Lanes 19, 20, 21, 25, 26, and the Practice Butts have not been adopted. You could adopt one of these lanes permanently or temporarily. A lane can be adopted by 2 or 3 members sharing the load. I have adopted a lane protocols let me know if you would like me to send you a copy. Equipment needed includes motorized trimmers, hoes, flat blade shovels, rakes and machetes. If you would like to adopt but don't have the equipment don't worry, we now have equipment you can use. Contact me or any board member. Remember to practice social distancing while working at the range and wear a mask if you must work closely with someone outside your family.

Nikki Orzel is in the process of taking over the Required and Volunteer Hours Coordinator role. Currently she is tracking hours and I am sending out emails regarding work to be done. Eventually she will pick up the entire role. You can send hours directly to Nikki either via email at nikki@phoenix-studio.com or text 973-464-8893.

Thank you for all you do.
See you at the range,
Cathy Linson
Required and Volunteer Hours Co-Coordinator and Board Member Conejo Valley Archers
cmlinson@yahoo.com
805-791-5102

## Nominees for the Board

## Name: Kurt Hoberg, Candidate for President of Conejo Valley Archers

Dear CVA Members,

As a member of CVA and its current President, I'm running for my seventh term in office. For those of you that might not know me, I'd like to take a moment to introduce myself.

My family has lived in Moorpark since 2003
 and we've been members of CVA since 2006. I've been shooting archery for $15+$ years and my primary style is Olympic style recurve (I also dabble in traditional and barebow styles) and complete in many USA Archery and CBH sanctioned events. Last year I shot well enough to be ranked first in State in the Masters Division and have won may State and National events. I'm an archery enthusiast - if it shoots arrows, I'm interested. I'm a USA Archery Certified Level 3 Coach and assist during our weekly Saturday Open Public Sessions.

We have had many exciting updates and changes to the range while l've been the President of the club. To list some major events, our Public Session range is a key part of our clubs' offering to the public and has expanded from its inception of a handful of archers shooting at couple of stacked haybales, to the Public Session range we all know today.

Our Field Range continues to impress with its challenging shots and was certified as a NFAA 5-Star Range in 2019, and again in 2020. We have a formal Junior Olympic Archery Development (J.O.A.D) program, held each Saturday on our 40 lane Tournament range, where youth archers are coached in the sport. The club offers one of the few full-time, permanent 3D Ranges in California, which never fails to garner praise from club members and guests alike. Our membership continues to grow, with new archers joining the club each month. In short, we have an amazing facility that we all should be proud of, I know I am.

Which begs the question - why should you vote for me? My ongoing focus for CVA has always been our members and listening to feedback so we can
continue to improve the range, facilities, and club offerings. I was a CVA Board member for four years before being voted in as the Vice President, then President, and know the processes to move ideas through the club's leadership. I've personally drafted several club policies and worked with the Board of Directors to ratify them. My tournament shooting has provided the opportunity for me to represent CVA with the leaders of other clubs in our area and other states. In short, I'm passionate about the sport and will bring that passion to CVA's next exciting year.

See you on the range!
Kurt Hoberg

Name: Cathy Linson and I am running for Vice President

How many years a member: 6 years

How many years shooting: I shot as a kid and these past 6 years have enjoyed supporting my daughter's shooting

Previous/active positions held: I have been a Board Member and Required and Volunteer Hours Coordinator for 3 years. As the Hours Coordinator I tracked all hours worked,
organized sign ups so that all positions would be filled at tournaments and other events and communicated with members

Archery experience/who are you: I have helped out at the Public Session for 6 years; wrote the Lane Clearing Protocols for the Field Range to help new adopters know what is expected; participated in many work parties; worked many tournaments; took over tracking of the certified coaches and instructors; and organized homeschool archery classes.

## What can you bring to the CVA Board in the position you are running for:

 Organization and systems development to streamline processes; strong communication skills and willingness to take on tasks to help decrease the workload of the president.Cathy Linson

## Name: Richard Carpenter and I am running for Vice President

My Name is Richard Carpenter and my wife and I have been club members for the last 16 years. I also work as one of the main Public Session Coaches helping to drive public awareness and new membership.

I have recently retired and now have more
time to get back into directly helping the club drive forward, with current and future initiatives like growing membership. For this reason, I would like to be your club Vice President again.

In the past I have been Club President, Vice President as well as a board member. With my skills and knowledge about our club and the different styles of archery used by our club members, I believe I can help all club members get the most out of our club.

Some of the club initiatives $I$ have been involved with have been: getting replacement bins we lost in the 2003 fire, Working with the county to get a 20 year least instead of the 5 -year lease we had before I became club President. I also worked as part of the team that negotiated with Easton to get funding to build our new tournament range.

On a personal note: I am a hunter, backpacker, fisherman, archery coach and a long-distance motorcycle enthusiast with over 450 thousand miles under my belt.

I hope you will consider me for the position of Vice President.

Richard Carpenter

Name: H. Scott Leviant, and I am running for the Board position of CVA Club Secretary

My name is H . Scott Leviant, and I am running for the Board position of CVA Club Secretary for the 2020-2021 Club year, after having served in that position for the 20192020 Club year.

I have been a participant in the sport of archery for over 8 years, and a member of CVA for about 7 years. For most of that time I shot Olympic Recurve bows. However, as a Christmas gift to myself in December 2019, I purchased my first compound bow, and I'm still trying to figure out how that contraption works.

As I did in my first year as Secretary, I intend to look for ways to improve processes for CVA and its members. For example, as the new Tournament Director for the 2020 CVA Spring Classic, I established a PayPal account for pre-registration payments, and that account will now be tested as an alternative way for members to pay their club membership renewal fees.

## Scott Leviant

Name: Matthew Ivie, Candidate for the position of Board Member at-Large for the Conejo Valley Archers

Hello CVA members and friends,
I know not everyone will know me be name, but most will recognize my face or the work I have done to maintain the beautiful range we have.


My wife and I have lived in Thousand Oaks for most of our lives and became members of this club 4 years ago as of September. I've been shooting archery now for 5 years (all at CVA) and am slowly becoming more and more involved with the club and all it has to offer. Like most archers, I started with the club recurve bows and quickly moved onto buying my own in order to better hone my skill and maintain a sense of consistency. After just the short span of a year, I became enamored with the idea of picking up a compound bow and giving it a go; I haven't turned back since.
During my years with CVA so far, I started slowly with volunteering however, as of 3 years ago I progressively became more involved with the weekly activities that help keep the club going. Often, you will see me at the crack of dawn alongside a handful of members as we begin work on any number of tasks to maintain and improve our ranges. I can be found doing anything from weed clearance, to work at hay bale replacement parties, to helping fully reconstruct the various targets. I have also had the opportunity to help with various other projects, including the kitchen cleanup and remodel, and assisting with electrical projects since I am an electrician in my day-to-day life. Furthermore, I have assisted with coaching during the Saturday Public Sessions thanks to my recent USA Archery Level 2 Instructor certification.
As an archer, I participated in a couple of the fun shoots and one the CVA-hosted tournaments. As I work to improve my technique and form, I also will often put my own bow down to help our guests on the public range and to provide tips or pointers not only for them to improve their own form but also to see the enjoyment on their faces and their desire to learn more about the sport. As more and more people come out to the range weekend after weekend, I am excited by others' desires to better themselves as archers and to find good company at the benches, the Bin, or underneath the tree with all our fellow members.
In conclusion, my hope is that you will vote for me for the club's Board of Directors so that I may not only be a voice for the younger generation of archers joining our club, but also continue to bring light to how we may improve the range and the club with the aid of feedback from the members. I am willing to put forth the effort to enhance and maintain the club family and the great place the range is.
look forward to the future!

## Name: Brian Carter and I'm running for Board

 MemberCVA members,
As I approach my one-year anniversary with CVA, I am grateful for having found my new passion, archery, and such an amazing club where I get to experience this sport alongside so many great people. My journey over the past year quite honestly took me by surprise. I first came to the
 range with my youngest daughter as she was interested in learning to shoot. We took a private class with Bill Davis and I was immediately hooked. After the class I inquired about club membership, bought a compound bow (and multiple accessories) and the rest is history

Since joining the club, I have participated in two competitions, adopted a lane, and participated in numerous work parties far exceeding the minimum required hours. Every time I step onto the range I feel so privileged to have a place where I can escape the stress of life and enjoy the outdoors doing what I love.

Why should you vote for me? My reason for pursuing a seat on the board is simple. I want to contribute in any way I can to ensure that the club continues to thrive.

## There are three critical success factors that I believe are essential to a healthy club:

1. Financial stability (fundraising events, membership retention and growth, etc.)
2. Range maintenance (a well-kept range increases opportunities and adds value for club members)
3. Member engagement (serving within the club, advocates and promoters outside)

My goal is to work with the board and identify areas of opportunity to improve in each of the above areas. We have something special at CVA and as stewards of the range we all need to do our part to ensure that the club is around for years to come

Sincerely,
Brian Carter

## Name: Grace Getzen, Candidate for Board Member of Conejo Valley Archers

## How many years a member?

## Since 2006-14

## How many years shooting?

Since 2006-14

## Previous/active positions held?

Board member 2007-2008
Level I/II coach - coached JOAD back in
2007-2009 as well as public session
Volunteered at tournaments on a regular
 basis every year for years.

## Archery experience/who are you?

Club Champion 2008, highest score in PacCoast 2009, competed up in Tulare for the same years. Manager of Archery Sports 2007-2010 where I learned how to not only work within the archery community but also how to repair all arrows and am a decent bow mechanic. I also teach the arrow repair class for the club.

I love the sport of archery and want to give back to a community that has given me so much.

## What can you bring to the CVA Board in the position you are running

 for?I've held board positions in my old HOA for years in all capacities from President, Vice President, Treasurer, and Secretary to regular board member. I have years of experience navigating the in's and out's of working as a team for the betterment of the community and am an expert at communication and conflict resolution. I have leadership skills and training in accountable communication technology.

Grace Getzen

## Name: Erik Hammerquist, Candidate for Board Member of Conejo Valley Archers

## Hello, Fellow Archers!

For the many of you who probably don't know me, I've been a member with the club for about five years. This was my return to the sport after a $\sim 25$-year hiatus. I started in archery at the age of 13 or 14 , inspired by the timeless classic, Rambo II. My similarly inspired friend discovered an archery store / indoor range in Thousand Oaks (Archery Sports), and we were hooked. Weekend shooting,
 weeknight leagues, they had it all and we were there. Well, at least until cars, girls, ..., you know. Too many years later, my son AJ saw my old bow bag in the garage and asked if we could go to the archery range his cub scouts tried. I had no idea CVA was here, much less how amazing it was. After learning I already had a couple friends in the club and seeing all it had to offer, I joined up, bought a new bow and embraced my new obsession. Soon after, I began travelling to a few 3D tournaments a year and very much look forward to doing so again. I have very much enjoyed being a part of this club. Meeting members, shooting the wide variety of targets and seeing our ever-expanding work parties making things even better. Now, I am asking for an opportunity to give more to the club by serving as a member of the board. After spending many, many hours shooting and working on the range, I have a few ideas for additional 3D range safety and improvements at the Tournament range I would like to introduce. I hope you will give me this opportunity to bring them to you. Happy Shooting!

Erik Hammerquist

## Celebrity Archer of the Month

Liu Yifei as Mulan


From Disney's new Live-Action version of Mulan. Mulan is played in the film by Chinese actress Liu Yifei, also known as Crystal Liu.
O.K. - so how things are wrong with her archery form? Did they "reverse the negative" for this advertising shot?

## Adopted Changes to Conejo Valley Archers Membership Requirements and Costs

Approved - 6/28/2020
Note: Lifetime Memberships are not affected by these changes

## Membership Fees

- Membership Fees will again remain unchanged for the 202021 club year


## Work Hour Requirements - Working Memberships

- Beginning with the 2020-21 club year, required Work Hours will be set for each Membership type as follows:

1. Single and Student Memberships will be set to $\mathbf{2 4}$ hours per year per membership
Prorated hours requirements for new memberships will be two hours per month
2. Family Membership will be set to $\mathbf{4 8}$ hours per year per membership
Prorated hours requirements for new memberships will be four hours per month
3. Single Golden Ager Membership will set to 12 hours per year per membership
Prorated hours requirements for new members will be one hour per month
4. Family Golden Ager Membership will be set to 24 hours per year per membership

Prorated hours requirements for new memberships will be two hours per month

## Maintenance Fees - Non-Working Memberships

- Beginning with the 2020-21 club year, Maintenance Fees will be set for each membership type as follows:

1. Single and Student Maintenance Fees will change to \$300 per year per membership

Prorated Maintenance Fees for new memberships will be $\mathbf{\$ 2 5}$ per month
2. Family Maintenance Fees will change to $\mathbf{\$ 6 0 0}$ per year per membership
Prorated Maintenance Fees for new memberships will be $\$ \mathbf{5 0}$ per month
3. Single Golden Ager Maintenance Fees will change to \$180 per year per membership
Prorated Maintenance Fees for new memberships will be $\mathbf{\$ 1 5}$ per month
4. Family Golden Ager Maintenance Fees will change to \$360 per year per membership
Prorated Maintenance Fees for new memberships will be $\mathbf{\$ 3 0}$ per month

## CVA Members

## Please review the following if you haven't already.

The Board of Directors is very pleased to be able to announce the reopening of the range to our MEMBERS ONLY as of Saturday May $23!!$ Go shoot your bow!!!

## DO NOT STOP READING!!

There is a LOT of information here. Please be a responsible member and read through all of this, it is important.

Now that we have passed our initial inspection, all final paperwork completed, and necessary sanitary items placed were needed, we were allowed to open up. Any questions or comments need to be directed to Kurt or Bonnie. A COVID-19 Risk Assessment, Prevention Plan and Guidance Documentation are all posted at the Field Range Bulletin Board in the Volunteer Sign In pocket. Do NOT remove these documents from the area.

## Things NOT changing at this time:

- We will not yet be open to the public or guests at this time.
- No group meetings
- No Access from the Park/ Main Gate Entrance - Tournament Range Parking ONLY - Walk in access only
- No vehicles on the range except AUTHORIZED maintenance vehicles
- No dogs on the range.


## Things that ARE changing:

- Masks are recommended at all times but of course while shooting should be pulled off.
- 6-foot distancing at all times everywhere on all range areas especially during scoring.
- We can shoot!


## What IS happening:

- The Monthly Club Shoot is ON!!! Targets will be set on Saturday and good for shooting on Sunday
- Quiver to still go out in a modified COVID-19 format.
- Range Maintenance - on going and incredibly important - the mustard is out in force!!


## What IS NOT happening:

- No General Meeting this month - we will decide monthly on this status
- No Public Session - There will be a makeover of how we will need to run these sessions and we will need to do some more discussion until that time comes. It will definitely not happen until after the parks opens and we will notify the public via Face Book.


## Please bring to the range when you come:

- Your own personal mask or face covering.
- Your own personal hand sanitizer clipped to your quiver.
- Common courtesy for all - please remember that a good portion of our membership is considered elderly.
- Water, sunscreen, hat, etc. - this opening weekend is slated for extreme heat!! Be aware of yourself and others. Be prepared.


## When you get to the Range:

- Skip a spot when parking vehicles.
- Read ALL posted materials.
- Do not share equipment unless from same household.
- Utilize sanitation items on any hard surface high touchpoint areas such as padlocks, handles to portable toilets or bins. Use with discretion and report if missing.


## BUT FIRST!!!

You as a "volunteer" of this "business" are all required to go through the attached training.
What this means is that you read through the information below AND then open the attachment and read through that info including clicking into all of the blue links.

You have all heard this information before, but for us to be able to stay open, you all must adhere to these guidelines as presented. It's not that hard.
Also note that you are looking through documents that have been prepared by government agencies. There are redundancies on everything. Just grit your teeth and look through it all still please. Here you go!

Below is statewide guidance for businesses to follow, if they're permitted to open per county health rules.
Before reopening, these facilities must:

1. Perform a detailed risk assessment and implement a sitespecific protection plan - posted on site
2. Train members on how to limit the spread of COVID-19, including how to screen themselves for symptoms and stay home if they have them - all members to review this link: https://www.cdc.gov/coronavirus/2019-ncov/symptomstesting/symptoms.htmI?CDC AA refVal=https\%3A\%2F\%2Fw ww.cdc.gov\%2Fcoronavirus\%2F2019-ncov\%2Fsymptomstesting\%2Findex.htm
3. POSTED ON SITE - All Members to review all posted signage:
4. Implement individual control measures and screenings
5. Implement disinfecting protocols
6. Implement physical distancing guidelines

It is critical that members needing to self-isolate because of COVID19 , stay at home to prevent further infection on our range.

Bonnie

## Conejo Valley Archers Covid-19

Required Documentation posted at the Field Range Bulletin Board inside of the Volunteer Check-In pocket - please do not remove from area - includes:

CAL/OSHA Risk Assessment Checklist
CVA Protection/Prevention Plan
Industry Guidance Document
All members are required to read through Covid-10 Industry Guidance - Outdoor Museums and Galleries (yes this is correct) at:

## https://covid19.ca.gov/pdf/guidance-outdoor-museums.pdf

## Please click into all links that are highlighted in blue

Before reopening, all facilities must:

1. Perform a detailed risk assessment and implement a sitespecific protection plan - completed and posted on-site
2. Train employees on how to limit the spread of COVID-19, including how to screen themselves for symptoms and stay home if they have them - email communication and posted in Quiver Newsletter
3. Implement individual control measures and screenings posted on site
4. Implement disinfecting protocols -posted on site
5. Implement physical distancing guidelines - posted on site

It is critical that employees needing to self-isolate because of COVID-19 are encouraged to stay at home. Do not come to the range if you have any of the following:

People with COVID-19 have had a wide range of symptoms reported - ranging from mild symptoms to severe illness.

Symptoms may appear 2-14 days after exposure to the virus.
People with these symptoms may have COVID-19:

- Cough
- Shortness of breath or difficulty breathing
- Fever
- Chills
- Muscle pain
- Sore throat
- New loss of taste or smell

This list is not all possible symptoms. Other less common symptoms have been reported, including gastrointestinal symptoms like nausea, vomiting, or diarrhea.

When to Seek Emergency Medical Attention Look for emergency warning signs* for COVID-19. If someone is showing any of these signs, seek emergency medical care immediately

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake


## - Bluish lips or face

*This list is not all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you.

Call 911 or call ahead to your local emergency facility: Notify the operator that you are seeking care for someone who has or may have COVID-19.

## Practice these activities to reduce the spread!!

- Frequent Handwashing - 20 seconds with soap and water
- Avoid touching face
- Sanitizers used should contain $60 \%$ ethanol or $70 \%$ alcohol
- Parking lot areas - park 6 feet apart in lots (skip a spot)


## Self-Checker

A guide to help you make decisions and seek appropriate medical care.

Click here to self-check:
https://www.cdc.gov/coronavirus/2019-ncov/symptomstesting/symptoms.htmI?CDC AA refVal=https\%3A\%2F\%2Fwww.c dc.gov\%2Fcoronavirus\%2F2019-ncov\%2Fsymptomstesting\%2Findex.htm|

## OCTOBER LOCKS CHANGING \& MEMEBERSHIP RENEWALS

Along with membership renewals, there will be the changing of the locks. The CVA gate locks will be changed out on Friday October 2 ${ }^{\text {nd }}$. The range will be closed at noon. All members must be offsite.
Membership renewals and key exchanges will commence the next day on range.
Options for membership renewals/key exchanges are:

## 1. MAIL IN OPTION - include:

- A signed waiver for each archer on the membership
- A signed Membership Agreement
- A copy of your driver's license for SGA and FGA memberships
- A copy of Fall class registration for Student Memberships or any full-time student up to age 24, staying on a Family Membership
- Note any contact changes
- Tape your old key to an index card (add $\$ 5$ to your renewal if you have lost your key)
- Mail all items and your renewal check to:

Conejo Valley Archers PO Box 3982, Thousand Oaks, CA 91359

## 2. EXCHANGE at the RANGE - BEST OPTION!!! Please consider this!!

Please see the schedule below for all dates that the exchanges will be done AT THE RANGE.
All exchanges during Public Open Sessions will be from 8:30 am to 1pm ONLY.
Make sure to have all listed items above ready for renewal. Cash, check, credit cards accepted.
Processing will be done either at the office/kitchen bin or at the Public Session Range.

- Saturday October 3
- Sunday October 10
- Saturday October 17
- Saturday October 24
- Sunday October 25 - End of Year Banquet/General Meeting
- Saturday October 31 - Halloween Shoot and BBQ

After this date I cannot accept renewals at the range during Public Session and memberships must be completed on-line, mailed in, or completed after any General Meeting or after registration at any club tournament.

Membership Renewals:
Family - includes spouses and all minor children up to age 18 years and full-time students with proof of class registration up to age $24=$ \$160
Single - includes one adult age 18 years and over $=\$ 130$
Student - includes any full-time student over 18 years, with proof of fall class registration
Senior Golden Ager (SGA) - includes one adult 65 years or older with copy of driver's license
Family Golden Ager (FGA) - includes spouses with one being aged 65 years or older with copy of driver's license
be Aware of maintenance fee changes for the new year.

We have strived to make renewing as easy and convenient as possible with 6 opportunities at the range, online and mailing in. We hope that everyone will renew as soon as possible. Remember your renewals are part of the club budgeting and having all members renew in a timely manner helps us to plan for this new club year.

Thanks for supporting our club!!

## Understanding what the California Department of Fish and Wildlife Does

A column for the "Conejo Quiver," August, 2020
By Curtis Hermann

AImost all archers are lovers and observers of the natural world and of
 the wildlife that lives there. We all enjoy seeing the many cottontail rabbits that call our field range home as well as the occasional roadrunner or ground squirrel.

When I talk to some of our non-hunting archers, I find that they are aware of the existence of the California Department of Fish \& Wildlife, but they have no idea what they really do for our wildlife. I can usually see by the expression on their face that they are somewhat curious about this mysterious group and would like to have some understanding of just what it is they do besides sell hunting licenses.

Well I have a real relationship with the Ca. Department of Fish \& Wildlife and have worked with them as well as with other western states that goes back to about 1988, so I think I can help you out with this question. Most of you are aware that the DFW sells hunting and fishing licenses, and makes the regulations regarding when, where and how many fish or game can be taken.

Most are not aware that you cannot hunt just anywhere or anytime you want. You must first pass a Hunter Safety course, learn the regulations and then purchase an annual hunting license. Then for larger game like deer, bear, hogs or elk and antelope you must apply for a "tag" in order to hunt. That "tag" most often is in a lottery, and
your name may get drawn or it may not. If you are not drawn you receive a "point" that gives you a slightly better chance at being drawn the following year. The best units usually require eight or ten points before your time to be drawn comes up.

The amount of tags available for the area you love to hunt is decided by scientific analysis of the game in that area. As a general rule, $20 \%$ of the herd is the limit of take that helps maintain a healthy herd. More than $20 \%$ reduces the herd to fast, less than $20 \%$ and the herd reproduction rate is such that they will overpopulate the area and will soon run out of available food and the herd through starvation and disease will "crash," losing 40\%$60 \%$ of its size and it will be many years before the herd becomes healthy again. Predation rates and roadkill are also considered in the final analysis.

