

CONEJO QUIVER

January 2022 Issue



**The Next Club Shoot and General Meeting (11:30am) will occur on
February 26, 2023. Please make plans to attend.**

FROM THE EDITOR

John Downey, Editor

Hope you all are doing well. This issue of the Quiver is a bit smaller than usual as a number of folks took the month off, as this is a slow period for the club.

We do have a number of tournaments coming up however, and there is a lot of work to do to prepare for them. This is a good time for you to put some of your required work hours under your belt. See Cathy's article for more detail.

Kurt, Cathy, Morgan and Curtis have informative articles, and Curtis has another interesting article for you as well. The JOAD kids have also been busy at the CA State Indoor Tournament – see Geoff's article.

I've also included scores from the first three Club Shoots in case you are wondering. Now is a good time to start shooting the club Tournament so you can qualify for a club trophy. Last year we gave out over 20 custom engraved Buck knives.

Hope to see you around the range soon.

Regards

John Downey, Editor



FROM THE DESK OF THE PRESIDENT

Kurt Hoberg

CVA Range News

Overall Range News: Rain. So much rain.

Despite the recent rain the range is in good shape, channels carved by the rainwater in our parking lots and service road have been identified, and our new tractor is proving its worth in filling those in – thanks Jeff! Due to the rain and muddy conditions, we ask that no vehicles operate on the bottom half of the range (targets 24-28 especially). Cones have been setup at the entry to the bottom access road, please do not drive past them. The main service road's gravel has been graded and the road is passable, so please use that road for vehicular access.

We are planning on long overdue hay bale replacements, at both the Public Session and Field Ranges. Please watch for volunteer opportunity emails, as we will need as many volunteers for the several weekends that this will take to complete.

We have a new Project Management Chair; Jeff Owens has stepped up to serve. Please reach out to a Jeff or a Board Member if you see something on the range that needs to be corrected, updated, fixed, or have an idea on a project to make our range better. I'm excited to have someone as qualified and visionary as Jeff in this role and look forward to the improvements that the coming year will certainly bring.

We also have a 3D Range Committee. As CVA's 3D footprint has grown so dramatically, we need a team of members to get their arms around our investment. Examples of tasks include conducting an inventory of CVA's 3D Targets, which will include the target description, manufacturer, condition, etc. Targets that can be left out for club members on a continual basis will be identified, targets



that are repairable will be set aside for repair, while pristine, excellent condition targets will be reserved for tournaments. This group will also spearhead range clearing work parties, upgrades, improvements, and other tasks as needed. I have appointed Mike Keena as the 3D Range Committee Chair. He and I will be reaching out to club members to ask if they are willing to serve on the committee.

I do want to thank Bryan Tanger for his continued support of our club and his efforts in building our first, true 3D Range. Bryan is the member that kicked off the idea of a formal 3D Range, as prior our 3D offering was a couple of pig targets in the weeds where the 3D target #1 currently is. Bryan's research, dedication, and vision of what the 3D range could be has allowed us to pass our NFAA range inspections with no issues and was the catalyst of the investment that CVA has made in providing 3D Archery to our members and archery community. Thanks, Byran!

Field Range: For those who have adopted a lane...get ready for weeds! The green is officially sprouted so be sure to keep an eye on your lanes and don't let them get out of control. Please also be sure to stand by the shooting stakes and clear any vegetation that is hanging into the lane and may be blocking the target from where shooters are taking their shots. Also take a look at the shooting stakes themselves and assess if they need to be painted. It's been a few years since we've painted the stakes and some of them are in need of touching up.

Tournament News

Pasadena Senior Games: I want to express my thanks to Richard Mason, who has volunteered to be the Senior Games Commissioner and Tournament Director. Rose and I will train Richard on how to run the shoot first year and will be in an advisory capacity years after that.

The date has been set for the shoot, July 8-9. We will need help on Friday July 7th for range striping and setup, so please come help if you can.

CA State Outdoor: We have dates set for this shoot, June 22-25, 2023. Range Setup will be Thursday June 22nd (we'll need volunteers!), with competition taking place from Friday June 23rd through Sunday June 25th.

Registration is open, please visit CVA's WEB page and click on Tournaments => State Outdoor and choose the Registration link to register. Registration closes June 10th 2023.

This shoot is one of CVA's largest draws, bringing 300+ archers to compete. Additionally, it brings in much needed funds into the club, as well as providing outreach to the larger Archery community. We absolutely need all the volunteers we can get for every day of the tournament, even if you can give us an hour, it is desperately needed and much appreciated. Please mark your calendars and come out to support your club. Working members, this is a great way to satisfy your tournament support membership requirement.

For those who are planning on shooting the tournament, I'm going to give a significant fee rebate for those that come out on Thursday the 22nd to help setup the range as an incentive. This rebate also includes parents of kids that are shooting. The way it will work is that I will be taking attendance of those shooters that show up to help and will process the discount to your registration fees after the shoot completes.

California Tournaments: Be sure to check the USA Archery schedule, the CBH newsletter, and social media for status of a scheduled shoot. Schedules seem to change frequently, and often at the last minute.

CA State Outdoor Medals:

- Chloe Silverio, Barebow U13 Bowman, Silver
- Gary Howerton, Barebow Master 60+, Bronze
- Conner Blackwell, Senior Compound, Silver
- Ken Downey, Recurve Senior Male, Silver
- Kurt Hoberg, Recurve Masters 50+ Male, Silver

Please click the links below for more info if you are interested in shooting these tournaments:

- CA Archery is using the USA Archery WEB site to schedule tournaments. Browse to <https://www.usarchery.org/events/find-an-event> to find and schedule out the event of interest.
- CBH/SAA: <https://www.cbhsaa.net/EventCalendar>

Range Security

We continue to have issues with members not locking the tournament range gate. There has been some improvement, but the issue continues.

If you are leaving the range, lock the gate. If you are coming onto the range, lock the gate behind you. If you are unsure if you should lock the gate – lock the gate. Be careful with the locks, don't drop them, or use them as pry-bars, hammers, etc.

All club members must do their part to secure our range.

See you on the range!

Your President,

Kurt

Remember, archery is easy. Shoot a 10, do it again!

See you on the range!

Your President,

Kurt

Remember, archery is easy. Shoot a 10, do it again!

FROM OUR VICE PRESIDENT

Cathy Linson

We are 4 weeks away from the Spring Classic and there is still a lot of work to do if the range is going to be ready. There will be work parties every weekend and if only the same 10 people participate it will not get done. We need to double or triple that number each and every Saturday. Please come out to help!

Do not worry if you cannot arrive by 6:30am, not everyone is an early bird, come at 7:30 or 8. We have some amazing people, who organize the work, that can assign you to a project and you can work for 2-3 hours depending on the time you have available. Then you still have plenty of time to shoot at the public session or enjoy another part of the range.

Want to help but cannot make it on a Saturday! Let us know your availability and we can assign you a project that fits your schedule.

There are already 2 sign ups. One for bale banding on 2/4 and one for bale replacements on 2/11. Other signups will be added. You can also just show up!

The dates are February 11, 18, & 25 and March 4. Meet near the kitchen ready to work at 6:30am or any time before 9am. Find Kevin or Melissa and they will get you started. Help support the club that supports you!

Cathy Linson
Vice President
Conejo Valley Archers

MEMBERSHIP CORNER

Morgan Thomas

Club membership renewals are done, time for a new year! Bonnie initiated contact with members who have not renewed to get some ideas on their status. It is important that we know why people are not renewing, so that we can address issues of concern or status; and for those that are renewing, to build on the positive feedback that we get all year long.



Recommending Members (probation period):

A quick review for anyone who is recommending new members to the club. To sign up for a new membership we ask that anyone gives me a call directly or stops over to the Public Session and I can discuss all options with them. It's important that new members understand the Working and Non-Working options, since this club runs on volunteers. They will need to attend three General Membership Meetings. The first meeting they introduce themselves, after the meeting we finish-up their paperwork, then they attend a short 20-minute Safety Seminar. After they come back to see me and get their key and membership card. This will give them full access to the range! After the second meeting, their name goes to the board for approval. Once approved they are sworn into the club during their third meeting. This process is a "probation period" for new members.

Why Probation Period?

This process has been put together for several reasons. First, it gets people to the meetings who would otherwise never come. It opens the doors to those who may not feel comfortable coming to a

meeting for the first time. Second, it gives everyone a chance to meet a new member and an opportunity for that new member to connect with other shooters. It may be an accomplished archer looking for a group to shoot with. Also, many of the new members come through the Public Open Sessions and may have not yet even been on the field range yet. This gets them to the range and walking around so that the range does not seem intimidating to shoot. Third, it helps people understand how the club runs and they can see how the information discussed affects them. Hopefully it creates the opportunity for new ideas and feedback and an understanding that ALL members need to be a part of the process to make the club successful.

Did You Know?

There are some companies that participate in a program that does matching contributions for volunteer hours and donations. One year three members collectively raised over \$5,000 by submitting their volunteer hours and getting matching donations through Amgen and Microsoft! Volunteering DOES pay off! Please check with your HR Department to see if your company has this program.

Member Anniversaries!

14 years - James Staiti
10 years - Eric Buschow
10 years - Joe Cavaleri
10 years - Joseph Tischler
9 years - Jeffrey Del Bosque
6 years - Earl Guthrie
5 years - William Bacheller
5 years - Mike Chase
5 years - Sachin Deshpande
5 years - Crystal Perry
4 years - Richard Read
3 years - Robert Urbina
2 years - Brian Rohrer
2 years - David Westerberg
1 years - Danny Barfield

First Years!!

1 years - Kirsten D'Agostino

1 years - Phillip Mastinick

1 years - Paul Sweet IV

See you on the range!

Morgan

FIRST AID KITS

First aid kits are available at sites most of you are already aware of , including the Public Session (PS) entrance, the PS Bin, the Kitchen, the Tournament Range, the Field Range, the Middle Ridge Trail, and the 3D Range. You should take a moment the next time you are at the range to check out the locations especially on the ranges you usually shoot; ask your fellow archers if you are not aware of the above first aid kit locations. Presently there are 10 first aid kits each containing identical items; this helps me manage their contents keeping them fresh and up to date and helps you to know what first aid items are available to you should you require them. The picture below shows these first aid items.

The kits are inside white lock boxes clearly marked; see picture. Each lock box has a breakable plastic tie attached to a wooden handle. When pulled the lock box can be opened, this allows anyone to see from a distance that a first aid kit has been used so I can replace any missing items and keep the kits up to date.

I will gladly accept any calls or text messages regarding these CVA first aid kits, my number is 805-603-5585. Let me know if you see that a kit has been opened or needs attention in any way.

Thanks for your attention and remember Safety First!

Thanks,
Arthur Robertson



Upcoming CVA Tournaments



Conejo Valley Archers
CONEJO VALLEY ARCHERS

Conejo Valley Archers Spring Classic

March 11-12, 2023

Three Archery Tournaments in One!
Thrice the Challenge!
Thrice the Fun!

NFAA Field Round • 3-D Round •
American 900 Round

Open and Traditional Money
Classes (M/F) for Each Tourney!

Over \$3,360 in Prize \$\$\$!

Schedule	Saturday (11th)	Sunday (12th)
Registration Opens	7:00-8:30	7:00-8:00
Ranges Open: 3D and Field Ranges	7:30-4:30	7:30-12:30
900 Round — Practice Round	8:30	8:30
900 Round — Start	9:00	9:00
Score Cards Due	4:30	2:00
Awards		2:30

Shoot one, two, or all three Tournaments over two days.

Shooting Styles (Non-Money Class): NFAA Bow Classes (FS, FSL, FSLR, BB, FSBH, TRAD, LB, BBR)

American 900 Round	3-D Round	NFAA Round	Entries and Extras	Fees
5 ends of 6 arrows/dist	25 targets	28 targets - 50/50 field/hunter	First Tournament	(non-money class)
4 minutes per end	Unmarked yardage	Marked yardage	Adult/Senior	\$30
122cm targets (5-ring option)	No Range Finders!	4 arrows per target	Young Adult (15-17)	\$25
3 yardage distances:	2 arrows per target	5-4-3 scoring	Youth (12-14)	\$20
⇒ Senior+ 40-50-60y	Traditional: 33y max	Money Classes shoot Adult stakes by style (Comp or Trad.) and use 6-5-4-3 "Pro" scoring (X=6)	Cubs (11 & Under)	\$15
⇒ Adult 40-50-60y	Compound: 50y max		Second Tournament	\$15
⇒ Y.A. 40-50-60y	Cub/Youth: 25y max		Third Tournament	\$10
⇒ Youth 30-40-50y	Money Classes shoot Adult stakes by style (Comp. or Trad.) and cannot purchase Mulligans or a Doe Tag		Family Max *	\$125 *
⇒ Cub 10-20-30y			3D Mulligan (2 Max)	\$1 each
Money Classes Shoot Adult			3D Doe Tag (1 Max)	\$1
			Pre-Register and pay with PayPal by 2/1/23	\$10 off of total fee
			Pre-Register by 2/28/23 and pay Day 1 (3/11/23)	\$5 off of total fee
			All Money Classes	(money class)
			Each Tournament	\$50 + (\$150 for all 3 tourneys)
			Pre-Register and pay with PayPal by 2/1/23	\$10 off per tourney (\$40 each after \$10 off)
			* Family: Parents and minor children	
			* Family Max not offered if Money Class entries included	
			* \$20 of each money class entry fee added to Pot	



Awards for all Divisions in each tournament (M/F) (Senior+, Adult, Y.A., Youth, & Cub)

Grand Champion: Total Score for all three tournaments (non-money class only)

Money Classes: Separate Men's and Women's Open (sights, releases, and stabilizers okay) and Trad Classes for each tournament. The Trad Money Class will include longbows and all recurve bow types (barebows only; arrow rests allowed). Must be present on awards day.

Food and beverages available on the range.

RV Park (full hookup) and camping by range at Tapo Canyon Park (reservation strongly recommended): <http://www.ventura.org/inland-parks/tapo-canyon-simi-valley>

Vendors Welcome! Call (213) 590-6370 to reserve your space.

PayPal: Direct your PayPal payments to cvapay@cvarchers.com.

Visit: www.cvaspringclassic.com for more information about the tournaments, the structure for the Money Classes, pre-registration instructions, and any hotel information.

Questions? Call Scott Leviant at (213) 590-6370 or e-mail CVASC@cvarchers.com

5/14/2022



Conejo Valley Archers
Presents the



32ND BOMBARDIER TRADITIONAL CHALLENGE 2-Day 50 Targets 3-D Tournament

Saturday May 6, 2023 - 30 Targets

Sunday May 7, 2023 - 20 Targets

Separate Longbow, Recurve, Selfbow &
Senior (60+) Divisions (no clickers)

* NFAA Rules Apply (Quivers OK!)

* No Compounds, No Sights *

* Unmarked Yardage *

10-8-6 Scoring on 1st Arrow, in case of
miss, 2nd arrow scores 5-4-3

* Lunch served on Saturday *

* Lunch served on Sunday *

* Snacks & Drinks served all day

* Shots include a Speed Round & New Pop-up System with Moving Targets *

Saturday Schedule

7:00am- 8:30am Tournament Registration
Start shooting right after

1:30 - 3:00pm \$5 Smoker Round (1 arrow)
Women's and Men's Division

* Raffle tickets sold, General Raffles *

* Food & Drinks Sold all day *

* Clouts - prices posted at clouts *

* Vendor Trade Show and Sales *

Sunday Schedule

7:00am- 8:30am Tournament Registration
Start shooting right after

2:00pm → Score Cards must be turned in
Awards & Raffles held after

* Raffle tickets sold, General Raffles *

Shots will include * Speed Round * and new

* Pop-up Target System * Flying Mosquito *

* Vendor Trade Show and Sales *

Free Camping available inside our fenced
area in designated locations. Donations
will be accepted, as we have prepaid
camping fees to the county.
No Dogs allowed on range

Additional \$37 fee for Camping inside County
Park (Full RV hookups are available in park).
The county park charges a
\$4.00 daily parking fee in park.
Free day parking inside our fenced range.

Tournament Fees *

Non CBH, NFAA or NAA members please add \$5 to the
fees listed below (unless a member of an out of state
archery organization)

Adults - \$35

Couples - \$40

* Family - \$45

Youth - \$15

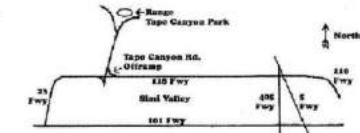
Seniors (60+) - \$30

Cubs - \$10

To only shoot Saturday or Sunday with no awards
delete \$5 from original fee.

* (Includes husband, wife and kids under 18 years old).

Directions to Range



118 Freeway East or West to Simi Valley. Exit Tapo
Canyon Road,
North on Tapo Canyon Road, 3 miles to Tapo Canyon Park

BOB BOMBARDIER @ 805-217-8896 OR EMAIL BOMBARDIERBOB@HOTMAIL.COM

More Information – Call:

JOHN DOWNEY @ 213-922-3899 OR EMAIL TOURNAMENTS@CVARCHERS.COM

TBC Traditional Rendezvous



TRADITIONAL BOWHUNTERS OF CALIFORNIA

APRIL 1-2, 2023 • RAIN OR SHINE
TBC TRADITIONAL RENDEZVOUS
 A weekend of stickbows and friends in beautiful Santa Barbara County!

ONLINE REGISTRATION NOW AVAILABLE!

CHARITY EVENT FOR THE HUNT OF A LIFETIME FOUNDATION

<p>THREE 15-TARGET COURSES OVER EIGHTY 3D ANIMALS BROADHEAD CHALLENGE LAST MAN STANDING POP-UP & NOVELTY TARGETS NEW SUPER SENIOR CLASS (70+) VENDORS • RAFFLES • CAMPING • FOOD</p>		<p>TRADITIONAL EQUIPMENT ONLY: Longbow Aluminum/Carbon (LB/AC), Longbow Wood (LB/W), Recurve (RC), and Selfbow (SB)</p> <p>Two arrows, 10-8-5 scoring Must shoot off shelf No stabilizers, sights, or clickers No stringwalking or facewalking Three shooters minimum per group</p>
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500 shooters max • Early registration recommended • Online registration encouraged • Must be received by 3/20

Info/online registration: TBCarchery.com
 Contact: Nick Hart (831) 332-0668
 tbcarchery@gmail.com

Friday: Lunch & Dinner
 Saturday: Breakfast, Lunch, & Dinner
 Sunday: Breakfast & Lunch

TRI-TIP DINNER, SIDES & DRINK ON SATURDAY NIGHT - \$15
 Dry Camping on Range/Potable Water
 No camping on ranch before Thursday, March 30th.
 Shooters need to leave by 8am Monday, April 3rd.

We are always looking for donations of raffle prizes for this shoot. Those who donate will receive five free general raffle tickets! Thank you for your support!



MAIL-IN REGISTRATION FORM (Must be received by 3/20)

Name: _____
 Address: _____
 City, State, Zip _____
 Phone Number: _____
 Email Address: _____

SHOOT FEES	Pre-Reg / Shoot Day
Super Senior (SS) 70+ years	\$50 / \$55
Senior (S) 60-70	\$50 / \$55
Adult (A) 18-59	\$55 / \$60
Young Adult (YA) 15-17	\$20 / \$25
Youth (Y) 12-14	\$0 / \$0
Cub (C) 11/under	\$0 / \$0

Youth/Cub must be accompanied by an adult.
 SORRY, NO REFUNDS (THIS IS A CHARITY SHOOT).

New address? Check here

Please Print Clearly

SHOOTER NAME	Sex <input checked="" type="checkbox"/>		Age Division <input checked="" type="checkbox"/>				Bow Class <input checked="" type="checkbox"/>				Shoot Fee			
	M	F	SS	S	A	YA	Y	C	LB/W	LB/AC		RC	SB	
1													\$	
2													\$	
3													\$	
4													\$	
Shoot Fees											TOTAL >	\$		
Number of Saturday Night Dinners											_____ x \$15	TOTAL >	\$	
Mulligans \$1 (max 2)											_____ + Does \$1 (max 2)	_____ x \$1	TOTAL >	\$
SIGNATURE: _____											PAYMENT TOTAL >		\$	

Make checks payable to: **TBC**
 Mail Registration Forms to:
Traditional Bowhunters of California c/o Nick Hart
 4864 Glenn Rd, Santa Barbara, CA 93105

THIS IS THE LAST YEAR OF MAIL-IN REGISTRATION

By my signature above, I release TBC and all personnel from losses, damages, or personal injuries incurred by myself while participating and/or viewing this TBC event. I understand archery tournaments involve certain inherent risks and I agree to participate/view this event with full knowledge of those risks and to abide by TBC Tournament rules. I also give permission to TBC to use any photos of me/us taken at this event for use on their website.

SNAKE BITE – FIRST RESPONSE PROTOCOLS

You may be unsure whether you've gotten a snake bite or an unrelated injury. Some signs of a bite include puncture marks at the site of the wound, pain and swelling as well as neurological symptoms such as blurred vision or numbness and tingling of your face and limbs.

If you or another person, are bitten, try to remember the color and shape of the snake, because that may help medical professionals treat the injury.

1. Sit down and stay CALM
2. Do NOT apply a tourniquet
3. Do NOT suck on the wound
4. Stay calm, and alert any immediate local assistance to coordinate transportation to hospital, or call 911 – arrange to meet emergency vehicles at gates

Site addresses:

- **Main Gate:** Tapo Canyon Park – 4651 Tapo Canyon Road
- **Tournament Range side:** 5000 Bennet Road

5. Wash the wound with warm, soapy water if possible
6. Circle the site of the bite with a Sharpie and write the time next to it. You should keep a list of your symptoms and periodically update it, as that could help the medical team that treats you.

7. Cover the wound with a clean, dry dressing. **First-Aid kits** are posted all around the range areas at Main Kitchen, Stage area, between Targets #12 and #13 at the portable restroom, 3D Shade structure, Tournament Range, and the Public Session Range.
8. Remove jewelry and watches, which will be much harder to get off if your limbs start to swell.
9. If you begin to experience anaphylaxis, including swelling of the face and throat, hives or difficulty breathing, use an EpiPen if you have one.
10. **VERY IMPORTANT** – Call ahead to the local hospital to alert them that you are bringing in a rattlesnake bite victim and verify they have anti-venom immediately available at the site.

Local Hospitals that generally have or have access to anti-venom onsite:

- Los Robles Hospital – Thousand Oaks – 805-497-2727
- Adventist Health – Simi Valley – 805-955-6000

Report the incident to the club as soon as possible.



JOAD – Always On Point

January 2023

Happy New Year CVA and JOAD families! What a start to the new year! Indoor season is in full swing, and our archers have already competed across California. These competitions include the JOAD State Indoor Shoot, State Indoor Championships, National Indoor Championships, and the Vegas Shoot. It's amazing to see the kids at these tournaments, representing CVA and performing at their best.



If you recall back to the December issue of the JOAD update, there was mention made of a special Christmas gift for Coach Ken. Well, it finally arrived, and the unwrapping of the gift was quite memorable. To aid Ken with all of life's decisions, we provided custom bed linens to assist him in WWGD (What would Geoff Do)? The sheets are covered in images of Coach Geoff, so that when Ken is troubled with a life decision, he can always look close to Geoff to provide guidance. Back story, Ken told us he was particular with his bed sheets so we of course had to have some fun with him and gave him the prank Christmas gift. See images below!!

Isabelle, Audrey, Nic and Pranshu shot the Friday session of the CA State Indoor JOAD competition and did very well. Nic, Audrey, Tanvi, Michelle and Jack shot the weekend CA State Indoor Championships and also did remarkably well! This year each division was incredibly full! In the male youth recurve division, there were 62 kids competing! At one point during the Sunday morning shoot during the 8th end, the judges announced a pause in the shoot and all single spot archers had to change their target face from the paper version to the plastic version. This pause broke many archers rhythm and saw a dip in the score of final two ends.

This kind of distraction will be discussed and practiced at our JOAD sessions to better prepare our archers for future competitions. Additionally, after the Saturday session of the State Indoor Championships CVA hosted a pizza party in the lobby area of the Hampton Inn. This is becoming an annual event for events hosted in Tulare. Thanks Kurt and CVA!

Isabelle and Michelle attended the National Indoor Championships in Chula Vista and shot extremely well. Ken, me and all our JOAD family members are so very proud of all our archers and their achievements.

Ken and I tried to have JOAD the weekend after the State Indoor Championships, but by the time we arrived to set up the targets, the rain was pouring. A few die-hard archers showed up, so we decided to have breakfast instead! For our JOAD families, when the weather is too inclement, please contact Ken for updates.

Next up, stay tuned for updates from the Vegas Shoot! We hope to see you there!!

Ken and Geoff



JOAD Target Pins



The ultimate gift?



That's what an excited Ken looks like when he receives his special JOAD Christmas gift....custom bed linens!



2023, it's that time of year again, State Indoor Championships!



Father and daughter, Andrew and Isabelle, at the JOAD State Indoor shoot in Tulare, CA



Audrey competing in the JOAD CA Indoor Shoot on Friday.



The morning and afternoon shoots were packed with archers and spectators alike.



The scene just before the start of the event!



Tanvi's first state indoor championships and she did great!!



Michelle is ready to shoot out the 10 ring!



Nic finished in the top 10 and was sick all weekend!



Jack got a personal record and finished in the top 10 against 62 archers!



Nic about to shoot ANOTHER 30!



Audrey had the best head gear at the tournament and she shot amazingly well!



Tanvi shooting her first State Indoor Championships! Well done, Tanvi!!



Stop, put your hands up! No, just the boys warming up on Saturday morning.



The Tulare Crew Jack, Nic, Tanvi, Michelle and Audrey!



Michelle and Audrey, two great friends with great hats!



Post Saturday shooting with the kids and parents. It's become a tradition to have pizza after the shoot.



Kurt was able to eat pizza with us too!



Group conversation with Ken. Michelle is concentrating on the 10 ring.



One of Nic's 30's!!



Isabelle at the National Indoor Championships at Chula Vista, CA



Isabelle shooting in Chula Vista. Well done, Isabelle!!



JOAD was cancelled on the 14th due to excessive rain...what did we do then? Had breakfast instead.



Ken and Jack getting ready for the Vegas Shoot!

All Scores to Date for the CVA Club Shoot

We are now well on our way in the new club year. Those you with three club shoots under your belt should have established a handicap, which was applied to your January score total – see below.

If one of your scores is missing, please bring it to John Downey’s attention at johndowney@sbcglobal.net

Keep sticking them pointy ends into the target.

Look forward to seeing you on the range.

... jbd

Name	Division	Style	Sex	Nov Scratch	Dec Scratch	Jan Scratch	Jan Handicap	Jan Handicap Score
Alejandro B (Guest)	A	FS	M					
Angela Rogers	A	FS	F	INC		492		
Ben Spielman	A	LB	M					
Brian Carter	MS	BHFS	M	488				
Brian Carter	MS	TRAD	M		291			
Brian Rohrer	MS	BB	M	229				
Carlos Parada	GA	LB	M					
Cassandra Silverio	C	BB	F					
Charles Neace	A	FS	M	529	524	522	28	550
Charlie Houghton	C	FITA	M					
Chef Robert Bogin	A	FS	M					
Chris Cavaliere	A	TRAD	M					
Curtis Hermann	GA	LB	M	161	120	124	340	464
Erik Hammerquist	A	BHFS	M	451				
Gary Howertron	MS	BB	M	129				
George Conner	GA	FS	M	426				
Jack Houghton	Y	FITA	M					
Jaclyn Howerton	A	BB	F	257	300			
James Stankovich	GA	LB	M			150		
Jeff Owens	MS	LB	M	207				

Jim Bullington	A	BHFS	M					
Jim Collins	A	BHFS	M	432		460		
Joe Cavaleri	GA	TRAD	M					
Josh Fint	A	LB	M			212		
Julian Acebo	MS	BHFS	M	428				
Justin Lerma	A	FS	M					
Keith Huebner	A	FS	M		506			
Ken Downey	A	FITA	M					
Kurt Hoberg	MS	FITA	M		417			
Matthew Ive	A	FS	M	473	502			
Michael Cooper	A	FS	M					
Morgan Thomas	A	TRAD	F	170	162			
Nathan Collins	YA	FS	M					
Norman Rice	GA	BHFS	M					
Oscar Melendez	A	FS	M	529	537	524	24	548
Patrick Bullington	A	BHFS	M					
Rachel Howerton	A	FITA	F	395	336			
Ramon Barajas	A	BHFS	M					
Richard Silverio	A	BB	M					
Rogelio Segundo	A	LB	M		181			
Sarah Dakin	A	BHFS	F					
Scott Leviant	A	FS	M					
Terry Marvin	MS	FS	M	479		468		
Tom Sheppard	GA	BHFS	M	243	224			
Tom Swindell	GA	LB	M	185	253	206	276	482
Wendell Wright	GA	LB	M	249				

“HISTORY OFTEN CAN PROVIDE US WITH ANSWERS OR TID-BITS OF KNOWLEDGE”

A column for the “Conejo Quiver” by Curtis Hermann

I enjoy reading and learning about archery, at least archery as it has developed in the United States of America. Other history of archery from older times, I also find interesting, and will read or watch on TV stories when the opportunity arises. I would not be considered a historian or even as having much knowledge of the subject beyond what I have taught in the International Bowhunter Education Program (IBEP), but I do like to pass along the limited amount of history that I have acquired.