Hunting and fishing are a magnificent tool to balance wildlife and human existence most effectively, but it takes a lot of study, regulation, money and time to make it all work. The North American model of wildlife management has become the model that all other countries have chosen to emulate.

So far this has not been very interesting for the average non-hunting archer, after all who cares what hoops hunters must jump through to hunt.

But it is about to get a lot more interesting, so hang in there!
Let me give you an example of how some of it works. The following is a current study that is happening in the state of Wyoming, it is a study of Mule Deer migration so that we know where and when they spend their days and nights and seasonal travels to follow the food chain and weather changes. The other goals of the study are to identify and document seasonal fawn production and three-to-sixmonth fawn survival rates.

On March 25th, 2020, 25 does were captured on low altitude winter range in the eastern and western foothills of the Bighorn Mountains and fitted with GPS collars by professional wildlife capture crews. In most all these captures the does were pregnant or with fawns and their count was part of the study.
These does were captured by shooting a net from a helicopter. Once captured they were sedated, given a health examination that confirmed they were pregnant, and then fitted with the GPS collar. On August 1st, 2020, 25 more does were captured in the highcountry summer range again with helicopter net guns and immobilization techniques and fitted with GPS collars.


A GPS collar was placed on an immobilized and sedated doe mule deer. Notice the wire antenna that sends the necessary travel coordinates and vital mortality information back to the wildlife biologist

The GPS collars will record the position of each animal every two hours for the next three years, before automatically releasing from the animal. Once-daily position updates will be available to biologists throughout the study, while the finer-scale, two-hour
movements will be stored onboard the collar and retrieved at the end of the study.

If an animal dies during the study, a mortality signal will be sent to the local wildlife biologist who will search for the animal's carcass, determine the cause of death and collect biological samples.

Three deer of the 25 deer collared in March have died, with two of the mortalities attributed to malnutrition, "said Sheridan Wildlife Biologist Tim Thomas." "The deer were in poor body condition with little fat reserves and were found after a spring snowstorm. The third mortality was the result of mountain lion predation. The collars were retrieved from each animal and were re-deployed in the August capture event.

The August event has happened now and so far, I have not received any information on mortality of the collared deer. Hunting season will begin in a few weeks and a few doe tags will be available in these areas, so we may find a mortality or two related to fall harvest. Fawns will soon be big enough to survive on their own and we will have to wait for the study to be completed to document the exact travels, distances and routes of these 50 deer. In the end much information will have been learned and from this study and the annual activities of these herds will teach us a lot about the food sources they depend on, the routes and seasonal movements to find them and the routes used to avoid inclement weather. From this information major decisions will be made on hunt dates, tag limits and herd health, mortality rates, predation rates and hunter success rates.



The study is the first detailed GPS information on migration corridors, showing that migration corridors originating on the reservation are connected to the greater Yellowstone ecosystem.


Close-up - Note: Some of the deer migrated as much as 150 miles

Even though this is a Wyoming study the same thing is done in all states, mostly of course to manage game animals and to balance wildlife and the loss of habitat due to human encroachment. Many of the techniques used in these studies were developed in California during the 90's and then shared with other western states to the benefit of wildlife, hunters, and animal lovers of all sorts.

You need to know that many similar studies are also taken on nongame species. In California the Spotted Owl, the Kangaroo Rat, the Desert Tortoise and many other non-game species are similarly studied using the funds provided by the hunters purchase of hunting license and tags.

Because of human encroachment causing habitat loss, wildlife is slowly losing out on finding places to survive. Just imagine if you will how many deer and the predators that survived of them used to survive in the area from Sylmar in the NW corner of the L.A. basin to Long Beach or Orange County in the southern portion of the L.A. Basin. This area encompasses thousands of square miles of what once belonged to wildlife and is now homes, businesses and pavement devoid of most natural wildlife.

The California Department of Fish \& Wildlife is doing their best to extend the survivability of all wildlife in this state, using the latest in scientific knowledge and techniques, without California DFW and Hunters to pay for this effort, much of the wildlife we observe today would not be available for us to enjoy.

This attempt of this little column is just to provide you a taste of what the CA DFW does on a daily basis. They will generally have many of these types of studies covering many species in all parts of the golden state going on simultaneously. On top of scientific study of mammal, fowl, fresh water fisheries, marine mammals, ocean fish and crustaceans the CA DFW has a law enforcement (Game Wardens) division and an educational division that uses volunteer
teachers (such as yours truly) to teach Wilderness and Hunting Ethics, Hunter Safety, Bowhunter Education and Advanced Hunter Education seminars. They also have several youth programs that teach kids all of the above and allow them special mentored hunts. They also have field volunteer opportunities for you to join them in game counts and other studies.

All of this is funded with two types of income, first and foremost is the money brought in from hunters purchasing a hunting license and tags carrying most of the cost of all operations. The second type of income comes from the Federal Pittman Robertson Act that places a $11 \%$ excise tax on all hunting, shooting, fishing and archery supplies. These tax dollars cover all the educational and law enforcement activities.

The people who join and work with the Department of Fish \& Wildlife arrive with a passion for understanding our natural world, They want to be a part of the team that protects and watches over all the naturals resources, preserving them and helping others to learn and enjoy all that world has to offer.

Hopefully this has introduced you to a world every archer should be aware of and perhaps have even encouraged you to be a part of this terrific team.

Tell next time, keep those arrows in the air! Curtis


## UBER Drivers are Stressed - Archery Soothes

## Them.

This article was passed on to us by Rob Lind (actually his wife ()). Found in the Aug. 17, 2020 Edition of the New York Times.


Tshelthrim Dorji, a 36-year-old from Bhutan, had been used to waking up every day at $5 \mathrm{a} . \mathrm{m}$. to start his 12 -hour-shift as an Uber driver in New York City. He stopped going out during the prolonged pandemic-related lockdown, and as he slowly returned to work as the city reopened this summer he found his already taxing job increasingly stressful.

So to unwind on Saturdays he still wakes at dawn, but drives instead to another destination: a serene expanse of woods at the end of a dirt road in Shamong, N.J ., around two hours from his home in Queens. There, he and a group of around two dozen Bhutanese immigrants - most of whom are also Uber and Lyft drivers - gather for a long day of archery, their small country's national pastime.

Before the coronavirus swept through their New York neighborhoods, the group would gather here only monthly for a traditional match, because the field was so far away and their workdays were so long. But in J uly, as state officials began to
allow more outdoor activities, the group decided to resume its ceremonial games every weekend.

Archery provided a way to exercise, socialize at a distance and offer prayers for the city's speedy comeback. Most of the players had preferred to live off savings in recent months rather than continue driving - and risk infecting other members of the region's small Bhutanese community. There were around 24,000 Bhutanese living in the United States in 2015, according to the Pew Research Center, with most in Ohio and a significant population in Rochester, N.Y.

The archers said they knew of about a dozen people in the smaller New York City Bhutanese community who had contracted Covid-19, the disease caused by the virus. All eventually recovered, they said, with the help of a committee of volunteers that coordinates donations of food and money for the sick. The Bhutanese have even rented a communal apartment to offer to people in need a space to quarantine, one of the archers said.


The group splits into teams of 12 then says mantras to Buddha before the game begins.Credit...Raúl Vilchis for The New York Times


Pema Rinzin examining his arrows.Credit...Raúl Vilchis for The New York Times
"Especially in these pandemic times, everybody was alone at home," Dorji said. "That's why we created these tournaments to see each other again, to recover."

When the group arrives on the land rented from a local Buddhist temple - the same site where they have been practicing for the past two years - they brew tea and eat rice for breakfast while getting dressed in gho, traditional robes that are burgundy tweed or gray. They organize themselves in two teams of 12 , sometimes representing the East and West of Bhutan. Their archery group, which was founded in 2006, is called Shaa Wang Pasum, for the people who live in three districts in Bhutan that helped unify the country.

Before each match, those taking part say mantras to Buddha and pour an offering on the ground: a bottle of beer. At one end of the long field, they set up one wooden target with a bull's-eye painted in a rainbow of colors and framed by red, yellow, white, green and blue ribbons. Another is placed 145 meters, or about 475 feet, away, on the other side of the field. Six players from each team hide behind a blind next to the targets. Then each archer raises a professional-grade, compound target bow and shoots two arrows. They walk to the other target to collect their arrows and then shoot again in the other direction to complete one round. At the end of their 12hour day of play, they will have walked about 11 miles.

'You must concentrate entirely on your breathing, as if you had nothing else to do," Tshelthrim Dorji said. "Then you brace yourself for failure."Credit...Raúl Vilchis for The New York Times

The distance between the targets makes it difficult to see exactly where the arrows fall, so they listen for the telltale sound of creaking wood that signals a hit. Each shot takes
composure and balance to draw back the string, the equivalent of pulling 60 pounds of weight, while keeping a motionless center.
"You must concentrate entirely on your breathing, as if you had nothing else to do," Dorji said. "Then you brace yourself for failure."

Landing the arrow within an arrow's length of the target merits one point. Hitting the target is worth two points. A bull's-eye is three. There is no referee. The game is played on the honor system, with every player keeping track of their own points and adding a colored ribbon to their belt when they are successful.


The game is played on the honor system. Hitting the target is worth two points, and a bull's-eye is worth three.
Credit...Raúl Vilchis for The New York Times
Every time an arrow hits its mark, the shooter's teammates perform a song and dance to honor the accomplishment.
"We are all Buddhist, so it is not competitive," said Thukten J amtsho, 43, one of the competitors who works as an Uber driver. "We come to see each other, meet new friends, and bring the community together."

Bhutan's relationship with archery is long, according to the players. Legend holds that the father of the country's first king, Ugyen Wangchuck, used his skills as an archer to defeat an invading British army in 1864, and from that point on the king promoted archery as the country's national sport. Many of the archers in the club wear pins with photographs of the current king on their robes. As children in Bhutan, they sometimes began practicing with handmade bows and arrows cobbled from bamboo.

"We are all Buddhist, so it is not competitive," Thukten J amtsho said of the games.
Credit...Raúl Vilchis for The New York Times


Each weekend in J uly, one volunteer made breakfast and lunch for the group. A typical midday meal was rice with the national dish Ema Datshi, a stew of green chilies and cheese sauce, or a fish curry.
Credit...Raúl Vilchis for The New York Times
The activity is a popular way to socialize in rural areas in the country of about 750,000 people, and Bhutanese immigrants in New York wanted to bring the game to their adopted home, said Chador Wangdhi, 56, the oldest member of the group.

Wangdhi, who is on the committee that manages the club of about 90 shooters, works on the administrative staff for the permanent mission of Bhutan to the United Nations. He is one of only a small fraction of club members who don't drive for ride-share companies.

Even before the pandemic, making a living as a driver in New York was getting more and more difficult, most of the archers said. It was good business until last year, when more cars on the road meant more competition for customers. Then the
coronavirus came, with New York as one of the United States' first hot spots, and the business dried up almost overnight.
"Little by little we are going to return, but it will be difficult," said Sonam Ugyen, 28, an Uber driver and one of the archery group's youngest shooters. "We are thinking of changing our profession or looking for new opportunities."


At the end of the game, the players will have walked 11 miles. Credit...Raúl Vilchis for The New York Times

Each weekend in J uly, one volunteer made breakfast and lunch for the group in an outdoor kitchen on the field. A typical midday meal was rice with the national dish Ema Datshi, a stew of green chilies and cheese sauce, or a fish curry.

Now that many of the drivers have started working again, though, they plan to return to their once-a-month schedule.

They said the serenity gained from more frequent practice in recent weeks would serve as preparation for their return to the
heavy traffic and the anxiety of masked passengers in the city's changed landscape.
"We come here to scare away evil spirits," Dorji said as he took a sip of his suja, a butter tea. "The games are an offering so we can stay safe during the week, with no accidents."

For Ugyen, archery and dealing with New York City traffic can be similar challenges. "Both are games where you need to maintain focus," he said. "But the difference is that here, in this field, it is only the body that suffers. In the city, driving all day, it is the mind."


Rinzin taking a rest. Each day of play lasts about 12 hours. Credit...Raúl Vilchis for The New York Times


Credit...Raúl Vilchis for The New York Times

An earlier version of this article misstated the distance between the archery targets during the matches. They are 145 meters, or about 475 feet, apart, not 145 feet apart.
A version of this article appears in print on
Aug. 17, 2020
Section D, Page 2 of the New York edition with the headline: Stressed Uber Drivers Find That Arrows Help. Bows, Too.
https://nam04.safelinks.protection.outlook.com/?url=https\%3A\%2F \%2Fwww.nytimes.com\%2F2020\%2F08\%2F16\%2Fsports\%2Fbhuta n-archery-uber-drivers.html\%3Fsmid\%3Demshare\&data=02\%7C01\%7C\%7C6915a2f44857404a6c9608d841 f284d2\%7C84df9e7fe9f640afb435aaaaaaaaaaaa\%7C1\%7C0\%7C637 331857143674055\&sdata=sMZwmAGtgOKFY8tRaXLU3iL\%2 BpBkH4jMaHTe9NOfYI2Y\%3D\&reserved=0

## Club Tournament News

## CVA Club Shoot - 07/26/2020

Well the turnout was again down due to Covid-19. Fourteen hearty individuals braved the weather to make the round. James Stankovich clawed his way to the top shooting an impressive 301 scratch score ( 559 HS ) with his trusty longbow.

Oscar Melendez and Terry Marvin also came in with identical 559 handicapped scores but did it without "training wheels" :). Oscar also came in with the top scratch score of 544 , which I believe is a range record for the club. Congrats Oscar!

NOTE: Club members only have two more club shoots left in the club year (August, September) to qualify for a club trophy.

| NAME | HSCORE | SCRATCH | DIVISION | STYLE |
| :--- | :--- | :--- | :--- | :--- |
| James Stankovich | 559 | 301 | GA | LB |
| Oscar Melendez | 559 | 544 | A | FS |
| Terry Marvin | 559 | 500 | A | FS |
| Scott Leviant | 553 | 491 | A | FS |
| Nathan Collins | 552 | 417 | Y | BHFS |
| Charles Neace | 551 | 515 | A | FS |
| Kurt Hoberg | 551 | 462 | A | FITA |
| Jim Collins | 548 | 448 | A | BHFS |
| Mark Miller | 543 | 500 | A | FS |
| Jeff Owens | 526 | 244 | A | TRAD |
| Curtis Hermann | 505 | 247 | GA | TRAD |
| Cher Riggs | 502 | 346 | A | FITA |
| Carlos Parada | 495 | 225 | A | TRAD |
| Joe Cavaleri | 471 | 117 | GA | LB |

Club Trophy (Best Five Handicapped Scores)
Oscar is still at the top in the run for Club Champion, but Charles still has three months to catch him.

| NAME | HSCORE <br> AVG | STYLE |
| :--- | :--- | :--- |
| Oscar Melendez | 559.6 | FS |
| Charles Neace | 553.4 | FS |
| Mark Miller | 553.0 | FS |
| Terry Marvin | 549.6 | FS |
| Jim Collins | 540.8 | BHFS |

## Perpetual Trophy (Best Ten Scratch Scores)

Oscar is looking pretty strong still for this trophy as well.

| NAME | TOTAL <br> SCRATCH <br> SCORE | STYLE | SCRATCH <br> AVG |
| :--- | :--- | :--- | :--- |
| Oscar Melendez | 4255 | FS | 531.9 |
| Charles Neace | 4101 | FS | 512.6 |
| Terry Marvin | 3857 | FS | 482.1 |
| Mark Miller | 3469 | FS | 495.6 |
| Jim Collins | 3357 | BHFS | 419.6 |

Golden Ager Trophy (Best Three Handicapped Scores)
Will Norm Rice repeat again or can Jim or Curtis catch him. Both have been shooting pretty well lately. Only time will tell.

| NAME | HSCORE AVG | STYLE |
| :--- | :--- | :--- |
| Norman Rice | 519.7 | BHFS |
| James Stankovich | 507.3 | LB |
| Curtis Hermann | 507.3 | TRAD |

## All Scores to Date (since the October 2019 club shoot) Please report any discrepancies to JBD

| Name | Division | Scratchscore | Style | Handicapscore | DateShot |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Chef Robert Bogin | A | 512 | FS | 512 | 11/24/2019 |
| Charles Neace | A | 504 | FS | 504 | 11/24/2019 |
| Mark Miller | A | 464 | FS | 464 | 11/24/2019 |
| Oscar Melendez | A | 516 | FS | 516 | 11/24/2019 |
| Terry Marvin | A | 477 | FS | 477 | 11/24/2019 |
| Jim Collins | A | 434 | BHFS | 434 | 11/24/2019 |
| Nathan Collins | Y | 311 | BHFS | 311 | 11/24/2019 |
| Joe Cavaleri | GA | 111 | LB | 111 | 11/24/2019 |
| Carlos Parada | A | 185 | TRAD | 185 | 11/24/2019 |
| Tom Swindell | GA | 243 | TRAD | 243 | 11/24/2019 |
| Norman Rice | GA | 438 | BHFS | 438 | 11/24/2019 |
| James Stankovich | GA | 237 | LB | 237 | 11/24/2019 |
| Carlos Parada | A | 205 | TRAD | 205 | 12/22/2019 |
| James Stankovich | GA | 208 | LB | 208 | 12/22/2019 |
| Tom Swindell | GA | 244 | TRAD | 244 | 12/22/2019 |
| Curtis Hermann | GA | 232 | TRAD | 232 | 12/22/2019 |
| Jim Collins | A | 397 | BHFS | 397 | 12/22/2019 |
| Nathan Collins | Y | 376 | BHFS | 376 | 12/22/2019 |
| Terry Marvin | A | 472 | FS | 472 | 12/22/2019 |


| Charles Neace | A | 506 | FS | 506 | 12/22/2019 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Bob Bombardier | A | 177 | LB | 177 | 12/22/2019 |
| Robb Ramos | A | 123 | TRAD | 123 | 12/22/2019 |
| Oscar Melendez | A | 531 | FS | 531 | 12/22/2019 |
| Mark Miller | A | 481 | FS | 481 | 12/22/2019 |
| Chef Robert Bogin | A | 509 | FS | 509 | 12/22/2019 |
| Sunny Linares | A | 507 | FS | 507 | 12/22/2019 |
| Oscar Melendez | A | 515 | FS | 547 | 1/26/2020 |
| Chef Robert Bogin | A | 510 | FS | 550 | 1/26/2020 |
| Charles Neace | A | 512 | FS | 554 | 1/26/2020 |
| Mark Miller | A | 494 | FS | 559 | 1/26/2020 |
| Norman Rice | GA | 463 | FS | 463 | 1/26/2020 |
| Carlos Parada | A | 197 | TRAD | 489 | 1/26/2020 |
| James Stankovich | GA | 234 | LB | 501 | 1/26/2020 |
| Tom Swindell | GA | 231 | TRAD | 488 | 1/26/2020 |
| Joe Cavaleri | GA | 92 | LB | 92 | 1/26/2020 |
| Curtis Hermann | GA | 234 | TRAD | 234 | 1/26/2020 |
| Charlie Houghton | C | 123 | FITA | 123 | 1/26/2020 |
| Jack Houghton | C | 427 | FITA | 427 | 1/26/2020 |
| Ken Downey | A | 396 | BHFS | 396 | 1/26/2020 |
| Sarah Dakin | A | 289 | BHFS | 289 | 1/26/2020 |
| Jim Collins | A | 401 | BHFS | 521 | 1/26/2020 |


| Nathan Collins | Y | 352 | BHFS | 523 | 1/26/2020 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Terry Marvin | A | 488 | FS | 553 | 1/26/2020 |
| Kurt Hoberg | A | 450 | FITA | 450 | 1/26/2020 |
| Kevin Knebel | A | 91 | LB | 91 | 1/26/2020 |
| Bob Bombardier | A | 131 | LB | 131 | 1/26/2020 |
| Robb Ramos | A | 170 | TRAD | 170 | 1/26/2020 |
| Bill Bachelor | A | 463 | BHFS | 463 | 1/26/2020 |
| Norman Rice | GA | 464 | BHFS | 464 | 2/23/2020 |
| James Stankovich | GA | 180 | LB | 462 | 2/23/2020 |
| Carlos Parada | A | 214 | TRAD | 498 | 2/23/2020 |
| Cher Riggs | A | 328 | FITA | 328 | 3/22/2020 |
| Jeff Blackwell | A | 441 | BHFS | 441 | 3/22/2020 |
| Connor Blackwell | YA | 409 | BHFS | 409 | 3/22/2020 |
| Chris Blackwell | YA | 357 | BHFS | 357 | 3/22/2020 |
| Chef Robert Bogin | A | 502 | FS | 544 | 5/24/2020 |
| Derek Lyneis | A | 500 | FS | 552 | 5/24/2020 |
| David Jockisch | A | 481 | FS | 481 | 5/24/2020 |
| Cher Riggs | A | 369 | FITA | 553 | 5/24/2020 |
| Scott Leviant | A | 470 | FS | 470 | 5/24/2020 |
| Kurt Hoberg | A | 447 | FITA | 555 | 5/24/2020 |
| Norman Rice | GA | 483 | FS | 545 | 5/24/2020 |
| Norman Rice | GA | 463 | BHFS | 547 | 5/24/2020 |


| Jim Collins | A | 443 | BHFS | 552 | 6/28/2020 | Tom Swindell | GA | 227 | TRAD | 488 | 2/23/2020 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Norman Rice | GA | 489 | FS | 544 | 6/28/2020 | Curtis Hermann | GA | 254 | TRAD | 510 | 2/23/2020 |
| Charles Neace | A | 518 | FS | 554 | 6/28/2020 | Joe Cavaleri | GA | 137 | LB | 495 | 2/23/2020 |
| Oscar Melendez | A | 540 | FS | 559 | 6/28/2020 | Robb Ramos | A | 105 | TRAD | 447 | 2/23/2020 |
| Scott Leviant | A | 486 | FS | 552 | 6/28/2020 | Bob Bombardier | A | 122 | LB | 456 | 2/23/2020 |
| Cher Riggs | A | 382 | FITA | 543 | 6/28/2020 | Bill Bachelor | A | 468 | BHFS | 468 | 2/23/2020 |
| Kurt Hoberg | A | 439 | FITA | 541 | 6/28/2020 | Terry Marvin | A | 478 | FS | 543 | 2/23/2020 |
| Terry Marvin | A | 473 | FS | 537 | 6/28/2020 | Nathan Collins | Y | 348 | BHFS | 510 | 2/23/2020 |
| Jim Collins | A | 448 | BHFS | 548 | 7/26/2020 | Jim Collins | A | 403 | BHFS | 531 | 2/23/2020 |
| Terry Marvin | A | 500 | FS | 559 | 7/26/2020 | Derek Lyneis | A | 489 | FS | 489 | 2/23/2020 |
| Nathan Collins | Y | 417 | BHFS | 552 | 7/26/2020 | Charles Neace | A | 517 | FS | 556 | 2/23/2020 |
| Kurt Hoberg | A | 462 | FITA | 551 | 7/26/2020 | Mark Miller | A | 510 | FS | 562 | 2/23/2020 |
| Scott Leviant | A | 491 | FS | 553 | 7/26/2020 | Oscar Melendez | A | 540 | FS | 566 | 2/23/2020 |
| Cher Riggs | A | 346 | FITA | 502 | 7/26/2020 | Norman Rice | GA | 503 | FS | 503 | 2/23/2020 |
| Oscar Melendez | A | 544 | FS | 559 | 7/26/2020 | Scott Leviant | A | 476 | FS | 476 | 2/23/2020 |
| Mark Miller | A | 500 | FS | 543 | 7/26/2020 | Cher Riggs | A | 293 | FITA | 293 | 2/23/2020 |
| Charles Neace | A | 515 | FS | 551 | 7/26/2020 | Kurt Hoberg | A | 418 | FITA | 418 | 2/23/2020 |
| James Stankovich | GA | 301 | LB | 559 | 7/26/2020 | Charlie Houghton | C | 152 | FITA | 152 | 2/23/2020 |
| Jeff Owens | A | 244 | TRAD | 526 | 7/26/2020 | Jack Houghton | C | 450 | FITA | 450 | 2/23/2020 |
| Carlos Parada | A | 225 | TRAD | 495 | 7/26/2020 | Sarah Dakin | A | 289 | BHFS | 289 | 2/23/2020 |
| Curtis Hermann | GA | 247 | TRAD | 505 | 7/26/2020 | Chef Robert Bogin | A | 511 | FS | 551 | 3/22/2020 |
| Joe Cavaleri | GA | 117 | LB | 471 | 7/26/2020 | Curtis Hermann | GA | 215 | TRAD | 476 | 3/22/2020 |


| Oscar Melendez | A |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Mark Miller | A | 529 | FS | 555 | $3 / 22 / 2020$ |
| Charles Neace | A | 524 | FS | 565 | $3 / 22 / 2020$ |
| Jeff Owens | A | 515 | FS | 552 | $3 / 22 / 2020$ |
| Derek Lyneis | A | 132 | TRAD | 132 | $3 / 22 / 2020$ |
| Kurt Hoberg | A | 498 | FS | 498 | $3 / 22 / 2020$ |

Hope to see you all out on the range.
Keep stick'n them pointy ends in the target.
John Downey
Tournament Chairman

## NOTE:

## SCORE CARDS

Due to the Covid-19 pandemic and social distancing rules we are temporarily reducing the number of required signatures on score cards from three (3) to two (2) signatures. In other words, only two archers are required in a group. Your cards still need to be signed by the archer and the person that accompanied the archer for the round. That person does not need to actually shoot but does need to accompany the archer and keep the second card. Copies of Score Cards (phone pictures or images) can be emailed to me at johndowney@sbcglobal.net. Please email or send images of both cards.
... jbd

## ADOPT-A-TARGET (CVA Roving Range)

Most or our target lanes have been adopted. If interested in adopting one you can contact one of the Board Members.
Jbd

| Target | Distance | Adopter |
| :---: | :---: | :---: |
| 1 | 35 yrd. fan field 36 yrd fan hunter | Ben Shirley |
| 2 | 30 yrd . field 32 yrd hunter | Ben Shirley |
| 3 | 20 yrd. field 19 yd walk-up hunter | Tom Sheppard |
| 4 | 35 ft . walk-up field 11 yrd hunter | Cher Riggs |
| 5 | 80 yrd. walk-up field 70 yrd. walk-up hunter | Norm Rice |
| 6 | 25 yrd field 28 yrd. fan hunter | William Bachellar |
| 7 | 55 yrd field 53 yrd walk-up hunter | Jim Collins |
| 8 | 45 yrd walk-up field 44 yrd hunter | Jim Collins |
| 9 | 15 yrd. field 15 yrd. walk-up hunter | Ron Riley |
| 10 | 65 yrd. field 64 yrd. walk-up hunter | Brian Carter |
| 11 | 40 yrd field 40 yrd. Hunter | Norm Rice |
| 12 | 60 yrd field 58 yrd. walk-up | Jackie Rice |
| 13 | 45 yrd field 23 yrd. walk-up hunter | Tom Roberts |
| 14 | 50 yrd . field 48 yrd walk-up hunter | Mike Chase |
| 15 | 45 yrd. walk-up field 44 yrd. hunter | JOAD Parents |
| 16 | 50 yrd. field 48 yrd. hunter | Tom Sheppard |
| 17 | 20 yrd field 19 yrd. walk-up hunter | JOAD Parents |



## FRIENDS OF CONEJO VALLEY ARCHERS


805.581.1671

2150 Agate Court • Simi Valley, CA 93065

## CONEJO QUIVER

## September 2020 Issue



The next scheduled club shoot is Sunday September 27, 2020 - plan to shoot. The General Meeting will start at 11:30 per our normal schedule. Please wear a protective mask and maintain appropriate distances during the club shoot and General Meeting.

## FROM THE EDITOR

John Downey, Editor
I hope all of you continue to be safe and health. I can't believe that we are almost ready to call in a new Conejo year. Out last club shoot of the year that counts for awards (September) is almost here.

As you know, a lot of California's Archery tournaments were canceled $;$ this year due to the Covis-19 pandemic. Sadly, our October Fun in the Sun Zombie shoot was one of those that had to be canceled as well. We still intend to hold our Spark of Love Tournament (think Toys for Tots) in December. While there are a number of hoops we have to jump through, we intend to make it happen for the kids. I will have a flyer for the event in next month's Quiver - so stay tuned.

We still plan to have our October Fun Shoot and Award's Ceremony, and will have a new Board to introduce at that time as well. Please make sure to vote if you haven't already. Doing it online is incredibly fast and simple.
O.K. ... so, what do we have for you this month? All the usuals of course, from our cast of "Irregulars" including Kurt, Bonnie, Cathy (Cathy's Corner), David (Publicity Pundit), Curtis (CVA's First Aid Kits, Some thoughts!), Ken \& Geoff (JOAD - Always On Point) and yours truly. I've snuck a few photos in from around the range as well. (NOTE: I'm always looking for photos for the Quiver).

For all our Traditional Archers I've also thrown in the flyer for the California State 3D Traditional Championship on February 20 \& 21. This event will be a nice warm-up for our own "Traditional" hosted by Bob Bombardier in May - so plan to shoot both.

## FROM THE DESK OF THE PRESIDENT

Kurt Hoberg

## CVA Range News

Over the last month there have been reports of member non-compliance with CVA club rules. I want to be crystal clear - no hunting on the range, and no broadheads on the range (outside of the single location, per policy).
Broadheads on the Public Session Range. NO! Not allowed!
I personally found the damaged broadhead and packaging pictured below Saturday morning, 9/12 at the Public Session Range. Broadheads are allowed at CVA ONLY at the Swinging Tire target on the 3D range. Here is a link to the Broadhead Policy to refresh yourself.


NONE of our targets are broadhead rated. The haybales are not broadhead rated. The round targets butts ( $\sim 400$ each) are not broadhead rated. Our 3D animals are not broadhead rated. Even if you bring your own broadhead rated bag, broadheads are NOT ALLOWED at the Public Session range, or anywhere else on the property other than the swinging tire target, per policy.
Think it through- if you lose a broadhead on the Public Session range, damage one (like the example below, which I found sitting on the top of the trash), a child may find it and injure themselves.
To be clear - shooting Broadheads at any other location on the range other than the area allowed will most certainly result in a loss of club membership.

Reports of Hunting on the Range: We have had reports of members hunting on the Tournament Range, and we have also seen signs of such activities there and on the Field Range.
I want to be clear - hunting is FORBIDDEN on the CVA property. This is a County requirement for us to be able to hold our lease. Each and every one of us signed a document stating that it was understood that hunting is not allowed on the CVA Range.
Due to this, if you are found to be hunting anywhere on CVA's property, your club membership will be revoked immediately.

Ok, now that l'm done with that, we'll move on to more interesting range information.
Overall Range News: The range is looking fantastic due to the hard work of our members. This is perfect timing as we have a County inspection this month, where I'll be meeting with the new Parks Supervisor. I'm not sure what to expect, but from my perspective we are ready to showcase our range and the results of our hard work.
Public Session Range: The Public Session is drawing enough shooters out that have nearly brought us to our 50 people on the
range limit. We continue to utilize masks, social distancing, and sterilize the equipment. It's been rather hot the last few sessions, in fact we had to call it early one Saturday as we couldn't take it anymore!
If you are a certified instructor / coach, please sign up to help. Help is highly appreciated and needed, especially at 8am when the PS range needs to be setup.
Field Range: All bales have been replaced on the Field Range. It went really well; it is amazing how quickly the job goes with many hands to help. Thanks everyone that came out to assist, some of those bales were well over 1 year old. It was really time to get it done.
Banquet / Range Awards (October): We've had some discussions with the County about the Banquet, Bonnie will be sending details about the situation and plan.

## Tournament News

Due to Covid-19, many tournaments are being canceled or postponed. Be sure to check the USA Archery schedule, the CBH newsletter, and many times social media for status of a scheduled shoot.
CA Archery is using the USA Archery WEB site to schedule tournaments. Browse to https://www.usarchery.org/events/find-an-event to find and schedule out the event of interest.
Currently the following tournaments are scheduled. Check back often as tournaments are being added and dates adjusted.

- CA Beach Cup in Long Beach, CA - September $26^{\text {th }}$
- State Outdoor in Long Beach CA - October 17 ${ }^{\text {th }}$

CBH has canceled all tournaments this year, much to many archers (and my) disappointment. I'm looking forward to next year!
The CVA October Fun in the Sun / Zombie shoot scheduled for the first weekend in October has been cancelled as well. The CVA Toy Drive, scheduled for the first weekend of December is still on. We
will be holding the Toy Drive in some form and will let everyone know how we are going to proceed with that shoot.
As club members we are all expected to help at (minimally) one CVA tournament, so when the signups are sent please be sure to volunteer. And - if you can't help running the tournament, come shoot it. We have many members that don't shoot our tournaments but will drive several states away to shoot a Field or 3D round. This has always confused me. Please support your club and either volunteer at a tournament or shoot it.

## Snakes

They are out in force! Stay vigilant, watch where you step, and don't put your hands where you can't see them when searching for arrows.

## Range Security

As I do every month, I would like to remind all members to close and lock the CVA gate behind you when you enter the range and be sure to secure and lock the gate when you leave. This includes both the main range entrance and the gate to the Tournament Range.
I've lost count the number of times I've personally secured the gate during the weekend and weekdays. We have had vandalism occur keeping the range secure helps keep the possibility down.
All club members, please be sure to do your part to secure our range.
See you on the range!
Your President,
Kurt
Remember, archery is easy. Shoot a 10, do it again!

See you on the range!
Your President,
Kurt
Remember, archery is easy. Shoot a 10, do it again!

## From the Desk of the VP

Bonnie Marshall

## Membership

Online renewals have not yet been set up. Notifications will be sent if and when it happens.

## Elections

CVA Board Election ballots were sent out via email. It takes only a minute (literally)
 to vote.

Please take the time to look for the email and be a part of the club organization. You should have received two more reminders by now.
NOTE: The election closes Saturday September 26, at 6pm PST.
If you have not received a ballot via email you must reach out to Bonnie immediately to verify your email address. Mail in ballot will no longer be available.

Ballots will be available the day of the General Membership Meeting on Sunday September 27, and must be submitted by 11:30 when we start counting ballots.

Good luck to all of the nominees!

See you on the range!
Bonnie

## Cathy's Corner

2019-20 Club Year Hours Worked

We wrapped up another year of working hard to keep our beautiful range in shooting shape. Our total hours worked this year was 5100 which was down from last year's 6900 hours, we got a jump on the mustard this year knowing that we had lots of rain and COVID shut down the Public Session and
 JOAD for a few months.

For the second year in a row, Mike Keena put in the most hours with just under 400 followed closely by Kurt and Rose Hoberg with just over 388. Hopefully with the increased hours for all working members this year no one individual member or family will have to put in so many hours, we are spreading the load. Many others put in more than their required hours, here is the list of those with 25 or more hours worked. Many thanks to all who worked and especially to those who put in so much time.

| 100+ Hours |  | 75-99.75 Hours |  | 2625-49.75 Hours |  |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Mike Keena | 395 | Curtis Hermann | 96 | Bob Bombardier | 39 |
| Kurt and Rose <br> Hoberg | 389 | Houghton Family | 96 | Silverino Family | 38 |
| Bonnie Marshall | 362 | Debra Warren | 78 | Dave Dragan | 38 |
| Bryan Tanger | 275 | Genevieve and Matt <br> Ivie | 75 | Kevin Knebel | 37 |
| Linson Family | 267 |  | Bill Davis | 36 |  |
| Cher Riggs | 259 | $\mathbf{5 0} \mathbf{- 7 4 . 7 5}$ Hours |  | Bill Bacheller | 33 |
| John Downey | 210 | Glaser Family | 66 | Ryan Cloepfil | 33 |
| Ken Downey | 194 | Brian Carter | 63 | Collins Family | 33 |
| Kevin Cloepfil | 192 | Leviant Family | 61 | Nikki Orzel | 31 |


| Jockisch Family | 155 | Erik Hammerquist | 58 | Richter Family | 26 |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Richard Carpenter | 123 | Zimmerman Family | 50 | Norm and Jacque <br> Rice | 26 |
| Ben Shirley | 117 | Joe Tischler | 50 | Tom Swindell | 26 |
| Brandon Newcomer | 112 | Ben Chen | 50 | Jim Pellerino | 26 |
|  |  |  |  | Phil Bruno | 25 |

## 2020-21 Club Year Hours

With the increase in hours this year you may want to consider getting an early start and/or picking up some recurring work like Field Range Lane Adoption. It will be much harder to get all your hours accomplished if you wait until the end of the year. And remember to communicate with me if something comes up and you need less physical work, you are responsible for getting your hours accomplished but I and other board members can be a support. For example, if you just had surgery and need something less physical let us know, we cannot make work but often there are things that need to be done and we may be able to match you to something that fits your needs.

Here are some things things that we are looking for someone to take responsibility for:

## Valley West and Kitchen Bin Completion

- Spray paint lockers outside west Valley bin inside and out and move into the bin. Includes picking up the paint.
- dry wall patching in Valley west bins patch screens are there.
- Grill is kitchen needs to be broken down, the underneath table needs to be spray painted and covered in aluminum foil then everything put back together.
- Contact Bonnie for more information


## Field Range Lanes Need Adoption

- Field Range Lanes 21, 25, and 26, have not been adopted.

You could adopt one of these lanes permanently or temporarily. A lane can be adopted by 2 or 3 members sharing the load. I have adopt-a-lane protocols, let me know if you would like me to send you a copy. Equipment needed includes motorized trimmers, hoes, flat blade shovels, rakes and machetes. If you would like to adopt but don't have the equipment don't worry, we now have equipment you can use.

Please practice social distancing while working at the range at the range and wear a mask if you must work closely with someone outside your family.

Nikki Orzel is in the process of taking over the Required and Volunteer Hours Coordinator role. Currently she is tracking hours and I am sending out emails regarding work to be done. Eventually she will pick up the entire role. You can send and hours directly to Nikki either via email at nikki@phoenix-studio.com or text 973-4648893.

Thank you for all you do.
See you at the range,
Cathy Linson
Required and Volunteer Hours Co-Coordinator and Board Member Conejo Valley Archers
cmlinson@yahoo.com
805-791-5102

"Ainbo - Spirit of the Amazon" - Coming in 2021


Anibo, a girl born in the deepest jungle of the Amazon, discovers one day that her homeland is being threatened. As she fights to save her paradise against the greed and exploitation of children, logging, and illegal mining, she begins to struggle to reverse this destruction and impending evil of the Yucuruna, the darkness that lives in the Amazon. Guided by her mother's spirit, Ainbo is determined to save her land and save her people before it's too late.

## Range Wanderings <br> (Pictures Courtesy of Robb Lind)



Weird Lighting from the smoke in the air


Definitely odd lighting


Tom making the rounds


Playing peek-a-boo in the weeds


## Adopted Changes to Conejo Valley Archers Membership Requirements and Costs

Approved - 6/28/2020
Note: Lifetime Memberships are not affected by these changes

## Membership Fees

- Membership Fees will again remain unchanged for the 202021 club year


## Work Hour Requirements - Working Memberships

- Beginning with the 2020-21 club year, required Work Hours will be set for each Membership type as follows:

1. Single and Student Memberships will be set to $\mathbf{2 4}$ hours per year per membership Prorated hours requirements for new memberships will be two hours per month
2. Family Membership will be set to $\mathbf{4 8}$ hours per year per membership Prorated hours requirements for new memberships will be four hours per month
3. Single Golden Ager Membership will set to $\mathbf{1 2}$ hours per year per membership Prorated hours requirements for new members will be one hour per month
4. Family Golden Ager Membership will be set to 24 hours per year per membership Prorated hours requirements for new memberships will be two hours per month

## Maintenance Fees - Non-Working Memberships

- Beginning with the 2020-21 club year, Maintenance Fees will be set for each membership type as follows:

1. Single and Student Maintenance Fees will change to $\mathbf{\$ 3 0 0}$ per year per membership Prorated Maintenance Fees for new memberships will be $\mathbf{\$ 2 5}$ per month
2. Family Maintenance Fees will change to $\mathbf{\$ 6 0 0}$ per year per membership Prorated Maintenance Fees for new memberships will be $\$ \mathbf{5 0}$ per month
3. 3. Single Golden Ager Maintenance Fees will change to $\mathbf{\$ 1 8 0}$ per year per membership Prorated Maintenance Fees for new memberships will be $\$ 15$ per month
1. Family Golden Ager Maintenance Fees will change to $\mathbf{\$ 3 6 0}$ per year per membership Prorated Maintenance Fees for new memberships will be $\mathbf{\$ 3 0}$ per month


## Publicity Pundit

## David Jockisch

The first thing that I would like to do is to thank you for your patience. With this ongoing epidemic that we are living through, it seems to me that the year has blown past, and I am continually disappointed by the lack of progress we are seeing in the opening up of our society.

While I understand the hesitation to err on the side of caution, I would love to be able to resume the activities that bring some joy to my life, such as access to my other pastimes of magic at the Magic Castle, Square Dancing with my daughter, and of course archery on the range and in events.

It with a sad heart that I must bring some bad news regarding the Firn in the sun 3-d Rombie Shoot tournernent: We had our board meeting last Thursday night and discussed the topic of the Firn in the simn Gournerment along with our other possible events (including our CVA End of the year Banquet and the $\varrho_{\text {part }}$ of love Toy Drive fournamenf). During that meeting it was discussed that we were in talks with the County and that we should have an answer by early this week.

After conversations with the County Monday afternoon and Email discussions Monday night, we as a Board have decided to NOT hold the Fun in the sun Gournemment this year. This is in part due to the timing of the County decision, the logistics of ensuring that the County protocols were met (and there are many), along with recruiting the appropriate number of support staff to manage the set-up, the event, and the take down. It was our hope that we could have opened this event, but with the preparation window now condensed into a two-week time frame, we feel that this is the safest action for our Members, Athletes, and the Club.

## Regarding our Conneiq Valley Archers Spark of low

Toy Dravivo, we are holding out hope that John Downey, our local Groundhog, will poke his head out, see that the sun does shine, and with a little tweaking to the event procedures we can still hold true to our annual tradition of continuing the beautiful expression of giving, to children in need, that Rose Hoberg has shared within our community. The details of how this event will be structured and ran are still a topic of discussion for our
board, but Bonnie Marshall (our Vice President) is speaking with the County and combing through all the county requirements, and we hope to have a workable solution in the very near future. If this event does find its way on to the "IT'S A GO" calendar it is slated for Sunday, December $6{ }^{\text {th }}$, 2020. Please place this date on your calendar now and plan to join us.


I will be providing our flyer and more details in the near future as we have a better understanding of the continued long- and short-term effects the epidemic brings.

Until we can see each other on the range and in person, take care of yourselves.

Sincerely,
David Jockisch
Seppeember 2020

September 2020
JOAD - Always On Point

Greetings CVA and fellow JOADs,

It has been a fun and hot summer! The kids have been amazing and very flexible
 with difficult environmental challenges between heat, fires and smoke! A fire close to the JOAD range prompted us to end early during one session and the smoke and poor air quality required us to cancel a class last minute during another. Thanks, parents, for helping and being flexible!

Coach Ken has been working on form with the kids in preparation for when competitions do open; the CVA archers will be practiced and ready! Each week, Ken works the shooting line, helping each student with his or her form and it is amazing to see the kids' progress with their technique. Ken has also started to prep some kids for distance shooting at 40 and 50 meters.

JOAD had a fun turn-out for School Appreciation Day, where the kids wore their school colors, school uniforms or favorite university. Some of the parents got involved as well! La Reina was well represented with Harley and Nadia, Oak Park High, Monte Vista, Rancho Rosal and there was even some USC pride. There will be additional themed JOAD days so stay tuned for pictures and details.

To beat the heat, the parents and coaches surprised the kids with water balloons and we even attempted a water balloon toss. It was a fun change of pace and great way to cool off. Please Note: During this heat our water bottle supply goes quickly so any parents that want to bring a case of water it is appreciated.

Next month will be fun as we prepare for our annual Halloween JOAD Day!

Ken and Geoff


New student, Nick, and his compound!


School Pride Day at JOAD - Professor Ken and his students


The balloon shoot is always a fun activity


The shooting line


Tent City - Trying to beat the heat for our JOAD parents


The shooting line (socially distanced of course!)


From the JOAD "Vault" - California State Games - 2001

## OCTOBER LOCKS CHANGING \& MEMEBERSHIP RENEWALS

Along with membership renewals, there will be the changing of the locks. The CVA gate locks will be changed out on Friday October $2^{\text {nd }}$. The range will be closed at noon. All members must be offsite.

Membership renewals and key exchanges will commence the next day on range.
Options for membership renewals/key exchanges are:

## 1. MAIL IN OPTION - include:

- A signed waiver for each archer on the membership
- A signed Membership Agreement
- A copy of your driver's license for SGA and FGA memberships
- A copy of Fall class registration for Student Memberships or any full-time student up to age 24, staying on a Family Membership
- Note any contact changes
- Tape your old key to an index card (add $\$ 5$ to your renewal if you have lost your key)
- Mail all items and your renewal check to:

Conejo Valley Archers PO Box 3982, Thousand Oaks, CA 91359

## 2. EXCHANGE at the RANGE - BEST OPTION!!! Please consider this!!

Please see the schedule below for all dates that the exchanges will be done AT THE RANGE.
All exchanges during Public Open Sessions will be from 8:30 am to 1pm ONLY.

Make sure to have all listed items above ready for renewal. Cash, check, credit cards accepted.

Processing will be done either at the office/kitchen bin or at the Public Session Range.

- Saturday October 3
- Sunday October 10
- Saturday October 17
- Saturday October 24
- Sunday October 25 - End of Year Banquet/General Meeting
- Saturday October 31 - Halloween Shoot and BBQ

After this date I cannot accept renewals at the range during Public Session and memberships must be completed on-line, mailed in, or completed after any General Meeting or after registration at any club tournament.