One morning on “archery day” as we call it, we were all arriving at the CVA Range, cups of coffee in hand and archery gear soon to be worn displayed in the back of our vehicles. Jim Stankovich was sauntering over in my direction waving a hard copy book in the air. Here, he said, you can borrow this and then return it, it’s mine. The gold lettering on the book said “Elmer” as the author and that caught my attention immediately! “Elmer” is Robert P. Elmer M.D. a former Champion Archer of the United States who documented the growth and history of archery in this country in his first book titled “Archery” in 1926. A 454-page hard cover book that came to me through the generosity of fellow club member Victor Smith many years ago, and it has since been a constant source of material for dozens of articles I have written. The book Jim brought was titled “Target Archery” and was published in 1946 and is 524 pages. The first 120 pages (pages 3 to 123) are part 1 and deal strictly with the

history of target archery and tournament results of “The Club of the United Bowmen of Philadelphia,” which was started by five men on Wednesday, September 3, 1828. Just ten days later they held their first shoot, the distance was eighty yards and a total of eighty-four arrows per archer. “The Club of the United Bowmen of Philadelphia” is recognized as the first **organized** archery club in the United States.

What caught my interest in this bit of information is the distance to the target was set at eighty yards, why? Because they established through written history that as the distance of the oldest target round in either England or America, going back to the 1500’s.

When a new archer joins our little group on “archery day” as we introduce them to the field range, I know it won’t be but a matter of a few weeks before they ask one of us, “why do they have an eighty-yard target, it is so hard to hit?”

Now I have always answered that question from the history of the hunting archers. In this case from Maurice* Thompson who wrote the book , “The Witchery of Archery” about the exploits of hunting with the bow and arrow with his brother Will after their return to the south at the end of the civil war. On page 42-43 he tells the story of a hunt for a great Snowy Heron in the Florida swamps. He stretched out and rested in the bottom of his canoe that was hidden behind tall grass that rose from the watery swamp. Some sixty to eighty yards away a dead branch from a downed tree was a favored resting spot for the Snowy Heron. After a couple of hours, a nice Snowy Heron did come to rest on the dead branch and the attempt to bring him down by arrow began. The first arrow was ten feet high and the big bird paid little attention to its passing. Arrow number two was within two feet as it passed over the bird who watched it with a little curiosity and so it went until the sixth arrow, “I drew my sixth arrow with great confidence, my eyes fixed on the butt of the great bird’s right wing. It was a shot to delight the gods.”

**Will (and Maurice) Thompson by the way were members of The United Bowmen of Philadelphia and Will was our first National Archery Association Champion in 1879.*

The term where shooting *from beyond the awareness range** of the prey, had not yet become part of the lexicon at the time of Maurice and his Snowy Heron, although this story explains it quite well. This is explained again by Art Young and Saxton Pope in their book, "Hunting with the Bow and Arrow" in 1923, and again by Chuck Adams (modern archers most successful hunter) in an article (I believe) in the "Bugle," the magazine of the Rocky Mountain Elk Foundation.

So, what is the distance of this so-called "*awareness range.*" We get that estimation from those experienced hunters who have witnessed this play out in the field. The consensus is that somewhere between fifty and sixty yards is the main "awareness range" of most large prey animals. It is the distance they feel that if they can spot an approaching predator - they then will have a lead sufficient to successfully out run the predator, be it wolf, mountain lion or bear.

**Shooting beyond the "awareness range" is no longer considered ethical in modern hunting practice as it can lead to a high wounding rate and lost or unretrievable game.*

So, you can see that I was a bit surprised by the fact that the traditional standard target practice range in the 1800's was eighty yards! Now a Field Range was a later creation of the 1930's and of course came about by the rapid increased popularity of bowhunting and the National Field Archery Association (NFAA) was created by bowhunters. Still for the eighty-yard standard to still be kept as a hold-over from target archery's very beginnings in the USA, I found quite interesting.

Another bit of knowledge I noticed in these first 120 pages is the United Bowmen of Philadelphia. Was that they kept incredible records of every tournament arrow shot by each member and it's score and these were listed in the minutes of the club records. One gentleman over a fifty-year membership shot in over 400 tournaments and every arrows score was recorded. This club only allowed a membership of twenty-five, so you can see that the keeping of such records was possible.

Lastly one becomes aware from reading books like this that we have many more pioneers of our sport than any of us imagined, there are names galore that have come and gone and are only remembered in books like this, yet these archers kept our sport alive through the civil war, WWI, WWII, Korea and on and on. We certainly owe them a debt of gratitude!

Part two of this book is a far easier and more interesting read, it documents all the scientific archery knowledge of all the various bow woods and descriptions of how to build bows, arrows and shooting technique. You will be amazed at how much scientific knowledge was acquired by the pioneers of our "beloved sport of archery." It is possible that another column or two might be stimulated by the history and knowledge preserved in this book, we'll see as time goes on!

Keep those arrows in the air,

Curtis

This month's Tip is being replaced by a little piece of bow design knowledge from the past. "Target Archery by Elmer" pg. 192 1st paragraph:

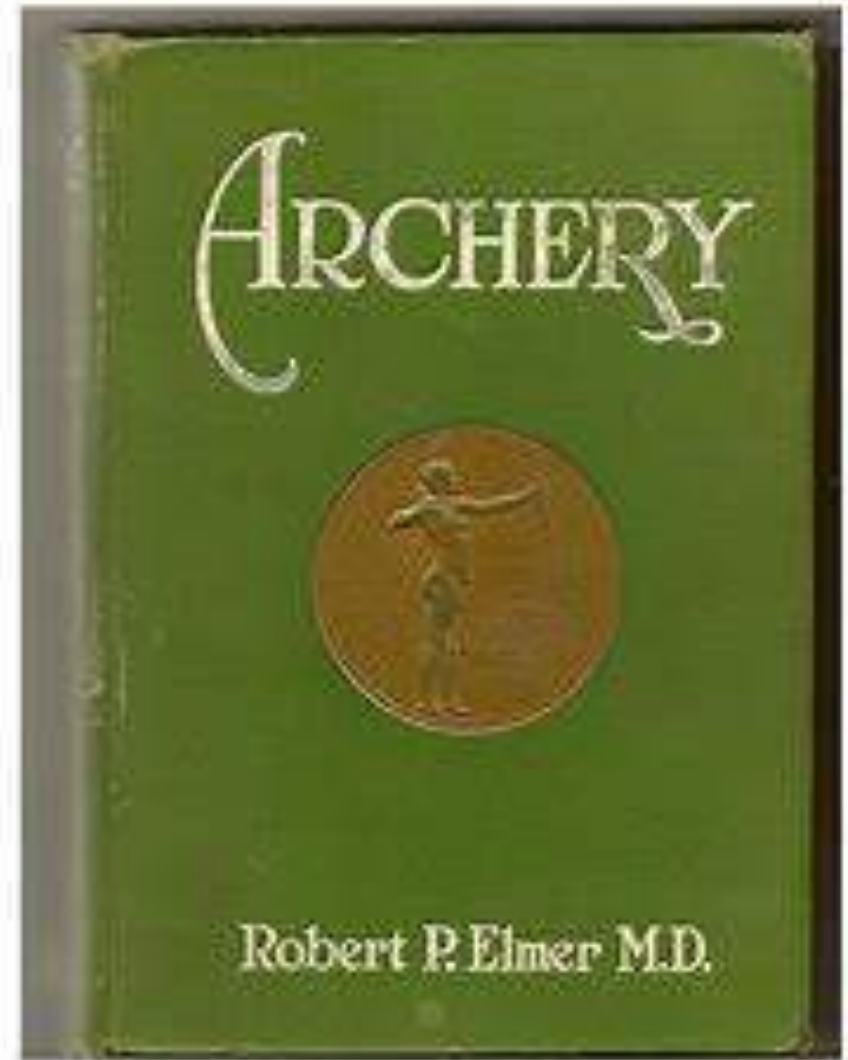
Disregarding all sorts of devilish little things that crop up in practical bow-making, we may be guided in general by the so-called laws of physics; man made though many of them be. By one of them we have already seen that doubling the thickness of a bow limb makes it eight times as stiff, but it is disappointing to find that such a great increment of strength has no comparable influence on the velocity of the tip; which is what we wish to augment. Actually, doubling the thickness only doubles the velocity of the tip -with both limbs doubled- that is a long way from doubling the velocity of the arrow through the devious route of the angulated bowstring. The length of the limb, however, is most important in this matter of speed for by cutting it in half the velocity of the tip is increased fourfold.

Therefore, every physicist says and every archer knows that the shorter a bow is made the quicker it is and the better cast it has. The ultimate is seen in flight bows which-being built for cast only, without regard for any other quality- may be hardly more than a yard long.

Although this knowledge was understood in the 18th century when bows were of self-wood design of 6' length and often made of Yew, Osage, or Dagame (lemonwood) you can see that it is still in use today in modern bows. Those of you who have recurves with long metal risers with short limbs with fast tips are shooting bows using this knowledge as are the users of compound bows where the riser is the full length of the bow and the parallel limbs are very short with very fast limb tips, even the modern traditional bow uses these principals of a longer riser and short fast limbs. Even most modern longbows are now using shorter limbs to increase speed and maneuverability,

The one exception is the American Longbow that is still long limbed with a short riser, just as it has been for over a hundred years.

Curtis



ADOPT-A-TARGET (CVA Roving Range)

All of our target lanes are currently adopted. If interested in helping to care for one of them you can contact one of the Board Members.

Jbd

Target	Distance	Adopter
1	35 yrd. fan field 36 yrd fan hunter	Ben Shirley
2	30 yrd. field 32 yrd hunter	Ben Shirley
3	20 yrd. field 19 yd walk-up hunter	Tom Swindell
4	35 ft. walk-up field 11 yrd hunter	Luttrell Family
5	80 yrd. walk-up field 70 yrd. walk-up hunter	Norm Rice
6	25 yrd field 28 yrd. fan hunter	Felipe Gamboa
7	55 yrd field 53 yrd walk-up hunter	Mike Steinwender
8	45 yrd walk-up field 44 yrd hunter	Jeff Owens
9	15 yrd. field 15 yrd. walk-up hunter	Ron Riley
10	65 yrd. field 64 yrd. walk-up hunter	Brian Carter
11	40 yrd field 40 yrd. Hunter	Norm Rice
12	60 yrd field 58 yrd. walk-up	Jackie Rice
13	45 yrd field 23 yrd. walk-up hunter	Tom Roberts
14	50 yrd. field 48 yrd walk-up hunter	Mike Chase

15	45 yrd. walk-up field 44 yrd. hunter	JOAD Parents
16	50 yrd. field 48 yrd. hunter	Ben Spielman
17	20 yrd field 19 yrd. walk-up hunter	JOAD Parents
18	80 yrd. walk-up field 70 yrd walk-up hunter	Brent Richter
19	55 yrd. field 53 yrd. walk-up hunter	Paul & Nathan Sweet
20	25 yrd. field 28 yrd. fan hunter	Arthur Robertson
21	35 yrd. fan field 36 yrd fan hunter	Arthur Robertson
22	30 yrd. field 32 yrd. fan hunter	Phil Bruno
23	35 ft. walk-up field 11 yrd. Hunter	Steve Mahoney
24	45 yrd. field 23 yrd. walk-up hunter	Julian Acebo
25	65 yrd. field 64 yrd. walk-up hunter	Curtis Perry
26	60 yrd field 58 yrd. walk-up	Arthur Robertson
27	15 yrd. field 15 yrd. walk-up hunter	Ramon Barajas
28	40 yrd. field 40 yrd. hunter	Thomas Cayia
	20 yd practice butts running pig	Thomas Cayia

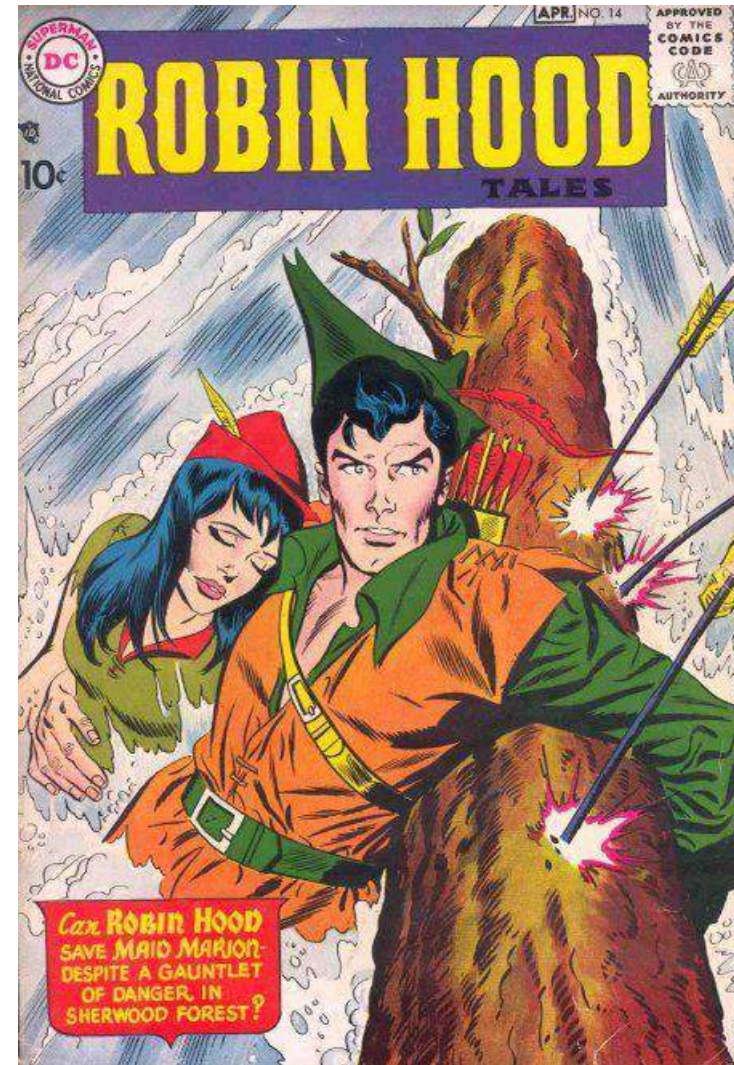


805.581.1671
2150 Agate Court • Simi Valley, CA 93065

NEW MIDDLE RANGE TRAIL

ALL LANES HAVE BEEN ADOPTED

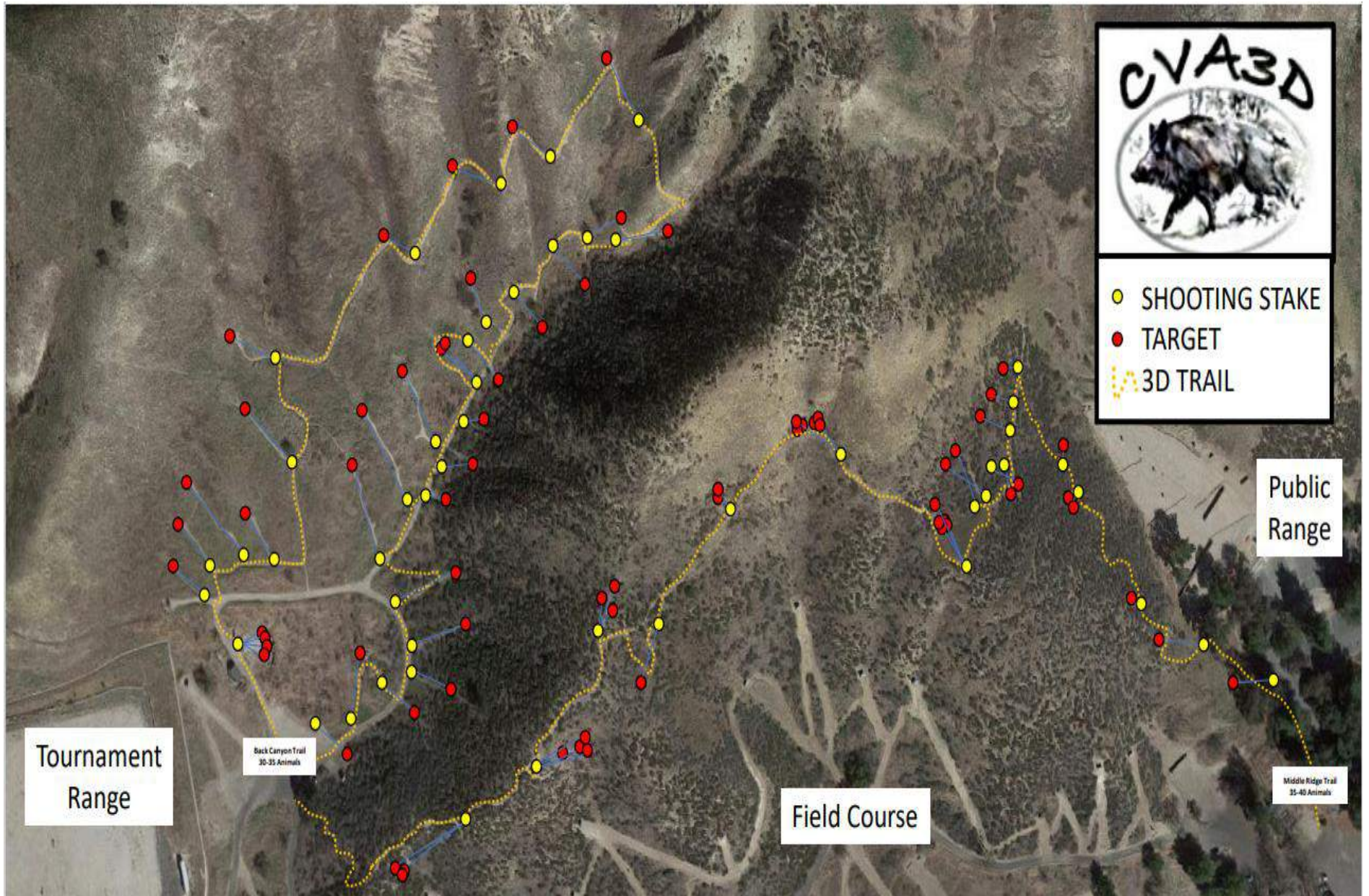
Target #	Adopter	Type
1	Arthur Robertson	Rabbit
2	Arthur Robertson	Bear
3	Ben Shirley	Raccoon
4	Ben Shirley	Coyote
5	Ben Shirley	Coyote
6	Rogelio Segundo	Deer
7	Brian Carter	Caribou
8	Brian Carter	Standard Brown Bear
9	Carlos Parada	Deer
10	Carlos Parada	Deer
11	Brian Rohrer	Turkey Flock
12	Howerton Family	Raccoons & Ground Hogs
13	Howerton Family	Black Crow & Raccoon
14	Wendell Wright	Deer in Meadow
15	Tom Swindell	Antelope, Turkey & Pig
16	Jeff Owens	Deer & Dogs
17	Sarah Villalobos	Black Boar, Pig & Standing Bear



CVA CONTACT INFORMATION

BOD Member	Position	E-Mail	Phone
Kurt Hoberg	President, Coach	president@cvarchers.com	805-552-9934
Cathy Linson	Vice President	vicepresident@cvarchers.com	805-791-5102
Scott Leviant	Secretary, Tournament Range Chairman, Coach	secretary@cvarchers.com	213-590-6370
Genevieve Ivie	Treasurer, Instructor	treasurer@cvarchers.com	805-657-9742
Mike Keena	Board Member, Field Range Captain	mkeena@cvarchers.com	805-527-4585
Bryan Tanger	3D Range Captain	cva3dshooter@gmail.com	
Kevin Cloepfil	Board Member		805-390-1059
Bill Davis	Board Member, Instructor		805-208-7002
David Jockisch	Board Member, Publicity Chair	davidjockisch@yahoo.com	
Erik Hammerquist	Board Member	emammerquist@outlook.com	818-515-4465
Brian Carter	Board Member, Instructor	reiadvisor@yahoo.com	818-232-1580
Clark Pentico	Previous Club President	clarkp@cvarchers.com	805-630-1749
Ken Downey	JOAD Program - Lead Coach	ken.downey@cvarchers.com	805-231-6135
John Downey	Newsletter Editor, Club Tournament Chair, Coach	editor@cvarchers.com	805-527-4894
Noah Barlow	Volunteer Hours Coordinator		
Richard C. Silverio	Volunteer Hours Coordinator Communications, Instructor	richardcsilverio@yahoo.com	818-442-5182
Dennis McKaig	Volunteer Hours Coordinator	cvamemberhours@gmail.com	

CVA 3D Ranges MAP



CONEJO QUIVER

February 2022 Issue



The February Club Shoot and General Meeting (11:30am) has been changed to March 5 due to the recent rain storms. Please make plans to attend.

FROM THE EDITOR

John Downey

Hope you weathered the recent storms successfully. As you no doubt know, we had to change the Club Shoot and General Meeting to March 5 because of all the rain. The range came through it pretty well all things considered.

We have another nice issue for you to check out. A number of members have been away shooting at various tournaments, and we have some photos from them to share with you. See **the JOAD On Point** pics, and pics from our **Traditional Group** – they have done very well for themselves.

Kurt has a number of things to bring to your attention, and Curtis also has another informative article for you, "**Wilderness Tools, a Discussion**", i.e., Hatchets and Axes, do check it out.

There are a number of club tournaments coming up at our range and elsewhere – check out the various flyers. Helping out at one of our tournaments is good way to get your hours in if you have a working membership.

NOTE:

As last month's issue (i.e. January) had all the club scores to date, I'm not including it again in this issue.

Hope to see you all out on the range. With all the rain we've had, this is the greenest the range has been is quite some time.

Regards

John Downey, Editor

FROM THE DESK OF THE PRESIDENT

Kurt Hoberg

CVA Range News

Overall Range News: We have a very green range.

In preparation for the upcoming Spring Classic, we are hard at work clearing lanes, making the Tournament Range shootable, and replacing hay bales on the Field Range. Unfortunately, this year's hay bales are not very good, so we'll have to replace them sooner rather than later. We are looking at other options other than haybales, so stay tuned for updates

Field Range: For those who have adopted a lane...the green is officially sprouted so be sure to keep an eye on your lanes and don't let them get out of control. Please also be sure to stand by the shooting stakes and clear any vegetation that is hanging into the lane and may be blocking the target from where shooters are taking their shots. Also take a look at the shooting stakes themselves and assess if they need to be painted. It's been a few years since we've painted the stakes and some of them are in need of touching up. We are also moving the stakes to the edge of the shooting lanes so the tractor can help with clearing.

Tournament News

Pasadena Senior Games: The date has been set for the shoot, July 8-9. We will need help on Friday July 7th for range striping and setup, so please come help if you can. Keep an eye open for signups via your email.

CA State Outdoor: We have dates set for this shoot, June 22-25, 2023. Range Setup will be Thursday June 22nd (we'll need volunteers!), with competition taking place from Friday June 23rd through Sunday June 25th.



Registration is open, please visit CVA's WEB page and click on Tournaments => State Outdoor and choose the Registration link to register. Registration closes June 10th 2023.

This shoot is one of CVA's largest draws, bringing 300+ archers to compete. Additionally, it brings in much needed funds into the club, as well as providing outreach to the larger Archery community. We absolutely need all the volunteers we can get for every day of the tournament, even if you can give us an hour, it is desperately needed and much appreciated. Please mark your calendars and come out to support your club. Working members, this is a great way to satisfy your tournament support membership requirement.

For those who are planning on shooting the tournament, I'm going to give a significant fee rebate for those that come out on Thursday the 22nd to help setup the range as an incentive. This rebate also includes parents of kids that are shooting. The way it will work is that I will be taking attendance of those shooters that show up to help and will process the discount to your registration fees after the shoot completes.

California Tournaments: Be sure to check the USA Archery schedule, the CBH newsletter, and social media for status of a scheduled shoot. Schedules seem to change frequently, and often at the last minute.

Please click the links below for more info if you are interested in shooting these tournaments:

- CA Archery is using the USA Archery WEB site to schedule tournaments. Browse to <https://www.usarchery.org/events/find-an-event> to find and schedule out the event of interest.
- CBH/SAA: <https://www.cbhsaa.net/EventCalendar>

Range Security

We continue to have issues with members not locking the tournament range gate. There has been some improvement, but the issue continues.

If you are leaving the range, lock the gate. If you are coming onto the range, lock the gate behind you. If you are unsure if you should lock the gate – lock the gate. Be careful with the locks, don't drop them, or use them as pry-bars, hammers, etc.

All club members must do their part to secure our range.

See you on the range!

Your President,

Kurt

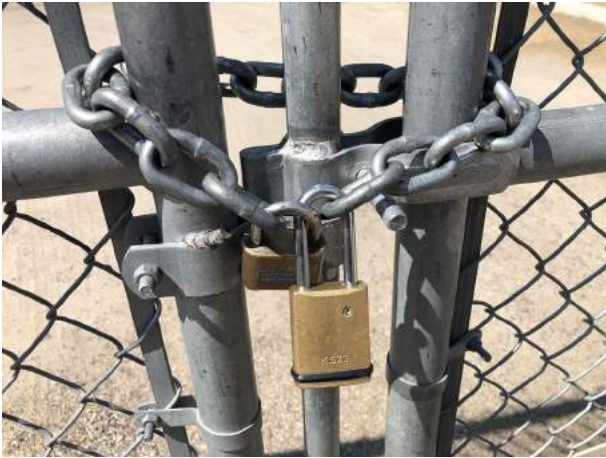
Remember, archery is easy. Shoot a 10, do it again!

Securing the Tournament Range – Lets Review!!

As a club, we continue to be challenged in proper lock operation and securing of the Tournament Range. We have a significant investment in assets at our club, and it is each member's responsibility to secure the range when entering and leaving club property.

You will notice there are two locks on the Tournament Range gate off of Bennet, the CVA lock (keyed), and the County lock (combo). The County Water District needs access to the pipes adjacent to the gate on the Tournament Range to take readings. This is part of our lease with the county.

Example of **CORRECT LOCKING**. The chain is secure between adjacent gate poles, and the CVA Lock (Right) is secured to the County Lock (Left)



CORRECT!!!