Membership Renewals:
Family - includes spouses and all minor children up to age 18 years and full-time students with proof of class registration up to age $24=$ \$160

Single - includes one adult age 18 years and over = \$130
Student - includes any full-time student over 18 years, with proof of fall class registration
Senior Golden Ager (SGA) - includes one adult 65 years or older with copy of driver's license
Family Golden Ager (FGA) - includes spouses with one being aged 65 years or older with copy of driver's license
BE AWARE OF MAINTENANCE FEE CHANGES FOR THE NEW YEAR.

We have strived to make renewing as easy and convenient as possible with 6 opportunities at the range, online and mailing in. We hope that everyone will renew as soon as possible. Remember your renewals are part of the club budgeting and having all members renew in a timely manner helps us to plan for this new club year.

## Saturday Evening Post

July 22, 1944 Edition


A really fun cover from the past!

Thanks for supporting our club!!

## CVA's First Aid Kits, Some thoughts!

A column for the "Conejo Quiver" by Curtis Hermann, Sept. 2020

September is "National Preparedness Month," so a little preparedness column this month.

I like to think that all archers are "First Aid Kit" aware and have several kits distributed about their equipment,
 home and vehicle. I also think that periodically we should review the contents of these kits, throwing out old out of date medicines and refreshing the kit with new supplies. Fall is a great time to do this as a lot of our outdoor activities such as travel and hunting take place. Outdoor activities are often when the good ole' First Aid Kit comes in handy.

Each archer should have a small kit in their archery gear bag, these days that's usually a soft or hard case or pack that carries your bow and arrows and related accessories and tools. This kit should be light and simple, mostly just the basics, let me suggest a few items.

Most kits come with 3 sizes of "band-aids", alcohol prep pads and an antibiotic. I would add to this:

1. Four 200 mg tablets of Ibuprofen for pain, inflammation and fever
2. Four decongestant antihistamine tablets for sneezing / runny noses
3. A package of children's $\mathbf{2 5 m g}$ Benadryl tablets - if you are allergic to stings or tend to have muscle spasms
4. A couple of Imodium ( 2 mg loperamide) tablets for when sudden onset of diarrhea happens, as you know this can really upset your tournament performance
5. A pair of tweezers can sure come in handy as well

Simple and easy! A basic kit can be picked up at the 99 cents store for $\$ .99$ and it has room left over for the 12 tablets suggested and the tweezers as well!

This should cover 99\% of all mishaps that happen to the average archer during practice, the public session or during a tournament.

Speaking of the "Public Session" on Saturdays, I had no idea what the club's coaches and officers have done along the line of a First Aid Kit, so I called John Downey. We had a nice discussion and tossed around ideas. First, we owe it to the public to provide some emergency protection but we are not doctors, nor should we act like one. This is a balancing act that requires some thought, how much or how little do we provide. Information listing name, phone number and directions to the nearest Hospital and Urgent Care facility is one thing that should be posted.

They do have a First Aid Kit at the "Public Session" that can handle cuts, bruises, abrasions and blisters - as well as wraps for twisted ankles or wrists and that is a good thing.

Our most dangerous event is probably a work party where hand and power tools are in use, heavy lifting and exposure and heat exhaustion are quite possible.

A few simple things we figured would be an asset and useful would to be to have some aspirin, ibuprofen, water, Gatorade, Benadryl, antihistamine and sunblock. Some cold wraps to reduce swelling and help with headaches should just about do it.

We can thank Robert Luttrell for building the three First Aid Stations on the Field Range (he also stocked them) as they are strategically placed. Each one of these are close to a water source and they are a great asset to the club. I do check them every now and then and have added to the contents some but they need more help than I have provided.


I'm not sure if anything is provided on the new tournament range but something should be considered. This range has the same issues
as the Public Session range and that is public invited events and work parties. So, we have some responsibilities here as well.

Perhaps what we should consider is to find a club member who is also in the health care profession that would volunteer to be in charge of the First Aid kits. They could be given a small but reasonable annual budget to keep those kits freshly stocked and inspected.

Each CVA member has a responsibility here when participating in a work party, tournament or practice session to have their own kit nearby and accessible. When we hold a tournament or a public session, we are inviting guests and this increases our exposure for something to go wrong. Also, the back canyon is our wildest and least groomed range with no protection what-so-ever, so it is up to the individual using it to be alert and prepared.

I realize, that as members, this "First Aid Kit" thing is not a subject that we give a lot of thought too, that is normal I suppose, but it is also a mistake on our part. This is a small but crucial part of our club, when something goes south it usually does so when least expected and in a split second, if it is handled right and we are prepared - we are protected. If something goes wrong and we are unprepared - we are instantly in a lot of legal issues we do not want to have to deal with.
With this Covid-19 deal and self-isolating at home and since September is National Preparedness Month, perhaps all CVA members will have time to take stock of their First Aid Kits. Be they home, auto or personal, please go through them and refresh them with new medicines or anything else that may be out of date.

Stay safe, Be Prepared,
Till next month, Curtis

## Club Tournament News

## CVA Club Shoot - 08/23/2020

A good number of folks made the round last month and turned in cards. Norman "Iron Man" Rice picked up top-bragging honors with his 554 handicaped score shooting his trusty FS bow (A glutton for punishment, he shot the course as well in BHFS).

At just one point back, Mark Miller and Charles Neace took $2^{\text {nd }}$ shooting identical 553 scores. Oscar Melendez came in fourth with a 551 , even though he had the top scratch score of 534. This just goes to show what can happen with handicaps.

James Stankovich once again picked up the top Traditional score (535), as well as the top scratch score of 293.

NOTE: Club members only have one more club shoot left in the club year (September) to qualify for a club trophy.

Keep stick'n them pointy ends in the target. Hope to see you on the range when the pandemic is over.
... jbd

| NAME | HSCORE | SCRATCH | DIVISION | STYLE |
| :--- | :--- | :--- | :--- | :--- |
| Norman Rice | 554.00 | 498.00 | GA | FS |
| Mark Miller | 553.00 | 505.00 | A | FS |
| Charles Neace | 553.00 | 519.00 | A | FS |
| Oscar Melendez | 551.00 | 534.00 | A | FS |
| Kurt Hoberg | 548.00 | 464.00 | A | FITA |
| Terry Marvin | 546.00 | 488.00 | A | FS |
| Scott Leviant | 543.00 | 485.00 | A | FS |
| Jim Collins | 541.00 | 451.00 | A | BHFS |
| Nathan Collins | 536.00 | 414.00 | Y | BHFS |


| James Stankovich | 535.00 | 293.00 | GA | LB |
| :--- | :--- | :--- | :--- | :--- |
| Norman Rice | 519.00 | 437.00 | GA | BHFS |
| Cher Riggs | 511.00 | 350.00 | A | FITA |
| Joe Cavaleri | 507.00 | 158.00 | GA | LB |
| Curtis Hermann | 503.00 | 256.00 | GA | TRAD |
| Jeff Owens | 486.00 | 229.00 | A | TRAD |
| Rachel Howerton | 167.00 | 167.00 | A | TRAD |
| Jaclyn Howerton | 137.00 | 137.00 | A | FITA |

## Club Trophy (Best Five Handicapped Scores)

Oscar is looking good to pick up the Club Championship again this year. Can Mark or Charles catch him at the last shoot? It could happen.

| NAME | HSCORE AVG | STYLE |
| :--- | :--- | :--- |
| Oscar Melendez | 559.6 | FS |
| Mark Miller | 556.4 | FS |
| Charles Neace | 553.8 | FS |
| Terry Marvin | 550.2 | FS |
| Jim Collins | 542.8 | BHFS |

## Perpetual Trophy (Best Ten Scratch Scores)

Oscar is looking pretty good to pick up this trophy as well.

| NAME | SCRATCH | STYLE | AVG |
| :--- | :--- | :--- | :--- |
| Oscar Melendez | 4789 | FS | 532.10 |
| Charles Neace | 4620 | FS | 513.30 |
| Terry Marvin | 4345 | FS | 482.80 |
| Mark Miller | 3974 | FS | 496.80 |
| Jim Collins | 3808 | BHFS | 423.10 |

## Golden Ager Trophy (Best Three Handicapped Scores)

Looks like Norm will be going home again with this trophy when all the scores are in for the year.

| NAME | HSCORE AVG | STYLE |
| :--- | :--- | :--- |
| Norman Rice | 538.0 | BHFS |
| James Stankovich | 531.7 | LB |
| Curtis Hermann | 507.3 | TRAD |

## NOTE: SCORE CARDS

Due to the Covid-19 pandemic and social distancing rules we are temporarily reducing the number of required signatures on score cards from three (3) to two (2) signatures. In other words, only two archers are required in a group. Your cards still need to be signed by the archer and the person that accompanied the archer for the round. That person does not need to actually shoot but does need to accompany the archer and keep the second card. Copies of Score Cards (phone pictures or images) can be emailed to me at johndowney@sbcglobal.net. Please email or send images of both cards.
... jbd

## All Scores to Date (since the November 2019 club shoot) Please report any discrepancies to JBD

| Name | Division | Style | Scratchscore | Handicapscore | Sex | DateShot |
| :---: | :--- | :--- | :--- | :--- | :--- | :---: |
| Carlos Parada | A | TRAD | 185 | 185 | M | $11 / 24 / 2019$ |
| Charles Neace | A | FS | 504 | 504 | M | $11 / 24 / 2019$ |


| Chef Robert Bogin | A | FS | 512 | 512 | M | 11/24/2019 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| James Stankovich | GA | LB | 237 | 237 | M | 11/24/2019 |
| Jim Collins | A | BHFS | 434 | 434 | M | 11/24/2019 |
| Joe Cavaleri | GA | LB | 111 | 111 | M | 11/24/2019 |
| Mark Miller | A | FS | 464 | 464 | M | 11/24/2019 |
| Nathan Collins | Y | BHFS | 311 | 311 | M | 11/24/2019 |
| Norman Rice | GA | BHFS | 438 | 438 | M | 11/24/2019 |
| Oscar Melendez | A | FS | 516 | 516 | M | 11/24/2019 |
| Terry Marvin | A | FS | 477 | 477 | M | 11/24/2019 |
| Tom Swindell | GA | TRAD | 243 | 243 | M | 11/24/2019 |
| Bob <br> Bombardier | A | LB | 177 | 177 | M | 12/22/2019 |
| Carlos Parada | A | TRAD | 205 | 205 | M | 12/22/2019 |
| Charles Neace | A | FS | 506 | 506 | M | 12/22/2019 |
| Chef Robert Bogin | A | FS | 509 | 509 | M | 12/22/2019 |
| Curtis Hermann | GA | TRAD | 232 | 232 | M | 12/22/2019 |
| James Stankovich | GA | LB | 208 | 208 | M | 12/22/2019 |
| Jim Collins | A | BHFS | 397 | 397 | M | 12/22/2019 |
| Mark Miller | A | FS | 481 | 481 | M | 12/22/2019 |
| Nathan Collins | Y | BHFS | 376 | 376 | M | 12/22/2019 |
| Oscar <br> Melendez | A | FS | 531 | 531 | M | 12/22/2019 |
| Robb Ramos | A | TRAD | 123 | 123 | M | 12/22/2019 |
| Sunny Linares | A | FS | 507 | 507 | M | 12/22/2019 |
| Terry Marvin | A | FS | 472 | 472 | M | 12/22/2019 |
| Tom Swindell | GA | TRAD | 244 | 244 | M | 12/22/2019 |
| Bill Bachelor | A | BHFS | 463 | 463 | M | 1/26/2020 |
| Bob <br> Bombardier | A | LB | 131 | 131 | M | 1/26/2020 |
| Carlos Parada | A | TRAD | 197 | 489 | M | 1/26/2020 |
| Charles Neace | A | FS | 512 | 554 | M | 1/26/2020 |


| Charlie <br> Houghton | C | FITA | 123 | 123 | M | $1 / 26 / 2020$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Chef Robert <br> Bogin | A | FS | 510 | 550 | M | $1 / 26 / 2020$ |
| Curtis <br> Hermann | GA | TRAD | 234 | 234 | M | $1 / 26 / 2020$ |
| Jack Houghton | C | FITA | 427 | 427 | M | $1 / 26 / 2020$ |
| James <br> Stankovich | GA | LB | 234 | 501 | M | $1 / 26 / 2020$ |
| Jim Collins | A | BHFS | 401 | 521 | M | $1 / 26 / 2020$ |
| Joe Cavaleri | GA | LB | 92 | 92 | M | $1 / 26 / 2020$ |
| Ken Downey | A | BHFS | 396 | 396 | M | $1 / 26 / 2020$ |
| Kevin Knebel | A | LB | 91 | 91 | M | $1 / 26 / 2020$ |
| Kurt Hoberg | A | FITA | 450 | 450 | M | $1 / 26 / 2020$ |
| Mark Miller | A | FS | 494 | 559 | M | $1 / 26 / 2020$ |
| Nathan Collins | Y | BHFS | 352 | 523 | M | $1 / 26 / 2020$ |
| Norman Rice | GA | FS | 463 | 463 | M | $1 / 26 / 2020$ |
| Oscar | A | FS | 515 | 547 | M | $1 / 26 / 2020$ |
| Melendez | A | FRAD | 170 | 170 | M | $1 / 26 / 2020$ |
| Robb Ramos | A | TRA |  |  |  |  |
| Sarah Dakin | A | BHFS | 289 | 289 | F | $1 / 26 / 2020$ |
| Terry Marvin | A | FS | 488 | 553 | M | $1 / 26 / 2020$ |
| Tom Swindell | GA | TRAD | 231 | 488 | M | $1 / 26 / 2020$ |
| Bill Bachelor | A | BHFS | 468 | 468 | M | $2 / 23 / 2020$ |
| Bob <br> Bombardier | A | LB | 122 | 456 | M | $2 / 23 / 2020$ |
| Carlos Parada | A | TRAD | 214 | 498 | M | $2 / 23 / 2020$ |
| Charles Neace | A | FS | 517 | 556 | M | $2 / 23 / 2020$ |
| Charlie |  |  |  |  |  |  |
| Houghton | C | FITA | 152 | 152 | M | $2 / 23 / 2020$ |
| Cher Riggs | A | FITA | 293 | 293 | F | $2 / 23 / 2020$ |
| Curtis |  |  |  |  |  |  |
| Hermann | GA | TRAD | 254 | 510 | M | $2 / 23 / 2020$ |
| Derek Lyneis | A | FS | 489 | 489 | M | $2 / 23 / 2020$ |
| Jack Houghton | C | FITA | 450 | 450 | M | $2 / 23 / 2020$ |
| James |  |  |  |  |  |  |
| Stankovich | GA | LB | 180 | 2020 |  |  |
|  |  |  |  |  |  |  |


| Jim Collins | A | BHFS | 403 | 531 | M | 2/23/2020 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Joe Cavaleri | GA | LB | 137 | 495 | M | 2/23/2020 |
| Kurt Hoberg | A | FITA | 418 | 418 | M | 2/23/2020 |
| Mark Miller | A | FS | 510 | 562 | M | 2/23/2020 |
| Nathan Collins | Y | BHFS | 348 | 510 | M | 2/23/2020 |
| Norman Rice | GA | FS | 503 | 503 | M | 2/23/2020 |
| Norman Rice | GA | BHFS | 464 | 464 | M | 2/23/2020 |
| Oscar Melendez | A | FS | 540 | 566 | M | 2/23/2020 |
| Robb Ramos | A | TRAD | 105 | 447 | M | 2/23/2020 |
| Sarah Dakin | A | BHFS | 289 | 289 | F | 2/23/2020 |
| Scott Leviant | A | FS | 476 | 476 | M | 2/23/2020 |
| Terry Marvin | A | FS | 478 | 543 | M | 2/23/2020 |
| Tom Swindell | GA | TRAD | 227 | 488 | M | 2/23/2020 |
| Charles Neace | A | FS | 515 | 552 | M | 3/22/2020 |
| Chef Robert Bogin | A | FS | 511 | 551 | M | 3/22/2020 |
| Cher Riggs | A | FITA | 328 | 328 | F | 3/22/2020 |
| Chris Blackwell | YA | BHFS | 357 | 357 | M | 3/22/2020 |
| Connor Blackwell | YA | BHFS | 409 | 409 | M | 3/22/2020 |
| Curtis Hermann | GA | TRAD | 215 | 476 | M | 3/22/2020 |
| Derek Lyneis | A | FS | 498 | 498 | M | 3/22/2020 |
| Jeff Blackwell | A | BHFS | 441 | 441 | M | 3/22/2020 |
| Jeff Owens | A | TRAD | 132 | 132 | M | 3/22/2020 |
| Jim Collins | A | BHFS | 416 | 539 | M | 3/22/2020 |
| Kurt Hoberg | A | FITA | 411 | 518 | M | 3/22/2020 |
| Mark Miller | A | FS | 524 | 565 | M | 3/22/2020 |
| Nathan Collins | Y | BHFS | 373 | 535 | M | 3/22/2020 |
| Oscar Melendez | A | FS | 529 | 555 | M | 3/22/2020 |
| Terry Marvin | A | FS | 484 | 546 | M | 3/22/2020 |


| Carlos Parada | A | LB | 177 | 177 | M | 5/24/2020 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Charles Neace | A | FS | 514 | 550 | M | 5/24/2020 |
| Chef Robert Bogin | A | FS | 502 | 544 | M | 5/24/2020 |
| Cher Riggs | A | FITA | 369 | 553 | F | 5/24/2020 |
| Curtis Hermann | GA | TRAD | 251 | 507 | M | 5/24/2020 |
| David Jockisch | A | FS | 481 | 481 | M | 5/24/2020 |
| Derek Lyneis | A | FS | 500 | 552 | M | 5/24/2020 |
| Jim Collins | A | BHFS | 415 | 534 | M | 5/24/2020 |
| Joe Cavaleri | GA | LB | 97 | 459 | M | 5/24/2020 |
| Kurt Hoberg | A | FITA | 447 | 555 | M | 5/24/2020 |
| Mark Miller | A | FS | 496 | 536 | M | 5/24/2020 |
| Nathan Collins | Y | BHFS | 361 | 521 | M | 5/24/2020 |
| Norman Rice | GA | FS | 483 | 545 | M | 5/24/2020 |
| Norman Rice | GA | BHFS | 463 | 547 | M | 5/24/2020 |
| Oscar Melendez | A | FS | 540 | 559 | M | 5/24/2020 |
| Scott Leviant | A | FS | 470 | 470 | M | 5/24/2020 |
| Terry Marvin | A | FS | 485 | 547 | M | 5/24/2020 |
| Tom Swindell | GA | TRAD | 218 | 486 | M | 5/24/2020 |
| Carlos Parada | A | TRAD | 227 | 505 | M | 6/28/2020 |
| Charles Neace | A | FS | 518 | 554 | M | 6/28/2020 |
| Charlie Houghton | C | FITA | 156 | 490 | M | 6/28/2020 |
| Cher Riggs | A | FITA | 382 | 543 | F | 6/28/2020 |
| Jack Houghton | C | FITA | 479 | 565 | M | 6/28/2020 |
| Jeff Owens | A | TRAD | 245 | 245 | M | 6/28/2020 |
| Jim Collins | A | BHFS | 443 | 552 | M | 6/28/2020 |
| Ken Downey | A | BHFS | 490 | 490 | M | 6/28/2020 |
| Kurt Hoberg | A | FITA | 439 | 541 | M | 6/28/2020 |
| Nathan Collins | Y | BHFS | 395 | 542 | M | 6/28/2020 |


| Norman Rice | GA | FS | 489 | 544 | M | 6/28/2020 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Norman Rice | GA | BHFS | 473 | 548 | M | 6/28/2020 |
| Oscar Melendez | A | FS | 540 | 559 | M | 6/28/2020 |
| Sarah Dakin | A | BHFS | 325 | 532 | F | 6/28/2020 |
| Scott Leviant | A | FS | 486 | 552 | M | 6/28/2020 |
| Terry Marvin | A | FS | 473 | 537 | M | 6/28/2020 |
| Tom Swindell | GA | TRAD | 218 | 489 | M | 6/28/2020 |
| Carlos Parada | A | TRAD | 225 | 495 | M | 7/26/2020 |
| Charles Neace | A | FS | 515 | 551 | M | 7/26/2020 |
| Cher Riggs | A | FITA | 346 | 502 | F | 7/26/2020 |
| Curtis Hermann | GA | TRAD | 247 | 505 | M | 7/26/2020 |
| James Stankovich | GA | LB | 301 | 559 | M | 7/26/2020 |
| Jeff Owens | A | TRAD | 244 | 526 | M | 7/26/2020 |
| Jim Collins | A | BHFS | 448 | 548 | M | 7/26/2020 |
| Joe Cavaleri | GA | LB | 117 | 471 | M | 7/26/2020 |
| Kurt Hoberg | A | FITA | 462 | 551 | M | 7/26/2020 |
| Mark Miller | A | FS | 500 | 543 | M | 7/26/2020 |
| Nathan Collins | Y | BHFS | 417 | 552 | M | 7/26/2020 |
| Oscar Melendez | A | FS | 544 | 559 | M | 7/26/2020 |
| Scott Leviant | A | FS | 491 | 553 | M | 7/26/2020 |
| Terry Marvin | A | FS | 500 | 559 | M | 7/26/2020 |
| Charles Neace | A | FS | 519 | 553 | M | 8/23/2020 |
| Cher Riggs | A | FITA | 350 | 511 | F | 8/23/2020 |
| Curtis Hermann | GA | TRAD | 256 | 503 | M | 8/23/2020 |
| Jaclyn Howerton | A | FITA | 137 | 137 | F | 8/23/2020 |
| James Stankovich | GA | LB | 293 | 535 | M | 8/23/2020 |
| Jeff Owens | A | TRAD | 229 | 486 | M | 8/23/2020 |
| Jim Collins | A | BHFS | 451 | 541 | M | 8/23/2020 |


| Joe Cavaleri | GA | LB | 158 | 507 | M | $8 / 23 / 2020$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Kurt Hoberg | A | FITA | 464 | 548 | M | $8 / 23 / 2020$ |
| Mark Miller | A | FS | 505 | 553 | M | $8 / 23 / 2020$ |
| Nathan Collins | Y | BHFS | 414 | 536 | M | $8 / 23 / 2020$ |
| Norman Rice | GA | FS | 498 | 554 | M | $8 / 23 / 2020$ |
| Norman Rice | GA | BHFS | 437 | 519 | M | $8 / 23 / 2020$ |
| Oscar <br> Melendez | A | FS | 534 | 551 | M | $8 / 23 / 2020$ |
| Rachel <br> Howerton | A | TRAD | 167 | 167 | F | $8 / 23 / 2020$ |
| Scott Leviant | A | FS | 485 | 543 | M | $8 / 23 / 2020$ |
| Terry Marvin | A | FS | 488 | 546 | M | $8 / 23 / 2020$ |

Hope to see you all out on the range.
Keep stick'n them pointy ends in the target.

John Downey
Tournament Chairman


A Mental Exercise for you


In keeping with Curtis Hermann's article on 1st Aid, what would you put in an Altoids Mint Can for your own personal $1^{\text {st }}$ Aid or Emergency Preparedness Kit. Send me a pic for next month's Quiver.

## ADOPT-A-TARGET (CVA Roving Range)

Most or our target lanes have been adopted. If interested in adopting one you can contact one of the Board Members.
Jbd

| Target | Distance | Adopter |
| :---: | :---: | :---: |
| 1 | 35 yrd. fan field 36 yrd fan hunter | Ben Shirley |
| 2 | 30 yrd . field 32 yrd hunter | Ben Shirley |
| 3 | 20 yrd . field 19 yd walk-up hunter | Tom Sheppard |
| 4 | 35 ft . walk-up field 11 yrd hunter | Cher Riggs |
| 5 | 80 yrd. walk-up field 70 yrd. walk-up hunter | Norm Rice |
| 6 | 25 yrd field 28 yrd. fan hunter | William Bachellar |
| 7 | 55 yrd field 53 yrd walk-up hunter | Jim Collins |
| 8 | 45 yrd walk-up field 44 yrd hunter | Jim Collins |
| 9 | 15 yrd. field 15 yrd. walk-up hunter | Ron Riley |
| 10 | 65 yrd. field 64 yrd. walk-up hunter | Brian Carter |
| 11 | 40 yrd field 40 yrd. Hunter | Norm Rice |
| 12 | 60 yrd field 58 yrd. walk-up | Jackie Rice |
| 13 | 45 yrd field 23 yrd. walk-up hunter | Tom Roberts |
| 14 | 50 yrd. field 48 yrd walk-up hunter | Mike Chase |
| 15 | 45 yrd. walk-up field 44 yrd. hunter | JOAD Parents |
| 16 | 50 yrd . field 48 yrd. hunter | Tom Sheppard |
| 17 | 20 yrd field 19 yrd. walk-up hunter | JOAD Parents |


| 18 | 80 yrd. walk-up field 70 yrd walk-up <br> hunter | Jake Anderson w <br>  <br> Jonathan Sylvester |
| :---: | :---: | :---: |
| 19 | 55 yrd. field 53 yrd. walk-up hunter | Marc Albanza |
| 20 | 25 yrd. field 28 yrd. fan hunter |  |
| 21 | 35 yrd. fan field 36 yrd fan hunter |  |
| 22 | 30 yrd. field 32 yrd. fan hunter | Phil Bruno |
| 23 | 35 ft. walk-up field 11 yrd. Hunter | Charles Shaw |
| 24 | 45 yrd. field 23 yrd. walk-up hunter | Derek Lyneis |
| 25 | 65 yrd. field 64 yrd. walk-up hunter |  |
| 26 | 60 yrd field 58 yrd. walk-up |  |
| 27 | 15 yrd. field 15 yrd. walk-up hunter | Jeff Blackwell |
| 28 | 40 yrd. field 40 yrd. hunter | Thomas Cayia |
| 20 yd practice butts running pig | Thomas Cayia |  |



## YOUR CVA OFFICERS

| President <br> president@cvarchers.com | Kurt Hoberg | (805) 552-9934 |
| :---: | :---: | :---: |
| Vice-President vicepresident@cvarchers.com | Bonnie Marshall | (805) 379-8721 |
| Secretary | Scott Leviant | (818) 477-2814 |
| Treasurer | Cher Riggs | (805) 368-7466 |
| Board Members | Cathy Linson <br> Mike Keena <br> Bill Davis <br> Kevin Cloepfil <br> David Jockisch | (805) 791-5102 (805) 527-4585 (805) 390-1059 (805) 217-1356 |
| Range Captain |  |  |
| Target Chairman | Kevin Knebel | (805) 390-1059 |
| 3D Range Captain | Bryan Tanger | (805) 915-7347 |
| Publicity Chair | David Jockisch | (805) 217-1356 |
| Editor / Tournament Chair | John Downey | (805) 527-4894 |
| CVA Answering Service |  | (805) 328-4721 |
| Past-President \& whatever we need him to do guy | Clark Pentico | (805-630-1749 |

FRIENDS OF CONEJO VALLEY ARCHERS


## CONEJO QUIVER

## October 2020 Issue



The October Fun Shoot is scheduled for Sunday October 24, 2020 - plan to shoot. The October Awards Ceremony \& General Meeting will start at 11:30am per our normal schedule. Please wear a protective mask and maintain appropriate distances during the club shoot and General Meeting.

## FROM THE EDITOR

John Downey, Editor
We just started a new club year, which means it is time for the October Fun Shoot (targets creatively created by our own Kurt Hoberg), and the Annual Awards Ceremony. Normally we would also be having our year end Banquet as well, but Covid-19 has pretty much messed that up. So, no Banquet this year, sigh!

I hope all of you continue to be safe and healthy. While a number of the California shoots have been canceled this year, we are still on track for the December CVA Toys shoot. Hopefully we will get a lot of toys for the kids. Please see the Flyer inside and make plans to attend.
O.K. ... so, what's new this month? We have all or our "Irregulars" including a new Vice President (Cathy Linson). Don't worry though, Bonnie Marshall is still contributing her Membership Column.

Returning this month as well is President Kurt Hoberg, Curtis Hermann (Guide to choosing the right knife for the job!), Ken \& Geoff (JOAD - Always On Point) and yours truly.

All scores to date for the year have been left out this month, to maintain the suspense as to who will win the various trophies. To find out you will need to attend the Award's Ceremony. If you can't attend though, don't worry, as all the winners will be published next month.

I've also snuck in some photos from the recent CalCup tournament that was held at our Tournament Range as well. (NOTE: I'm always looking for photos for the Quiver).
... jbd
Editor

## FROM THE DESK OF THE PRESIDENT

Kurt Hoberg

## CVA Range News

We have yet another club rule noncompliance issue to talk about. I'm getting concerned as this is the second month that I've had to remind people about the rules
 that we all agreed to when we signed our membership agreements.
Crossbows on the Range. NO! Not allowed! I found this crossbow bolt on the Tournament Range late September. This specific bolt is for a crossbow pistol, which is, in fact, a crossbow.
Crossbows are NOT ALLOWED ON ANY PART OF THE CVA PROPERTY per Club Policy, our County Lease, and CUP.


I'm really hoping this is the last month I need to discuss issues on the range that are not compliant with club rules and policy. If you are unfamiliar with the rules, please read your club membership paperwork.
Ok, now that I'm done with that, we'll move on to more interesting range information.
Overall Range News: The range is looking fantastic due to the hard work of our members. We are going into the rainy season, so we get to maintain and clear weeds all over again once the rains come. For those that have adopted lanes, please be ready to start keeping the weeds at bay once the rain starts. For right now, the range looks great and is shootable.

Public Session Range: The last several weeks have had enough Public Session shooters that have taken us to the 50 -archer capacity. Members, please be aware that you may be asked to shoot another of the three CVA ranges at your disposal if we have the Public waiting to come onto the PS range. This does not mean hanging up your bow and not shooting, this means relocating completely off the PS range so we can allow public shooters onto the PS range. Last week when I asked Member shooters to relocate, I was ignored.
We continue to utilize masks, social distancing, and sterilize the equipment for the Public.
If you are a certified instructor / coach, please sign up to help. Help is highly appreciated and needed, especially at 8am when the PS range needs to be setup. The early session is the busiest and the time when we need the most help.
Range Awards and Fun Shoot: We will be having an Awards Ceremony this year at the stage. Prior to that I will be setting up the yearly Fun Shoot on the bottom half of the range (targets 15-28). I'll have instructions and scorecards out on the picnic table nearest the practice range early Sunday morning.
Bonnie will have more information about the Awards Ceremony as the date gets closer. Be sure to attend!

## Tournament News

Due to Covid-19, most tournaments have been canceled. Be sure to check the USA Archery schedule, the CBH newsletter, and many times social media for status of a scheduled shoot.
CA Archery is using the USA Archery WEB site to schedule tournaments. Browse to https://www.usarchery.org/events/find-an-event to find and schedule out the event of interest.
We will be holding the CVA Toy Drive (early December) in some form and will let everyone know how we are going to proceed with that shoot. A big thanks to John Downey, who has stepped up to be the chairman of the Toy Drive.
As club members we are all expected to help at (minimally) one CVA tournament, so when the signups are sent please be sure to volunteer. And - if you can't help running the tournament, come
shoot it. We have many members that don't shoot our tournaments but will drive several states away to shoot a Field or 3D round. This has always confused me. Please support your club and either volunteer at a tournament or shoot it.

## CA Beach Cup Tournament

CVA hosted the CA Beach Cup on our Tournament Range on September 26-27. Archers from all over CA came to shoot. The shoot went really well, and everyone was overjoyed to be able to compete and see their archery friends.
Thank you so much for those that came out to help. I ended up doing a huge amount of work to make this shoot happen (13 hours on Friday alone), so every target stand moved, target marker placed, and wind flag put up, was one less thing I had to do.

## Snakes

They are out in force! Stay vigilant, watch where you step, and don't put your hands where you can't see them when searching for arrows.

## Range Security

As I do every month, I would like to remind all members to close and lock the CVA gate behind you when you enter the range and be sure to secure and lock the gate when you leave. This includes both the main range entrance and the gate to the Tournament Range.
I've lost count the number of times I've personally secured the gate during the weekend and weekdays. We have had vandalism occur keeping the range secure helps keep the possibility down.
All club members, please be sure to do your part to secure our range.
See you on the range!

Your President,
Kurt
Remember, archery is easy. Shoot a 10, do it again!

## FROM THE DESK OF THE VP

Cathy Linson
I wanted to take a moment and introduce myself as your newly elected Vice President. Anyone who has had a working membership for the past few years has heard a lot from me. I have been the volunteer coordinator and sent
 many emails, but those of you who have been non-working members may be familiar with me.
I joined the club 6 years ago having shot as a kid and wanting to introduce my daughter to the sport. She took to it immediately and we got more and more involved in the club, helping out at work parties, organizing homeschool archery classes and volunteering on Saturday mornings at the public session. A couple of years later I was elected to the board of directors and took on the work hours coordinator role. In addition to making sure we had folks to work at tournaments and work parties and tracking their hours I have taken on a number of small projects for the board. This included writing the Lane Clearing Protocols for the Field Range to help new adopters know what is expected and making sure all our coaches and instructors are certified.

What I love about this club is the camaraderie, with people accepting and helping each other. If that were not enough, the range itself is a peaceful place to come and enjoy the outdoors. I look forward to my time on the range and want to give back to this community that has given much to my daughter and myself.

## Working on the Range

Ventura County does not allow any Glyphosate products to be sprayed on the range as of $10 / 1 / 20$. We rent from the county and need to follow their requirements. If anyone knows of a product
without Glyphosate that works on mustard, please let a board member know.

## Public Session

We could use more help at Public Session on Saturdays. If you want to help out you will need a USAA membership, Safe Sport Certification and Background check.

## Toy Drive Shoot

The next tournament is the Toy Drive on the first Sunday of December with set up the Saturday before. Please sign up to help out, the sign up for this will come out soon.

## Valley West and Kitchen Bin Completion (a lot needs to be done)

- Spray paint lockers outside west Valley bin inside and out and move into the bin. Includes picking up the paint.
- Dry wall patching in Valley West Bins patch screens are there.
- Grill is kitchen needs to be broken down, the underneath table needs to be spray painted and covered in aluminum foil then everything put back together.
- Contact Bonnie for more information. Let us know if you are willing to take on this work.


## Field Range Lanes Need Adoption

- Field Range Lanes 25, and 26 have not been adopted. A lane can be adopted by 2 or $\mathbf{3}$ members sharing the load. There are "Adopt a Lane Protocols" that cover this pretty well. Please let me know if you would like me to send you a copy. Equipment needed includes motorized trimmers, hoes, flat blade shovels, rakes and machetes. If you would like to adopt a lane but don't have the equipment don't worry, we now have equipment you can use.


## Other Projects

Bonnie Is looking for someone to accomplish a few projects. Contact her for more information.

Please practice social distancing while working at the range and wear a mask if you must work closely with someone outside your family.

Nikki Orzel is taking over more of the Required and Volunteer Hours Coordinator role. Currently she is tracking hours and sending out emails regarding work to be done. Eventually she will pick up the entire role. To get hours you can either sign in and out on the sheet located on the back of the bulletin board near the kitchen or send hours directly to Nikki via email at nikki@phoenix-
studio.com. When emailing include before and after pictures, the names of everyone that worked, work performed and the range you worked on. All other communication with Nikki can be via either email or text 973-464-8893.

See you at the range,
Cathy Linson
Vice President
Conejo Valley Archers
cmlinson@yahoo.com
805-791-5102


## MEMBERSHIP CORNER

Bonnie Marshall

## October 2020

Renewals are coming along and as usual the first two weekends are busy and then I think everyone forgets again that this is the time to renew!

It is vital that you try to renew at the range over these last two Saturdays of the month
 $\left(24^{\text {th }}\right.$ and $\left.31^{\text {st }}\right)$ or at the Year End Awards Ceremony on Sunday October $25^{\text {th }}$.

I can of course accept mail in paperwork and payments, but again you still need to pick you your key and card at the range.

After this month, it can take up to two to three weeks for you to renew and actually get you access back, as we pick up mail once a week and then I don't receive it until sometimes the next weekend. I then need time to process the paperwork and then mailing anything out takes a few more days.

Mailing out keys and cards is not optimal as we have had multiple issues with keys, with memberships cards getting lost in the mail. Thus, further delaying your access and creating a security issue for the club.
Renewal at the range only takes minutes and the sooner you renew, the more time you have to enjoy the club and the more time you have to get in your work hours in for a working membership.
I ask that after these 6 onsite opportunities to renew that you do not come up to Public Session and ask to renew. I am Coaching or otherwise engaged at that time and I cannot have all the paperwork, keys, cards, laminator, etc. to haul around for months.

The other onsite opportunities to renew would still be General Membership Meetings and after tournament registrations.

## CVA October Membership Anniversaries

October is always a huge membership month. The temperatures are cooler and getting outside is more comfortable. It's also hunting season including duck season opening this month, so for the hunter contingent of the club they are wanting to get their sites set and get some exercise!
Our October anniversaries include:
16 years - Bonnie Marshall
12 years - Kevin and Ryan Cloepfil
9 years - Peter Sperling
8 years - Rob Lind
6 years - Cathy and Shen Linson, Ben Shirly and Tom Sheppard
5 years - Ben Chen
4 years - George and Dana LaFountaine and Oscar Vallejo and family
2 years - Bruce Borner, Charles Neace, John Spezzano
1 year - Noah Barlow, Denis Flood, Alora Herbst family
Congratulations to all!

I hope to see you all soon!

Bonnie Marshall

## Conejo Valley Archers

## Year End Awards Ceremony

## Sunday October 25 ${ }^{\text {th }} 2020$

Come to celebrate the top shooters of the club and connect with members!

Perpetual Trophy Award
George Levin Award
Belt Buckle Awards
Divisional Awards
Presidential Award
Volunteer Raffle Awards
Please remember that due to county restrictions that we will not be doing any food or beverage service.
We do ask that everyone wears a mask if you are not distancing. This will be held at the staging area and so to keep distancing please bring a lawn chair as bench
seating is limited.
See you at the ceremony.

## FIELD RANGE PROTOCOLS

Conejo Valley Archers

For Adopting a Target

## Toy Drive

## Sunday, December 6, 2020

This is a Rain or Shine Event

## 30 Novelty and 3D Targets

2 arrows, marked yardage, 10-8-5 scoring

REGISTRATION
7:30-9:00 AM
COST
One unwrapped toy
valued at $\sim \$ 15.00$
(max of 2 per Family)


ADULTS yOUNG ADULTS 15-17 YOUTH 12-14
CUB 11 and younger
Compound
Recurve
Longbow

Matchbox for Mulligans: 2 Mulligans can be "bought" for 2 toy cars (or \$1 each) Sorry, no Snacks or drinks will be available due to Covid-19 restrictions. Please bring your own water and beverages.

Directions: 118 Fwy to Simi Valley, exit Tapo Canyon, Go North 3 miles, turn left into Tapo Canyon Park. The range is inside the park. No dogs allowed.

For information on the Toy Drive: editor@cvarchers.com
For Club/Shoot/Schedule Information call the club phone 805-328-4721
Or visit our website www. cvarchers.com

## Field Range Protocols - Adopt a Target

## Note: For FIELD RANGE ONLY

Everyone adopting a lane has the responsibility to keep the lane clear of all ground weeds and obstructions so that the lane is maintained on a continual basis and is clean and functional at all times based on the following protocols.

1. All ground weeds must be eleared trom the road area to the shooting stakes and from the shooting stakes to the bales based on the following guidelines:
a) There should be at feast a one foot clearance on both sides of the lane. i.e. outside of the furflest shooting slake.
b) Lane weed clearance must also be evaluated from all shooting stakes to the full target arca so that a target placed anywhere on the bales is fully visible without any plant obstrution. From alt shooting stake positions there should be no obstructions in the site line or arrow path.
c) Arow light pahis muss also be taken imto account, such as where a high branch is above the
direct sight line to the bale but could obstruct the arch of an arrow path.
d) The lar left shooting stakes must be elear to shoot at the far leff edge of the bales and the far righ stakes must be clear to shoot at the far right edge of the bales.
2. Behind the bales should also be completely free of any weeds to a distance that a shooter is easily able to stand behind the bale and work or pull arrows. 3 feet is a good guideline for around and behind the bales.
3. The eath area or berm behind the bales should also be free of weeds and obstructions. This berm area is dependent on the setup of each tane and more particular questions should be addressed to the range captain or club president.
4. The connecting Walking Path that leads to the next lane should be cleared, 4 foot across. all the way to the next shooting stakes. If the path includes steps see number 6 below.
5. The bow rack i.e. where you hang your bow while extracting your arrows, needs to have a clear path to it that is 3 feet wide, and 3 feet around the rack.
6. If the target has steps, those steps must be clear of all brush, he as level as possible. no less than 10 inches deep and no more than 12 inches high. They should be reinforced with pipe rype relainers to prevent erosion from weather and use conditions. If steps need major repair, repor work scheduled.
7. Check the markers occasionally to insure the colors are elear and the numbers are legible Repaint as needed, for specific information on how to paint the markers for your lane(s) please contact a board member. Paint and stencils can be found in the West Valley Bin.
8. If there is a water fountain near the lane, clear a path to and 3 feet around the fountain.

Please note:
A. Lane clearing is as much a functional proeess as it is an aesthetic one. If is importani that we always keep in mind the structural stability of the areas and common sense will dietate some of the process such as slope of a lane.
B. As each lane has its own particulars, it is recommended that further guidance in respect to clearing processes be discussed with the Field Range Captain or the Club Presidemt.

## California State 3D Traditional

SHOOT STARTS AT 9 AM BOTH DAYS RULES MEETING AT 8:30 A.M. SATURDAY

$$
\begin{aligned}
& \text { PROPANE FIRES, AND } \\
& \text { MOBILE HOMES OK }
\end{aligned}
$$

? AND $1 / 2$ dAY SUNDAY

## CATEGORIES:

- Longbow wood
- Longbow aluminum/carbon
- recurve off the shelf. any arrow, FIXED SHELF AND STRIKE PLATE
TRAD RECURVE, RAISED REST PLUNGER, IZ" STABILIZER
- PRIMITIVE W, WOODEN ARROWS NO MODERN MATERIALS
barron (213) 304-4426 richardbarronemac.com d. Maltess wwworvinuranticomnaultessgauery


## CBH/SAA PRESENTS <br> CALIFORNIA STATE 3D TRADITIONAL CHAMPIONSHIT

- pre-registration mail-in must be postmarked by february ist, zozl - t-shirts for the event will be $\$ 18$
- pre-registration t-shirts will have the year on them and will be PICKED Up at the event.
- t-shirts not pre-ordered sold at the event will not have yEAR on them.

| FEES | PRE-REGISTER | SHOOT DAY |
| :--- | :---: | :---: |
| CUb (1) AND UNDER) | $\$ 20$ | $\$ 25$ |
| YOUTH (12-14) | $\$ 20$ | $\$ 25$ |
| YOUNG ADULT (15-17) | $\$ 20$ | $\$ 25$ |
| ADULT (18-49) | $\$ 30$ | $\$ 40$ |
| SENIOR (50-59) | $\$ 30$ | $\$ 40$ |
| SILVER SENIOR ( $60-69$ ) | $\$ 30$ | $\$ 46$ |
| MASTER SENIOR (70+) | $\$ 30$ | $\$ 40$ |

NAME:
ADDRESS:
CITY. STATE, ZIP: $\qquad$
PHONE NUMBER:

MAKE CHECK PAYABLE TO
mail pre-registration form to, RICHARD BARRON

EMAIL 4925 sycamore terrace los angeles, CA 90042
online registration :



## JOAD - Always On Point

Ken and Geoff

October 2020

## Greetings CVA!



October is a fun month for the CVA JOAD team, not only is there a Halloween shoot at the end of the month but it's also Coach Ken's Birthday!

The kids had a fun time surprising Ken for his birthday. During his warm-up routine "Fun Stories with Ken," his surprise gifts were brought out and included: handmade birthday cards, gift cards, 24 pack of Modelo beer, bouquets of flowers, a grow your own crocodile, fuzzy dice, poop putty, It's a Girl balloons, hot sauces and well wishes from the class. I think it's safe to assume Ken is well liked and he had an enjoyable birthday celebration.

The California State Outdoor Championship was cancelled due to COVID-19, however, a training and mini-tournament called the California Classic 1440 was rescheduled for JOAD shooters and held in Tulare, CA on October 17-18 ${ }^{\text {th }}$. Conejo Valley Archers was represented by two Bowman Olympic Recurve Archers, Harley Kenney and Jack Houghton. The shoot was well organized and strict protocols were placed for COVID-19. The weekend was HOT and slightly breezy, but our two archers made CVA proud. Harley placed $3^{\text {rd }}$ in the girls Bowman Class and Jack placed $2^{\text {nd }}$ in boys Bowman class. It is very special to watch these two shoot and coaches and parents could not be happier. Way to go Harley and Jack!


This week's Student Spotlight is Charlie Kindelt. Charlie is a 16-year-old student at Agoura High School (Geoff's high school alma mater as well, go class of '94!) shooting an Olympic Recurve with a 22 -pound pull. Charlie is a very entertaining archery student and can always be found laughing and cheering on all age groups at JOAD. I sat down with Charlie to find out what makes archery interesting to him.
"I used to go to summer camps, and I found archery interesting. I felt like I was good at it and I wanted to learn more, so I found the CVA website and JOAD." Charlie continued and told me what he likes most about archery, he stated, "...there are satisfying moments like when I shoot into the gold and my form was good and I also like the focus of it. It's also very different from any other sports I have done."
Charlie talked to me about the importance of practice and improvement and he noted that he is currently working on holding his anchor point prior to release. (hold for 3 seconds, right Charlie!)

Charlie enjoys archery and would like to continue with it as he progresses through his academic life. He's not sure if he will shoot at the academic level but does want to continue building his skills. CVA JOAD has created many friendships for Charlie and he enjoys the entertaining coaching style of Ken Downey. Lastly, he wanted to pass along words of wisdom to any new archers, "...realize there is a learning curve, but it will get better and don't be hard on yourself."