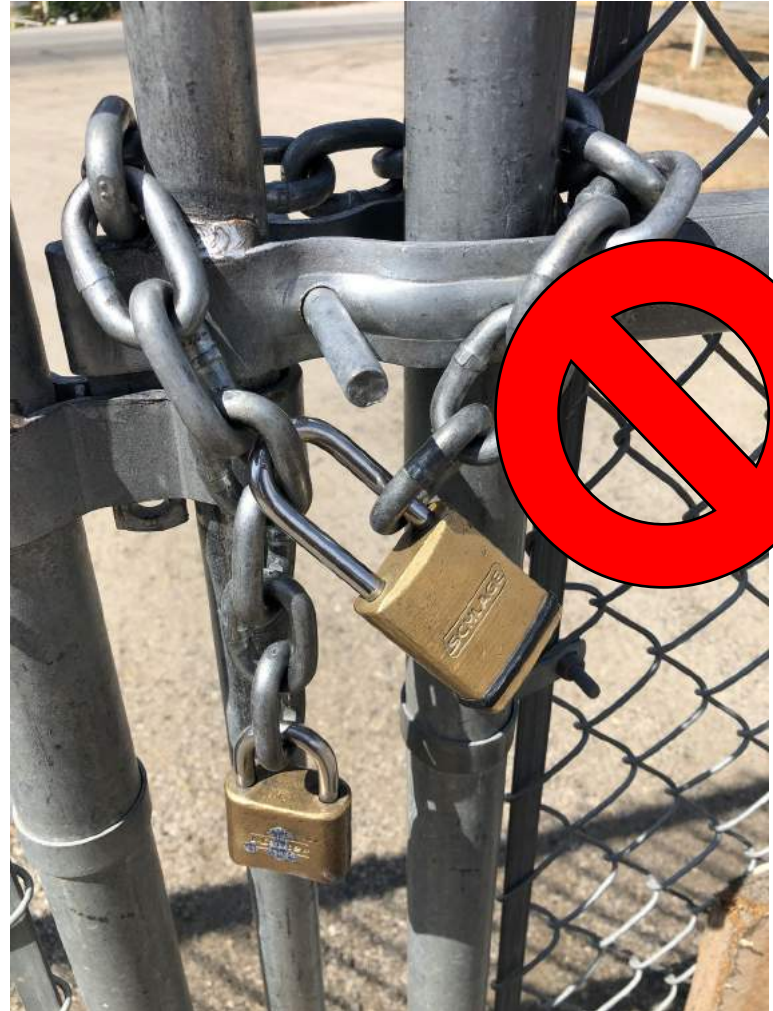
Second Example of **CORRECT LOCKING**. The chain is around the left gate and the drop rod on the right, both locks are secured to each other.



CORRECT!!

Examples of **INCORRECT LOCKING**. Unbelievably, I have seen each of these examples when coming to the range.

INCORRECT LOCKING. Look closely, the County lock is locked out of the chain. Our lock will be cut if the County needs to get into our range. When the County secures the chain, with our lock cut there is no CVA lock to secure the chain and we will be unable to access the Tournament Range through the Bennet gate.



INCORRECT!!!

INCORRECT LOCKING. The County lock is again not in line with the chain, our lock will be cut if the County needs access. When the County secures the chain, with our lock cut there is no CVA lock on the chain and we will be unable to access the Tournament Range through the Bennet gate



INCORRECT!!!

INCORECT LOCKING. Can you see what is wrong here? I've actually found the CVA lock with a member's keys left in it EXACTLY like this picture.



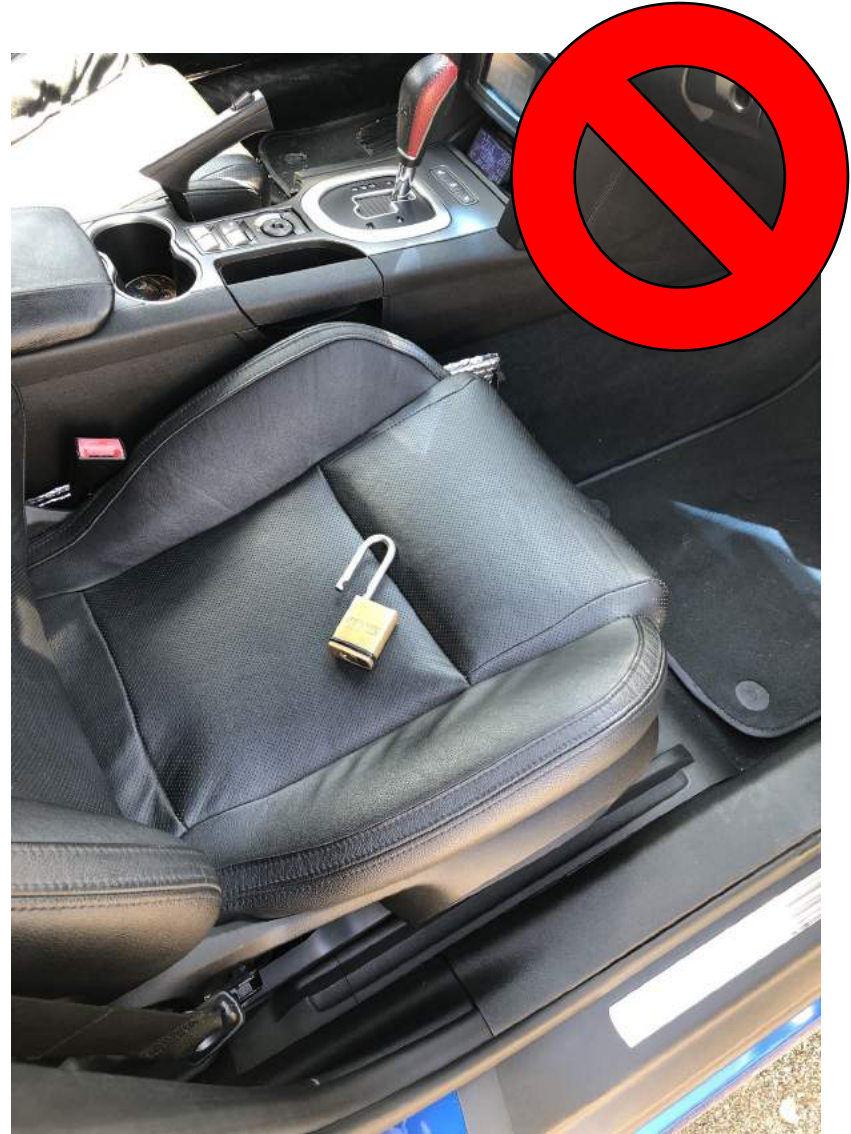
INCORRECT!!! And WHAT ARE 'YA THINKING ???

INCORRECT LOCKING. Don't drop our locks. I've found the CVA lock in the dirt, the range not secured. Dirt and mishandling will break the locks which costs the club funds that can be avoided.



INCORRECT!!!

INCORRECT LOCKING. Don't take the lock with you. Think about it, while you have the lock and are shooting, the range is not secure.



INCORRECT!!!

Member Anniversaries!!!!

February 2023

Morgan Thomas

42 Years - Founding club members -
Gordon and Claudia Marks – unofficial
date!

36 Years – Rick Bowen – also an
unofficial date as these first members
didn't have dates for their
memberships!

8 Years - Michael Brien

2 Years - Cris Hofmeister

4 Years - Jaclyn Howerton

4 Years - Rachel Howerton

4 Years - Bill Kendall

8 Years - Kevin Knebel

2 Years - David Kurkjian

2 Years - Neema Mohanlal

4 Years - Tyler Monroe

4 Years - Jeff Owens

2 Years - Eddie Sillari

12 Years - Tom Swindell

8 Years - Debra Warren

Thank you all for your continued support of our club!

See you on the range!

Morgan



Archery tournament



DATES

April 22 and 23

LOCATION

Black Mountain Bowman Range

Avenida España, San Jose, CA 95139

REGISTRATION FEE

\$40.00 per person

plus \$8 per event per day.

REGISTRATION DEADLINE

April 12, 2023

SCHEDULE

SATURDAY, APRIL 22

Double 300 Round

30 arrows at 20 yards (3 arrows, 10 ends).

SUNDAY, APRIL 23

American 900 Round

30 arrows at each distance of 60, 50 and 40 yards
on 122 cm target face.

Water, soda and snacks are available for purchase.
Lunch will be provided to those archers registered for the
Sunday event.



GO TO
www.bayareaseniorgames.org
to register online (click on the red box)

CVA Member's Out and About

The CVA Trad Group represented the club well at Oranco's Bowman Rendezvous, and the CA State Indoor & Traditional 3D Tournaments.

Oranco Bowmen Rendezvous

Brian Roher and Rojelio Segundo won 3rd in their divisions, Josh Fint took 2nd in his, and Wendel Wright and Aiden Del Basque won 1st in theirs. there were over 250 shooters.



There were over 250 shooters.



Aiden Del Basque – First Place Traditional Longbow

CBH State Traditional 3D

After 2 days of shooting, with 200 other archers Josh Fint, Wendell Wright, and Rojelio Segundo all won championships on their divisions:

Wendell Wright : Longbow, Woods, Master Senior

Rojelio Segundo: Recurve off the shelf, Senior

Josh Fint : Longbow, Woods, Adult



Josh, Wendell, and Rojelio with their medals



Close-up of the Traditional Champion Belt Buckles

CA State Indoor Champion

It appears that Josh Fint may be the CA State indoor champion this year for Adult, Longbow, wood, having set a new state record, besting the old record by 20 points, 450 points. The record hasn't been officially posted yet.

First aid kits

First aid kits are available at sites most of you are already aware of , including the Public Session (PS) entrance, the PS Bin, the Kitchen, the Tournament Range, the Field Range, the Middle Ridge Trail, and the 3D Range. You should take a moment the next time you are at the range to check out the locations especially on the ranges you usually shoot; ask your fellow archers if you are not aware of the above first aid kit locations. Presently there are 10 first aid kits each containing identical items; this helps me manage their contents keeping them fresh and up to date and helps you to know what first aid items are available to you should you require them. The picture below shows these first aid items.



The kits are inside white lock boxes clearly marked; see picture. Each lock box has a breakable plastic tie attached to a wooden handle. When pulled the lock box can be opened, this allows anyone to see from a distance that a first aid kit has been used so I can replace any missing items and keep the kits up to date.

I will gladly accept any calls or text messages regarding these CVA first aid kits, my number is 805-603-5585. Let me know if you see that a kit has been opened or needs attention in any way.

Thanks for your attention and remember Safety First!

Thanks,
Arthur Robertson



Upcoming CVA Tournaments



Conejo Valley Archers
CONEJO VALLEY ARCHERS

Conejo Valley Archers Spring Classic

March 11-12, 2023

Three Archery Tournaments in One!

Thrice the Challenge!

Thrice the Fun!

NFAA Field Round • 3-D Round •
American 900 Round

Open and Traditional Money
Classes (M/F) for Each Tourney!

Over \$3,360 in Prize \$\$\$!

Schedule	Saturday (11th)	Sunday (12th)
Registration Opens	7:00-8:30	7:00-8:00
Ranges Open: 3D and Field Ranges	7:30-4:30	7:30-12:30
900 Round — Practice Round	8:30	8:30
900 Round — Start	9:00	9:00
Score Cards Due	4:30	2:00
Awards		2:30

Shoot one, two, or all three Tournaments over two days.

Shooting Styles (Non-Money Class): NFAA Bow Classes (FS, FSL, FSLR, BB, FSBH, TRAD, LB, BBR)

American 900 Round	3-D Round	NFAA Round	Entries and Extras	Fees
5 ends of 6 arrows/dist	25 targets	28 targets - 50/50 field/hunter	First Tournament	(non-money class)
4 minutes per end	Unmarked yardage	Marked yardage	Adult/Senior	\$30
122cm targets (5-ring option)	No Range Finders!	4 arrows per target	Young Adult (15-17)	\$25
3 yardage distances:	2 arrows per target	5-4-3 scoring	Youth (12-14)	\$20
⇒ Senior+ 40-50-60y	Traditional: 33y max	Money Classes shoot Adult stakes by style (Comp or Trad.) and use 6-5-4-3 "Pro" scoring (X=6)	Cubs (11 & Under)	\$15
⇒ Adult 40-50-60y	Compound: 50y max		Second Tournament	\$15
⇒ Y.A. 40-50-60y	Cub/Youth: 25y max		Third Tournament	\$10
⇒ Youth 30-40-50y	Money Classes shoot Adult stakes by style (Comp. or Trad.) and cannot purchase Mulligans or a Doe Tag		Family Max *	\$125 *
⇒ Cub 10-20-30y			3D Mulligan (2 Max)	\$1 each
Money Classes Shoot Adult			3D Doe Tag (1 Max)	\$1
			Pre-Register and pay with PayPal by 2/1/23	\$10 off of total fee
			Pre-Register by 2/28/23 and pay Day 1 (3/11/23)	\$5 off of total fee
			All Money Classes	(money class)
			Each Tournament	\$50 * (\$150 for all 3 tourneys)
			Pre-Register and pay with PayPal by 2/1/23	\$10 off per tourney (\$40 each after \$10 off)
			* Family: Parents and minor children	
			* Family Max not offered if Money Class entries included	
			* \$20 of each money class entry fee added to Pot	



Awards for all Divisions in each tournament (M/F) (Senior+, Adult, Y.A., Youth, & Cub)

Grand Champion: Total Score for all three tournaments (non-money class only)

Money Classes: Separate Men's and Women's Open (sights, releases, and stabilizers okay) and Trad Classes for each tournament. The Trad Money Class will include longbows and all recurve bow types (barebows only; arrow rests allowed). Must be present on awards day.

Food and beverages available on the range.

RV Park (full hookup) and camping by range at Tapo Canyon Park (reservation strongly recommended): <http://www.ventura.org/inland-parks/tapo-canyon-simi-valley>

Vendors Welcome! Call (213) 590-6370 to reserve your space.

PayPal: Direct your PayPal payments to cvapay@cvarchers.com.

Visit: www.cvaspringclassic.com for more information about the tournaments, the structure for the Money Classes, pre-registration instructions, and any hotel information.

Questions? Call Scott Leviant at (213) 590-6370 or e-mail CVASC@cvarchers.com

5/14/2022



Conejo Valley Archers
Presents the



32ND BOMBARDIER TRADITIONAL CHALLENGE 2-Day 50 Targets 3-D Tournament

Saturday May 6, 2023 - 30 Targets

Sunday May 7, 2023 - 20 Targets

Separate Longbow, Recurve, Selfbow &
Senior (60+) Divisions (no clickers)

* NFAA Rules Apply (Quivers OK!)

* No Compounds, No Sights *

* Unmarked Yardage *

10-8-6 Scoring on 1st Arrow, in case of
miss, 2nd arrow scores 5-4-3

* Lunch served on Saturday *

* Lunch served on Sunday *

* Snacks & Drinks served all day

* Shots include a Speed Round & New Pop-up System with Moving Targets *

Saturday Schedule

7:00am- 8:30am Tournament Registration
Start shooting right after

1:30 - 3:00pm \$5 Smoker Round (1 arrow)
Women's and Men's Division

* Raffle tickets sold, General Raffles *

* Food & Drinks Sold all day *

* Clouts - prices posted at clouts *

* Vendor Trade Show and Sales *

Sunday Schedule

7:00am- 8:30am Tournament Registration
Start shooting right after

2:00pm → Score Cards must be turned in
Awards & Raffles held after

* Raffle tickets sold, General Raffles *

Shots will include * Speed Round * and new

* Pop-up Target System * Flying Mosquito *

* Vendor Trade Show and Sales *

Free Camping available inside our fenced
area in designated locations. Donations
will be accepted, as we have prepaid
camping fees to the county.
No Dogs allowed on range

Additional \$37 fee for Camping inside County
Park (Full RV hookups are available in park).
The county park charges a
\$4.00 daily parking fee in park.
Free day parking inside our fenced range.

Tournament Fees *

Non CBH, NFAA or NAA members please add \$5 to the
fees listed below (unless a member of an out of state
archery organization)

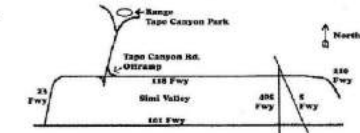
Adults - \$35 Couples - \$40

*Family -\$45 Youth -\$15

Seniors (60+) - \$30 Cubs - \$10

To only shoot Saturday or Sunday with no awards
delete \$5 from original fee.
* (Includes husband, wife and kids under 18 years old).

Directions to Range



118 Freeway East or West to Simi Valley. Exit Tapo
Canyon Road.
North on Tapo Canyon Road, 3 miles to Tapo Canyon Park

BOB BOMBARDIER @ 805-217-8896 OR EMAIL BOMBARDIERBOB@HOTMAIL.COM

More Information - Call:

JOHN DOWNEY @ 213-922-3899 OR EMAIL TOURNAMENTS@CVARCHERS.COM

TBC Traditional Rendezvous





TRADITIONAL BOWHUNTERS OF CALIFORNIA

APRIL 1-2, 2023 • RAIN OR SHINE
TBC TRADITIONAL RENDEZVOUS
 A weekend of stickbows and friends in beautiful Santa Barbara County!
ONLINE REGISTRATION NOW AVAILABLE!

CHARITY EVENT FOR THE HUNT OF A LIFETIME FOUNDATION

THREE 15-TARGET COURSES
 OVER EIGHTY 3D ANIMALS
 BROADHEAD CHALLENGE
 LAST MAN STANDING
 POP-UP & NOVELTY TARGETS
 NEW SUPER SENIOR CLASS (70+)
 VENDORS • RAFFLES • CAMPING • FOOD



TRADITIONAL EQUIPMENT ONLY:
 Longbow Aluminum/Carbon (LB/AC),
 Longbow Wood (LB/W), Recurve (RC),
 and Selfbow (SB)

Two arrows, 10-8-5 scoring
 Must shoot off shelf
 No stabilizers, sights, or clickers
 No stringwalking or facewalking
 Three shooters minimum per group



500 shooters max • Early registration recommended • Online registration encouraged • Must be received by 3/20

Info/online registration: TBCarchery.com
 Contact: Nick Hart (831) 332-0668
tbcarchery@gmail.com

We are always looking for donations of raffle prizes for this shoot. Those who donate will receive five free general raffle tickets! Thank you for your support!

Friday: Lunch & Dinner
 Saturday: Breakfast, Lunch, & Dinner
 Sunday: Breakfast & Lunch

TRI-TIP DINNER, SIDES & DRINK ON SATURDAY NIGHT - \$15

Dry Camping on Range/Potable Water
 No camping on ranch before Thursday, March 30th.
 Shooters need to leave by 8am Monday, April 3rd.



MAIL-IN REGISTRATION FORM (Must be received by 3/20)

Name: _____
 Address: _____
 City, State, Zip _____
 Phone Number: _____
 Email Address: _____

SHOOT FEES	Pre-Reg / Shoot Day
Super Senior (SS) 70+ years	\$50 / \$55
Senior (S) 60-70	\$50 / \$55
Adult (A) 18-59	\$55 / \$60
Young Adult (YA) 15-17	\$20 / \$25
Youth (Y) 12-14	\$0 / \$0
Cub (C) 11/under	\$0 / \$0

Youth/Cub must be accompanied by an adult.
 SORRY, NO REFUNDS (THIS IS A CHARITY SHOOT).

New address? Check here

Please Print Clearly

SHOOTER NAME	Sex <input checked="" type="checkbox"/>		Age Division <input checked="" type="checkbox"/>				Bow Class <input checked="" type="checkbox"/>				Shoot Fee		
	M	F	SS	S	A	YA	Y	C	LB/W	LB/AC		RC	SB
1													\$
2													\$
3													\$
4													\$
											Shoot Fees TOTAL >	\$	
											Number of Saturday Night Dinners _____ x \$15	TOTAL >	\$
											Mulligans \$1 (max 2) _____ + Does \$1 (max 2) _____ x \$1	TOTAL >	\$
SIGNATURE: _____											PAYMENT TOTAL >	\$	

Make checks payable to: **TBC**
 Mail Registration Forms to:
Traditional Bowhunters of California c/o Nick Hart
 4864 Glenn Rd, Santa Barbara, CA 93105
THIS IS THE LAST YEAR OF MAIL-IN REGISTRATION

By my signature above, I release TBC and all personnel from losses, damages, or personal injuries incurred by myself while participating and/or viewing this TBC event. I understand archery tournaments involve certain inherent risks and I agree to participate/view this event with full knowledge of those risks and to abide by TBC Tournament rules. I also give permission to TBC to use any photos of me/us taken at this event for use on their website.

SNAKE BITE – FIRST RESPONSE PROTOCOLS

You may be unsure whether you've gotten a snake bite or an unrelated injury. Some signs of a bite include puncture marks at the site of the wound, pain and swelling as well as neurological symptoms such as blurred vision or numbness and tingling of your face and limbs.

If you or another person, are bitten, try to remember the color and shape of the snake, because that may help medical professionals treat the injury.

1. Sit down and stay CALM
2. Do NOT apply a tourniquet
3. Do NOT suck on the wound
4. Stay calm, and alert any immediate local assistance to coordinate transportation to hospital, or call 911 – arrange to meet emergency vehicles at gates

Site addresses:

- **Main Gate:** Tapo Canyon Park – 4651 Tapo Canyon Road
- **Tournament Range side:** 5000 Bennet Road

5. Wash the wound with warm, soapy water if possible
6. Circle the site of the bite with a Sharpie and write the time next to it. You should keep a list of your symptoms and periodically update it, as that could help the medical team that treats you.

7. Cover the wound with a clean, dry dressing. **First-Aid kits** are posted all around the range areas at Main Kitchen, Stage area, between Targets #12 and #13 at the portable restroom, 3D Shade structure, Tournament Range, and the Public Session Range.
8. Remove jewelry and watches, which will be much harder to get off if your limbs start to swell.
9. If you begin to experience anaphylaxis, including swelling of the face and throat, hives or difficulty breathing, use an EpiPen if you have one.
10. **VERY IMPORTANT** – Call ahead to the local hospital to alert them that you are bringing in a rattlesnake bite victim and verify they have anti-venom immediately available at the site.

Local Hospitals that generally have or have access to anti-venom onsite:

- Los Robles Hospital – Thousand Oaks – 805-497-2727
- Adventist Health – Simi Valley – 805-955-6000

Report the incident to the club as soon as possible.



JOAD – Always On Point

February 2023

Greetings CVA and JOAD families!
Ken and I hope all is well as we approach outdoor archery season and move to greater distances with larger target faces.



Our JOAD kids have been traversing up and down the great state of California, into Nevada, and Arizona for a series of indoor tournaments and soon to be outdoor tournaments. JOAD also enjoyed a festive Valentine's Day shoot where our kids practiced becoming cupids, shooting arrows at the heart!

In early February, Nic Y, Isabelle B, Sullivan T and Jack H all ventured to Las Vegas for the Vegas Shoot. For those not aware, the Vegas Shoot is an extremely large indoor tournament hosted at the South Point Hotel and Casino where 3-5 thousand archers and their families come for a multi-day shoot. This year our CVA JOAD archers shot extremely well against international competition. Jack and Nic both were in the top 12 archers shooting against 60+ kids in their age group. Isabelle and Sullivan did very well against very tough competition, both finishing with personal bests!!! Our very own, Coach Ken competed and finished in the money! For those who have never attended the Vegas Shoot, it is something to witness at least once; it's a great opportunity to see the pros shoot in compound and recurve as well as vendor shows, exhibitions and if you like...gambling!

Indoor State Championships were attended by CVA JOAD archers, in Sacramento and Chula Vista. Isabelle B attended the tournament in Chula Vista and was extremely competitive. She is one of our up-and-coming archers. It has been extremely exciting to watch her develop her skills and become a competitive archer. Nic Y and Audrey B attended the Indoor Championships in Sacramento. Both of them shot very well achieving personal bests and Nic finishing in the top 5 of his age division! Way to kids!

Coming up soon, our JOAD archers will be at the Fresno Safari, SoCal Showdown, State Outdoor Championships and our local CVA shoots. Stay tuned for updates and pictures!

See you at the range,
Ken and Geoff



Michelle and Isabelle, friends on and off the range.



In preparation for the Vegas Shoot, JOAD set up a simulation in the same style as Vegas.



Vegas Shoot Preparation underway.



Vegas practice! Isabelle is shooting next to former CVA JOAD, Harley K!



Friday Night Vegas fun here, Isabelle and Nic tried to enjoy dinner with Ken.



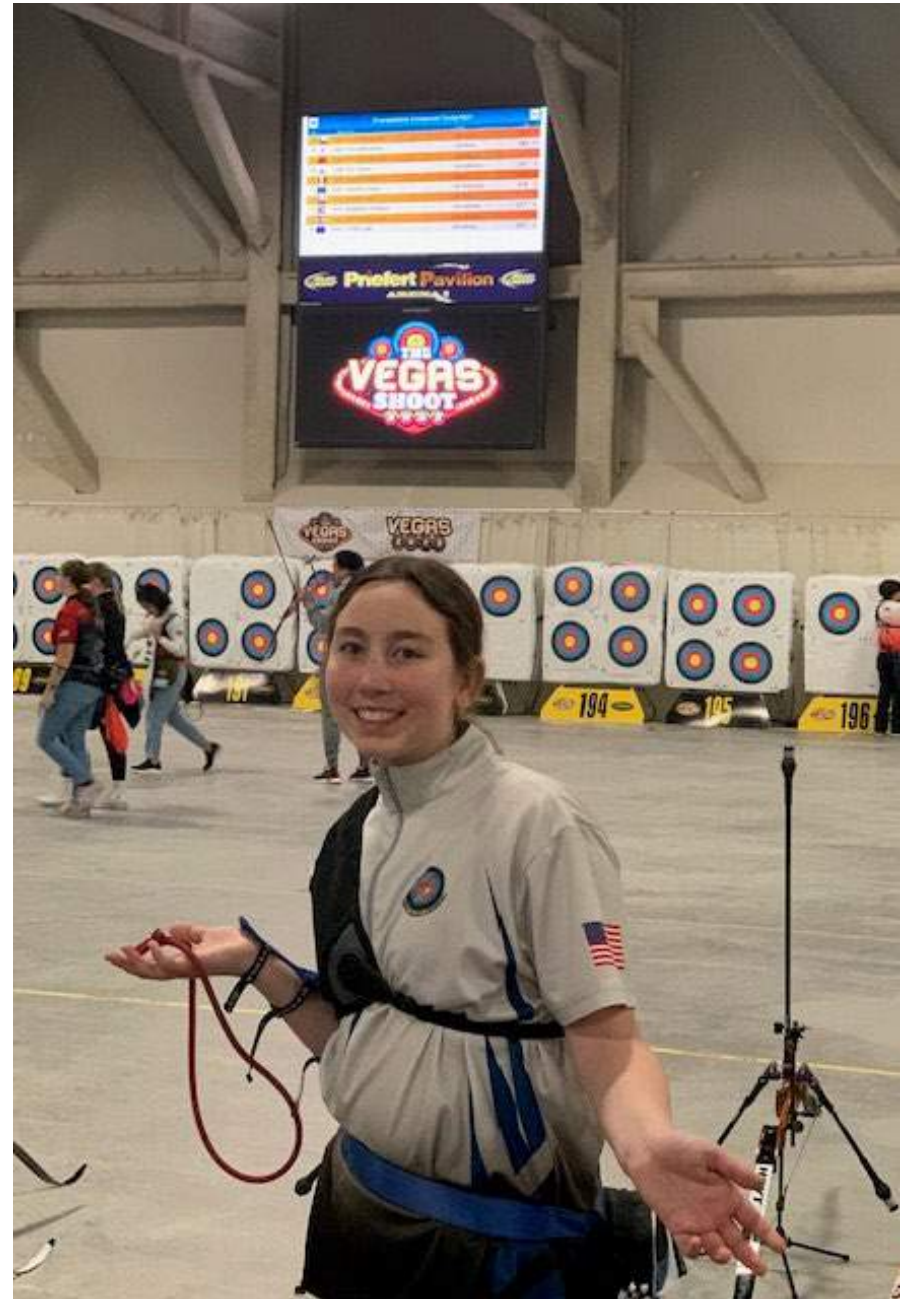
Ken got some practice in too!



Isabelle brought the cheering section!



First day of competition. Ken giving Sully and Jack a pep talk.



Isabelle's first Vegas Shoot and she did great!



Sully striking a pose before the tournament starts.



Ken and Kevin in the cheering section, looking excited.



The kids just before shooting. We even got to catch up with Harley K who used to shoot with these kids.



Coach Andrew and his daughter Isabelle at the Vegas Shoot.



A great photo with a great team. Well done everyone!



Jack made it onto the Vegas Shoot social media feed.



After the Saturday Vegas Shoot it has become a tradition to have a team dinner.



Coaches catching up during the shoot....



Nothing says Valentine's Day like heart shaped donuts!



Ken with the senior JOAD team, Rhett, Audrey, Nic and Jack.