Thanks, Charlie, for being a member of CVA JOAD and being a positive influence on those around you.

Stay tuned for the November issue of JOAD- Always on Point for pictures from our Halloween Shoot as well as preparations for the JOAD Turkey Shoot!
Stay healthy -
Ken and Geoff


Who will win this balloon shoot off?


The balloon shoot-off line up! Similar to King of the Hill but with bows, arrows and balloons!


Harley and Jack representing at the California Classic 1440 in Tulare, CA. Harley placed $3^{\text {rd }}$ for Bowman Girls Recurve and Jack placed $2^{\text {nd }}$ for Bowman Boys Recurve. Great Job Harley and Jack!


The Archers view at the Tulare California Classic 1440.


Waiting patiently for the next end.

Photos from the CalCup Tournament
Hosted on our Tournament Range





## So What Does A Year's Worth Of Broken Nocks Look Like?



## Guide to choosing the right knife for the job!

A column for the "Conejo Quiver" by Curtis Hermann, fall 2020

Fall has finally arrived and many of CVA's archers are in the field to attempt an encounter with one wiley critter or another. In the pocket or on the belt of each of these fine archers is a knife, a knife that is durable, sharp and designed to do the job of dealing with the carcass, camp chores or in an
 emergency a survival tool. Which knife would that be? Well there are so many choices that this simple topic can become both complicated and confusing. Let's see if I can make this idea of choosing the right knife a little less confusing.

## Folding VS Fixed

Every hunt is different and every species of animal has a different hide thickness, coarseness of hair or fur and depending on whether the meat, the hide or caping for mounting purposes is most important to you at the time, these all can have an effect on your choice of knife. Primarily there are two choices that must be dealt with up front, fixed or folding.


Let's start with a fixed blade, as they are sturdy and ready for heavy duty work, simple to clean and easily retrieved from a sheath on the belt. Its only drawback is perhaps its visibility, its size on your belt and its weight.

Today's folding knives are very safe, the locks are strong and will not falter during use or open in your pack or pocket unexpectedly. They are also easily concealed in a pocket or pack or even in a small case on the belt. As urbanites, we realize that a visible knife is usually considered a weapon (as opposed to a tool) by your neighbors and friends. So, concealment may carry more weight in your decision than it would if you lived in a more rural setting. Because folders are mechanical, they require extra care and time in cleaning along with occasional oiling of the folding and locking mechanisms. They are also not to be used as a pry bar as the opening mechanism can be damaged.

## Blade Shape

All blade shapes have pros and cons and many a campfire discussion has been about this very subject. I will discuss three shapes that are the most commonly used by the outdoors person and will add a personal opinion or two on each.

## Skinner



The skinner is exactly what it says, it is designed for removing the hide off the animal harvested. It usually has a somewhat small downward angled bluntish point and a long-curved belly. The point is designed to make it harder for you to poke holes in undesirable things like the bladder, it is also thicker for working at leveraging or "popping joints" and for quartering the animal into pieces for carrying out to your vehicle. I am opposed to using a knife as a lever but sometimes it just happens in the heat of the situation. Such as, a
moonless/starless night with an approaching storm that's going to soak you to the bone before you make it back to your truck! I do not recommend that a folding knife ever be used for prying, the side strength is just not there, and a good knife can easily be ruined.

The belly of the knife is a long curve meant to help out with the long sweeping motion used to remove the hide. The longer the curved belly the fewer strokes are required to remove the hide. This may not be so important on a deer or medium sized animal that requires a couple hundred strokes to remove the hide, but an elk or moose or other large game may require 1500 2,000 strokes and a tired and aching wrist when done. As you get older you realize that saving strokes is a very good idea!

The picture of the skinner above is the design used by the majority of hunters today, for good reason, it does a good job, is safer to use and matches well with the experience and capabilities of most of today's hunters.

If you are a step above this and often cape out heads, paws and tails then you will want a thinner more upswept narrow "clip point" tip that can get into details such as around the eyes, ears and nose for taxidermy needs.

Drop Point


The drop point is spear shaped with about $30 \%$ less upsweep in the skinning portion of the blade and a noticeable "drop" from the top of the blade to the point. The "drop point" knife is a compromise between a skinner and a brush or survival knife. It is a near perfect all-around outdoorsman companion, equally at home with camp/chef chores, survival and can do the job that a skinner can do given a little extra time and effort. If you are a "one knife kind of guy" this is definitely your best choice.

Clip Point


The clip point is most common on folders and for very good reasons, folders are considered as "general purpose" or as the say these days edc or everyday carry. Clip points are concavely ground to a crescent tip and are good at fine detail work like putting a new hole in your belt or for trimming rope ends and fixing things around camp. They work well in the chest cavity of game and their shorter blade and narrow point give the control one needs to separate organs and get around bones. Folders do come with drop points and modified skinner blades, but they are most common as clip points. In heavy work on larger game, one must be careful with applying side pressure to the blade as I have seen several snap off in the field under stressing circumstances.

Either as a fixed blade or as a folder - the clip blade is usually lighter in weight, more maneuverable in a tight situation and easy to carry. Therefore, it is
probably the most popular choice for the all-around outdoorsman. It is usually accompanied by a separate knife for kitchen chores.

## Gut Hook - Folder and Fixed Blade



I have always been a little "put off" by the appearance of the "gut hook" blade, it seemed such an interference with the artistic symmetry and gentle curves of a knife blade.
My first experience with one certainly convinced me of their usefulness and ease of use. A "gut hook" is a notch starting at the back of the blade near the fore end near the point. Often found on a drop point shaped blade. Its purpose is to "unzip" the hide and it does an amazing job. Particularly when opening up the abdomen without penetrating any organs underneath and providing the initial slits in the hide along the inside of the legs, around ankles and up the chest or back. These cuts are through hair and nothing will dull your blade faster than cutting coarse hair. So, the gut hook saves your blades edge, it saves time as it works very well, and it saves a lot of blade sharpening. So as tools go, I love a gut hook, I still do not like it aesthetically, but I can get over that as it makes the hunters job so much easier. When gut hooks were first introduced, they were often panned by professional hunters as ugly, unnecessary and no true hunter would use one! As time went by and the gut hook proved its mettle as a useful tool those unkind words went away, and they were indeed found in the hands of many an outfitter or professional hunter.

Below is my favorite large game field dressing knife, as you can see it is a drop point blade shape and it has a gut hook, a thick blade, large skinning curve and a rubberized handle that keeps its grip in your hand even when covered with blood and body fluids. My only complaint with this knife is the color, as black is very difficult to find when dropped late at night in the vegetation and debris of nature's floor. When I hunt elk, it is always on my belt.


## Caper - Small Red Buck



Caping knives are not seen much anymore, they are designed for small detail work in preparing for intricate taxidermy. In the old days "caping" was done in the field or I should say when one returned to camp where he could sit comfortably and spend the morning carefully separating hide from skull. Today most hunters simply send head with hide intact to the taxidermist and spend the extra money for the taxidermists caping fees. Caping knives are almost like surgeons' scalpels, they are small, almost dainty, thin blades and designed for detail work in tight places. I hope someday each hunter experiences the effort and time it takes to carefully remove the exterior surface from the skull without a miss cut or poked hole or tear in the hide that cannot be hidden in a beautiful mount.

One last knife I like to include is the small Rapala filet knife, they are inexpensive, sharp, flexible, light weight and so versatile in field or camp. It tends to be my "go to" knife for all those little jobs that pop up around camp, or as a supplemental boning knife while field dressing game or making repairs in a quiver or pack. It is as handy in the kitchen as it is with everything else and if you must it will still filet a fish. Its only drawback is that there is no finger guard and the handle can be slippery when wet with fluids.


So, whether you pick a fixed blade or folder, skinner, drop point or clip point, I hope this little discussion has helped you make the decisions needed in choosing your blade. My guess is that eventually you will end up like me with more blades then I know what to do with as you try out each style and make up your own mind.

My current set up is a two-knife fixed blade set by Case, it is a long thin main blade of surgical steel with a semi-clip point. It is a compromise hunter or skinner and clip point that also works well as a camp knife, it is accompanied by a small caping knife that may never see use as a caper, but I love it anyway.


I've always preferred the strength of a fixed blade over a folder but the convenience of folders are not to be denied and I do have a favorite that I use. It is a Remington, referred to as "Moose," as the blades (when open) resemble a moose's antlers. You will notice that the left blade is a typical clip blade for detail use and that the right blade has an upswept edge to the point for skinning. For our local deer and smaller game, I find this to be an ideal easy to use and convenient to carry, knife.


If I am out for just a local morning or evening hunt, I will always go with the folder for the convenience. If I have traveled far and expect to penetrate deep into the mountains each day, I will always go with the fixed blade set up.

I rarely go any distance without having both set ups stashed in my gear, so I can make an instant choice to meet the circumstances expected for that day.

Have some great days afield this fall and may your knife of choice prove to be a dependable and faithful companion!
Till next month,

## Curtis

"There are many path's in life, be sure to take the time to sit next to the one with deer tracks"

## Kurt Hoberg's First Shot at 70mm .. all downhill from here?



## ADOPT-A-TARGET (CVA Roving Range)

Most or our target lanes have been adopted. If interested in adopting one you can contact one of the Board Members. Jbd

| Target | Distance | Adopter |
| :---: | :---: | :---: |
| 1 | 35 yrd. fan field 36 yrd fan hunter | Ben Shirley |
| 2 | 30 yrd . field 32 yrd hunter | Ben Shirley |
| 3 | 20 yrd . field 19 yd walk-up hunter | Tom Sheppard |
| 4 | 35 ft . walk-up field 11 yrd hunter | Cher Riggs |
| 5 | 80 yrd. walk-up field 70 yrd. walk-up hunter | Norm Rice |
| 6 | 25 yrd field 28 yrd . fan hunter | William Bachellar |
| 7 | 55 yrd field 53 yrd walk-up hunter | Jim Collins |
| 8 | 45 yrd walk-up field 44 yrd hunter | Jim Collins |
| 9 | 15 yrd. field 15 yrd. walk-up hunter | Ron Riley |
| 10 | 65 yrd. field 64 yrd. walk-up hunter | Brian Carter |
| 11 | 40 yrd field 40 yrd . Hunter | Norm Rice |
| 12 | 60 yrd field 58 yrd. walk-up | Jackie Rice |
| 13 | 45 yrd field 23 yrd. walk-up hunter | Tom Roberts |
| 14 | 50 yrd . field 48 yrd walk-up hunter | Mike Chase |
| 15 | 45 yrd . walk-up field 44 yrd . hunter | JOAD Parents |
| 16 | 50 yrd . field 48 yrd . hunter | Tom Sheppard |
| 17 | 20 yrd field 19 yrd. walk-up hunter | JOAD Parents |


| 18 | 80 yrd. walk-up field 70 yrd walk-up <br> hunter | Jake Anderson w <br>  <br> Jonathan Sylvester |
| :---: | :---: | :---: |
| 19 | 55 yrd. field 53 yrd. walk-up hunter | Marc Albanza |
| 20 | 25 yrd. field 28 yrd. fan hunter |  |
| 21 | 35 yrd. fan field 36 yrd fan hunter |  |
| 22 | 30 yrd. field 32 yrd. fan hunter | Phil Bruno |
| 23 | 35 ft. walk-up field 11 yrd. Hunter | Charles Shaw |
| 24 | 45 yrd. field 23 yrd. walk-up hunter | Derek Lyneis |
| 25 | 65 yrd. field 64 yrd. walk-up hunter |  |
| 26 | 60 yrd field 58 yrd. walk-up |  |
| 27 | 15 yrd. field 15 yrd. walk-up hunter | Jeff Blackwell |
| 28 | 40 yrd. field 40 yrd. hunter | Thomas Cayia |
| 20 yd practice butts running pig | Thomas Cayia |  |



## YOUR CVA OFFICERS

| President <br> president@cvarchers.com | Kurt Hoberg | (805) 552-9934 |
| :---: | :---: | :---: |
| Vice-President vicepresident@cvarchers.com | Cathy Linson | (805) 791-5102 |
| Secretary | Scott Leviant | (818) 477-2814 |
| Treasurer | Cher Riggs | (805) 368-7466 |
| Board Members | Mike Keena <br> Bill Davis <br> Kevin Cloepfil <br> David Jockisch | (805) 791-5102 (805) 527-4585 $(805)$ 390-1059 $(805) 217-1356$ |
| Range Captain |  |  |
| Target Chairman | Kevin Knebel | (805) 390-1059 |
| 3D Range Captain | Mike Keena | (805) 791-5102 |
| Membership Chair | Bonnie Marshall | (805) 379-8721 |
| Publicity Chair | David Jockisch | (805) 217-1356 |
| Required and Volunteer Hours Coordinator | Nikki Orzel | nikki@phoenixstudio.com |
| Editor / Tournament Chair editor@cvarchers.com | John Downey | (805) 527-4894 |
| CVA Answering Service |  | (805) 328-4721 |
| Past-President \& whatever we need him to do guv | Clark Pentico | (805-630-1749 |

FRIENDS OF CONEJO VALLEY ARCHERS

805.581.1671

2150 Agate Court • Simi Valley, CA 93065

## CONEJO QUIVER <br> November 2020 Issue



The October Fun Shoot is scheduled for Sunday November 22, 2020 - plan to shoot. Please wear a protective mask and maintain appropriate distances during the club shoot and General Meeting.

## FROM THE EDITOR

John Downey, Editor
We have another nice issue for you to peruse this month. Most of our "Irregulars" are back with articles of interest, including Kurt Hoberg (From the Desk of the President), Cathy Linson (From the Desk of the VP), Bonnie Marshall (Membership Corner), Ken \& Geoff (JOAD - Always On Point) , Curtis Hermann (How Many Arrows Shot are Too Many), and yours truly.

We also have a number of great photos this month, including some from the October Awards Banquet and some from the JOAD Halloween Party - be sure to check them out.

The $16^{\text {th }}$ Annual CVA Toy Drive Tournament is just around the corner (on Sunday December 6 $6^{\text {th }}$ ). The entry fee is one unwrapped toy (valued at $\$ 15$ or more - max of 2 toys per family). Please plan to attend and make sure that you wear a mask and socially distance yourself as much as possible from all the other archers. Hopefully this tournament won't need to be cancelled due to any new Covid19 restrictions.

We all, no doubt know someone who has been ill with Covid. For some of us, catching it could be deadly. So please, stay safe and healthy, and follow the CVA Covid-19 rules/restrictions when you are on the range, so that you and your family remain healthy.

Hope to see you on the range soon.
Keep stick'n them pointy ends in the target.
... jbd
Editor

## FROM THE DESK OF THE PRESIDENT

Kurt Hoberg

## CVA Range News

Overall Range News: The range is looking fantastic due to the hard work of our members. As we head into the rainy season, we get to
 clear weeds all over again. For those that have adopted lanes, please be ready to start keeping the weeds at bay once the rain starts. For right now, the range looks great and is shootable.
We've been having problems with Waste Management picking our trash. I've been in contact with them daily over the last week, as I personally handed them a new key on October $16^{\text {th }}$. As Waste Management seems to be very 'key operation' challenged, they have credited us 1 month of services. I will be delivering yet another key to them to see if the second time is a charm.
Working Members - hours suggestion: Time flies, so for those of us with working memberships, it is important start early and work hours throughout the year, rather than waiting until August and realizing you haven't yet started on fulfilling your volunteer commitments. Here are some suggestions:

1. Watch your emails. Cathy and Niki both send frequent emails regarding volunteer opportunities at the range.
2. Sign up for an arrow repair seminar at the Public Session range - watch for emails for when they are held. Once you are trained on arrow repair, we encourage you to come to the Public Session and repair arrows, which is a great way to help the club and get hours.
3. CVA Tournaments - I'm hoping that we have some starting in 2021. Tournaments at CVA provide many chances to get hours, from helping the kitchen (you'll need to be trained), registration, setup, teardown, and many other specific tasks related to that tournament. Again, watch your emails for signups.
4. And - watch your emails!

Public Session Range: As we have a better understanding on how the public is attending our Public Session, we have changed hours back to pre-Covid hours: 9am start, ending at 1 pm .
Due to our pandemic protocols (negotiated with the County), we are limited to 50 people on the PS range at one time. Masks are a requirement and are not optional. CVA Club Members shooting the Public Session range on Saturday will be asked to shoot elsewhere if we have members of the public waiting to come on the range to shoot and we are at max capacity of 50 . These are the rules we need to adhere to per County guidelines to offer the Public Session, which is a critical source of Club income. Hay bales aren't free!
This weekend we were at capacity several times. Nearly all CVA Club Members were understanding about relocating to other ranges, with the exception of two individuals, who felt the appropriate reaction when tactfully asked to relocate was to shout in anger. To be clear, that behavior is unacceptable and not what our Club is about.

## Tournament News

Due to Covid-19, most tournaments have been canceled, and I hope the 2021 season isn't similarly decimated. Be sure to check the USA Archery schedule, the CBH newsletter, and social media for status of a scheduled shoot.

CA Archery is using the USA Archery WEB site to schedule tournaments. Browse to https://www.usarchery.org/events/find-an-event to find and schedule out the event of interest.
CA State Indoor, JOAD Indoor, JOAD Nationals, and $52^{\text {nd }}$ USA Indoor Nationals are all scheduled, with very different guidelines due to Covid. Please click the links below for more info if you are interested in shooting these tournaments:

- California State Indoor:
https://www.usarchery.org/events/event-information/37915
- California State JOAD Indoor:
https://www.usarchery.org/events/event-information/37914
- JOAD Indoor Nationals:
https://www.usarchery.org/events/event-information/37937
- 52nd USA Indoor Nationals: https://www.usarchery.org/events/event-information/37938

We will be holding the CVA Toy Drive on December $6^{\text {th }}$ please check our Facebook Page and website for the details. (Hint - hours opportunity...emails will be coming...)

As Club members, you are expected to help at (minimally) one CVA tournament, so when the signups are sent please be sure to volunteer. And - if you can't help running the tournament, come shoot it.

## USA Archery Level 1 Instructor Course

I have four individuals that are interested in continuing their Archery journey in becoming a USA Archery Certified Level 1 Instructor.
I'll be running the course on a Saturday at the CVA range, date to be determined. Cost is $\$ 100$ per student.
If you are interested in taking the course or are curious about what it is about, here is a link for more details:
https://www.usarchery.org/coaches/become-a-coach/level-1-instructorcertification
If you would like to be included in the class, send me an email at president@cvarchers.com

## Range Security

As I do every month, I would like to remind all members to close and lock the CVA gate behind you when you enter the range and be sure to secure and lock the gate when you leave. This includes both the main range entrance and the gate to the Tournament Range.
I've lost count the number of times I've personally secured the gate during the weekend and weekdays. We have had vandalism occur keeping the range secure helps keep the possibility down.
All club members, please be sure to do your part to secure our range.
See you on the range!
Your President,
Kurt
Remember, archery is easy. Shoot a 10, do it again!

## FROM THE DESK OF THE VP

Cathy Linson

## Gift Card Winners

The winners of the gift card drawings for those who worked more than their required hours last club year are as follows. Gift cards were for REI this year and were handed out at the October
 Awards Banquet.

The Richter Family - $\$ 25$ for working 26 hours The Collins Family - $\$ 25$ for working 33 hours Erik Hammerquist - \$50 for working 58 hours Debra Warren - $\$ 75$ for working 78 hours Ken Downey - \$100 for working 193 hours Kurt and Rose Hoberg - $\$ 100$ for working 388.5 hours

Thank you to everyone who worked hard last year!

## Working on the Range

We are still looking for ideas about something to replace Roundup on the range. Glyphosate cannot be used on any Ventura County properties as of $10 / 1 / 2020$. All ideas and suggestions that will make weed abatement easier are welcome.

## Public Session

We could use more help at Public Session on Saturdays. If you want to help out you will need a USAA membership, Safe Sport Certification and Background check. We are planning to have an Instructor Training, let someone on the board know if you are interested in becoming a Level 1 or 2 Instructor.

## Toy Drive Shoot

The next tournament is the Toy Drive on the first Sunday of December with set up the Saturday before. Plenty of people have signed up to help but we could use another truck. let me know if you are interested.

## Valley West and Kitchen Bin Completion

Spray paint lockers outside west Valley bin inside and out and move into the bin. Includes picking up the paint.

Dry wall patching in Valley West Bins patch screens are there.
Grill is kitchen needs to be broken down, the underneath table needs to be spray painted and covered in aluminum foil then everything put back together.

Contact Bonnie for more information. Let us know if you are willing to take on this work.

## Field Range Lanes Need Adoption

Field Range Lanes 25 , and 26 have not been adopted. A lane can be adopted by 2 or 3 members sharing the load. I have "Adopt a Lane" protocols, let me know if you would like me to send you a copy. Equipment needed includes motorized trimmers, hoes, flat blade shovels, rakes and machetes. If you would like to adopt but don't have the equipment don't worry, we now have equipment you can use.

Please practice social distancing while working at the range. Masks are suggested whenever you are working on the range and are required if you must work closely with someone outside your family.

See you at the range,
Cathy Linson
Vice President
Conejo Valley Archers
cmlinson@yahoo.com
805-791-5102

## MEMBERSHIP CORNER

Bonnie Marshall

## Member Anniversaries November 2020

11 Years - Steve and Lois Price
6 Years - James Stankovich
2 Years - Marc Alabanza and family, Eric Erickson


Thank you for your support!

## The Valley West Bin is READY!

The tools have been seeded and are hanging and ready for use.
There are leaf rakes, tine rakes, hoes, shovels, brooms, hand loppers and trimmers. We have one gas trimmer and one battery powered trimmer for those who don't want to deal with the gas.

There are multiple small hand tools including hammers, sledgehammer, pliers, screwdrivers, and cutters.

There is a couple of blowers: one is corded and another in battery operated.

There is a hand wagon for loading and dumping (yes it actually has a dumping feature!) It has good solid wheels for the rough areas and is very lightweight to pull and move.

There will be signage posted and info that l'll review here but basically, it's just common sense and RESPECT of the club's property so that everyone who needs to use it, can use and access it when needed.

1. You access the bin through the side "man door" using your member key! Turn it all the way to the left hard. The door does close automatically so don't leave your keys in the bin!!
2. There is a communication board to let us know if something gets broken or if you have a comment about a tool or whatever you think is needed. Also, you can contact Kevin Cloepfil or Bonnie Marshall to update us as to any needs or repairs.
3. If you use it CLEAN IT! There is a small metal worktable with a metal tray to give metal work edges a quick WD40 cleaning spray, let it sit for a few and then wipe it down with the provided shop rags. Exceptional muddy tools should be rinsed off first at the water spigot by the walk-in gate. Tools will be appropriately lubricated when needed.
4. When you clean it, PUT IT BACK where you found it. If we can't find it, then others can't use it, which defeats the purpose of this bin. Also, if we can't find things and have to replace, that is unnecessary.
5. Only fill fuel tanks OUTSIDE of the bin. Expect to fill a trimmer before you use it and do not refill it after use. Use the appropriate spigot to prevent spills. Keep fuel secured in the containers under the metal worktable. Wipe any spills immediately. Notify us if you have opened the last can.
6. Place batteries immediately back on the charger when finished.
7. There is a trash bin, use it. Do not place rags with fuel in the inside trash. Place it outside.
8. Personal lockers - First come, first served. There are two sets of lockers to use if you would like to secure some personal small tools, gloves etc., with your own lock. CVA reserves the right to cut a lock if it is deemed necessary for safety. Please DO NOT leave any food items in these lockers. Keep the locker as long as you want, but empty and clean it if you no longer need it.
9. All large equipment to the right of the bin and behind the rope is off limits and only available to authorized personnel
during work parties. If you feel there is a need to use this equipment you need to coordinate with Kevin Cloepfil or Mike Keena to arrange for use.
10. Follow any posted signage.