Coach Andrew has been working with our newest JOAD members, Moss, Liam, Matthew (he's been attending for some time), Logan and Ducky.



Nic competing at the CA State Indoor Championships. Nic finished in the top 5 of his division!

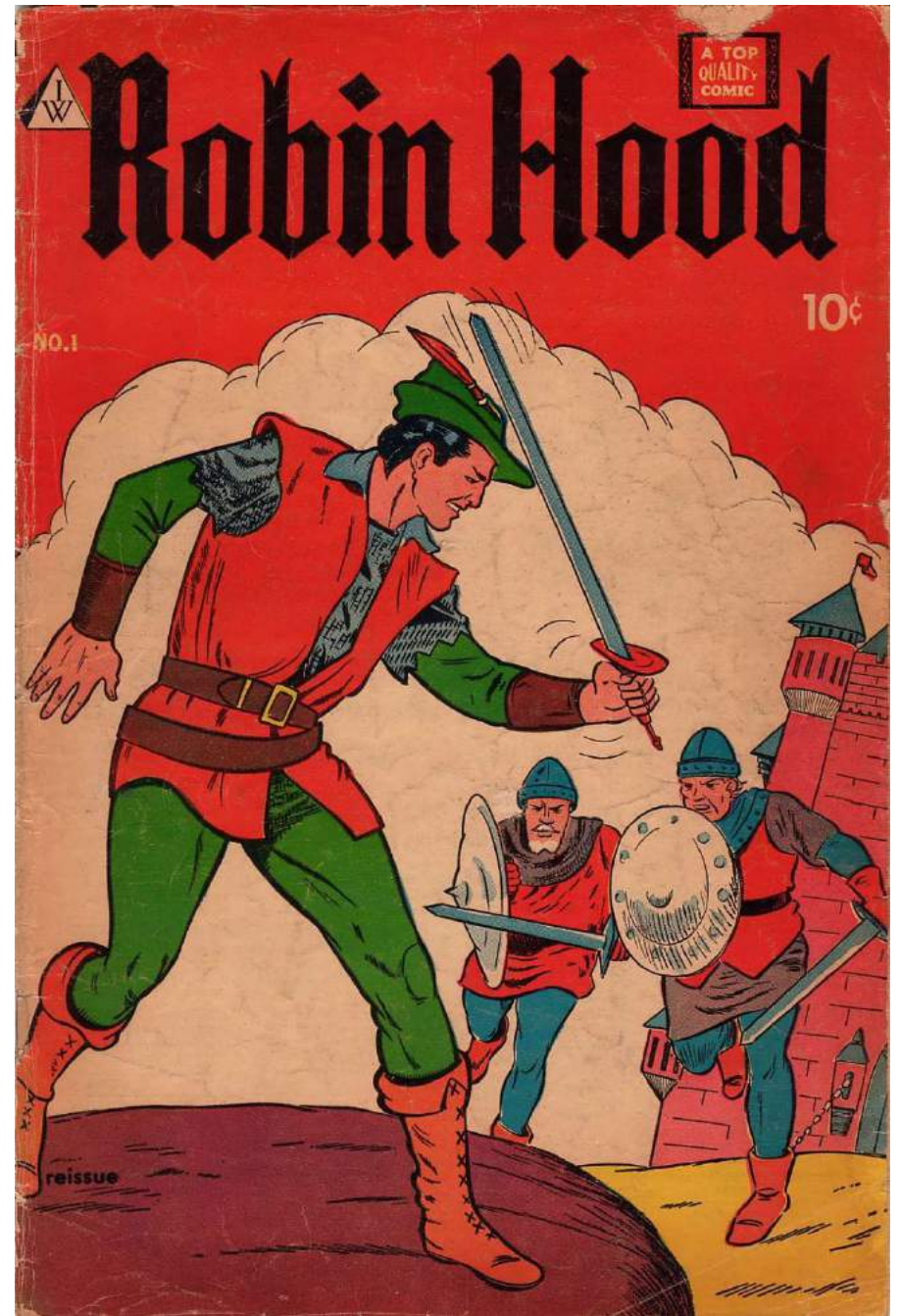


Audrey competing at the CA State Indoor Championships. She also shot extremely well and always has the best head gear!



Way to go Nic and Audrey!

Ken and Geoff



First Robinhood Comic Book - 1958

Wilderness Tools, a Discussion

*A column for the "Conejo Quiver"
by Curtis Hermann February 2023*

I've been noticing lately while browsing through Facebook that I seem to be following a lot of bushcraft sites, of course each site is trying to sell me a tool or implement that will solve all my problems when dealing with life in the outdoors. I'm quite impressed with some of the items they have come up with and I often realize I have the urge to reach for that piece of plastic in my wallet that will send the item via Big Brown to my home in a very short time frame.



Then I realize that I have a cabinet full of similar stuff that is still very functional and has been waiting for some time for me to use them once again. The "urge to purchase" has been lessened, but the comparison of the old equipment in my cabinet and the new stuff being shown online still occupies a place in my mind.

In the beginning these sites were trying to sell me specialized knives and hatchets that were designed for those who may have to evacuate their home and town. Some unknown catastrophe or enemy has created an emergency and now shelter must be built and fire be made while hidden away in the wilderness. These items were well designed and of good quality but they were heavy, too large and cumbersome for most small to medium camp jobs, so I had little interest in them.

Things have gotten better and a sense of what is lighter, more compact, higher in quality and convenient has found a home in this

segment of outdoor gear. It is a pleasure to mull over their wares and admire their creativeness.

So, what are these tools or implements that I'm talking about? Tools that the outdoorsman uses are pretty much the same as they were hundreds of years ago, a hatchet/axe, knife, cooking utensils, ropes and cords and protection from weather i.e.: clothes and shelter and weapons used for food gathering and defense. I thought it might be fun to take these items one at a time and provide some guidelines for purchase that may be helpful to our many CVA members.

So, let's start with the first item on the list, a hatchet. A hatchet is not as common a tool as it was for our forefathers and just about the last remaining need for it is with today's outdoorsman or bush crafter. It is primarily a camp or cabin tool and a third need is for your off-road vehicle. The hatchet is a "then" and "now" tool, so let's learn about "then" and after discuss the "now."

David "Davey" Crockett (1786-1836) was an American folk hero, frontiersman, soldier, scout and politician and he carried a hatchet (or tomahawk) on his belt for a very good portion of his life. Davey used his hatchet to build pews and tables and other furniture for several churches during his life, carefully holding the hatchet at the back of the head -he sliced, scrapped and formed each curve of the wood until it was comfortable to the touch and pleasing to the eye. Thousands of camp fires were built using his hatchet to create tender, fuzz sticks and cutting wood to size for cooking fires or for warmth or for making stakes to support a temporary shelter. Hundreds of animal hides were scrapped clean using the head of his hatchet. How many lives were lost to blows from his hatchet as a soldier' scout or as a frontiersman, up until to his last moments at the Alamo, we will probably never know.

That was the "then" and the "now" is today and we will use the hatchet for a dozen or so different camp chores. The most common

use for a good hatchet today is to prepare wood for a camp fire, one of the old skills that still exist in modern times. Most other uses for the hatchet are rarely practiced today when we camp with propane stoves and lanterns, little cooking fire knowledge is practiced.

The sportsman hatchet is still used by hunters to reduce a carcass to a useable size. This hatchet is a model that is light enough to be carried on the belt or in the day pack upon his back. Most every outdoor company from "Browning" to "Outdoor Edge" make a light weight and compact model for the hunter on the move.

On occasion a regular camp hatchet is used to help get the "four-by" out of a ditch or deep mud. Cutting branches to lay in front of a tire so that traction can be achieved or to trim your way to a tree trunk where a winch rope or cable can have a clean attachment. Generally, for your off-road vehicle emergencies you will want an axe with a handle long enough to use both hands but somewhat shorter than a full-length woodsman axe.

It is this job that we get into the points of quality we need to remember. The building of furniture or as a fighting implement, well hopefully those days are gone.

Today we will probably own three tools, the hatchet (with a 1lb head) for light duty camp chores and another of medium length which will then be called an axe for heavy duty stuff that occasionally shows up in wilderness adventures. The third choice is for the bowhunter and is usually called a "sportsman's hatchet" with head and shaft made from 420 stainless steel with scales attached for gripping. This "sportsman's" hatchet will have a belt sheath of leather or Cordura nylon.

First, we want to talk about a heavier duty hatchet/axe that you will carry in your outdoor vehicle that can help you during emergency situations where hard work is needed. These will usually have a handle of 26"-28" and weigh 2.0-2.5lbs. This is a compromise between a pure hatchet that usually has a handle of

18" in length or less and weigh in at 1.5 - 2.0 lbs and an axe that has a handle range of 26" to 36" and an axe head of 2.0 to 3.0 lbs or better.



Often an axe of the larger size is one that is passed around from one hunter or vehicle in the camp to whoever needs it for the day.

The difference between a hatchet and an axe is a hatchet is a one-handed tool, an axe is a two-handed tool. The shorter length handle of 26" to 28" has the ability to be used with either one or two hands and is compact enough to be stored in (or on) your hunting or off-road vehicle.

A hatchet is still necessary for camp chores from pounding in tent stakes to making light fire wood and trimming limbs that are in the way of camp set up. This tool has a lot of manufacturers and different price ranges so let me list a few that I think are a good deal. Some "sportsman's and camping hatchets" that I have found over the years that are reasonably priced and of good quality are Fiskars, Gerber and Estwing.

Fiskars have a molded glass reinforced composite handle and is 14" long that absorbs the shock of a blow well, is waterproof and its orange color is easy to see when laying about camp. Fiskars are found locally at your local Ace Hardware store at \$35.00.

Estwing looks much like a modern hammer with a steel shaft with a rubber handle at the end. It is made of American steel and is solid forged as a one-piece head and handle shaft. Estwing model e3-ff4 has a maul head opposite the cutting edge and I like that model slightly better than the e44a camp hatchet that has smaller hammer head. Both models are \$35.00 at Lowe's.

At Home Depot they carry Milwaukie and DeWalt tools, each brand has a quality large forged hatchet (18"-20") with a shock absorbing material comparable to the Estwing in the \$30.00 - \$40.00 range. They come with a life time warranty and a handy carry plastic sheath to protect the cutting edge and the careless user.

Both Fiskars and Estwing have a lifetime guarantee and it is impossible for the head to come off either model. Also, both have a medium length model in the 26"-28" range for your off-road vehicle at around \$60.00.

Gerber makes a smaller hatchet, (one is 9") and is probably most useful to the hunter on the move, a reinforced composite handle, light in weight and compact for carry and best used for detail work such as making small cooking fires or breaking down game to carry out and cleaning a hide.

Reviews of the three brands above range from glowing to the occasional disappointed and disgruntled buyer, so I am not sure what to say other than my personal experience with these brands is limited, but I have been impressed with all of them.

A lot of archers like traditional tools, so they will be looking for a wood handled hatchet of about 18" in length and so we should discuss this design.

Wood handles in America are usually of Hickory, Oak or Ash and they are all good with a little wood science differences which we will talk about. The best hatchet heads still come from Sweden or Germany and you will find these heads on many American made

hatchets. However American steel is also of a high quality and may save you a few bucks in the purchase price.

Hickory is a straight-grained wood, it's highly durable, shock-absorbing, and lightweight and shapes nicely into a comfortable handle.

To measure the wood's stiffness and resistance, we use the unit [Modulus of Elasticity](#) or MOE. It is a good indicator of the strength of any wood and can be measured in Mega Pascals or MPa at a 12% moisture level. The higher the MOE value, the stronger the wood is.

Hickory has an MPa value of 14,900, which indicates that the wood is incredibly strong and capable of withstanding high pressure without breaking. If you want your axe handle to be long-lasting, comfortable, crack-resistant, and strong, hickory is the ideal wood for you.

Oak is another popular choice for making axe handles. Many species of oak are found all over the nation. Thus, the wood is affordable for anyone. White oak will be the strongest and most durable pick for your axe among all the species of oak. MPa value of 13,328.

What makes the oak handles better is the high density of the wood. The high density gives the wood stability and strength. Moreover, it helps to absorb more shock. As oak is naturally resistant to insects and fungus, you can store it anywhere without any concern.

Many people regard the Ash as the perfect wood for an axe handle. And the 12,000 MPa rating proves that they are not wrong at all. Ash wood has amazing flexibility and strength, making for a strong wood and eliminating muscle fatigue caused by the handle shock.

The straight grain orientation and long fibers effectively absorb shock and minimize chipping and splitting. Moreover, the straight grains allow you to fashion the wood into a handle effortlessly.

We didn't put ash over the other two just because the wood is less durable, more porous to moisture and therefore slightly less suitable for the outdoors.

Wood handled hatchets by nature require a little extra maintenance and must be protected from moisture and rust. The handle is attached by pressing it through the hole in the steel head then a small metal circular tube is driven into the end of the wood as a wedge expanding the sides to make the connection very tight. Next some outdoorsmen will place the hatchet head down into a bucket of water and leave it overnight letting the wood absorb moisture and to expand making the connection even tighter. *Neglected tools with wood handles tend to dry out and have heads that come loose in time and that can be very dangerous.* So, checking to see if the head is loose has to be a top priority before you use one that has been unused for some time.

Surprisingly enough, your local Harbor Freight store covers both your wood handled hatchet and axe needs at a reasonable quality and reasonable price, the spec's are below:

Hatchet: mfg. **Pittsburg**, 14" handle of Hickory (or fiber glass), weight 2.0lbs. Price \$14.99, a perfect size for all your light camp chores.

Axe: mfg. **Pittsburg**, 35" handle of Hickory (or fiber glass), weight 4.9lbs , (axe head weight 4.5lbs) a little on the heavy side and a handle of 35" I consider a little long for portability, but this axe will certainly handle off road emergency situations and at this price it is a good piece of outdoor equipment. Cutting edge protected by a light and small rubber cover. Price \$29.99

Both have a limited life time warranty. Both need a light touch up with a file on the cutting edge. If you are an occasional camper or hunter and are budget conscious, Harbor Freight is a reasonable choice.

Sportsman's hatchets are made by nearly every outdoor knife company and the selection in sizes and weights are numerous.

Every hatchet or axe requires a sheath of some sort to cover the exposed cutting edge for safety and to protect the cutting-edge during storage. Today that is not much more than a rubber or plastic strip that snaps over the edge but it is effective for your hickory handled hatchet or axe.

These two tools from Harbor Freight with hickory handles, I found, could use a little rub down with .0000 steel wool and sprayed with a new coat of polyurethane, at that point they are good to go. Remember to give the cutting edge a light touch-up with a 12" Nicholson mill bastard file (\$10.50 on line or found at Harbor Freight). In fact, this file should be stored with the hatchet or in your vehicle toolbox for touchups in the field or camp.

For my Jeep I chose the fiberglass handle as it is a bit more comfortable, lighter and is a bright yellow making it very visible no matter where I carelessly set it down. My hatchet (with a 10' file) lies on top of a pair of heavy-duty leather gloves in an easily accessible corner of my Jeep.

Some last-minute safety rules for handling hatchets and axes.

- Do not strike any surface with other than sledge face or blade.
- Wear heavy-duty work gloves during use. Wearing ANSI-approved safety goggles is also a good idea.
- Keep *bystanders away a safe distance* while working.

- Inspect the hatchet/axe head before each use to be sure it has not come loose.
- Every hatchet or axe should have the edge protected by some sort of safe cover or sheath when not being actively used.

Hatchets and axes are tools that are not often discussed these days and that is sad, because these tools are often passed down from generation to generation and are of service for several lifetimes, that's a good deal!

Till next month,
Curtis



Hatchet with edge covered and with file attached, gloves & safety goggles for my off-road vehicle.



My collection of "Sportsman's Hatchets/knives from top to bottom.

- Upper Browning hatchet with cordura sheath. A good size for both camp and bivouac hunting.
- Matching Knife & hatchet (knife is too large for most hunting, ok for bushcraft) hatchet a nice size, both to pretty to be banged up in the woods. (sheaths not shown). Never leaves my den.
- Small matching hatchet & knife (sheaths not shown). Nice set up for the bowhunter on the move. Hatchet is a nice size if all you need is a small cooking fire, it is excellent for helping in breaking down a carcass or as a cleaver for kitchen duty. It's the set I use most these days.
- Bottom, the knife/hatchet combo I grew up with, a good all-around for light camp chores and the hunter on the move, has seen a lot of country in the last sixty or so years.

This month's tip:

Preferred woods for camping or hunting generally come from deciduous trees (trees that lose their leaves in the fall) and are

considered hardwoods. Density is not always the marker of every deciduous tree but for our purposes the trees we prefer are all quite dense. The qualities of a hardwood are low smoke, pleasant smell, good coals (for cooking), longer burn life, cleaner flame and a high/steady (btu) heat output.

The California White Oak is a favored tree locally and I believe that the downed oak between target 18-19 and the living oak by the target 19 butt are both White Oaks. Also, the Black Walnut Trees near the warm-up butts shooting line are a good firewood. Hickory and Ash are also at the top of the list for good open fires.

Mesquite, Hickory and Cedar and some other aromatic woods are chosen because they impart flavor to the foods that we cook, as well as being a good firewood.

Another tree on our range that may be a good for cooking is the Pepper trees, on the other hand the Sycamores, Euclid's and the cottonwood are all too soft or oily and will burn to fast, hot and smoke too much.

Woods that are not good are those that burn fast and too hot and don't leave good long-lasting coals, these woods also tend to smoke more due to the oil or pitch in the wood. The worst of the woods is pine as pine is a softwood that burns too fast and hot, leaves little in the way of coals and the pitch often creates explosions of sparks that makes it a hazard that will start new fires in nearby debris.

Worse than straight pine is left over wood from home projects that may have paint, glues or have been sprayed with termite or other pesticides, all these will create toxic fumes.

Last point, fire wood needs to be seasoned (dried out) before use. Green wood cut from a living tree needs to be stored for two years in a dry well ventilated moisture free environment before using.

NEW MIDDLE RANGE TRAIL

ALL LANES HAVE BEEN ADOPTED

Target #	Adopter	Type
1	Arthur Robertson	Rabbit
2	Arthur Robertson	Bear
3	Ben Shirley	Raccoon
4	Ben Shirley	Coyote
5	Ben Shirley	Coyote
6	Rogelio Segundo	Deer
7	Brian Carter	Caribou
8	Brian Carter	Standard Brown Bear
9	Carlos Parada	Deer
10	Carlos Parada	Deer
11	Brian Rohrer	Turkey Flock
12	Howerton Family	Raccoons & Ground Hogs
13	Howerton Family	Black Crow & Raccoon
14	Wendell Wright	Deer in Meadow
15	Tom Swindell	Antelope, Turkey & Pig
16	Jeff Owens	Deer & Dogs
17	Sarah Villalobos	Black Boar, Pig & Standing Bear

ADOPT-A-TARGET (CVA Roving Range)

All of our target lanes are currently adopted. If interested in helping to care for one of them you can contact one of the Board Members.

Jbd

Target	Distance	Adopter
1	35 yrd. fan field 36 yrd fan hunter	Ben Shirley
2	30 yrd. field 32 yrd hunter	Ben Shirley
3	20 yrd. field 19 yd walk-up hunter	Tom Swindell
4	35 ft. walk-up field 11 yrd hunter	Luttrell Family
5	80 yrd. walk-up field 70 yrd. walk-up hunter	Norm Rice
6	25 yrd field 28 yrd. fan hunter	Felipe Gamboa
7	55 yrd field 53 yrd walk-up hunter	Mike Steinwender
8	45 yrd walk-up field 44 yrd hunter	Jeff Owens
9	15 yrd. field 15 yrd. walk-up hunter	Ron Riley
10	65 yrd. field 64 yrd. walk-up hunter	Brian Carter
11	40 yrd field 40 yrd. Hunter	Norm Rice
12	60 yrd field 58 yrd. walk-up	Jackie Rice
13	45 yrd field 23 yrd. walk-up hunter	Tom Roberts
14	50 yrd. field 48 yrd walk-up hunter	Mike Chase
15	45 yrd. walk-up field 44 yrd. hunter	JOAD Parents

16	50 yrd. field 48 yrd. hunter	Ben Spielman
17	20 yrd field 19 yrd. walk-up hunter	JOAD Parents
18	80 yrd. walk-up field 70 yrd walk-up hunter	Brent Richter
19	55 yrd. field 53 yrd. walk-up hunter	Paul & Nathan Sweet
20	25 yrd. field 28 yrd. fan hunter	Arthur Robertson
21	35 yrd. fan field 36 yrd fan hunter	Arthur Robertson
22	30 yrd. field 32 yrd. fan hunter	Phil Bruno
23	35 ft. walk-up field 11 yrd. Hunter	Steve Mahoney
24	45 yrd. field 23 yrd. walk-up hunter	Julian Acebo
25	65 yrd. field 64 yrd. walk-up hunter	Curtis Perry
26	60 yrd field 58 yrd. walk-up	Arthur Robertson
27	15 yrd. field 15 yrd. walk-up hunter	Ramon Barajas
28	40 yrd. field 40 yrd. hunter	Thomas Cayia
	20 yd practice butts running pig	Thomas Cayia

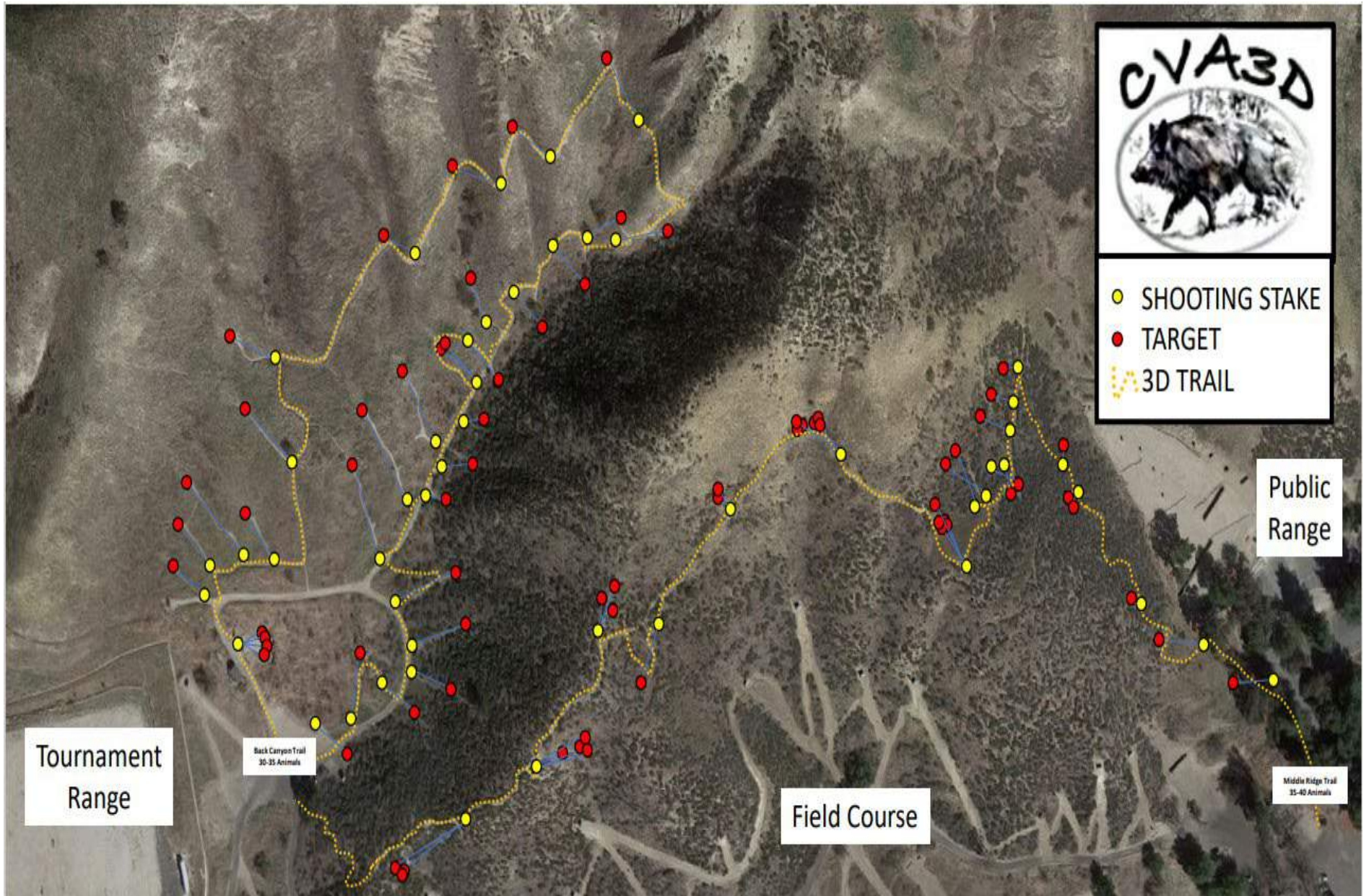


805.581.1671
2150 Agate Court • Simi Valley, CA 93065

CVA CONTACT INFORMATION

BOD Member	Position	E-Mail	Phone
Kurt Hoberg	President, Coach	president@cvarchers.com	805-552-9934
Cathy Linson	Vice President	vicepresident@cvarchers.com	805-791-5102
Scott Leviant	Secretary, Tournament Range Chairman, Coach	secretary@cvarchers.com	213-590-6370
Genevieve Ivie	Treasurer, Instructor	treasurer@cvarchers.com	805-657-9742
Mike Keena	Board Member, Field Range Captain	mkeena@cvarchers.com	805-527-4585
Bryan Tanger	3D Range Captain	cva3dshooter@gmail.com	
Kevin Cloepfil	Board Member		805-390-1059
Bill Davis	Board Member, Instructor		805-208-7002
David Jockisch	Board Member, Publicity Chair	davidjockisch@yahoo.com	
Erik Hammerquist	Board Member	emammerquist@outlook.com	818-515-4465
Brian Carter	Board Member, Instructor	reiadvisor@yahoo.com	818-232-1580
Clark Pentico	Previous Club President	clarkp@cvarchers.com	805-630-1749
Ken Downey	JOAD Program - Lead Coach	ken.downey@cvarchers.com	805-231-6135
John Downey	Newsletter Editor, Club Tournament Chair, Coach	editor@cvarchers.com	805-527-4894
Noah Barlow	Volunteer Hours Coordinator		
Richard C. Silverio	Volunteer Hours Coordinator Communications, Instructor	richardcsilverio@yahoo.com	818-442-5182
Dennis McKaig	Volunteer Hours Coordinator	cvamemberhours@gmail.com	

CVA 3D Ranges MAP



CONEJO QUIVER

March 2023 Issue



The March Club Shoot and General Meeting (11:30am) is scheduled for March 26th per our normal schedule (fourth Sunday of the Month). Please make plans to attend.

FROM THE EDITOR

John Downey

Hope you have managed to weather the crazy weather we have had in March this year. The range is incredibly green (and muddy) right now as you might expect. Caution is in order when shooting at the range right now due to all the recent rain. Watch your footing as you wander around the range and you will be fine.

We just had our **Spring Classic**, hosted by our Club Secretary, Scott Leviant, and it was great! See the nice photo spread inside. Special thanks to Scott and all the Club Members that made it happen. (A “goodly” number of us were out getting soaked in the rain the day before laying down lane lines, and prepping 3D target etc.) Mother Nature decided to be nice to us during the tournament and we managed to get through without a glacial downpour.

Most of our regulars are back again this month with offerings for you to peruse. Curtis has an article geared toward compound shooters this month (who would have thought 😊) and the JOAD kids have been busy again as well (check out all their photos).

We also have a number of flyers for upcoming tournaments (including our own May **Bombardier Traditional**) at our range, and some in California that you may want to check out.

Regards
John Downey, Editor



FROM THE DESK OF THE PRESIDENT

Kurt Hoberg

CVA Range News

Overall Range News: “It’s not easy being green” - Kermit the Frog

We continue to have a very green range.



Despite Mother Nature’s best efforts, our top-notch volunteers continue to keep the weeds at bay. This weekend the Public Session range was dragged, making it much easier to find arrows and keep our archers safe from the wildlife.