Leave the bin in better condition than you found it.

## Amazon Smile

As we approach this very unusual holiday season, we want to remind everyone who uses Amazon to purchase holiday items to remember to just click over to Amazon Smile before you order.
To support charity, always shop at smile.amazon.com

Try these 2 easy ways to start with a smile. Learn about AmazonSmile


AmazonSmile

## 1. Create a bookmark

Drag this box to your bookmarks or favorites bar to create a shortcut to smile.amazon.com on your desktop computer or mobile web browser.

## 2. Install the Amazon Assistant

Get easy access to Product Comparisons, Deal of the Day, and time-saving shortcuts, which all link to smile.amazon.com.

## Learn more

It costs nothing more to you but gives the club $0.5 \%$ back from everyone's purchase! We have been awarded over \$1000 and that was just from Kurt's equipment orders!! Seriously though this is just too easy not to do!

## Happy

## Thanksgiving,

 Merry Christmas and Happy Hanukah!
## California State 3D Traditional



## CBH/SAA PRESENTS <br> CALIFORNIA STATE 3D TRADITIONAL CHAMPIONSHIP

pre-registration mail-in must be postmarked by february ist, zozl - t-shirts for the event will be \$is

- pre-registration t-shirts will have the year on them and will be picked up at the event.
- t-shirts not pre-ordered sold at the event will not have year on them.

| FEES | PRE-REGISTER | SHOOT DAY |
| :--- | :---: | :---: |
| CUB (II AND UNDER) | $\$ 20$ | $\$ 25$ |
| YOUTH (IZ-14) | $\$ 20$ | $\$ 25$ |
| YOUNG ADULT (15-17) | $\$ 20$ | $\$ 25$ |
| ADULT (18-49) | $\$ 30$ | $\$ 40$ |
| SENIOR (S0-59) | $\$ 30$ | $\$ 40$ |
| SILVER SENIOR ( $60-69$ ) | $\$ 30$ | $\$ 40$ |
| MASTER SENIOR (70+) | $\$ 30$ | $\$ 40$ |

NAME:
ADDRESS:
CITY, STATE, ZIP: $\qquad$
PHONE NUMBER: $\qquad$

MAKE CHECK PAYABLE TO CBH/SAA MAIL PRE-REGISTRATION FORM TO RICHARD BARRON 4925 SYCAMORE TERRACE los angeles, CA 90042
online registration. EMAIL: CBH/SAA.ORg



## JOAD - Always On Point

Ken and Geoff

## Greetings CVA!

The Conejo Valley Archers, Junior Olympic Archery Development has been busy!! We are honored to have 7 new students that
 have started during October and November! Coach Ken and I hope that the new students enjoy archery and join the CVA club after the 6 week JOAD introductory timeframe. The shooting line has been busy and full and we are very impressed with our students adherence to COVID regulations and social distancing. Keep it up and stay healthy.
On Sunday October $25^{\text {th }}$ during the CVA awards ceremony, our very own Coach, Ken Downey, was awarded a special recognition. Ken has been leading the JOAD program for over 3 years and has been instrumental fostering new student enthusiasm in archery and archery tournaments. Club President, Kurt Hoberg, presented to Ken an engraved copper whistle. When you hear an exceptionally loud whistle blast on the line, just know it's Ken with his welldeserved special edition whistle!
Halloween was extra special this year. Not only was it a full moon but it also landed on a Saturday! JOAD hosted its annual Halloween shoot with exceptional flair and of course, candy! This year, special guest shooters included Ken "Freddie Mercury" Downey, Princess Vanellope, a headless shooter, an X bowman, a compound crusader, red riding hood, a couple of clowns, the elusive unicorn and a rare pangolin. The kids were provided a variety of Halloween themed targets and décor. Thanks to everyone who came out and helped set up!
The JOAD Turkey Shoot will likely not take place this year due to scheduling conflicts but stay tuned for the JOAD Christmas shoot in December!


Warm-ups or "story time with Ken" included Freddie Mercury


Let's stop clowning around! A headless archer? Now let's not get ahead of ourselves!

Groucho, no ... it's ???


Freddie ... (yeah but which one?)


Princess Vanellope and her sister!!


This archer had a bone to pick with the coach!



An assortment of fun and spooky targets!


Where did that pinata come from?
"I go to pieces ..."


He lost his funny bone and didn't find it humerus.

## Members Hunting Success



Mike Keena recently brought home a nice Elk


Clark Pentico took this nice Turkey, just in time for Thanksgiving

Conejo Valley Archers
16th Annual
Toy Drive
Sunday, December 6, 2020
This is a Rain or Shine Event

## 30 Novelty and 3D Targets

2 arrows, marked yardage, 10-8-5 scoring


ADULTS
YOUNG ADULTS 15-17 YOUTH 12-14
CUB 11 and younger Compound Recurve Longbow

Matchbox for Mulligans: 2 Mulligans can be "bought" for 2 toy cars (or $\$ 1$ each) Sorry, no Snacks or drinks will be available due to Covid-19 restrictions. Please bring your own water and beverages.

Directions: 118 Fwy to Simi Valley, exit Tapo Canyon, Go North 3 miles, turn left into Tapo Canyon Park. The range is inside the park. No dogs allowed.

> For information on the Toy Drive: editor@cvarchers.com

For Club/Shoot/Schedule Information call the club phone 805-328-4721
Or visit our website www. cvarchers.com

## October Awards Ceremony Winners

Club Champion (Tie) - These two folks had the exact same score average (to within the same 0.1 percent score average).

- Mark Miller
- Oscar Melendez


## Traditional Club Champion

- James Stankovich


## Golden Ager Award

- Norman Rice


## Perpetual Trophy

- Oscar Melendez


## President's Trophy

- Kevin Cloepfil


## Range Record Trophies (Custom Engraved Buck Knives)

| Name | Division | Scratch Score | Style | Date Shot |
| :--- | :--- | :--- | :--- | :--- |
| Cher Riggs | A | 382 | FITA | $6 / 28 / 2020$ |
| Jim Collins | A | 451 | BHFS | $8 / 23 / 2020$ |
| Kurt Hoberg | A | 464 | FITA | $8 / 23 / 2020$ |
| Oscar Melendez | A | 544 | FS | $7 / 26 / 2020$ |
| Jeff Owens | A | 245 | TRAD | $6 / 28 / 2020$ |
| Jack Houghton | C | 479 | FITA | $6 / 28 / 2020$ |
| Norman Rice | GA | 473 | BHFS | $6 / 28 / 2020$ |
| Norman Rice | GA | 503 | FS | $2 / 23 / 2020$ |
| James <br> Stankovich | GA | 301 | LB | $7 / 26 / 2020$ |
| Curtis Hermann | GA | 256 | TRAD | $8 / 23 / 2020$ |
| Nathan Collins | Y | 433 | BHFS | $9 / 27 / 2020$ |

Congrats to all the winners - see photos of the winners below

Pics from the CVA Awards Ceremony
Pictures courtesy of Kevin Knebel


Perpetual Trophy Winner - Oscar Melendez


Dual Winners of the Club Championship Buckle Mark Miller \& Oscar Melendez


Club Traditional Champion - James Stankovich



Top Five Archers Award


Kevin Cloepfil - President's Award


Top 5 Traditional Archers Award


Golden Ager Award - Norman Rice


Outstanding Achievement in Service Award
Mike Keena \& Tom Sheppard


Jim Collins


Erik Hammerquist


Rose \& Kurt \& Hoberg


Outstanding Achievement - Kurt Hoberg


Top Five Archers Award


Special Award for Ken Downey, Joad Coach


Cher Riggs


Ken Downey


Jack Houghton


Oscar Melendez


Norman "Ironman" Rice- picked up a pair


James Stankovich


Curtis Hermann


Jeff Owens


Jim \& Nathan Collins - Picked up a pair

## How Many Arrows Shot are Too Many?

A column for the "Conejo Quiver" by Curtis Hermann (Pandemic season), fall of 2020
$I_{\text {like to ask this question, }}$
"When shooting, how many arrows are too many?".


It is a topic that I think most archers overlook, or at least don't give it the "mental thought time" it deserves. In my experience, there seems to be a fine line between too much practice and just enough. Learning the signs that tell you that you are approaching this point is critical and if ignored can lead to serious shooting problems.

Can we all agree that if we shoot too many arrows, the result will be that we get physically and mentally tired and therefore our form becomes sloppy and our score naturally begins to deteriorate. Obviously, this happens over a period of time, usually when that practice takes place at the same time and same place and on the same target (s) every practice session. The number of practice sessions before problems arise will also vary from archer to archer. However, when it begins, you will see a consistent and seemingly permanent decline in your form and poorer scores will be the result. We used to say, "some bad habits have set in," not really realizing that we were really headed for deep trouble.

If this continues several things will happen. First you will begin to realize that you're not giving up on archery, even though lately it seems like you are in a rut and it has not been as much fun as it used to be. You may find yourself commenting, "my mojo has got up and left," and start searching for and making small excuses for misses.

Eventually you will have to face the fact that "target panic" has fully set in and that you are in a great deal of trouble that will not be able to be fixed overnight. I know, as I have been through this several times, (I can be a slow learner sometimes).

(unintentionally) began to make changes in your mental game with little digs like, "my mojo got up and left." They call this a "double pull" problem or also known as "Focal Dystonia."

There can be more than one cause that ends in "Focal Dystonia" or as we normally call it, "Target Panic", but I believe the most common cause is a combination of two things. I call it, "tired \& bored," that is shooting the same target (s) over

At this point you will begin to search for help by some very famous coaches like Terry Wunderele (The Shot Doctor), Larry Bassham (Olympic shooting mental coach), or Bernie Pellerite (author, "Idiot Proof Archery"). These guys will tell you that you have two problems. One (neurological) that you shot too many arrows (in a static or none changing environment) and got tired and let your form decline. Two, (psychological) you

and over without change that is needed to stimulate the mental game. Getting tired (and perhaps a little bored) of shooting the same thing over and over, (especially when you arrive at the range already tired or exhausted) and letting your form slip is common. It is a sneaky little thing that creeps up on you and often times traps you in "focal dystonia" before you are even aware of how you got there.

Most of us have gone through this (perhaps more than once) and did all the things needed to get ourselves back on track like: blind bale shooting (psychological), and putting on a mechanical device like a "clicker" (neurological), to help return our form to normal. However, delivering the "cure" is serous work and I will leave that to the professional coaches listed above.
*****
"The words target panic have induced an unnecessary amount of severity and concern about this condition among archers," he said. "I think if they had a better word for it, they'd have a lot less problem trying to cure it. Lanny Bassham (Mental management for sports.)

The purpose of this column is to make you aware of the early warning signs of trouble (focal dystonia or target panic) and how to avoid the problem before it gets out of hand. If you find that you have small problems showing up like the inability to reach your anchor point without releasing the arrow or unable to stop releasing the string before the sight pin begins to settle on the desired spot, then you have crossed that fine line
of to many arrows, it is time to take action!
What is needed to halt the progress of these developed bad habits (or problems) is a return to the original excitement and stimulation you had when you began! Curtis
*****
"Do not focus on results," he said. "When you focus on results, it builds anxiety. And anxiety is the kiss of death." Terry Wunderle (the Shot Doctor)

How do you do that? You add new or different variety to your shooting experience and that is easy to do, especially at CVA where we have multiple types of ranges. Either the "field range" or "the public session range" can be where your problem begins, but if you switch ranges for several weeks, you may find your problem has gone away. Even better, try the back canyon 3-D animal range, this will really add mental stimulation with its unmarked distances uphill and downhill and each animal is different in size and shape with no "spots" or bullseyes"!

Once you have switched for a while (awhile means as long as it takes, this may be several weeks) you may find that your problem has "magically" disappeared and you can return to your former archery style and resume with confidence in your mental and physical form and fewer bouts of panic.

$$
* * * * *
$$

One of the most popular cures is to entirely remove the target. Sufferers instead practice shooting at a blank target, sometimes for weeks at a time, to retrain the mind.
*****
"The empty bale restores your confidence in your subconscious," said Bernie Pellerite, author of the book "Idiot Proof Archery" and a self-described expert on target panic. "Nobody flinches or punches or chokes on an empty bale."

As a "traditional or Instinctive" archer, I like to think that we have a more perfect solution, it is called "roving or stump shooting." This is where you go to an open area with no targets and shoot at old rotten stumps, clods of dirt, a lone leaf hanging from a branch or any other natural item that can be used as an inconsequential aiming point. The archer who hits closest to the target then picks the next target (trying to make the challenge even harder) as you "rove" through the natural world.

No paper targets, no scoring rings, no scores to tabulate and worry over, no winners, no losers, just the constant change of target size, shape and distance that creates a fresh new challenge with every shot. This will return the fun and adrenaline rush you remember from your first days of "no stress" archery.

This practice of "distraction" or "new stimulation" to balance the mental game and perfect the form will definitely help you avoid (or recover) from "focal dystonia" and perhaps as important, give you new ways to enjoy your sport.

Learning "how many arrows shot are too many," before you get into "focal dystonia trouble," is important for you to think about! It is this knowledge that allows you the ability to prevent that approaching disaster known as "target panic."

When you switch to a new form of archery stimulation, take the time to just enjoy and have fun for a while. Once you begin to relax and have fun then slowly start to work on your form "one step at a time." I like to start with making sure my foot placement is right for each shot, next I will work on finishing strong with good anchor and follow through. This is easy to do because in front of you is only nature. It is easy to focus on anchor, relaxed release and follow through because there is not the induced psychological stress that would be created by a target face, a spot or expected score. Pretty
soon with patience and persistence your confidence begins to grow, and your old problems are just a distant memory.
Till next month,
Curtis
"It is now late fall and hunting season is nearing an end. You may have noticed that during this time that the edge on your broad heads became somewhat dull while resting in their quiver. A simple way to avoid this is to first clean the newly sharpened edge with $90 \%$ alcohol and then apply a thin coating over the edge with a hot glue gun. The strip of glue is easily removed from the edge as it will just peel off with a little pull when it is time to place the arrow on the bow."


## ADOPT-A-TARGET (CVA Roving Range)

Most or our target lanes have been adopted. If interested in adopting one you can contact one of the Board Members.
Jbd

| Target | Distance | Adopter |
| :---: | :---: | :---: |
| 1 | 35 yrd. fan field 36 yrd fan hunter | Ben Shirley |
| 2 | 30 yrd . field 32 yrd hunter | Ben Shirley |
| 3 | 20 yrd . field 19 yd walk-up hunter | Tom Sheppard |
| 4 | 35 ft . walk-up field 11 yrd hunter | Cher Riggs |
| 5 | 80 yrd. walk-up field 70 yrd. walk-up hunter | Norm Rice |
| 6 | 25 yrd field 28 yrd . fan hunter | William Bachellar |
| 7 | 55 yrd field 53 yrd walk-up hunter | Jim Collins |
| 8 | 45 yrd walk-up field 44 yrd hunter | Jim Collins |
| 9 | 15 yrd. field 15 yrd. walk-up hunter | Ron Riley |
| 10 | 65 yrd. field 64 yrd. walk-up hunter | Brian Carter |
| 11 | 40 yrd field 40 yrd . Hunter | Norm Rice |
| 12 | 60 yrd field 58 yrd. walk-up | Jackie Rice |
| 13 | 45 yrd field 23 yrd. walk-up hunter | Tom Roberts |
| 14 | 50 yrd . field 48 yrd walk-up hunter | Mike Chase |
| 15 | 45 yrd . walk-up field 44 yrd . hunter | JOAD Parents |
| 16 | 50 yrd . field 48 yrd . hunter | Tom Sheppard |
| 17 | 20 yrd field 19 yrd. walk-up hunter | JOAD Parents |


| 18 | 80 yrd. walk-up field 70 yrd walk-up <br> hunter | Jake Anderson w <br>  <br> Jonathan Sylvester |
| :---: | :---: | :---: |
| 19 | 55 yrd. field 53 yrd. walk-up hunter | Marc Albanza |
| 20 | 25 yrd. field 28 yrd. fan hunter |  |
| 21 | 35 yrd. fan field 36 yrd fan hunter |  |
| 22 | 30 yrd. field 32 yrd. fan hunter | Phil Bruno |
| 23 | 35 ft. walk-up field 11 yrd. Hunter | Charles Shaw |
| 24 | 45 yrd. field 23 yrd. walk-up hunter | Derek Lyneis |
| 25 | 65 yrd. field 64 yrd. walk-up hunter |  |
| 26 | 60 yrd field 58 yrd. walk-up |  |
| 27 | 15 yrd. field 15 yrd. walk-up hunter | Jeff Blackwell |
| 28 | 40 yrd. field 40 yrd. hunter | Thomas Cayia |
|  | 20 yd practice butts running pig | Thomas Cayia |



## YOUR CVA OFFICERS

| BOD Member | Position | E-Mail | Phone |
| :---: | :---: | :---: | :---: |
| Kurt Hoberg | President, Coach | president@cvarchers.com | 805-552-9934 |
| Cathy Linson | Vice President | vicepresident@cvarchers.com | 805-791-5102 |
| Scott Leviant | Secretary, Tournament Range Chairman, Coach | secretary@cvarchers.com | 213-590-6370 |
| Genevieve Ivie | Treasurer, Coach | treasurer@cvarchers.com | 805-657-9742 |
| Mike Keena | Board Member, Field Range Captain, 3D Range Captain | mkeena@cvarchers.com | 805-527-4585 |
| Kevin Cloepfil | Board Member |  | 805-390-1059 |
| Bill Davis | Board Member, Coach |  | 805-208-7002 |
| David Jockisch | Board Member, Publicity Chair | davidjockisch@yahoo.com |  |
| Grace Getzen | Board Member, Coach | reiki42@pacbell.net | 805-217-4534 |
| Brian Carter | Board Member, Coach | reiadvisor@yahoo.com | 818-426-3150 |
| Clark Pentico | Previous Club President | clarkp@cvarchers.com | 805-630-1749 |
| Ken Downey | JOAD Program - Lead Coach | ken.downey@cvarchers.com | 805-231-6135 |
| John Downey | Newsletter Editor, Club Tournament Chair, Coach | editor@cvarchers.com | 805-527-4894 |
| Bonnie Marshall | Membership Chair, Coach |  | 805-379-8721 |
| Nikki Orzel | Required and Volunteer Hours Coordinator | nikki@phoenix-studio.com |  |

805.581.1671

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## CONEJO QUIVER

## December 2020 Issue



The December Club Shoot is scheduled for Sunday December 27, 2020. Please wear a protective mask and maintain appropriate distances while shooting. Due to COVID-19 Restrictions there will be no General Meeting this month.

## FROM THE EDITOR

John Downey, Editor
We have another nice issue once again for you to peruse this month. Most of our "Irregulars" are back with articles of interest, including Kurt Hoberg (From the Desk of the President), Cathy Linson (From the Desk of the VP), Bonnie Marshall (Membership Corner), Ken \& Geoff (JOAD - Always On Point) , Curtis Hermann (Fate of Fawns), and yours truly.
We also have some great photos (by William Bachellar \& JBD) again this month, including a number from the CVA Toy Drive. Special thanks to Kurt \& Rose Hoberg, Bonnie Marshall, Cher Riggs, Cathy Linson and many others for making the Toy Drive shoot happen. We gathered a lot of nice toys for kids and had one of our larger turnouts for the event in spite of the Covid pandemic.


Hope to see you on the range soon.
Keep stick'n them pointy ends in the target.
... jbd
Editor

## FROM THE DESK OF THE PRESIDENT

Kurt Hoberg

## CVA Range News

Overall Range News: As we haven't gotten any rain...the range is looking really good. We've made some repairs to targets and
 general maintenance, so things are looking great and the entire range is shootable.
As we move into the rainy season be prepared for work parties to clear weeds, place drainage wattles, and help with other maintenance activities as they come up. Watch your emails for opportunities to get those hours. For those who have adopted lanes, please be sure to stay on top of things.
Our trash was being picked up as I finally cleared up the issue by hand delivering a second new key to Waste Management...then we shut down! Oh, the irony.
As you all are aware, we've shutdown the Public Session until the first week of January, as the Park is closed. I'm hoping we can reopen in a couple of weeks as communicated, but I fully expect the shutdown to continue.
We are open for member shooting, entering the range via Bennett. As a reminder, do not drive around the chain via the service road to park at the 3D range. This puts our CUP and lease in jeopardy as we cannot have a permanent road that connects Bennett with the main entrance. Please park at the Tournament Range and walk up to the 3D or Field Ranges.
Public Session Range: Unfortunately, we've had to close to the Public until the first weekend of January, as the Park is closed until that time. I'm hoping we can reopen then, but I fully expect the shutdown to continue. I've never wanted to be proven wrong more!

CVA Toy Drive: We held a very successful Toy Drive on December $6^{\text {th }}$, with 134 Toys and a huge bag of Matchbox cars gathered for charity, from 84 shooters. This year was the largest number toys we've donated, and the second largest shooter count.
The toys were delivered to a Spark of Love donation location in Moorpark. Thanks to everyone who helped, came out to shoot, and made some children's holiday season that much brighter!
Field Range: We had a huge pasting party this month, we pasted targets for the Toy Drive...then for the Field Range as we had a large crew and they were in the groove. We actually ran out of cardboard! We have enough field targets for at least 5 more full resets of the range. Thanks to all who came out!
3D Range: After a hiatus, we are happy to welcome back Bryan Tanger as our 3D Range Captain. He is ready to go and will need lots of help and club support to keep our 3D Range the current jewel in CVA's crown! Welcome back Byran, we've missed you!