Field Range: As stated last month...for those who have adopted a lane...the weeds have sprouted, so be sure to keep an eye on your lanes and don’t let them get out of control. These weeds can grow a foot or more in a week, so diligence is important.

Please also be sure to stand by the shooting stakes and clear any vegetation that is hanging into the lane and may be blocking the target from where shooters are taking their shots. Also take a look at the shooting stakes themselves and assess if they need to be painted. It’s been a few years since we’ve painted the stakes and some of them are in need of touching up. We are also moving the stakes to the edge of the shooting lanes so the tractor can help with clearing.

There continues to be misbehavior on Target 14. As a point of order, there is no parking on targets. Parking is defined as shooting quiver full after quiver full of arrows into a single target. This damages the bales, destroys the Club provided field targets, and shows a blatant disrespect for Club property.

I present for evidence, the following photo of Target 14. You’ll notice that someone was doing some arrow tuning, putting black tape down the center(ish) of the target. Also notice the large

number of arrow holes in the target. This target had been posted the week before and was in this condition during the final day to shoot for score for our monthly Club Shoot.

I'll be placing cameras in strategic areas of the range as this behavior needs to stop.



Example of "Parking" on a Target

3D Ranges: I've been getting weekly complaints about our 3D ranges, mostly about volunteers being turned away who are there to help, verbal abuse of members, and downright disrespect of each

other. That type of behavior is unacceptable at CVA, this is not what our Club is about.

CVA is inclusive of all types of archery and everyone from all walks of life. When you think about it, all we are doing is shooting arrows into targets. I'm uncertain why shooting arrows into foam targets shaped like animals causes so much entitlement, complaining, and territorial behavior.

From a personal perspective, I have much better things to do than listen to complaining when I'm on the range to practice, as I have so little time to do so. If I have a bow in my hand, the complaint department is closed. Don't be surprised if I remind you of that fact.

The complaining has gotten so bad that I'm considering having a discussion with the Board about closing our 3D ranges permanently. As 3D is causing so much conflict, as a Club we need to evaluate if 3D is what we want to invest in, as it seems to engender a certain type of behavior.

More to come on this.

Tournament News

CVA's Spring Classic: Setup was 'fun', we striped the field in the rain. I *really appreciate* the team that came out to help. We didn't get a break in the weather while we were setting up, which made 80% of the striping wash away.

We caught a break over the weekend, where Saturday was overcast and slightly drizzly, and Sunday was one of the most gorgeous days I've seen at CVA. The shoot went well, the Starlink worked like a champ, and several archers left with some money in their pockets.

I want to thank Scott Leviant for being the Tournament Director for this shoot. It went really well and I got many compliments on the shoot.

Pasadena Senior Games: The date has been set for the shoot, July 8-9. We will need help on Friday July 7th for range striping and setup, so please come help if you can. Keep an eye open for signups via your email.

CA State Outdoor: We have dates set for this shoot, June 22-25, 2023. Range Setup will be Thursday June 22nd (we'll need volunteers!), with competition taking place from Friday June 23rd through Sunday June 25th.

Registration is open, please visit CVA's WEB page and click on Tournaments => State Outdoor and choose the Registration link to register. Registration closes June 10th 2023.

This shoot is one of CVA's largest draws, bringing 300+ archers to compete. Additionally, it brings in much needed funds into the club, as well as providing outreach to the larger Archery community. We absolutely need all the volunteers we can get for every day of the tournament, even if you can give us an hour, it is desperately needed and much appreciated. Please mark your calendars and come out to support your club. Working members, this is a great way to satisfy your tournament support membership requirement.

For those who are planning on shooting the tournament, I'm going to give a significant fee rebate for those that come out on Thursday the 22nd to help setup the range as an incentive, including parents of competitors. CVA Club members that come out to help will be comped the shoot.

California Tournaments: Be sure to check the USA Archery schedule, the CBH newsletter, and social media for status of a scheduled shoot. Schedules seem to change frequently, and often at the last minute.

Please click the links below for more info if you are interested in shooting these tournaments:

- CA Archery is using the USA Archery WEB site to schedule tournaments. Browse to <https://www.usarchery.org/events/find-an-event> to find and schedule out the event of interest.
- CBH/SAA: <https://www.cbhsaa.net/EventCalendar>

Range Security

We continue to have issues with members not locking the tournament range gate. There has been some improvement, but the issue continues.

If you are leaving the range, lock the gate. If you are coming onto the range, lock the gate behind you. If you are unsure if you should lock the gate – lock the gate. Be careful with the locks, don't drop them, or use them as pry-bars, hammers, etc.

All club members must do their part to secure our range.

See you on the range!

Your President,

Kurt

Remember, archery is easy. Shoot a 10, do it again!

See you on the range!

Your President,

Kurt

Remember, archery is easy. Shoot a 10, do it again!



Member Anniversaries!!!!

March 2023

Morgan Thomas



- 7 years - Phillip Bruno
- 9 years - Kory Collins
- 11 years - Ruth Haskins
- 3 years - Keith Huebner
- 13 years - Robert Luttrell
- 16 years - Clark Pentico
- 6 years - Angela Rogers
- 6 years - Gunjana Sharma
- 2 years - Anette Vladescu

Thank you all for your continued support of our club!

See you on the range!

Morgan

Upcoming Tournaments

Conejo Valley Archers
presents
THE
**BOMBARDIER
TRADITIONAL
CHALLENGE**

Saturday May 6, 2023 – 30 Targets
Sunday May 7, 2023 - 20 Targets

2-Day 50 Targets 3-D Tournament

- Separate Longbow, Recurve, Selfbow & Senior (60+) Divisions (no clickers)**
- * NFAA Rules Apply (Quivers OK!)***
- * No Compounds, No Sights ***
- * Unmarked Yardage ***

REGISTER NOW ON-LINE

Tournament Fees *

Non CBH, NFAA or NAA members please add \$5 to the fees listed below (unless a member of an out of state archery organization)

Adults - \$35	Couples - \$40
*Family - \$45	Youth - \$15
Seniors (60+) - \$30	Cubs - \$10

To only shoot Saturday or Sunday with no awards delete \$5 from original fee.

* (Includes husband, wife and kids under 18 years old).



Located in Simi Valley, California



For more information and to Register for this Event check-out our Web-site at:

www.CVAEvents.com



Archery tournament



DATES

April 22 and 23

LOCATION

Black Mountain Bowman Range
Avenida España, San Jose, CA 95139

REGISTRATION FEE

\$40.00 per person
plus \$8 per event per day.

REGISTRATION DEADLINE

April 12, 2023

SCHEDULE

SATURDAY, APRIL 22

Double 300 Round

30 arrows at 20 yards (3 arrows, 10 ends).

SUNDAY, APRIL 23

American 900 Round

30 arrows at each distance of 60, 50 and 40 yards
on 122 cm target face.

Water, soda and snacks are available for purchase.
Lunch will be provided to those archers registered for the
Sunday event.

GO TO
www.bayareaseniorgames.org
to register online (click on the red box)



2023 CALIFORNIA STATE OUTDOOR CHAMPIONSHIPS

PRESENTED BY CONEJO VALLEY ARCHERS

DATE

June 23-25, 2023

LOCATION

Conejo Valley Archers Tournament Range – Simi Valley, CA

ELIGIBILITY

All competitors must have a current USA Archery Full Membership or a temporary membership for a single one event tournament. NFAA members must obtain a temporary membership for no cost from the USArchery website

REGISTRATION

Registration is open at [2023 California State Outdoor Championships – USA Archery \(usarchery.org\)](https://2023californiastateoutdoorchampionships-usaarchery.org)

FEES

JOAD: \$40

After 5/27/23: \$65

Adult: \$65

After 5/27/23: \$90

LUNCH

Snack bar on site, with snacks and drinks. No Lunch Service!

WAITLIST

No waitlist available.

RULES

USA Archery Dress Code and all USA & World Archery rules apply. Visit usarchery.org and worldarchery.org for complete rules. Personal coaches are restricted to the spectator area during scoring.

SHIRTS

Customizable T-shirts/sweatshirts will be available on-site. Contact Tournament Director Rose Hoberg at info@cvarchers.com for more information.

2023 State Outdoor Championships

TBC Traditional Rendezvous





TRADITIONAL BOWHUNTERS
APRIL 1-2, 2023 • RAIN OR SHINE
TBC TRADITIONAL RENDEZVOUS
 A weekend of stickbows and friends in beautiful Santa Barbara County!
ONLINE REGISTRATION NOW AVAILABLE!

CHARITY EVENT FOR THE HUNT OF A LIFETIME FOUNDATION

<p>THREE 15-TARGET COURSES OVER EIGHTY 3D ANIMALS BROADHEAD CHALLENGE LAST MAN STANDING POP-UP & NOVELTY TARGETS NEW SUPER SENIOR CLASS (70+) VENDORS • RAFFLES • CAMPING • FOOD</p>		<p>TRADITIONAL EQUIPMENT ONLY: Longbow Aluminum/Carbon (LB/AC), Longbow Wood (LB/W), Recurve (RC), and Selfbow (SB)</p> <p>Two arrows, 10-8-5 scoring Must shoot off shelf No stabilizers, sights, or clickers No stringwalking or facewalking Three shooters minimum per group</p>	
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500 shooters max • Early registration recommended • Online registration encouraged • Must be received by 3/20

Info/online registration: TBCarchery.com
 Contact: Nick Hart (831) 332-0668
tbcarchery@gmail.com

We are always looking for donations of raffle prizes for this shoot. Those who donate will receive five free general raffle tickets! Thank you for your support!

Friday: Lunch & Dinner
 Saturday: Breakfast, Lunch, & Dinner
 Sunday: Breakfast & Lunch

TRI-TIP DINNER, SIDES & DRINK ON SATURDAY NIGHT - \$15

Dry Camping on Range/Potable Water
 No camping on ranch before Thursday, March 30th.
 Shooters need to leave by 8am Monday, April 3rd.



Online Registration: TBCarchery.com



MAIL-IN REGISTRATION FORM (Must be received by 3/20)

Name: _____
 Address: _____
 City, State, Zip _____
 Phone Number: _____
 Email Address: _____

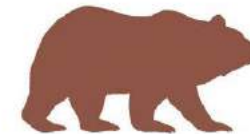
SHOOT FEES	Pre-Reg / Shoot Day
Super Senior (SS) 70+ years	\$50 / \$55
Senior (S) 60-70	\$50 / \$55
Adult (A) 18-59	\$55 / \$60
Young Adult (YA) 15-17	\$20 / \$25
Youth (Y) 12-14	\$0 / \$0
Cub (C) 11/under	\$0 / \$0

Youth/Cub must be accompanied by an adult.
 SORRY, NO REFUNDS (THIS IS A CHARITY SHOOT).

New address? Check here

Please Print Clearly

SHOOTER NAME	Sex <input checked="" type="checkbox"/>		Age Division <input checked="" type="checkbox"/>				Bow Class <input checked="" type="checkbox"/>				Shoot Fee		
	M	F	SS	S	A	YA	Y	C	LB/W	LB/AC		RC	SB
1													\$
2													\$
3													\$
4													\$
											Shoot Fees TOTAL >	\$	
											Number of Saturday Night Dinners _____ x \$15 TOTAL >	\$	
											Mulligans \$1 (max 2) _____ + Does \$1 (max 2) _____ x \$1 TOTAL >	\$	
SIGNATURE: _____											PAYMENT TOTAL >	\$	



Make checks payable to: **TBC**

Mail Registration Forms to:
Traditional Bowhunters of California c/o Nick Hart
 4864 Glenn Rd, Santa Barbara, CA 93105

THIS IS THE LAST YEAR OF MAIL-IN REGISTRATION

By my signature above, I release TBC and all personnel from losses, damages, or personal injuries incurred by myself while participating and/or viewing this TBC event. I understand archery tournaments involve certain inherent risks and I agree to participate/view this event with full knowledge of those risks and to abide by TBC Tournament rules. I also give permission to TBC to use any photos of me/us taken at this event for use on their website.

Ex-Members Communications

From Dana & George La Fountaine

Hi all,
I love keeping up with your plans and all the unusual weather lately.
We miss you all as well as CVA!

When Dana and I moved to Middle Tennessee in October we knew there was an archery range less than a mile from home. We went looking for it, and though it was on google earth we could not find the access point to the location.

Yesterday we finally saw some signage posted, as they had a shoot this weekend. Dana and I turned down the private road. The gate was open so we stopped in to have a look. Like just about everyone in Tennessee, the folks there were as nice as can be but these were also evangelists for archery.

It turns out that Twin Oaks Bow Hunters is a private club that only allows 25 members. They have held the state traditional championships many times on their over 400 acres of hilly woods with over 800 competitors engaged. Most of them camp on the grounds for the multi-day shoot and vendor experience. We received a very warm welcome from Pappy and many other members.

Here is a pic of the flyer for their next event, The Tennessee Classic (just in case anyone is interested.)

Most of the members think the best way to experience the long weekend is to enter the **Ultimate Self Bow Challenge**. In this event you fashion a self-bow then shoot it for score. **(This sounds like a great idea and challenge – any Conejo shooters up for the challenge – Editor)**

The club range is on the property of the legendary Pappy whose family has lived in this area since the 1870's. He also has a column in Primitive Archer magazine.

<https://www.primitivearcher.com/>

The club's website

<https://www.twinoaksbowhunters.org/about>

Tennessee Classic Video

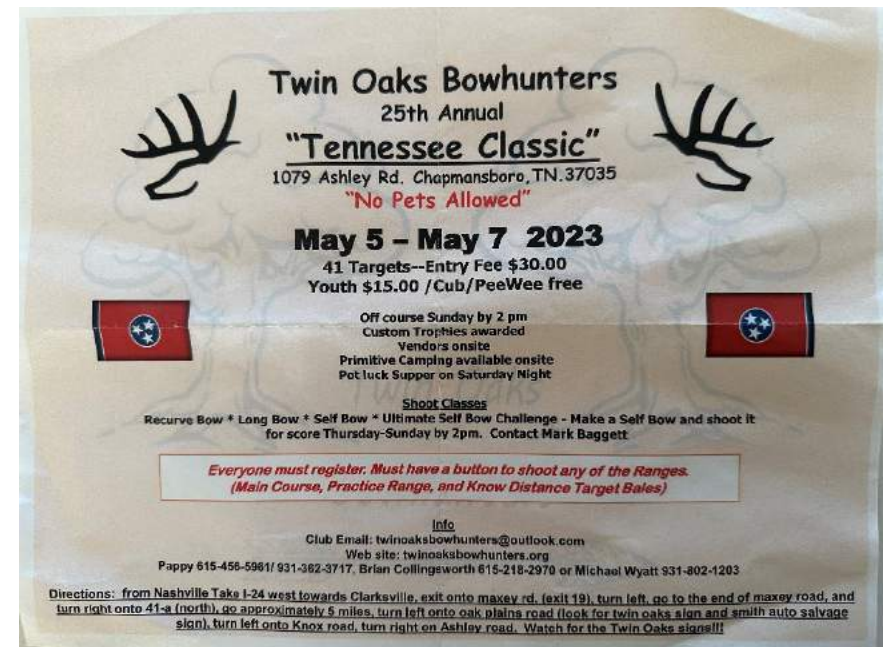
<https://youtu.be/Am3ZGyR7W4g>

Miss you all!

George La Fountaine

(818)642-5960

Sent from a small, dumb, inanimate and soulless object...



JUST IN CASE YOU DECIDE TO FLY TO TENNESSE INSTEAD OF SHOOTING OUR TRADITIONAL 😊

FROM THE DESK OF OUR VOLUNTEER COORDINATOR (COMMUNICATIONS)

Richard C. Silverio



Dear Members,

Thank you so much to all working members for your continued support, and for your hours of volunteering to make sure our ranges and the events are well managed.

The 2023 Spring Classic is on the books, and our volunteers stepped up and did a fantastic job making sure all our competing archers had a fantastic time during the tournament. A lot of our working members worked during extreme weather conditions and did a great job to make this event a very successful one. On behalf of our club president, club vice president, board members, I would like to give a huge thanks to each and every one of you. We have another upcoming tournament coming up in May of this year and we are in need for volunteers to sign up for that venue. Please read through my column for a couple of volunteer opportunities.

I. VOLUNTEER WORK:

The **Bombardier Traditional Challenge** is coming up on May of this year. We need volunteers to organize, run and take down/clean-up for this event. Volunteers are needed from **May 5** thru **May 7**. Please sign up if you can. Below is the on-line sign-up if interested to build those hours and volunteer:

[Bombardier Traditional Challenge 2023 Volunteers Online Sign-up](#)

II. VOLUNTEER OPENINGS:

CVA is in need of two **Field Target Chairs**. These volunteers will make sure that range resets are covered each month. The duties for this role would include performing range resets each Saturday before each club shoot, and to monitor the number of targets that we have available by organizing target pasting parties, and notifying our club president Kurt Hoberg, if supplies need to be ordered. Interested folks should let Kurt know.

III. LANE ADOPTION:

All Field Lanes & Lanes at the Middle Ridge Trail are currently adopted. If you are interested to adopting one in the future, please contact our Club Vice President Cathy Linson, for more information at cmlinson@yahoo.com.

Please continue to watch out for emails from me for more upcoming volunteer opportunities. If you have any questions or concerns, please contact our Club Vice President Cathy Linson by calling her at 805-791-5102 or by email at, cmlinson@yahoo.com.

Thank you,

Richard C. Silverio

richardcsilverio@yahoo.com

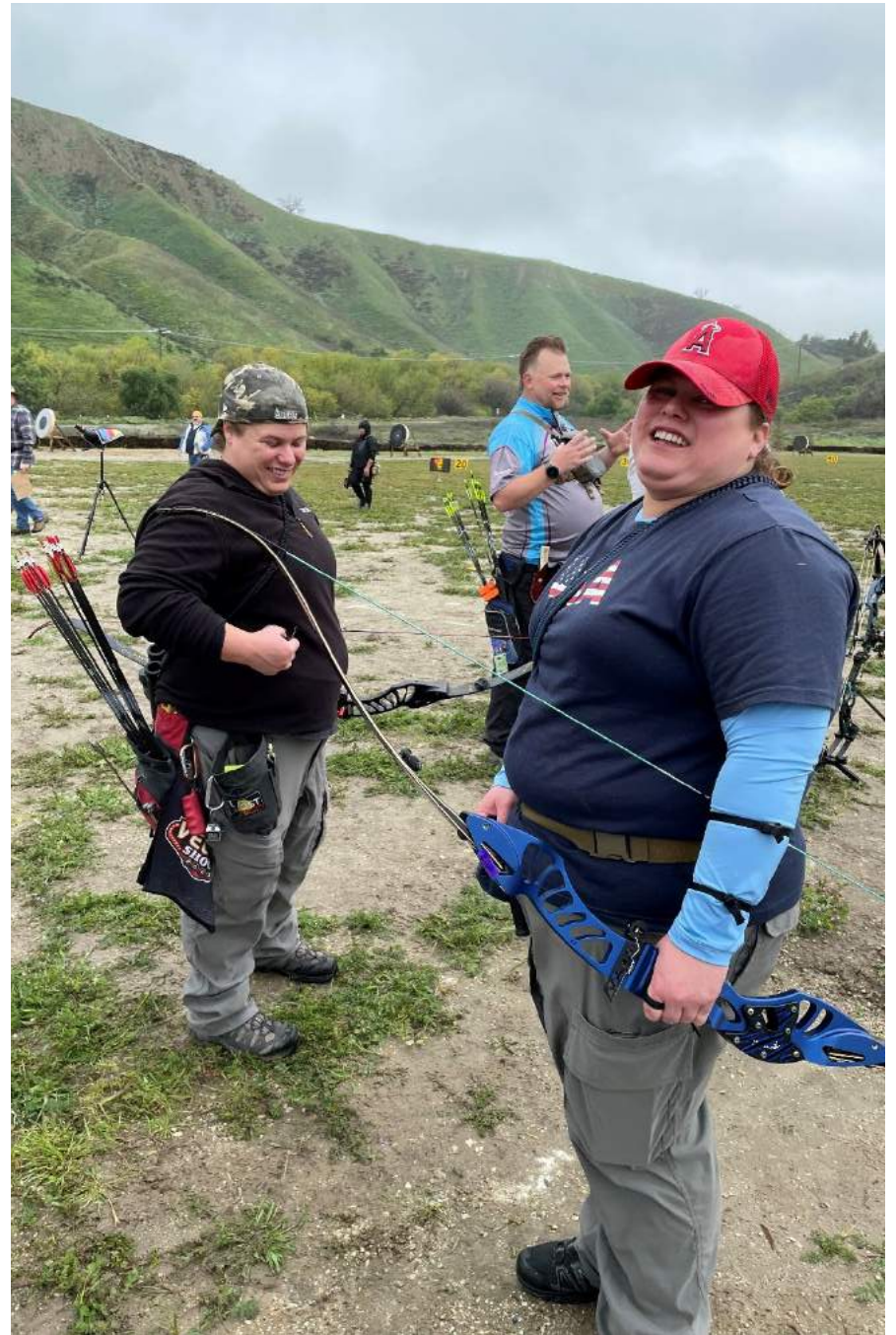
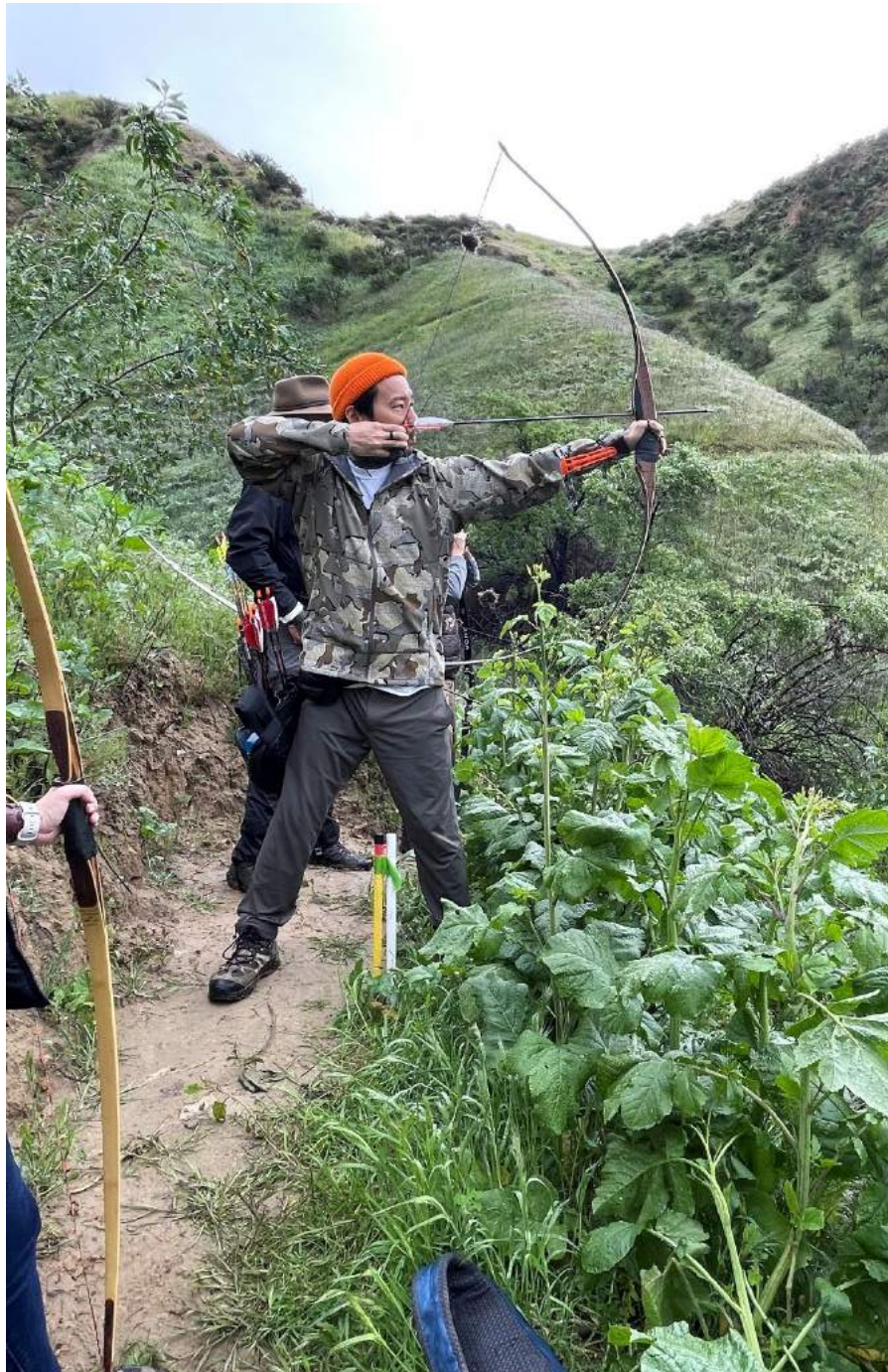
CONEJO SPRING CLASSIC TOURNAMENT















SNAKE BITE – FIRST RESPONSE PROTOCOLS

You may be unsure whether you've gotten a snake bite or an unrelated injury. Some signs of a bite include puncture marks at the site of the wound, pain and swelling as well as neurological symptoms such as blurred vision or numbness and tingling of your face and limbs.

If you or another person, are bitten, try to remember the color and shape of the snake, because that may help medical professionals treat the injury.

1. Sit down and stay CALM
2. Do NOT apply a tourniquet
3. Do NOT suck on the wound
4. Stay calm, and alert any immediate local assistance to coordinate transportation to hospital, or call 911 – arrange to meet emergency vehicles at gates

Site addresses:

- **Main Gate:** Tapo Canyon Park – 4651 Tapo Canyon Road
- **Tournament Range side:** 5000 Bennet Road

5. Wash the wound with warm, soapy water if possible
6. Circle the site of the bite with a Sharpie and write the time next to it. You should keep a list of your symptoms and periodically update it, as that could help the medical team that treats you.

7. Cover the wound with a clean, dry dressing. **First-Aid kits** are posted all around the range areas at Main Kitchen, Stage area, between Targets #12 and #13 at the portable restroom, 3D Shade structure, Tournament Range, and the Public Session Range.
8. **Remove jewelry and watches, which will be much harder to get off if your limbs start to swell.**
9. If you begin to experience anaphylaxis, including swelling of the face and throat, hives or difficulty breathing, use an EpiPen if you have one.
10. **VERY IMPORTANT** – Call ahead to the local hospital to alert them that you are bringing in a rattlesnake bite victim and verify they have anti-venom immediately available at the site.

Local Hospitals that generally have or have access to anti-venom onsite:

- Los Robles Hospital – Thousand Oaks – 805-497-2727
- Adventist Health – Simi Valley – 805-955-6000

Report the incident to the club as soon as possible.



First aid kits

First aid kits are available at sites most of you are already aware of , including the Public Session (PS) entrance, the PS Bin, the Kitchen, the Tournament Range, the Field Range, the Middle Ridge Trail, and the 3D Range. You should take a moment the next time you are at the range to check out the locations especially on the ranges you usually shoot; ask your fellow archers if you are not aware of the above first aid kit locations. Presently there are 10 first aid kits each containing identical items; this helps me manage their contents keeping them fresh and up to date and helps you to know what first aid items are available to you should you require them. The picture below shows these first aid items.



The kits are inside white lock boxes clearly marked; see picture. Each lock box has a breakable plastic tie attached to a wooden handle. When pulled the lock box can be opened, this allows anyone to see from a distance that a first aid kit has been used so I can replace any missing items and keep the kits up to date.

I will gladly accept any calls or text messages regarding these CVA first aid kits, my number is 805-603-5585. Let me know if you see that a kit has been opened or needs attention in any way.

Thanks for your attention and remember Safety First!

Thanks,
Arthur Robertson



JOAD – Always On Point

March 2023



It's outdoor season!! The JOAD crew has been busy setting up gear, formatting our targets, and introducing some JOAD archers to the outdoor season with greater distance and larger target faces! The range has become a beautiful green with all the rains and our archers have had the opportunity to shoot in the rain, practice in the mud, and prepare for all weather conditions in a tournament.

Coach Ken has been very busy working with the JOAD archers and adjusting/modifying/upgrading various students' equipment in preparation for outdoor season. Our archers will need to shoot greater distances compared to indoor season. Our senior boys and girls team will be shooting 50, 60 and 70 meters and their equipment may need slight adjustments to reach these distances. Some of our new archers have not yet experienced outdoor season so Ken, Geoff and Andrew have been working with these archers to get them accustomed to the greater distance. Ken has a few tricks up his sleeve and has been working with some fun devices and simple techniques to gain distance and arrow speed. One item Ken introduced was the arrow chronograph. Ken measured each archer's arrow speed using the chronograph and was able to make fine-tune adjustments to gain additional speed. Of course, changes in limbs, strings etc will also increase the arrow speed but it was fun to see the speeds associated with each archers set up. Nic Y. had the fastest set up generating 183 feet per second or roughly 125 MPH. This should get Nic to 70 meters!!

A couple of our JOAD archers competed at the CVA Spring Classic. Brother and sister, Matthew and Isabelle B, shot extremely well and

came home with medals. Matthew won 1st in his division and Isabelle came in second! Way to go and represent on our home turf! We also wanted to thank all those who helped support and put on the event.

Stay tuned as our archers prepare for several outdoor tournaments as well as an Easter/Spring shoot for our archers. Thanks!

Ken and Geoff



A lush and green place to shoot. Outdoor season is ready to go!



The shooting line is full with our senior boys and girls shooting the greater distances.



A CVA postcard picture...



The weather has been cool, wet and overcast... nice conditions for shooting!



Ken got into a shoot off with the senior kids, shooting 50 meters. It came down to Jack Vs Ken. Ken barely won (no joke).



Audrey walking the range and always sporting the classic archery head gear.



What is this? Trying to get radio waves at the range? Nope, Ken is measuring arrow speed using his chronograph.



Fastest arrow in JOAD goes to Nic Y with 183 FPS which equates to 125 MPH!



Proud papa Andrew B and his winning JOAD kids, Matthew and Isabelle!



Matthew and Isabelle B. received 1st and 2nd place, respectively, at the CVA Spring Classic!

Compound Bows, Tips & Tricks

A column for the "Conejo Quiver" by Curtis Hermann, March 2023

CVA provides a wonderful community service with our Saturday "Public Session," introducing so many newcomers to the world of archery! Starting out with recurve bows is a great way to master the fundamentals of shooting a bow and arrow, but somewhere along their newly found archery experience, many of these newcomers are going to want to switch over to a compound bow. This can be a very confusing experience and a little help in the decision-making process may make your day go a little easier, let's see if I can help.



You will often hear talk on the range about how a longer bow is more accurate than a short bow and therefore you need to shoot a longer bow in order to end up in the winner's circle. There is a little truth to that line of thought, but you should also know the extent of truth about the differences in accuracy between today's longer and shorter bows. The Professional Archers who test all the new offerings in bows each year will tell you that the difference between a short bow and a longer bow at 40 yards is so small that it cannot really be quantifiable, beyond 60 yards the advantage of the longer bow can be measured but still the advantage is small and only the top 5% of archers will actually be able to say they can see a jump in their scores when switching to a longer bow.

If your goal in switching to a compound bow is to go hunting then a short bow has advantages in the woods, being lighter in weight and easier to maneuver in a tree stand or ground blind. If the only goal is a higher score on the field or target range then the longer bow is a consideration. In my experience bow length is really not an

important issue until your progress as an archer has made you very competitive and you are at the top of your game.

Let's talk a little bit about brand loyalty. Today's top brands often have a lot of loyalty and that is a good thing, but in archery we have guys so convinced of their brands superiority that all other bows are "junk" by comparison and this is just plain stupid. Again, those who test the top bows each year will tell you that the differences between the top brands are very small and this year's top bow may not even be in the running next year. If you were to measure the flagship model of the top five brands on a scale of 1 to 100, they would all score somewhere between 95 & 100. The difference between them is very small.

It is true that some brands win more major tournaments than other brands, but that is due to the number of shooters they sponsor. What brand is hot in archery changes all the time and will continue in the future. The truth is -almost any of the medium priced to the "flagship" models of the top four or five brands out there are going to be better than the archer behind the bow.

In reading the advertisements everyone talks speed versus *shoot ability*. Speed is easy, how fast does the bow fling an arrow. *Shoot ability* is a non-word made up in the marketing department and is meant to refer to the ease with which you can draw and fire a bow. As a rule, more speed will usually mean less shoot ability, and vice versa. It's a tradeoff and the wild card is you. The faster the bow the more sensitive it is to minor flaws in the archer's form, so an honest judgement call here is required on your form. Getting the right bow for you means knowing how to access your form wisely.

Next is to test a few bows and there are some simple points to go over. First check the "fit & finish" of each bow. Examine the materials and workmanship. Limb pockets are they plastic (ok) or aluminum (better). Is the riser cast (ok) or extruded, forged, or machined out of a single billet (better). Is the finish uniform? Are the cutouts neat and tidy? How do you like the looks? I know it doesn't make any sense, but never underestimate the value of "how a bow looks" as to how well you will shoot it.

Draw the bow several times slowly, hopefully the motion will feel even and smooth, with a minimum of drag or jumps as the cam turns over. Don't expect a fast bow to draw like a slow one, remember that non-word shoot ability! Lastly draw to the "back wall." How does it feel? Hard and solid or a little softer. Hunters tend to prefer the former, target archers like a little softer.

Check the "Valley," ease up a little from the "back wall" or "stop" and you will feel the "valley." The "valley" determines how much you can relax at full draw before the string suddenly lets down! Speed bows have a narrow valley that will jerk your arm forward at the slightest hint of relaxation, wide valley's offer more leeway which can be a benefit in an unorthodox shooting position an archer may find himself in.

Next is "Shock & Vibration." Stand so close to the target you can't miss because you are going to close your eyes as you shoot! Your focus is on what you feel in your bow hand! Light fast bows will often jump or vibrate a little and that is not good. What you're looking for is a bow with no noticeable shock or vibration or "dead in the hand" as we like to call it. I am always impressed with how well top compounds have mastered "hand shock" as we call it in traditional archery, but it is critical especially in a very short bow like a compound.

Noise is important, again, I like to test this while shooting with my eyes closed to focus on the sound, obviously the quieter the better. Most modern compounds are very quiet and the pro-shop can certainly help you silence it even more if needed.

Balance and handling: How does the bow feel in your hand? Most grips are very thin these days and I find that to help in accuracy but some hands like a thicker grip. Most manufacturers have add-on grips that can enlarge the grip area. Does the bow balance naturally or list a little? Is it easy to settle on target?

Speed. Check out the IBO rating, usually listed on the bow and usually inflated a little as well, but it can still make for an apples-to-apples comparison between bows.

Archery budgets often control the amount you are willing to pay

for a nice bow, it certainly does at my house and it rarely includes enough capital to be looking at a flagship model. If this scenario is similar at your house, do not worry as there are many mid-priced bows with performance that will blow you away. Mid-priced bows are usually only 10-15 fps slower than the flagship model, mostly because they are using an older cam that two years ago was the flagship model. The draw cycle may not be as smooth and feel a little harsh with a little extra buzz after the shot.

For some these differences are huge, truth is, they make very little difference in most real-world hunting or target shooting situations. If all you can afford is a mid-priced bow there is no reason to feel handicapped. They are more than up to the job and often represent a fantastic value. A plus is that they are often sold as kits, (already rigged with accessories) and available through big box stores.

We should not complete this column without a little discussion of how to purchase a used bow. Used bows are often where the very best deals are found, also the very worst, so you need a few little guide lines before shopping.

Many of today's archers will offload last year's top model for today's latest-and-greatest ones. As a result, you can find a killer used bow at a bargain price. I have been an archer for a very long time and have purchased far too many bows over the years and at least 85% of them were used bows.

You can shop online (eBay is loaded with used bows) but a local pro-shop is a better option because you can handle the bow and inspect it before buying. A pro-shop commonly includes setup and tuning costs in the deal, too. Here are some tips and tricks to purchasing a used bow.

First make sure the string and cables are in good shape as replacements can cost \$100.00 or more. Worn strings look fuzzy, but be especially on the lookout for fraying, nicks, and cuts.

Examine the bottom edge of the lower cam for damage from resting against hard surfaces.

Inspect limbs for cracks or splits. (*Run a cotton ball over each limb*

surface: snagged white fuzz indicates a problem.) If limbs are compromised at all, you should walk away!

Check draw length. Most newer bows are adjustable, but a few require expensive replacement cams or modules to change draw length, and the wrong draw length will ruin your accuracy.

Look for quality accessories. Dealers rarely give sellers extra money for sights, rests, stabilizers, etc. and they don't add much to the price, but they do add a lot of value.

Hopefully I have added a little to your understanding the world of the compound bow and hope you have a great time purchasing your new or used bow!

Till next time, keep those arrows in the air,
Curtis

This month's tip:

Shoot a fixed multi-pin sight.

On your first compound bow I recommend a 3-pin fixed sight, why? Because it is simple and will cover the majority of your shooting distances, not be over confusing with too many sight pins. If you set your top pin at 20 yards, middle at 30 and bottom at 40 you have covered most of the yardages that you shoot most often. Beyond 40 yards arrow drop is more dramatic but you can still "stack" your pins to make the longer shots.

Stacking means to raise the forty yard pin the distance above the 50-yard target where it looks like the gap is the same as the distance between the 30 and 40 yard pin and you should be in the target.

Raise the same amount again and you are good at 60 yards, etc.

Fewer sight pins means fewer episodes of picking the wrong pin and by learning how to gap, you are learning how your bow performs, and how to set the pins when you are ready for a more advanced sight.

NEW MIDDLE RANGE TRAIL

ALL LANES HAVE BEEN ADOPTED

Target #	Adopter	Type
1	Arthur Robertson	Rabbit
2	Arthur Robertson	Bear
3	Ben Shirley	Raccoon
4	Ben Shirley	Coyote
5	Ben Shirley	Coyote
6	Rogelio Segundo	Deer
7	Brian Carter	Caribou
8	Brian Carter	Standard Brown Bear
9	Carlos Parada	Deer
10	Carlos Parada	Deer
11	Brian Rohrer	Turkey Flock
12	Howerton Family	Raccoons & Ground Hogs
13	Howerton Family	Black Crow & Raccoon
14	Wendell Wright	Deer in Meadow
15	Tom Swindell	Antelope, Turkey & Pig
16	Jeff Owens	Deer & Dogs
17	Sarah Villalobos	Black Boar, Pig & Standing Bear

ADOPT-A-TARGET (CVA Roving Range)

All of our target lanes are currently adopted. If interested in helping to care for one of them you can contact one of the Board Members.

Jbd

Target	Distance	Adopter
1	35 yrd. fan field 36 yrd fan hunter	Ben Shirley
2	30 yrd. field 32 yrd hunter	Ben Shirley
3	20 yrd. field 19 yd walk-up hunter	Tom Swindell
4	35 ft. walk-up field 11 yrd hunter	Luttrell Family
5	80 yrd. walk-up field 70 yrd. walk-up hunter	Norm Rice
6	25 yrd field 28 yrd. fan hunter	Felipe Gamboa
7	55 yrd field 53 yrd walk-up hunter	Mike Steinwender
8	45 yrd walk-up field 44 yrd hunter	Jeff Owens
9	15 yrd. field 15 yrd. walk-up hunter	Ron Riley
10	65 yrd. field 64 yrd. walk-up hunter	Brian Carter
11	40 yrd field 40 yrd. Hunter	Norm Rice
12	60 yrd field 58 yrd. walk-up	Jackie Rice
13	45 yrd field 23 yrd. walk-up hunter	Tom Roberts
14	50 yrd. field 48 yrd walk-up hunter	Mike Chase
15	45 yrd. walk-up field 44 yrd. hunter	JOAD Parents

16	50 yrd. field 48 yrd. hunter	Ben Spielman
17	20 yrd field 19 yrd. walk-up hunter	JOAD Parents
18	80 yrd. walk-up field 70 yrd walk-up hunter	Brent Richter
19	55 yrd. field 53 yrd. walk-up hunter	Paul & Nathan Sweet
20	25 yrd. field 28 yrd. fan hunter	Arthur Robertson
21	35 yrd. fan field 36 yrd fan hunter	Arthur Robertson
22	30 yrd. field 32 yrd. fan hunter	Phil Bruno
23	35 ft. walk-up field 11 yrd. Hunter	Steve Mahoney
24	45 yrd. field 23 yrd. walk-up hunter	Julian Acebo
25	65 yrd. field 64 yrd. walk-up hunter	Curtis Perry
26	60 yrd field 58 yrd. walk-up	Arthur Robertson
27	15 yrd. field 15 yrd. walk-up hunter	Ramon Barajas
28	40 yrd. field 40 yrd. hunter	Thomas Cayia
	20 yd practice butts running pig	Thomas Cayia

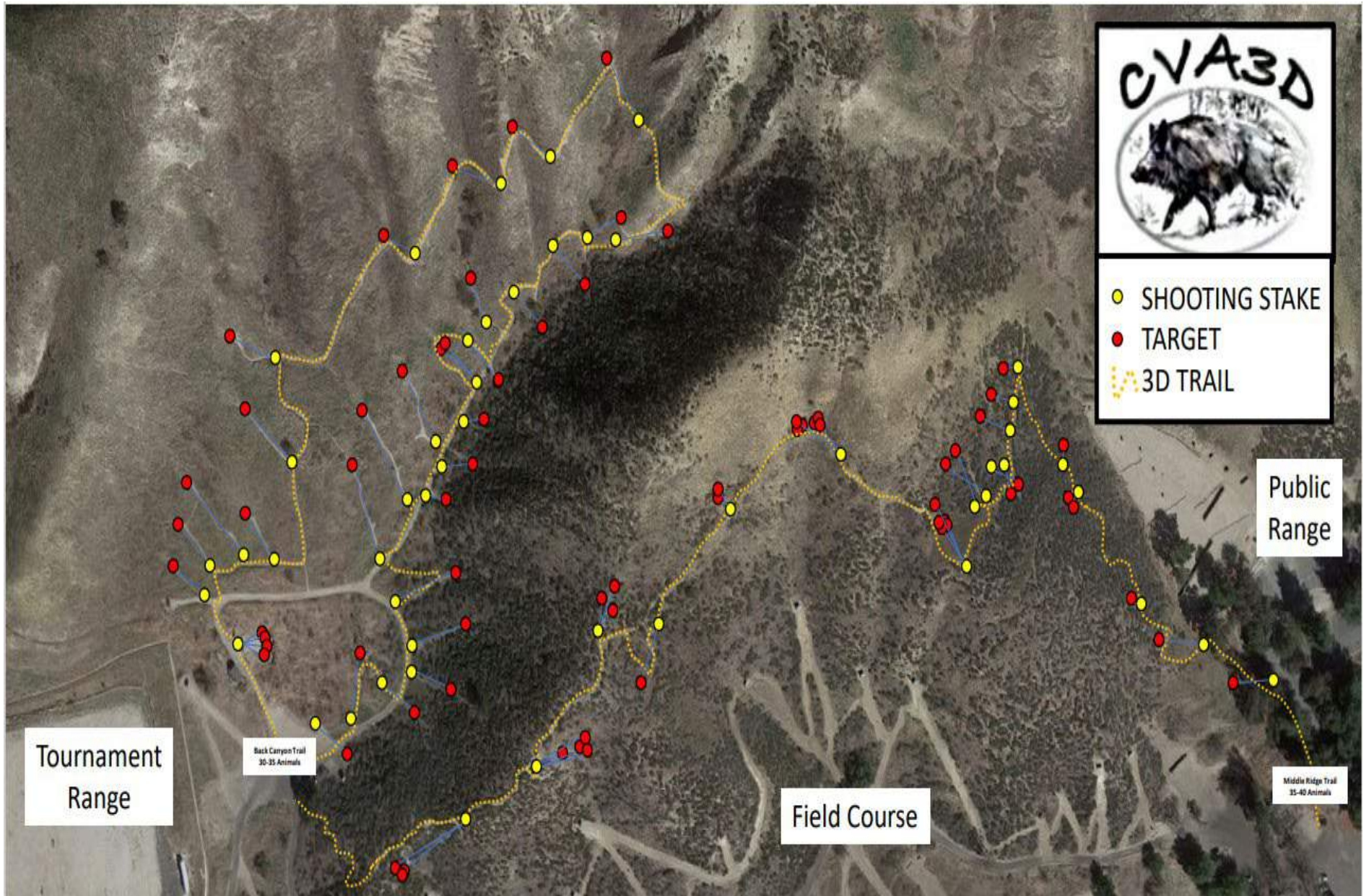


805.581.1671
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CVA CONTACT INFORMATION

BOD Member	Position	E-Mail	Phone
Kurt Hoberg	President, Coach	president@cvarchers.com	805-552-9934
Cathy Linson	Vice President	vicepresident@cvarchers.com	805-791-5102
Scott Leviant	Secretary, Tournament Range Chairman, Coach	secretary@cvarchers.com	213-590-6370
Genevieve Ivie	Treasurer, Instructor	treasurer@cvarchers.com	805-657-9742
Mike Keena	Board Member, Field Range Captain	mkeena@cvarchers.com	805-527-4585
Bryan Tanger	3D Range Captain	cva3dshooter@gmail.com	
Kevin Cloepfil	Board Member		805-390-1059
Bill Davis	Board Member, Instructor		805-208-7002
David Jockisch	Board Member, Publicity Chair	davidjockisch@yahoo.com	
Erik Hammerquist	Board Member	emammerquist@outlook.com	818-515-4465
Brian Carter	Board Member, Instructor	reiadvisor@yahoo.com	818-232-1580
Clark Pentico	Previous Club President	clarkp@cvarchers.com	805-630-1749
Ken Downey	JOAD Program - Lead Coach	ken.downey@cvarchers.com	805-231-6135
John Downey	Newsletter Editor, Club Tournament Chair, Coach	editor@cvarchers.com	805-527-4894
Noah Barlow	Volunteer Hours Coordinator		
Richard C. Silverio	Volunteer Hours Coordinator Communications, Coach	richardsilverio@yahoo.com	818-442-5182
Dennis McKaig	Volunteer Hours Coordinator	cvamemberhours@gmail.com	

CVA 3D Ranges MAP



CONEJO QUIVER

April 2023 Issue



The April Club Shoot and General Meeting (11:30am) is scheduled for April 23rd per our normal schedule (fourth Sunday of the Month). Please make plans to attend.

FROM THE EDITOR

John Downey

Welcome to the April issue of the *Conejo Valley Archers Quiver*.

The club has been real busy preparing for our next tournament, the ***Bombardier Traditional***. The club has been hosting this tournament now for more than 30 years (32 years to be exact). This will be Bob Bombardier's last year as Tournament Chairman for the event, and I encourage every member to come out and shoot the event or help out in some capacity. If you've never shot one of our tournaments or seen one in action, this is a great event to watch or participate in. Being a "Traditional" tournament, no sights or compound bows are allowed. Check out the pic's from some of our past Traditional Tournaments.

[Bombardier Traditional Challenge 2023 Volunteers Online Sign-up](#)

There still are a number of things you can do to help during the shoot, including donating items for the raffle – see all the details inside this issue.

Most of our newsletter staff are back again this month with their offerings. Kurt has some good news regarding target bales (Yeah!), and Curtis has another one of his informative articles, "***Thoughts on dealing with a Shelter***". Geoff also has another article and pictures on the escapades of the JOAD group led by Ken Downey and Geoffrey Houghton.

Enjoy!

Hope to see you around the range.

Regards

John Downey, Editor

FROM THE DESK OF THE PRESIDENT

Kurt Hoberg

CVA Range News

Overall Range News: And...the green continues.

Some of the mustard is up to 6' in height. I really don't like mustard plant.

We've completed a bale replacement at the 5M line at the PS, each bale had to weigh 150-200lbs. Without the tractor we never could have done the job. The 10M and 18M bales will have to wait until the Traditional is over as we are prepping the range for that event.

Field Range: Please, for those who have adopted a lane, visit at least once every two weeks and tidy it up. This makes the effort so much less as they grow quickly and are unmanageable before you know it.

Some quick tips:

- Stand by the shooting stakes and clear any vegetation that is hanging into the lane and may be blocking the target from where shooters are taking their shots.
- Take a look at the shooting stakes themselves and assess if they need to be painted.
- Your lane responsibility also includes the walkup to the next target.
- Assess the bales and stands and let a Board member or Range Captain know if there are repairs needed.

The BIG news – we are planning on replacing the hay bales on the Field Range with carpet bales.

Below is an example of what one looks like, for reference you can also take a look at Target 15 on the range, where we installed a



carpet bale in Q1 2019. Target 15 was picked specifically due to the 'parking' misbehavior that occurs on that lane.



In three years of abuse, we've had to rotate the target once. It's pretty much shot out; however, the duty cycle of Target 15 is beyond normal, which is why I chose that lane to place a test bale. Also, our 'parkers' always put their target in the middle of the bale, which has caused divots on both side of the bale. Useful tip – move targets around the bale so one area does not get pounded and pounded, arrow by arrow. Makes the bale last much longer. Just a hint.

Suffice it to say, carpet bales are going to last longer than hay bales and incur much less volunteer effort to replace. They most likely will need replacing, at our most abused target lanes, every 3-4 years. Replacement cadence for lanes that aren't 'parked' on will be much longer.

This is a *sizable* investment for the club, made less costly due to Cathy Linson's research and initiative. We are going to jump onto Oranco Bowman's order to fill up a truck, which saves a significant amount of money in shipping.

We will be voting on the investment at our April General Meeting, so CVA Members in Good Standing please attend as we need to vote on the purchase.

3D Ranges: Last month I mentioned the ongoing issues with our 3D ranges, and certain club member's unacceptable behavior while on the 3D ranges shooting or maintaining the range.

During CVAs April Board meeting I provided a historical overview of 3D range issues and the risk to the Club that some of the occurrences have caused. Fully informed of my concerns, the Board expressed that CVA as a Club should continue to invest in our 3D offerings. I expected Club leadership would make that choice, and personally I'm happy that we landed there as I enjoy shooting 3D.

As the cause of this concern has been Club member behavior, I have drafted a CVA Code of Conduct document, which has been provided to the Board for review and comments. I'm hoping to have an initial policy ready to present at our May General Meeting. More details to come.

Donation to Wilderness Golden State JOAD

If you recall, a club in Sacramento recently lost a great deal of equipment due to flooding. Their range is on a flood plain in Discovery park, and it flooded during our recent rains quicker than they could get their equipment bins out before they flooded.

Wilderness Golden State JOAD hosts numerous CA State level archery events, including one of California's two USA Archery National Indoor events. They are powerhouse of support for USA Archery focused competitive archery in our state.

As archers and archery clubs do, we help each other out. Cathy sent an email to the General Membership about providing Wilderness a donation, which was met with positive feedback.

We will be sending Wilderness a donation of \$1000. This is one of those moments when I am so proud and humbled to be associated with the CVA. Thank you all for your generosity and support of the sport of Archery!

Tournament News

Pasadena Senior Games: The date has been set for the shoot, July 8-9. We will need help on Friday July 7th for range striping and setup, so please come help if you can. Keep an eye open for signups via your email.

CA State Outdoor: We have dates set for this shoot, June 22-25, 2023. Range Setup will be Thursday June 22nd (we'll need volunteers!), with competition taking place from Friday June 23rd through Sunday June 25th.

Registration is open, please visit CVA's WEB page and click on Tournaments => State Outdoor and choose the Registration link to register. Registration closes June 10th 2023.

This shoot is one of CVA's largest draws, as of the writing of this article there are 316 archers registered. Additionally, it brings in much needed funds into the club, as well as providing outreach to the larger Archery community. We absolutely need all the volunteers we can get for every day of the tournament, even if you can give us an hour, it is desperately needed and much appreciated. Please mark your calendars and come out to support your club. Working members, this is a great way to satisfy your tournament support membership requirement.

For those who are planning on shooting the tournament, I'm going to give a significant fee rebate for those that come out on Thursday the 22nd to help setup the range as an incentive, including parents of competitors.

CVA Club members that come out to help with setup and teardown will be comped the shoot.

California Tournaments: Be sure to check the USA Archery schedule, the CBH newsletter, and social media for status of a scheduled shoot. Schedules seem to change frequently, and often at the last minute.

Please click the links below for more info if you are interested in shooting these tournaments:

- CA Archery is using the USA Archery WEB site to schedule tournaments. Browse to <https://www.usarchery.org/events/find-an-event> to find and schedule out the event of interest.
- CBH/SAA: <https://www.cbhsaa.net/EventCalendar>

Range Security

We continue to have issues with members not locking the tournament range gate. There has been some improvement, but the issue continues.

If you are leaving the range, lock the gate. If you are coming onto the range, lock the gate behind you. If you are unsure if you should lock the gate – lock the gate. Be careful with the locks, don't drop them, or use them as pry-bars, hammers, etc.

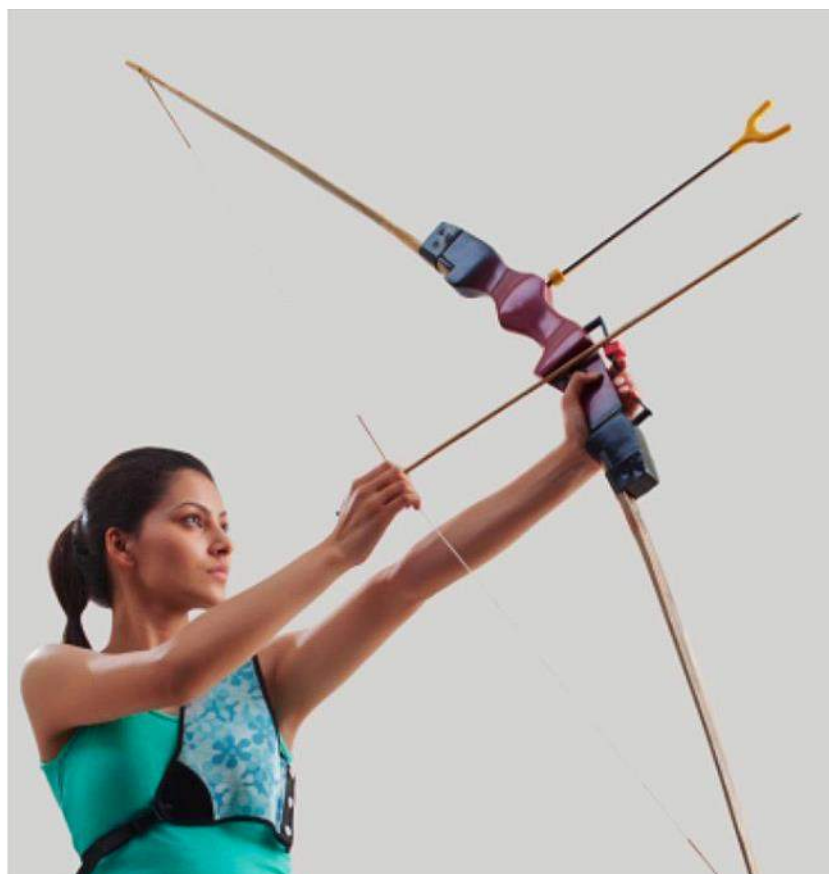
All club members must do their part to secure our range.

See you on the range!

Your President,

Kurt

Remember, archery is easy. Shoot a 10, do it again!



So, what's wrong with this ...

- 1.
- 2.
- 3.
- 4.

Member Anniversaries!

April 2023

Morgan Thomas

7 Years	John Bennett
2 Years	Jerry Brum
20 Years	Richard & Renee Carpenter
13 Years	Tom Cayia
2 Years	Felipe Gamboa
2 Years	Eric Hart
11 Years	Steven Mahoney
5 Years	Matthew Minshall
2 Years	Stacey Mountain
3 Years	Daniel Nadalet
14 Years	Carlos Parada
2 Years	Ronn Pisapia
6 Years	Richard Silverio & Family
8 Years	James Takakura
8 Years	Rae Zimmerman



Thank you all for your continued support of our club!