## Tournament News

Due to Covid-19, most tournaments have been canceled, and I hope the 2021 season isn't similarly decimated. Be sure to check the USA Archery schedule, the CBH newsletter, and social media for status of a scheduled shoot.
CA Archery is using the USA Archery WEB site to schedule tournaments. Browse to https://www.usarchery.org/events/find-anevent to find and schedule out the event of interest.
CBH has scheduled their State Indoor 450 round at various locations throughout the state. The CBH State Traditional is also scheduled, being held at Fresno.
CA State Indoor, JOAD Indoor, JOAD Nationals, and 52 ${ }^{\text {nd }}$ USA Indoor Nationals are all scheduled, with very different guidelines due to Covid. Please click the links below for more info if you are interested in shooting these tournaments:

- CBH State 450:
https://www.cbhsaa.net/Registration/StateIndoorReg
- CBH State Traditional:
https://www.cbhsaa.net/Registration/StateTraditionalReg
- California State Indoor:
https://www.usarchery.org/events/event-information/37915
- California State JOAD Indoor:
https://www.usarchery.org/events/event-information/37914
- JOAD Indoor Nationals:
https://www.usarchery.org/events/event-information/37937
- 52nd USA Indoor Nationals:
https://www.usarchery.org/events/event-information/37938


## USA Archery Level 1 Instructor Course

I have four individuals that are interested in continuing their Archery journey in becoming a USA Archery Certified Level 1 Instructor. I'll be running the course on a Saturday at the CVA range, date to be determined. Cost is $\$ 100$ per student.
If you are interested in taking the course or are curious about what it is about, here is a link for more details:
https://www.usarchery.org/coaches/become-a-coach/level-1-instructorcertification
If you would like to be included in the class, send me an email at president@cvarchers.com

## Range Security

As I do every month, I would like to remind all members to close and lock the CVA gate behind you when you enter the range and be sure to secure and lock the gate when you leave. This includes both the main range entrance and the gate to the Tournament Range.
I've lost count the number of times I've personally secured the gate during the weekend and weekdays. We have had vandalism occur keeping the range secure helps keep the possibility down.

Club members, please be sure to do your part to secure our range.
See you on the range!
Your President,
Kurt
Remember, archery is easy. Shoot a 10, do it again!

## FROM THE DESK OF THE VP

Cathy Linson
There is not much work going at the range right now with Public Session being closed and not much weed growth yet. There is rain in the forecast and that means there will be weed abatement work to be done starting in the next few
 months. Enjoy your time shooting now and be prepared to help with weed abatement in the coming months.

I ran across a paper out of UC Davis regarding products that work on mustard in both the pre and post emergent phases, this is very important since we can no longer use glyphosate and the mustard can get out of control very quickly. If you are interested in getting some hours researching these products let me know. We need to learn all we can now so we are ready before things start growing.

## Field Range Lanes Need Adoption

- Field Range Lanes 25, and 26 have not been adopted. A lane can be adopted by 2 or 3 members sharing the load. I have adopt a lane protocols, let me know if you would like me to send you a copy. Equipment needed includes motorized trimmers, hoes, flat blade shovels, rakes and machetes. If you would like to adopt but don't have the equipment don't worry we now have equipment you can use.

Please practice social distancing while working at the range. Masks are suggested whenever you are working on the range and are required if you must work closely with someone outside your family.

## AMAZON SMILE

AmazonSmile is a simple way for you to support Conejo valley Archers every time you shop, at no cost to you. AmazonSmile is available at smile.amazon.com on your web browser and can be activated in the Amazon Shopping app for iOS and Android phones. When you shop at AmazonSmile, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added benefit that AmazonSmile will donate $0.5 \%$ of your eligible purchases to the charitable organization of your choice. You can choose from over one million organizations to support. Just choose Conejo Valley Archers as your charitable organization and shop as normal.

See you at the range,

Cathy Linson
Vice President
Conejo Valley Archers cmlinson@yahoo.com 805-791-5102


## MEMBERSHIP CORNER

Bonnie Marshall

## December Anniversaries

Gale \& Hilda Fowler - 49 Years - Founding Members

Dan Dix - 31 Years - Past Treasurer for LOTS of years!!

Joseph Rodriguez and Rhoda - 5 Years


Oscar Melendez - 4 Years
Robert Tsubota and Ryan Cash - 4 Years

If you have a photo of them, please add this to the byline with the photo along with anything else you think would be nice.

The CVA membership would like to wish Hilda and Gale a happy healthy holiday season and share our immense gratitude for the hard work you dedicated
such an to make this amazing club.

Thank you



## California State 3D Traditional

2 score cards score MUST be re-shot

- ALL SCORE CARDS must be turned in by \%.00 p.M. SATURDAY
- sundar anards TO FOLLOW
ONE-, TWO-, AND THREE-PIECE BOWS
finger must touch Nock in all styles
no range finders; binoculars ok
$\qquad$ PROPANE FIRES, AND
MOBILE HOMES OK MOTELS NEARBY


## CATEGORIES:

(-) Longbow wood

- Longbow aluminum/carbon
- recurve off the shelf. any arrow, FIXED SHELF AND STRIKE PLATE
(-) Trad recurve, raised rest, PLUNGER, 12 " STABILIZER
- primitive w/ wOODen arrows, (MODERN gLUE AND STRING MATERIALS OK)
QUESTIONS: CALL RICHARD BARRON (ZIB) उOY-YHZ6 RICHARDBARRON@MAC.COM
A. Murrese wwworvaurnartcon anue tresegauer


## CBH/SAA PRESENTS

CALIFORNIA STATE 3D TRADITIONAL CHAMPIONSHIP
-pre-registration mail-in must be postmarked by february ist, zozl - t-shirts for the event will be \$is

- pre-registration t-shirts will have the year on them and will be PICKED UP at the event.
- t-shirts not pre-ordered sold at the event will not have year on them.

| FEES | PRE-REGISTER | SHOOT DAY |
| :--- | :---: | :---: |
| CUB (IIAND UNDER) | $\$ 20$ | $\$ 25$ |
| YOUTH (IZ-14) | $\$ 20$ | $\$ 25$ |
| YOUNG ADULT (15-17) | $\$ 20$ | $\$ 25$ |
| ADULT (18-49) | $\$ 30$ | $\$ 40$ |
| SENIOR (SO-59) | $\$ 30$ | $\$ 40$ |
| SILVER SENIOR (60-69) | $\$ 30$ | $\$ 40$ |
| MASTER SENIOR (70+) | $\$ 30$ | $\$ 40$ |

NAME:
ADDRESS:
CITY. STATE, ZIP:
PHONE NUMEER:
$\qquad$
MAKE CHECK PAYABLE TO:

$$
\mathrm{CBH} / \mathrm{SAA}
$$


EMAIL:
tration form to RICHARD BARRON MORE TERRACE

$\mathrm{CBH} / \mathrm{SAA}: Y / \mathrm{N} \quad$ SGX Divisions



## Conejo Toy Drive Shoot



What happened?


Pasadena Roving Archers


Grinched





Who's afraid of the ...



Just "Me and my Shadow" ...




## JOAD - Always On Point

Ken and Geoff

Happy Holidays CVA!

What a year! I think we can all share a
 collective sigh and relish the end of the 2020 year. The year of the Corona Virus provided a multitude of challenges that each of us had to face and I am hopeful that we will come through this stronger and wiser. This is not to say that 2020 was a total loss, our JOAD kids were able to attend some tournaments early in the year and in late summer with a few firsts, seconds and third places!
I wish I could provide you photos and experiences from our Thanksgiving Shoot, but due to scheduling conflicts it had to be canceled this year. Next Thanksgiving watch out! There will be turkey targets to shoot and perhaps even a turkey calling contest!

This year's JOAD group photo needed to be slightly modified due to the Corona Virus. This year we did individual photos and complied them like a yearbook. BIG THANKS to Rex Kenney and John Downey!

As we wind down the year, I would be remiss to not recognize and thank some individuals for their support, wisdom, and guidance. Thank you, Kurt Hoberg and the Conejo Valley Archers Board of Directors, for working diligently with the county and state to put together a safe opportunity for all of us to continue doing what we enjoy. Bonnie Marshall has done a lot of behind the scenes work to ensure the JOAD team is operational and members are up to date. Thank you always Bonnie! Thank you, Cathy Linson for maintaining our volunteer hours and keeping us running! Rex and Stephanie Kenney: THANK YOU, for being our "traveling partners" to tournaments and Rex, thank you for your technical assistance and being our JOAD team photographer. John Downey, the JOAD team owes you a debt for the hours spent putting our JOAD team photos
together and being the father of our Coach. To our JOAD kids, you are amazing! It is such an honor and pleasure to work with you each week and see you progress in the sport. JOAD sees some kids come and go but our goal is to ensure that they can look back and enjoy the archery experience. To our JOAD parents, thank you for the hours spent at JOAD, volunteering on the ranges, buying equipment, and supporting the kids! Lastly, I want to say thank you to Coach Ken Downey. JOAD would not be the same without you! Speaking on behalf of my kids, under your tutelage they receive more than just archery lessons, they're getting some real life lessons as well.....(Fresno comes to mind). Thank you all!

May the Holidays find you happy and healthy! See you in 2021.

## Geoff

## From Ken

In addition to what Geoff has written, I'd like to extend a thank you to Mike Keena and all our club members who've helped in his work parties. Thank you for keeping the tournament range in great shape all year, even though COVID when we couldn't shoot. We try not to take it for granted that we have a great place to host JOAD and it would not be possible without all the work our members have put in.

Additionally, I'd like to send a sincere thank you to Geoff Houghton. As JOAD has grown, I would not have been able to do this all by myself. Geoff has been out there every Saturday an hour early to help set up targets and help coach the kids. He's always playing music from his phone and coming up with games or challenges for our shooters.
Lastly, a big thank you to our board members for doing all the "boring stuff" that keeps the range operational. I know there are a lot of behind the scenes work that gets done, we all appreciate it.
Our JOAD program at CVA would not be as strong as it is without you all.
-Coach Ken Downey

## Conejo Valley JOAD - December 2020



## Wearing of the Green



Kurt Hoberg


Mike with his new Range Captain Jacket

## Fate of Fawns

A column for the "Conejo Quiver" by Curtis Hermann, December 2020

While predation, abandonment, accidents and the like are not pleasant to think about, they are a very important part of Mother Nature's plan of balance. The California Department of Fish \& Wildlife has adopted a very similar plan, designed to emulate and fit in nature's plan to manage California's wildlife.


Little will elicit a warm sympathetic response like seeing a newborn fawn quietly curled in a calm state of rest. Comfortably feeling assured that it is safe and protected by his mother in this new and fascinating world in which he or she just recently arrived. To see such a sight is rare, beautiful, heart warming and is misleading as to the reality of the daily struggles the fawn must embrace.

There is a period of a few weeks after a fawn is born that it is mostly hidden to the prying eyes of humans. We occasionally get a glimpse into this secret period when we are fortunate enough to be in the right place at the right time. Perhaps we stumble on a newborn fawn curled in its grassy bed, lying perfectly still to avoid attracting attention. One good thing mother nature has done is to protect the fawn by making them scent free. This is to help evade their natural enemies, during their first few weeks of life.

I enjoyed an experience with a fawn (in the late nineties) on my brother-in-law's ranch just east of Buffalo, Wyoming. In my pocket was an early season doe tag and I was in position next to a round Alfalfa bale, (mid-afternoon mid-August) when the does began to rise from their sagebrush hidden beds on the hill side just to the
north of this alfalfa field. In single file they came down to feed some three hundred open yards to the east.

It would appear to most that there was no approach to get me any closer, but there was one little trick I had learned. Just mere steps away from my position was the actively flowing irrigation ditch that fed this field, I threw my longbow over my shoulder (like it was a farmers shovel) and sauntered along the edge of the irrigation ditch that lead me straight to the deer.


The round bales \& the flowing irrigation ditch
Deer are used to seeing the farmer/rancher walk the ditch in this manor (to clear any obstructions to the flow) and are not threatened by this familiar action. Soon, I had covered half the distance needed with no sign of disturbing the deer. As I sauntered along, I noticed a round hole about three feet in diameter and about four feet deep, expecting to see a water pump at the bottom, I
peeked over the edge and there in the bottom was a spotted fawn about 2 weeks of age, all curled up and sound asleep.


The first week to 10 days of a fawn's life are spent pretty much like this.

I thought to myself, this little guy was born way to late, it is unlikely he will gain the weight needed in time to survive the winter. It was at that moment his eyes popped wide open and in one instantaneous leap - he jumped straight up and cleared the edge of that deep hole. His speed away was faster than I thought a fawn could ever move. Since, I've often thought about that fawn and his few chances of survival, if speed was an asset, at least, he certainly had that.

These brief glimpses into this period of life are heartwarming and cause us to become even more attached to the serenity of nature. However, the reality of this period of life for fawns is far from serene: It is a daily, or even hourly, struggle to survive.

## Life is tough for a fawn

When a newborn fawn enters the world, there is a long list of challenges that must be overcome if it is to survive. First, the fawn has to have the strength to stand and nurse. This is no small feat. Wildlife studies have shown that 50 fawns (radio collared shortly after birth) had a huge mortality rate of $28 \%$ ( 16 fawns) during the first three days, four died to predation, but the majority were found dead and emaciated. The cause was due to poor nutrition, either the fawn was too weak to nurse, the mother too weak to produce sufficient milk, or they were just simply abandoned. All of these situations lead to a rapid decline in body condition, significant dehydration and a fairly quick death. Studies show that this is common in the first 14 days of life.

If you follow California deer studies during the drought years you will see results similar to these. Dry climate and low deer density in our local area tends to limit fatalities due to parasites and disease, but these conditions have no effect on abandonment or predation rates. During wet years when deer density gets too high and food supply gets short toward fall then parasites and disease often set in to reduce herd size.

Radio collar studies show that accidents with fawns are pretty high. Surprisingly death by motor vehicle is fairly rare, in fact the numbers are so low as to have no effect on the overall survival rate. Often, they get caught up in a fence or other obstruction and they then begin to vocalize their distress, and this attracts predators. Or the mother, simply unable to help, finally gives up and walks away. Predation rates go up as the fawns age and begin to develop deer scent, predation rates can be as high as $50 \%$ of the remaining fawns.

At this point, I must remind you that a fawn taken by a predator means the parent of newborn offspring of other species can provide milk or meat to their babies. A bobcat kitten, a coyote pup, a
mountain lion kit or bear cub (all who are vulnerable) now has a healthy mother with milk and chance of survival.

Coyotes are by far the number one predator a fawn must avoid, especially during weeks 3 to 8 , this is the time the fawn starts to spend its time with its mother and are more easily seen from a distance. Coyotes, by themselves, are generally responsible for 40\% of the predation rate. Bobcats come in at a15\% fawn kill rate. Bobcats are ambush predators limiting their effect. Coyotes on the other hand cover a great deal more territory at night and have the ability to run down their prey in most cases. Other predators are foxes, domestic/feral dogs, black bears, fishers, badgers and eagles. Although the last three are minor players in this mix. Fawns (like their parents) are a prey species. This means that part of the roll they are destined to play, (by natures design) is to be a primary source of high-density nutrition for other mammal species, primarily predators.

However, let us not forget the myriad of smaller creatures who just adore the job of clean up at a kill site, such as, magpies, crows, buzzards, and various other scavengers and bugs of all sorts. Mice and rats along with other rodents and eventually even the soil and microbes below benefit.

The final challenge is that first winter. An early spring birth means the fawn can "fatten up" enough and learn enough to perhaps survive a winter. A late birth such as the one I found in the hole had little chance to survive even the first snow fall.

We have not discussed drought, floods, fires or disease, all have direct influence on survivability. The combination of all these biotic and abiotic factors result in a high mortality rate for the deer fawn. In the animal world - as in the human world, "freedom is not free."

In our bowhunter and hunter education classes - we teach that an average annual fawn loss is $80 \%$. And yet, with mother nature's plan, we find that high rates of juvenile mortality are an important part of sustainability among most mammal prey and predator species. The exceptions would be long-lived mammals such as elephants and whales that invest significant effort in each individual offspring.

Remember, that for a species to maintain itself, each individual in that population has only to replace itself once during a lifetime with a life that reaches the age of reproduction. This means that a doe deer having two fawns (one to replace her and one to replace the buck) on average, during her lifetime, that survive to reproducible age, is all that is needed to maintain herd density. Of course, a doe (on average) will produce 8-10 offspring during her lifetime, (does tend to have twins and reproduce every other year), so you can see that herd density is maintained even with a high fawn mortality rate.

Although there is an $80 \%$ fawn mortality rate built into the equation, we can see that this is quite normal and in the manor of all things guided by nature - it provides the balance nature demands.

Till next month,
Curtis

## Curtis Hermann

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## Question: Do deer see color?

Answer: Deer are essentially red-green color blind like some humans. Their color vision is limited to the short (blue) and middle (green) wavelength colors. As a result, deer likely can distinguish blue from red, but not green from red, or orange from red. They live in an essentially black, grey, lighter blues and a faded yellow world. Blue as a color stands out to them, so you should not hunt in your blue jeans. They also see movement better than we do and understand body language, so move slowly and without harmful intent or you will be figured out by the deer. - Curtis

## Club Tournament News

We had another nice shoot this past month. Twenty-one archers made it out to the range to shoot on Sunday or the week that followed. Considering that many of us are still in seclusion due to the Covid-19 pandemic this is a good turnout.

Oscar Melendez once again took top honors with his 524 scratch score. He was followed in turn by his fellow FS shooting archers, Charles Neace (521), Terry Marvin (485), and Mark Miller (481).

Curtis Hermann picked up the top traditional archer bragging rights with his 267 score. His shooting buddy, James Stankovich, was just 7 points back at 270 .

This was the first shoot of the new club year, so no one picked up a handicap. The first handicaps will be added to the January scores (for those folks that complete their third shoot in January).

## NOTE:

Due to Covid-19, we have relaxed the requirement for 3 or more archers to shoot together (i.e. groups of three individuals or more). While groups of two are now allowed for the time being, the club still requires double score cards (two different individuals must keep score for each archer and sign the cards). Everyone is responsible for getting both their scores cards to me. You can mail the physical cards or send a scanned image or cell phone image of each signed card, but it is your responsibility to get them to me. If you're shooting is a group, you can send all of the images together for convenience.

## November 22 ${ }^{\text {nd }}$ Club Shoot Results

| NAME | HSCORE | SCRATCH | DIVISION | STYLE |
| :--- | :---: | :---: | :--- | :--- |
| Oscar Melendez | 524 | 524 | A | FS |
| Charles Neace | 521 | 521 | A | FS |
| Terry Marvin | 485 | 485 | A | FS |
| Mark Miller | 481 | 481 | A | FS |
| Ken Downey | 467 | 467 | A | BHFS |
| Norman Rice | 464 | 464 | GA | FS |
| Jeff Blackwell | 459 | 459 | A | BHFS |
| Kurt Hoberg | 441 | 441 | A | FITA |
| Jim Collins | 435 | 435 | A | BHFS |
| Chris Blackwell | 417 | 417 | YA | BHFS |
| Sarah Dakin | 301 | 301 | A | BHFS |
| Jaclyn Howerton | 276 | 276 | A | FITA |
| Curtis Hermann | 267 | 267 | GA | TRAD |
| James Stankovich | 260 | 260 | GA | LB |
| Jeff Owens | 254 | 254 | A | TRAD |
| Rachel Howerton | 222 | 222 | A | TRAD |
| Jack Houghton | 214 | 214 | Y | FITA |
| Charlie Houghton | 212 | 212 | C | FITA |
| Carlos Parada | 196 | 196 | A | TRAD |
| Tom Sheppard | 90 | 90 | GA | TRAD |
| Joe Cavaleri | 76 | 76 | GA | LB |

See you around the range.
John Downey
Tournament Director

## ADOPT-A-TARGET (CVA Roving Range)

Most or our target lanes have been adopted. If interested in adopting one you can contact one of the Board Members. Jbd

| Target | Distance | Adopter |
| :---: | :---: | :---: |
| 1 | 35 yrd. fan field 36 yrd fan hunter | Ben Shirley |
| 2 | 30 yrd . field 32 yrd hunter | Ben Shirley |
| 3 | 20 yrd . field 19 yd walk-up hunter | Tom Sheppard |
| 4 | 35 ft . walk-up field 11 yrd hunter | Cher Riggs |
| 5 | 80 yrd. walk-up field 70 yrd. walk-up hunter | Norm Rice |
| 6 | 25 yrd field 28 yrd . fan hunter | William Bachellar |
| 7 | 55 yrd field 53 yrd walk-up hunter | Jim Collins |
| 8 | 45 yrd walk-up field 44 yrd hunter | Jim Collins |
| 9 | 15 yrd. field 15 yrd. walk-up hunter | Ron Riley |
| 10 | 65 yrd. field 64 yrd. walk-up hunter | Brian Carter |
| 11 | 40 yrd field 40 yrd . Hunter | Norm Rice |
| 12 | 60 yrd field 58 yrd. walk-up | Jackie Rice |
| 13 | 45 yrd field 23 yrd. walk-up hunter | Tom Roberts |
| 14 | 50 yrd . field 48 yrd walk-up hunter | Mike Chase |
| 15 | 45 yrd. walk-up field 44 yrd . hunter | JOAD Parents |
| 16 | 50 yrd . field 48 yrd . hunter | Tom Sheppard |
| 17 | 20 yrd field 19 yrd. walk-up hunter | JOAD Parents |


| 18 | 80 yrd. walk-up field 70 yrd walk-up <br> hunter | Jake Anderson w <br>  <br> Jonathan Sylvester |
| :---: | :---: | :---: |
| 19 | 55 yrd. field 53 yrd. walk-up hunter | Marc Albanza |
| 20 | 25 yrd. field 28 yrd. fan hunter |  |
| 21 | 35 yrd. fan field 36 yrd fan hunter |  |
| 22 | 30 yrd. field 32 yrd. fan hunter | Phil Bruno |
| 23 | 35 ft. walk-up field 11 yrd. Hunter | Charles Shaw |
| 24 | 45 yrd. field 23 yrd. walk-up hunter | Derek Lyneis |
| 25 | 65 yrd. field 64 yrd. walk-up hunter |  |
| 26 | 60 yrd field 58 yrd. walk-up |  |
| 27 | 15 yrd. field 15 yrd. walk-up hunter | Jeff Blackwell |
| 28 | 40 yrd. field 40 yrd. hunter | Thomas Cayia |
|  | 20 yd practice butts running pig | Thomas Cayia |



## YOUR CVA OFFICERS

| BOD Member | Position | E-Mail | Phone |
| :---: | :---: | :---: | :---: |
| Kurt Hoberg | President, Coach | president@cvarchers.com | 805-552-9934 |
| Cathy Linson | Vice President | vicepresident@cvarchers.com | 805-791-5102 |
| Scott Leviant | Secretary, Tournament Range Chairman, Coach | secretary@cvarchers.com | 213-590-6370 |
| Genevieve Ivie | Treasurer, Coach | treasurer@cvarchers.com | 805-657-9742 |
| Mike Keena | Board Member, Field Range Captain, 3D Range Captain | mkeena@cvarchers.com | 805-527-4585 |
| Kevin Cloepfil | Board Member |  | 805-390-1059 |
| Bill Davis | Board Member, Coach |  | 805-208-7002 |
| David Jockisch | Board Member, Publicity Chair | davidjockisch@yahoo.com |  |
| Grace Getzen | Board Member, Coach | reiki42@pacbell.net | 805-217-4534 |
| Brian Carter | Board Member, Coach | reiadvisor@yahoo.com | 818-426-3150 |
| Clark Pentico | Previous Club President | clarkp@cvarchers.com | 805-630-1749 |
| Ken Downey | JOAD Program - Lead Coach | ken.downey@cvarchers.com | 805-231-6135 |
| John Downey | Newsletter Editor, Club Tournament Chair, Coach | editor@cvarchers.com | 805-527-4894 |
| Bonnie Marshall | Membership Chair, Coach |  | 805-379-8721 |
| Nikki Orzel | Required and Volunteer Hours Coordinator | nikki@phoenix-studio.com |  |


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