Morgan

Donations for the Trad Shoot

Good Day CVA Members,

With our upcoming Traditional Shoot coming up fast, I needed to send out a call for donations for raffle prizes. Raffles are a large part of the income at this tournament and as we get closer, we are still looking for more items to present.

Archery related items such as arrow racks, socks, parts and tools are fantastic but not a requirement, and we welcome items including gift certificates to local shops, services, restaurants or gift baskets. We love to have businesses cards with donated items also.

Anyone wishing to donate an item can reach out directly to me via email, phone or at Public Session, to arrange drop off or pick up. I can also accept items at the next General Meeting, next weekend on April 23rd. It is important that we receive items as soon as possible so that we can organize the presentations of items.

Thank you for your support of this premier event for our club.

Bonnie

805-427-5399

Public Session – 11 am to 1pm

Bonnie

Upcoming

Tournaments



Conejo Valley Archers
presents
THE BOMBARDIER TRADITIONAL CHALLENGE

Saturday May 6, 2023 – 30 Targets
Sunday May 7, 2023 - 20 Targets

2-Day 50 Targets 3-D Tournament
Separate Longbow, Recurve, Selfbow & Senior (60+) Divisions (no clickers)
* **NFAA Rules Apply (Quivers OK!)** *
• **No Compounds, No Sights** *
* **Unmarked Yardage** *

REGISTER NOW ON-LINE

Tournament Fees *

Non CBH, NFAA or NAA members please add \$5 to the fees listed below (unless a member of an out of state archery organization)	
Adults - \$35	Couples - \$40
*Family - \$45	Youth - \$15
Seniors (60+) - \$30	Cubs - \$10

To only shoot Saturday or Sunday with no awards delete \$5 from original fee.
* (Includes husband, wife and kids under 18 years old).



Located in Simi Valley, California



For more information and to Register for this Event check-out our Web-site at:

www.CVAEvents.com



2023 CALIFORNIA STATE OUTDOOR CHAMPIONSHIPS

PRESENTED BY CONEJO VALLEY ARCHERS

DATE

June 23-25, 2023

LOCATION

Conejo Valley Archers Tournament Range – Simi Valley, CA

ELIGIBILITY

All competitors must have a current USA Archery Full Membership or a temporary membership for a single one event tournament. NFAA members must obtain a temporary membership for no cost from the US Archery website

REGISTRATION

Registration is open at [2023 California State Outdoor Championships – USA Archery \(usarchery.org\)](#)

FEES

JOAD: \$40

After 5/27/23: \$65

Adult: \$65

After 5/27/23: \$90

LUNCH

Snack bar on site, with snacks and drinks. No Lunch Service!

WAITLIST

No waitlist available.

RULES

USA Archery Dress Code and all USA & World Archery rules apply. Visit [usarchery.org](#) and [worldarchery.org](#) for complete rules. Personal coaches are restricted to the spectator area during scoring.

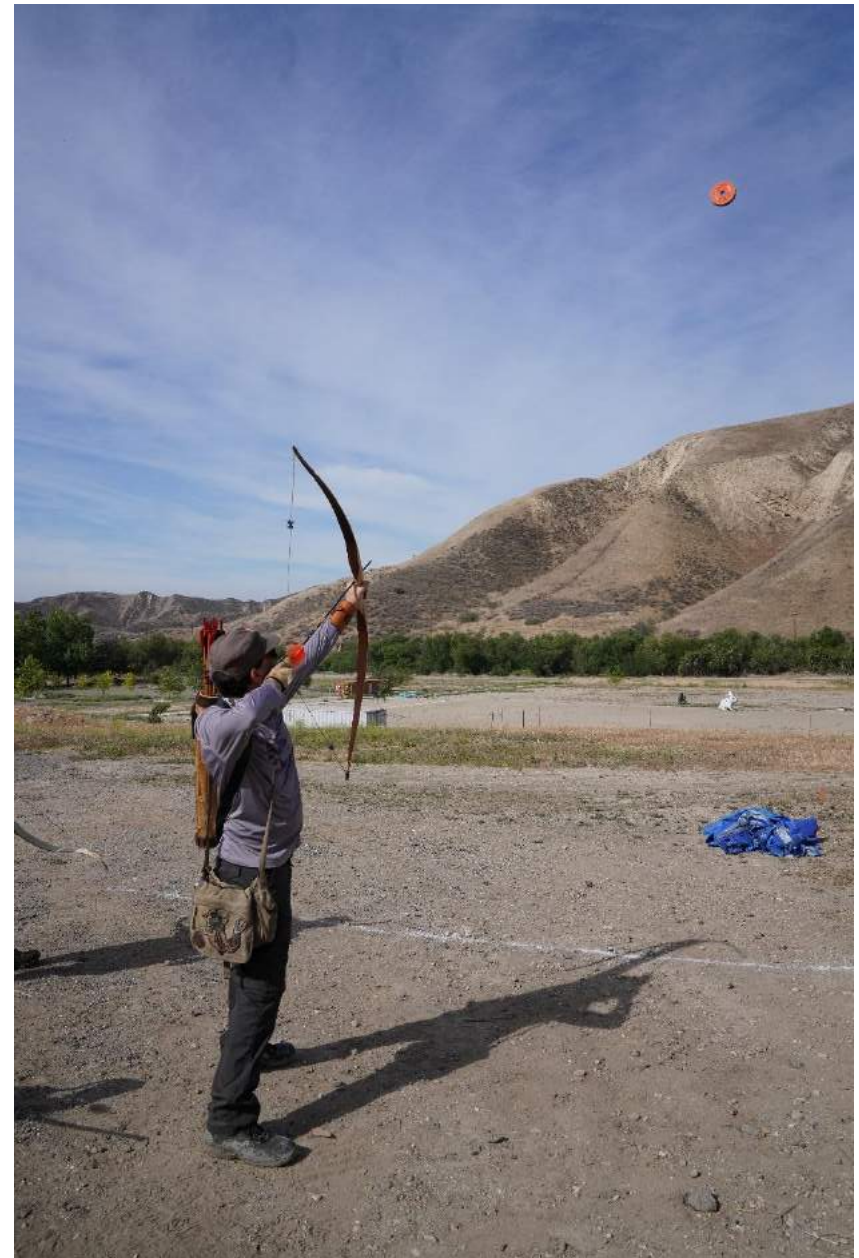
SHIRTS

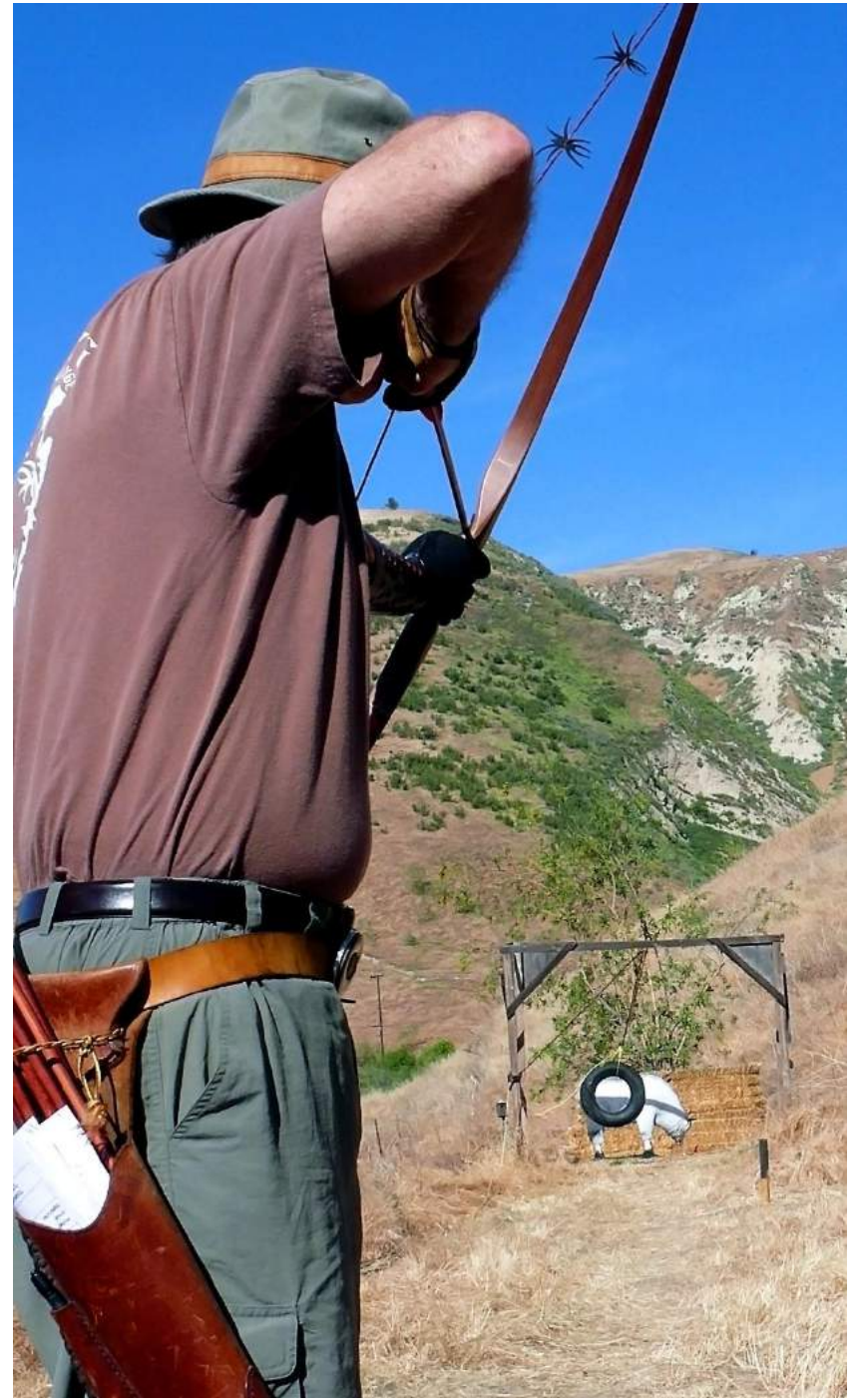
Customizable T-shirts/sweatshirts will be available on-site

Contact Tournament Director Rose Hoberg at info@cvarchers.com for more information.

2023 State Outdoor Championships

A FEW PICTURES FROM PAST TRADITIONAL TOURNAMENTS







The famous save Bob shot





The Infamous shoot from the blind shot



Bob awarding one of his hand crafted trophy arrows



Garry Magness with the Old Man's Trophy



Past President, Clark Pentico and an Uninvited guest at the tournament





Another vendor selling custom bows





One of the many vendors that have come out to sell their wares

FROM THE DESK OF OUR VOLUNTEER COORDINATOR (COMMUNICATIONS)

Richard C. Silverio



Good Afternoon Working Members,

We still need volunteers for the **Bombardier Traditional Challenge** which is coming up the first weekend in May of this year. We need volunteers to organize, run and take down/clean-up for this event as well. Volunteers for this tournament are needed from **May 5** thru **May 7**. Below is the on-line sign-up if interested to build those hours and volunteer:

[Bombardier Traditional Challenge 2023 Volunteers Online Sign-up](#)

Also, CVA is looking for two **Field Target Chair** Candidates for this volunteer role to ensure that range target resets are covered each month. In addition to the target resets (typically on the Saturday before each club shoot), the duties include pasting up targets in addition to monitoring the number of targets that we have available for the pasting parties, and notifying our club president Kurt Hoberg if supplies need to be ordered. Interested folks should let Kurt know.

Finally, for all of our Coaches and Instructors helping out during the Public Sessions, Bonnie has several private classes after public session for the next two months. She will only need your help for the first few ends to get these groups started without long waits. The April group will not be large and expect that volunteer time are going to be pretty fast. Here is what we have for April:

- **April 29** - 12 AHG - 10 to 12 years old

For the month of May, due to the Trad Shoot and Mother's Day weekend, Bonnie only has one event scheduled for the month. Just like the group for April, help is needed for the first couple of ends. Depending on the breakdown of kids to adults, Bonnie will need at least one coach or instructor to stay to help. Two would even be better. Here is what we have scheduled for this venue:

- **May 20** - Thirty 8-year-olds to adult - no further breakdown yet and number of archers may go down. They will have their final RSVP by May 6 and Bonnie will let you know for sure.

Interested Coaches or Instructors should contact Bonnie directly for these private lessons.

Please continue to look for emails from me for more upcoming volunteer opportunities. If you have any questions or concerns, please contact our Club Vice President, Cathy Linson

cmlinson@yahoo.com

805-791-5102

You may also contact me at richardsilverio@yahoo.com

Thank you and see you at the range,

Richard C. Silverio

richardsilverio@yahoo.com

SNAKE BITE – FIRST RESPONSE PROTOCOLS

You may be unsure whether you've gotten a snake bite or an unrelated injury. Some signs of a bite include puncture marks at the site of the wound, pain and swelling as well as neurological symptoms such as blurred vision or numbness and tingling of your face and limbs.

If you or another person, are bitten, try to remember the color and shape of the snake, because that may help medical professionals treat the injury.

1. Sit down and stay CALM
2. Do NOT apply a tourniquet
3. Do NOT suck on the wound
4. Stay calm, and alert any immediate local assistance to coordinate transportation to hospital, or call 911 – arrange to meet emergency vehicles at gates

Site addresses:

- **Main Gate:** Tapo Canyon Park – 4651 Tapo Canyon Road
- **Tournament Range side:** 5000 Bennet Road

5. Wash the wound with warm, soapy water if possible
6. Circle the site of the bite with a Sharpie and write the time next to it. You should keep a list of your symptoms and periodically update it, as that could help the medical team that treats you.
7. Cover the wound with a clean, dry dressing. **First-Aid kits** are posted all around the range areas at Main Kitchen,

Stage area, between Targets #12 and #13 at the portable restroom, 3D Shade structure, Tournament Range, and the Public Session Range.

8. **Remove jewelry and watches, which will be much harder to get off if your limbs start to swell.**
9. If you begin to experience anaphylaxis, including swelling of the face and throat, hives or difficulty breathing, use an EpiPen if you have one.
10. **VERY IMPORTANT – Call ahead** to the local hospital to alert them that you are bringing in a rattlesnake bite victim and verify they have anti-venom immediately available at the site.

Local Hospitals that generally have or have access to anti-venom onsite:

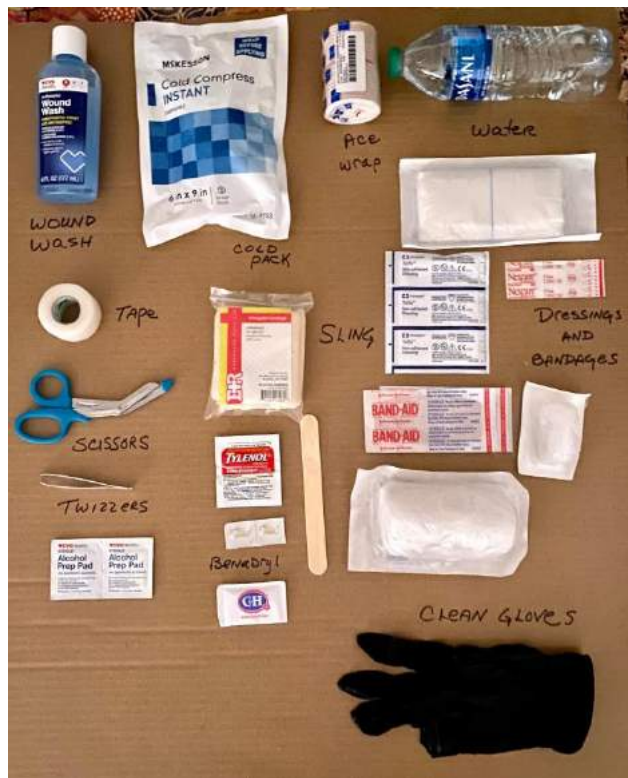
- Los Robles Hospital – Thousand Oaks – 805-497-2727
- Adventist Health – Simi Valley – 805-955-6000

Report the incident to the club as soon as possible.



First aid kits

First aid kits are available at sites most of you are already aware of , including the Public Session (PS) entrance, the PS Bin, the Kitchen, the Tournament Range, the Field Range, the Middle Ridge Trail, and the 3D Range. You should take a moment the next time you are at the range to check out the locations especially on the ranges you usually shoot; ask your fellow archers if you are not aware of the above first aid kit locations. Presently there are 10 first aid kits each containing identical items; this helps me manage their contents keeping them fresh and up to date and helps you to know what first aid items are available to you should you require them. The picture below shows these first aid items.



The kits are inside white lock boxes clearly marked; see picture. Each lock box has a breakable plastic tie attached to a wooden

handle. When pulled the lock box can be opened, this allows anyone to see from a distance that a first aid kit has been used so I can replace any missing items and keep the kits up to date.

I will gladly accept any calls or text messages regarding these CVA first aid kits, my number is 805-603-5585. Let me know if you see that a kit has been opened or needs attention in any way.

Thanks for your attention and remember Safety First!

Thanks,
Arthur Robertson



JOAD – Always On Point

April 2023

Greetings CVA and JOAD families! Ken and I have been busy getting our JOAD archers ready for outdoor tournaments. We are so impressed with how our kids are shooting, mentally and physically preparing and making us laugh every weekend. JOAD celebrated the spring with a themed shoot and our parents performed a deep clean of our adopted lanes.



With outdoor season in full swing, the kids are preparing for a variety of outdoor tournaments including the BTB & NFAA 3D National Championship, Fresno Safari, State Outdoor Championships and SoCal Showdown. Coach Ken is helping the kids get the distance needed for the targets as well as instructing them on the proper mental game. It really is impressive to see our older archers progress to the greater distances. Nic Y. our oldest archer is excelling at 70 meters and we are really looking forward to seeing his skills at the tournaments. Sullivan T. participated in the 3D National Championships in Fresno and shot extremely well. Sullivan is one of our talented archers he shoots competitively his compound and recurve bow. Thanks for representing CVA, Sully!

Ken and I decorated the targets in a festive Spring/Easter motif and brought out Harvey the big CVA rabbit. The kids had a great time and were well fed with a variety of marshmallow and candy treats. Harvey had a small target placed upon his side and we created two shooting ends. First end was with our younger archers and shot from 20m, the older kids then shot from 40m. The kids with arrows closest to the 10 ring either won or participated in a shoot off. Logan L. from the younger division won with a precision bomb shot. Jack H. and Rhett K. had a shoot off from 40m with Jack ultimately coming out on top. Giant chocolate bunnies were awarded to our first-place archers.

Our JOAD parents also took this opportunity to clean up our adopted lanes of 15 and 17 and we gave a little trim to lane 16. It looks much better, but these weeds are coming up fast and furious. A big thank you to our parents and we will do another lane clean up soon. We also wanted to thank Mike Keena for dragging the tournament range and

getting that started for State Outdoor. Thank you, Mike, and all of our volunteers.

Next month's JOAD Quiver update will have photos from the Fresno Safari, stay tuned.

Ken and Geoff



No, that's not pollen. We had bubble day at the range.



Rishi, Pranshu and Tanvi on the line.



Our shooting line is full of kids ranging in age from 6yo to 18yo.



Johann, one of our newer archers is going to be a contender. He is shooting extremely well.



Harvey came out to play.



The target butts started sprouting flowers in this beautiful spring weather.



Just a rabbit (a very large rabbit) sitting in a field ...



Coach Ken going over the finer points of archery with Audrey and Rishi.



All hands-on deck! The parents got involved with arrow hunting. The weeds were a little thick and parents were able to help find arrows.



Parent involvement with arrow hunting!



The younger division shooting Harvey from 20m.



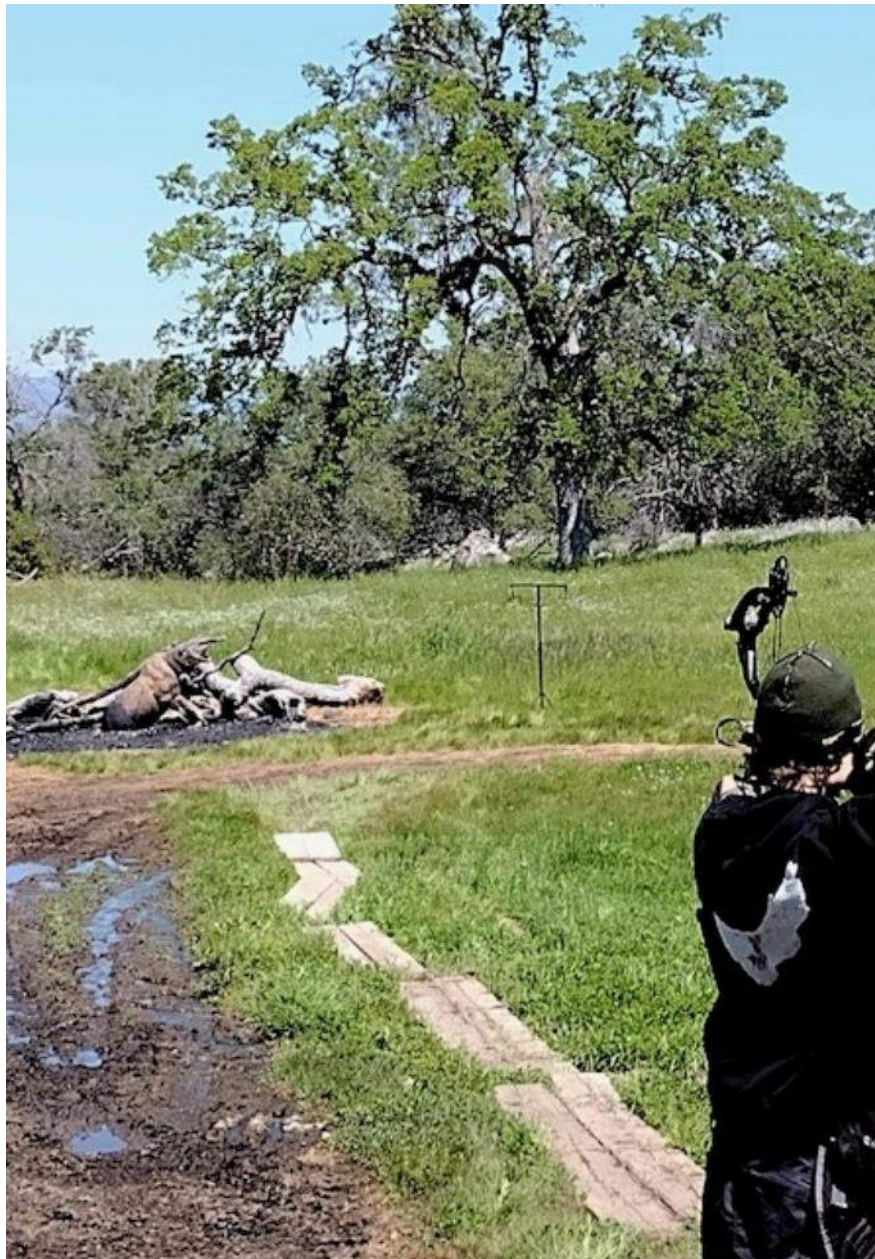
The shoot off! Logan (white shirt and shorts) even gave it a try from 40m.



Great shots kids!



Front view of the shoot off.



Sullivan at the 3D championships.



We're very proud of Sully, representing CVA and showing skills with both a compound and recurve bow.



Nice shooting Sully!



Tidying up the stairs of lane 16.



David mastering the weed whacker.



Lane clean-up of target 17!

Thoughts on dealing with a Shelter

*A column for the "Conejo Quiver"
by Curtis Hermann, April 2023*

From Class-A motorhomes to a Bivey-sac, every outdoorsman needs a shelter.

Let's continue our discussion on equipment every archer should carry, possess or be prepared to create once they have entered a wilderness area to assure that they return home to their family safely.

This month, I thought that a few words on the subject of the types of shelter available would be interesting.

If we were to have a member of a local Ventura County Search & Rescue Team come to our monthly club meeting to teach our members a few tips on avoiding disaster, or surviving a disaster in the back country, one of the first things he would say is: The most dangerous thing in the back country is not a bear, or mountain lion, or falling, or getting lost, it is "exposure" to the elements. Statistics will bear out this fact. Heat, cold, moisture and wind in any combination can be deadly!

I have watched a few episodes of "Alone" a "survivor" type of TV show and found myself very confused by the behavior of some of the contestants that should have known better. On this particular show the contestants were dropped off in a deep isolated forest late in the fall with snow on the ground. They were allowed clothes (including 1pair each of a waterproof pant and jacket), 2 knives, a weapon (several chose a recurve or longbow and 9 arrows - no guns allowed), fire starting tools and a small cook kit along with four pounds of food and a 12'x12' tarp and para-cord for shelter. They had the basic necessities to survive for their thirty-day excursion. So where did most of them



go wrong?

At this time of the year in the far north there is little to eat, most small critters have gone underground, most berries and other forage have long died out for the season. So, gathering is going to cost you more calories expended than you will ever be able to bring in. A large source of protein and some saturated fat is going to be needed, all plans made will need that goal in mind.

With the above goal in mind, we begin to search the area for a place to erect a shelter. Wet snow, low temperatures and wind is always a constant threat in winter and a shelter is a necessity, and as important, is the placement of that shelter. Placement that provides some protection from wind, rain or snow and also providing visibility over a large area near a water source is your best choice. If you are going to survive for thirty days on four pounds of food, you are going to need a large protein source in a matter of a few days. So, a point high enough to provide you safety from any flooding, protection from wind and moisture and with visibility of game coming to water is your best bet.

All the contestants understood the need to provide shelter right away to prevent exposure, but only one understood the need to place that shelter in the best place to provide large game for nourishment. A camp close enough to water that a minimum of calorie expenditure takes place in the pursuit of said game, but not so close as to spook the game.

So, it was pretty easy to pick the lady that placed her shelter near a water source that showed activity from beavers and where larger game was likely to appear, was also going to be the last person surviving the longest in the forest.

On a gentler side of archery is going to the many archery shoots held around our state. This often requires toting along a shelter where you can spend time camping with fellow archers. At these events you will find so many options from motorhomes, trailers, tents, covered cots, and converted vans. Almost every archer that participates in tournaments has acquired a totable shelter that best suits his and her needs and budget. Our group in the picture below had a converted van, canvass outfitter tent,

three hunters' tents, enclosed truck cap and a trailer.

If you are a bowhunter you may be looking to have several shelters to cover the needs of different hunts. For years I towed a



25' travel trailer to Colorado to join other past CVA members in elk camp, some years I used a large tent and every year I carried a small one-man tent in my pack in case of an intentional or unintentional night out. One year we all backpacked in a few extra miles and spent five days in our individual small tents.

Having a variety of shelters is a big responsibility and requires different knowledge for different shelters. Large RV's have special needs such as complete hookups (water, sewage, electricity) for long term stays, tents require a lot of support equipment such as beds, lanterns, kitchen tools, cots, tables, chairs, etc.

Storage and packing such equipment requires a lot of thought. Experienced outdoorsmen will tell you that how clean and neat and organized you store your equipment makes for a far more pleasant time in camp. If organized properly you will be arriving in camp with everything you need with nothing lost or left behind. Organizing often starts with a well thought out packing list on a clip board.

"Unexpected things happen" to archers while they are out with their bows and arrows. At the International Longbow Safari in McCall Idaho (some years ago) an unexpected hail storm blew in and we had all these RVs in a row with their awnings out. John Bowden and I started at one end of the row and started lowering the awnings in high wind and hail. We were successful in all efforts except the last trailer (which was mine) and where the wind tore off the awning support structure where it attached to the trailer body. The storm passed in twenty minutes and John and I were able to repair the area where the support was attached. Fortunately, every RV had backed into a position where the wind hit the narrow end of the RV instead of hitting it broadside.

On a pack-in hunt to the head waters of Algiers canyon in the high Sierra's, I had picked a tent sight on a small bluff from which we could use our spotting scopes to view the entire length of the canyon. In front of the tent position was a large boulder about the size of a VW bus that I surmised would hide our tent, reflect heat nicely from the camp fire and should a wind arrive give us some protection. Well, the wind (which I really was not expecting) did arrive three nights later and roared for hours. Come day break, I had only one bent tent pole. That tent would have never survived the night without the protection of that boulder.

Just four years ago at the Colorado High Country Shoot, Tom Swindell and I had rented a cabin some miles away at a lower elevation. Gary Magness chose to pitch his tent in the same meadow we normally camped in each year without incident. That very night a late spring storm with about 15 inches of snow came in and about midnight Gary's tent collapsed from the weight of the snow and he ended up spending the night in the truck cab.

Most archers have stories like those above, I'm sure with a little thought I would be able to recall a dozen more. In each incidence, a quality shelter placed with thought of protection from the elements, changed a potentially deadly situation into a less serious event.

It always seems as though there is a lot of luck involved in living through these situations, but in truth “luck” itself is given an edge because an outdoorsman’s mind had considered some of the possible dangers that could happen and took the needed actions for safety’s sake.

Living with a bow and arrow “as a passion”, by its very nature leads to adventures far and wide, be it the hunting or tournament side seems to make little difference in the challenges that nature exposes you to. It is always so much more than a simple “stick and String”!

Doing a column such as this one causes one to try and take inventory of all the wilderness shelters that he spent time in since his first experience as a Boy Scout. Now a time of seven decades later, what a mental challenge that has been, and I wonder what ever happened to some of them. All I can say is that each one lead to adventures, memories more than I can catalog, a lifetime of feeling in touch with nature and a respect for my shelter, no matter its size or design or comfort level.

Till next month keep those arrows in the air,
Curtis

This month’s tip:

Capture or fall-away rest, which is best?

Advantages of a capture rest: Its foolproof, its simple, has no moving parts, you slap it on and it works. When hunting it holds the arrow in place so it doesn’t go clanking around should you catch it on a limb or if buck fever has you shaking like Elvis on stage.

The most popular capture rest is the “Whisker Biscuit” (below).



Whisker Biscuit

Disadvantages of a capture rest: Many will tell you that the arrow passing through the bristles of the capture rest will cost you in both speed and accuracy. The part about speed is true but not to the degree you are led to believe. In a 10,000 shot test the fall-away rest had a speed advantage of 3-6fps not the 15fps you have been told. Accuracy for the hunting archer at forty yards was a group size of 3.67” for the capture rest and 3.15” for the fall-away rest, this is too small to be concerned about.

Advantage of a fall-away rest is a little better speed and accuracy and a little latitude in tuning over a capture rest.

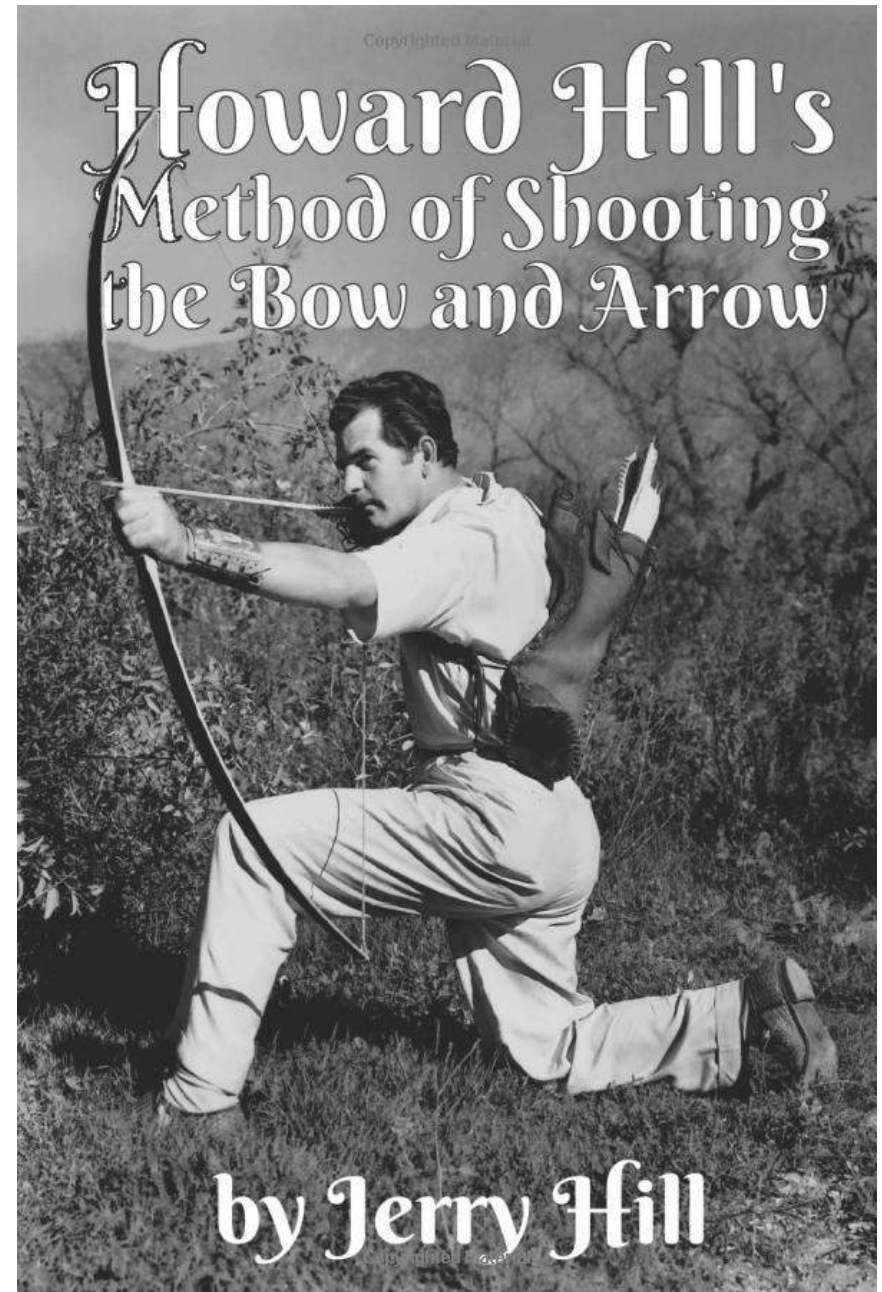
Disadvantage of a fall-away rest is more moving parts, timing issues and takes a little more tuning for perfect flight.

So, if you are a max-performance shooter, go with the fall-away. If you are a “keep it simple shooter”, go with the capture rest with the knowledge that you’re giving up almost nothing.

NEW MIDDLE RANGE TRAIL

ALL LANES HAVE BEEN ADOPTED

Target #	Adopter	Type
1	Arthur Robertson	Rabbit
2	Arthur Robertson	Bear
3	Ben Shirley	Raccoon
4	Ben Shirley	Coyote
5	Ben Shirley	Coyote
6	Rogelio Segundo	Deer
7	Brian Carter	Caribou
8	Brian Carter	Standard Brown Bear
9	Carlos Parada	Deer
10	Carlos Parada	Deer
11	Brian Rohrer	Turkey Flock
12	Howerton Family	Raccoons & Ground Hogs
13	Howerton Family	Black Crow & Raccoon
14	Wendell Wright	Deer in Meadow
15	Tom Swindell	Antelope, Turkey & Pig
16	Jeff Owens	Deer & Dogs
17	Sarah Villalobos	Black Boar, Pig & Standing Bear



ADOPT-A-TARGET (CVA Roving Range)

All of our target lanes are currently adopted. If interested in helping to care for one of them you can contact one of the Board Members.

Jbd

Target	Distance	Adopter
1	35 yrd. fan field 36 yrd fan hunter	Ben Shirley
2	30 yrd. field 32 yrd hunter	Ben Shirley
3	20 yrd. field 19 yd walk-up hunter	Tom Swindell
4	35 ft. walk-up field 11 yrd hunter	Luttrell Family
5	80 yrd. walk-up field 70 yrd. walk-up hunter	Norm Rice
6	25 yrd field 28 yrd. fan hunter	Felipe Gamboa
7	55 yrd field 53 yrd walk-up hunter	Mike Steinwender
8	45 yrd walk-up field 44 yrd hunter	Jeff Owens
9	15 yrd. field 15 yrd. walk-up hunter	Ron Riley
10	65 yrd. field 64 yrd. walk-up hunter	Brian Carter
11	40 yrd field 40 yrd. Hunter	Norm Rice
12	60 yrd field 58 yrd. walk-up	Jackie Rice
13	45 yrd field 23 yrd. walk-up hunter	Tom Roberts
14	50 yrd. field 48 yrd walk-up hunter	Mike Chase
15	45 yrd. walk-up field 44 yrd. hunter	JOAD Parents

16	50 yrd. field 48 yrd. hunter	Ben Spielman
17	20 yrd field 19 yrd. walk-up hunter	JOAD Parents
18	80 yrd. walk-up field 70 yrd walk-up hunter	Brent Richter
19	55 yrd. field 53 yrd. walk-up hunter	Paul & Nathan Sweet
20	25 yrd. field 28 yrd. fan hunter	Arthur Robertson
21	35 yrd. fan field 36 yrd fan hunter	Arthur Robertson
22	30 yrd. field 32 yrd. fan hunter	Phil Bruno
23	35 ft. walk-up field 11 yrd. Hunter	Steve Mahoney
24	45 yrd. field 23 yrd. walk-up hunter	Julian Acebo
25	65 yrd. field 64 yrd. walk-up hunter	Curtis Perry
26	60 yrd field 58 yrd. walk-up	Arthur Robertson
27	15 yrd. field 15 yrd. walk-up hunter	Ramon Barajas
28	40 yrd. field 40 yrd. hunter	Thomas Cayia
	20 yd practice butts running pig	Thomas Cayia

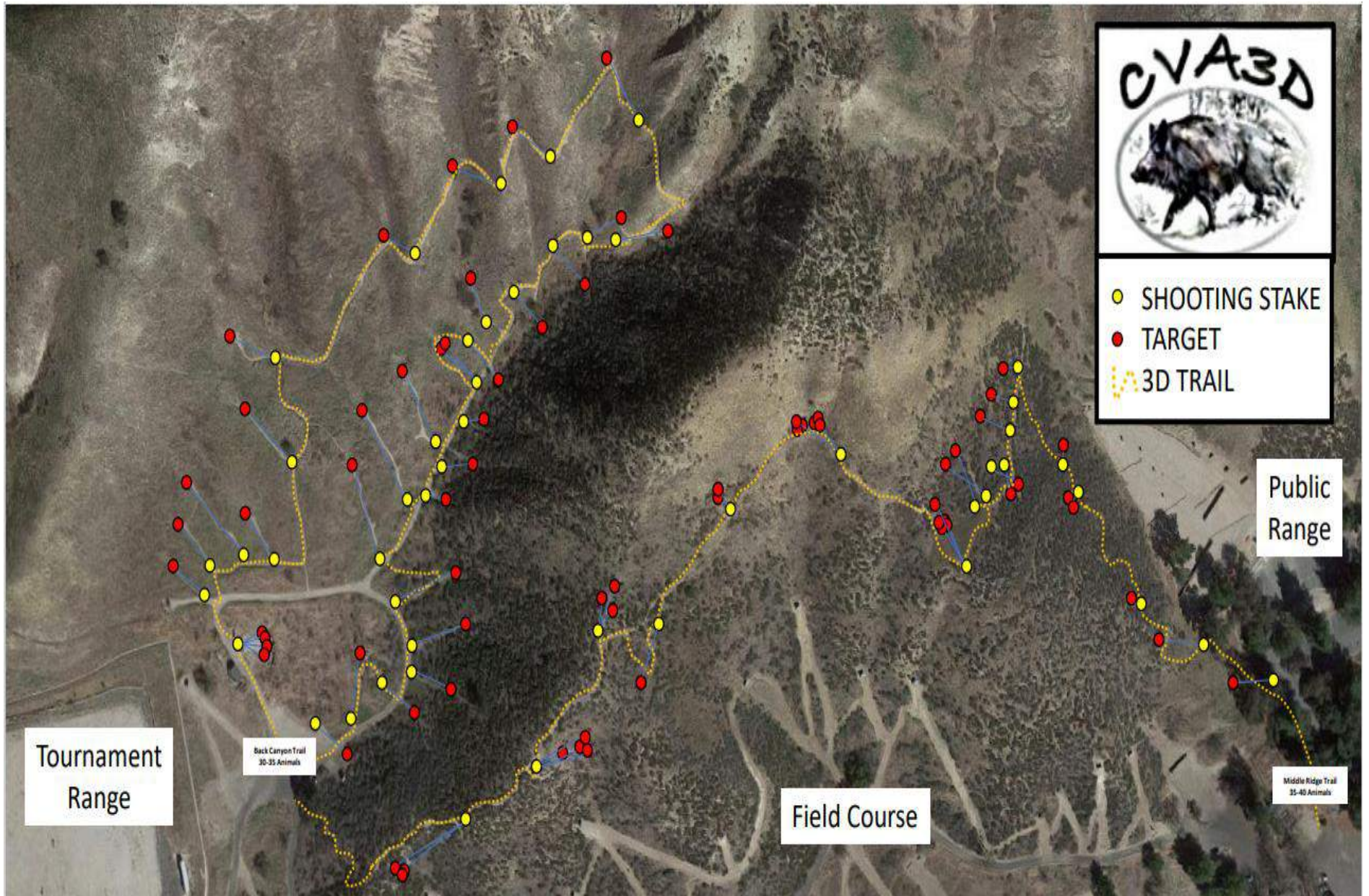


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CVA CONTACT INFORMATION

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Scott Leviant	Secretary, Tournament Range Chairman, Coach	secretary@cvarchers.com	213-590-6370
Genevieve Ivie	Treasurer, Instructor	treasurer@cvarchers.com	805-657-9742
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Bryan Tanger	3D Range Captain	cva3dshooter@gmail.com	
Kevin Cloepfil	Board Member		805-390-1059
Bill Davis	Board Member, Instructor		805-208-7002
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CVA 3D Ranges MAP



CONEJO QUIVER

May 2023 Issue



The May Club Shoot and General Meeting (11:30am) is scheduled for May 28th per our normal schedule (fourth Sunday of the Month). Please make plans to attend.

FROM THE EDITOR

John Downey

Welcome to the May issue of the *Conejo Valley Archers Quiver*.

The club is still recovering from all the work put in for our Traditional Tournament that was held the first week-end in May. I hope you were able to attend the tournament by either helping or shooting at the tournament. The weather was really nice and a lot of folks had a great time. We do have a lot of photos of the event in this issue for you to look at if you missed it (almost as good as being there 😊).

Most of our newsletter staff are once again back with offerings for you. Kurt has some follow-up information regarding target bales and such, and Curtis has another one of his informative articles, **“Getting Involved, an Archery Way of Life”**. Geoff also has another article and pictures on the JOAD group (led by Ken Downey and Geoffrey Houghton).

We have several tournaments coming up on our range including the California State Outdoor and Pasadena Senior Games (held again at our range). These are both excellent opportunities for you to get some of your hours in if you have a working membership.

Hope to see you around the range.

Regards

John Downey, Editor

FROM THE DESK OF THE PRESIDENT

Kurt Hoberg



CVA Range News

Overall Range News: And...the green continues...but is starting to brown....

Our draft Code of Conduct has gone through review and I'll be reading it out during our next General Meeting. This document outlines expected behavior on the CVA range and will be a document that each member signs when completing their membership paperwork. We'll also post the document in the next Quiver once the General Membership provides feedback during May's General Meeting.

Field Range: Please, for those who have adopted a lane, visit at least once every two weeks and tidy it up. This makes the effort so much less as they grow quickly and are unmanageable before you know it.

Some quick tips:

- Stand by the shooting stakes and clear any vegetation that is hanging into the lane and may be blocking the target from where shooters are taking their shots.
- Take a look at the shooting stakes themselves and assess if they need to be painted.
- Your lane responsibility also includes the walkup to the next target.
- Assess the bales and stands and let a Board member or Range Captain know if there are repairs needed.

The new Carpet Bales have been ordered – thanks Cathy! Once received (tentatively mid-June) we'll be placing them on the range as volunteer turnout allows. These are HEAVY and it takes at least four strong individuals to place one. If you are passionate about

having these on the range, the more turnout we have to help the sooner the range will be updated with the new bales.

Below is an example of what one looks like, for reference you can also take a look at Target 15 on the range, where we installed a carpet bale in Q1 2019.



3D Ranges: Some of the stakes need to be placed after the Bombardier Traditional, those will be addressed as volunteer availability allows.

Project Management Chair – our current PM Chair, Jeff Owens, cannot remain in this position. We have asked Philip Mastinick to take on the duties of the PM Chair, which he has graciously accepted. Thanks, Jeff, for the great work, and thank you Philip for taking the position! Any questions about ongoing CVA projects, or ideas about new ones, should be directed to Philip.

Equipment Training – we have had CVA power equipment used and abused by members. Based on what we've found wrong with the equipment, training is in order on how to use the mowers, trimmers, etc. correctly. We will be hosting training classes to go over correct use of our equipment, so watch your emails for more information. Let's all work together to properly use CVA's equipment so we protect our investment and keep our power equipment in working order for as long as possible.

Tournament News

Pasadena Senior Games: The date has been set for the shoot, July 8-9. We will need help on Friday July 7th for range striping and setup, so please come help if you can. Keep an eye open for signups via your email, we are working on that now.

CA State Outdoor: We have dates set for this shoot, June 22-25, 2023. Range Setup will be Thursday June 22nd (we'll need volunteers!), with competition taking place from Friday June 23rd through Sunday June 25th.

Work crews are hitting the Tournament Range HARD to clear the venue and make it presentable for a State Level event. While this happens over the next few weeks, other range maintenance tasks are going to have to wait. Please do not complain, understand that our volunteers are under a great deal of pressure due to the rains to do more work than usual. Mature understanding, and a heart-felt 'thank you', go a long way.

Registration is open, please visit CVA's WEB page and click on Tournaments => State Outdoor and choose the Registration link to register. Registration closes June 11th 2023.

As of the writing of the article there are 390 archers signed up, nearly 50 more than last year. The afternoon line is FULL, no more registrations are available for Cadet and Barebow.

This shoot brings in much needed funds into the club, as well as providing outreach to the larger Archery community. We absolutely need all the volunteers we can get for every day of the tournament, even if you can give us an hour, it is desperately needed and much appreciated. Please mark your calendars and

come out to support your club. Working members, this is a great way to satisfy your tournament support membership requirement.

For those who are planning on shooting the tournament, I'm going to give a rebate for those that come out on Thursday the 22nd to help setup the range as an incentive, including parents of competitors.

CVA Club members that come out to help with setup and teardown will be comped the shoot.

California Tournaments: Be sure to check the USA Archery schedule, the CBH newsletter, and social media for status of a scheduled shoot. Schedules seem to change frequently, and often at the last minute.

Please click the links below for more info if you are interested in shooting these tournaments:

- CA Archery is using the USA Archery WEB site to schedule tournaments. Browse to <https://www.usarchery.org/events/find-an-event> to find and schedule out the event of interest.
- CBH/SAA: <https://www.cbhsaa.net/EventCalendar>

Range Security

We continue to have issues with members not locking the tournament range gate. There has been some improvement, but the issue continues.

If you are leaving the range, lock the gate. If you are coming onto the range, lock the gate behind you. If you are unsure if you should lock the gate – lock the gate. Be careful with the locks, don't drop them, or use them as pry-bars, hammers, etc.

All club members must do their part to secure our range.

See you on the range!

Your President,

Kurt

Remember, archery is easy. Shoot a 10, do it again!

FROM THE DESK OF THE VICE PRESIDENT

Cathy Linson, Vice President

Project Manager Chair Position

You are all likely aware that Jeff Owens accepted the newly created position of Project Management Chair but he is no longer able to fulfill the position; I want to thank him for all he has done for the club over the past months. At the board meeting this month the board unanimously voted in Philip Mastinick as the Project Management Chair; welcome aboard Philip.

Another chair position that changed this month is Field Target Chair. Thank you to Kevin Knebel who has had the position over the past couple of years and welcome to Brandon Newcomer who is stepping into the position.

Work Hours Overview

If everyone works only their required hours, we have 2700 hours available and we actually need 7000 hours each year to run the club. Where do these extra hours come from? There are some individual members that work significantly more hours than required. Notable for this year Arthur Robertson, Wendell Wright and Jeff Owens have approximately 200 hours each so far. The JOAD coaches Ken Downey and Geoffrey Houghton each have over 100 hours so far this club year. The remaining hours needed to reach 7000 end up being worked by the Board members and members who have chair positions. Members who have chair positions include our Membership Chair (Morgan Thomas), Volunteer Hours Coordinators (Richard Silverio, Michelle Lim and Dawn Luttrell), Project Management Chair (Philip Mastinick), Tournament Chairs like Bob Bombardier and John Downey, Field Target Chair (Brandon Newcomer), and Bonnie Marshall who does a lot of different functions for the club.

That is a lot of extra hours worked by a handful of people and I am not sure it is sustainable.

Carpet Bales

Forty bales have been ordered, paid for, and are projected to arrive in mid-June. The plan is to rent a forklift; our tractor is too small to safely handle the weight of a pallet load, 1500 - 2000 pounds, at the height needed to get them off of the truck. More information to come as we get closer to the date.

Tractor

The current plan for managing the tractor and using it safely and effectively on the range is to train 4 people. Philip Mastinick will oversee the training for Kevin Cloepfil, Matt Ivie, Brent Richter and 1 more person. That would give us 2 trained people who work Saturday work parties and 2 people who are can work during the week and should provide the coverage needed to make the most efficient use of the equipment and improve our ability to get ahead of and stay ahead of the mustard growth.

Power tools

The club has been allowing working members to use club equipment for weed abatement over the past couple of years; tools are located in the Valley West Bin. We continue believe this is a good idea and many members have taken advantage of this opportunity. The problem is getting the equipment repaired and serviced on a regular basis. We are looking at making 2 changes.

First, we would like a couple of folks with some level of interest and experience in minor repairs and maintenance of the equipment to help us in keeping the equipment operational and maintained. Richard Mason is already doing this for the riding lawn mower and we need similar for string trimmers, DR's, etc. We will be investing in meters that will allow us to keep track of how many

hours each motor has run since the last maintenance. Please let me know if you are willing to take this on.

Second, we will be putting together a training program and anyone who wants to use the equipment will need to attend. More information about this training will be coming in the near future.

Note: This does not apply to the new tractor (see above for information about the tractor).

See you at the range,
Cathy

Cathy Linson
Vice President
Conejo Valley Archers
vicepresident@cvarchers.net
805-791-5102



2023 CALIFORNIA STATE OUTDOOR CHAMPIONSHIPS

PRESENTED BY CONEJO VALLEY ARCHERS

DATE

June 23-25, 2023

LOCATION

Conejo Valley Archers Tournament Range – Simi Valley, CA

ELIGIBILITY

All competitors must have a current USA Archery Full Membership or a temporary membership for a single one event tournament. NFAA members must obtain a temporary membership for no cost from the US Archery website

REGISTRATION

Registration is open at [2023 California State Outdoor Championships – USA Archery \(usarchery.org\)](#)

FEES

JOAD: \$40

After 5/27/23: \$65

Adult: \$65

After 5/27/23: \$90

LUNCH

Snack bar on site, with snacks and drinks. No Lunch Service!

WAITLIST

No waitlist available.

RULES

USA Archery Dress Code and all USA & World Archery rules apply. Visit [usarchery.org](#) and [worldarchery.org](#) for complete rules. Personal coaches are restricted to the spectator area during scoring.

SHIRTS

Customizable T-shirts/sweatshirts will be available on-site

Contact Tournament Director Rose Hoberg at info@cvarchers.com for more information.

2023 State Outdoor Championships

Member Anniversaries!

May 2023

Morgan Thomas

12 Years	Ronald Blum
3 Years	Andrew Bowler
3 Years	Patrick Bullington
11 Years	Peter Burdi
3 Years	Brian Doane
15 Years	Mike Keena
3 Years	Mariusz Luczywek
21 Years	Keith Murphy
5 Years	Carl Nelson
3 Years	Arthur Robertson



Thank you all for your continued support of our club!

Morgan



Morgan “Kicking Back” at the Traditional

PICS FROM THE CVA BOMBARDIER TRADITIONAL TOURNAMENTS



Motley Crew in Action



You've got to be very, very quiet when hunting 'wabbits'



Shooting Dinosaurs with the kids



Walk-about





Doesn't get much better than this on the range



The "Infamous Rolling Ball" Shot





Dave Dragan stopped by to say Hello



Having "Fun" on the Range





The Great "Smoker Round" Shoot-off



Bob pulling arrows at the Smoker Round



Who gets to move on to the next round?



Moving back and shooting again



Smoker Trophies (Peace-pipes) – donated by JBD, along with a couple of Bob Bombardier's Tournament Trophy Arrows



Bob presenting a "Smoker" Trophy to the Men's Winner



Bob presenting the other "Smoker" Trophy to the Women's Winner



The Infamous “Double-Bank” Shot – the archer’s arrow must bounce off both vertical boards and hit the 3D Animal Target – much harder that it seems.



“Buck and Doe” Shot – The archer should only hit the buck



Silverio Family running the kitchen during the tournament



Visitor observing the tournament festivities



Another Crowd Pleaser - The "Levitating Ping-Pong Ball" Shot



Ball floats on a stream of air



How it is done





Another good shot



All tucked out from shooting



Morgan talked into going for a ride by JBD

SNAKE BITE – FIRST RESPONSE PROTOCOLS

THIS ARTICLE IS REPOSTED AGAIN THIS MONTH DUE TO ALL OF THE RECENT SNAKE ACTIVITY ON THE RANGE

You may be unsure whether you've gotten a snake bite or an unrelated injury. Some signs of a bite include puncture marks at the site of the wound, pain and swelling as well as neurological symptoms such as blurred vision or numbness and tingling of your face and limbs.

If you or another person, are bitten, try to remember the color and shape of the snake, because that may help medical professionals treat the injury.

1. Sit down and stay CALM
2. Do NOT apply a tourniquet
3. Do NOT suck on the wound
4. Stay calm, and alert any immediate local assistance to coordinate transportation to hospital, or call 911 – arrange to meet emergency vehicles at gates

Site addresses:

- **Main Gate:** Tapo Canyon Park – 4651 Tapo Canyon Road
- **Tournament Range side:** 5000 Bennet Road

5. Wash the wound with warm, soapy water if possible
6. Circle the site of the bite with a Sharpie and write the time next to it. You should keep a list of your symptoms and periodically update it, as that could help the medical team that treats you.

7. Cover the wound with a clean, dry dressing. **First-Aid kits** are posted all around the range areas at Main Kitchen, Stage area, between Targets #12 and #13 at the portable restroom, 3D Shade structure, Tournament Range, and the Public Session Range.
8. **Remove jewelry and watches, which will be much harder to get off if your limbs start to swell.**
9. If you begin to experience anaphylaxis, including swelling of the face and throat, hives or difficulty breathing, use an EpiPen if you have one.
10. **VERY IMPORTANT** – Call ahead to the local hospital to alert them that you are bringing in a rattlesnake bite victim and verify they have anti-venom immediately available at the site.

Local Hospitals that generally have or have access to anti-venom onsite:

- Los Robles Hospital – Thousand Oaks – 805-497-2727
- Adventist Health – Simi Valley – 805-955-6000

Report the incident to the club as soon as possible.



First aid kits

First aid kits are available at sites most of you are already aware of, including the Public Session (PS) entrance, the PS Bin, the Kitchen, the Tournament Range, the Field Range, the Middle Ridge Trail, and the 3D Range. You should take a moment the next time you are at the range to check out the locations especially on the ranges you usually shoot; ask your fellow archers if you are not aware of the above first aid kit locations. Presently there are 10 first aid kits each containing identical items; this helps me manage their contents keeping them fresh and up to date and helps you to know what first aid items are available to you should you require them. The picture below shows these first aid items.



The kits are inside white lock boxes clearly marked; see picture. Each lock box has a breakable plastic tie attached to a wooden

handle. When pulled the lock box can be opened, this allows anyone to see from a distance that a first aid kit has been used so I can replace any missing items and keep the kits up to date.

I will gladly accept any calls or text messages regarding these CVA first aid kits, my number is 805-603-5585. Let me know if you see that a kit has been opened or needs attention in any way.

Thanks for your attention and remember Safety First!

Thanks,
Arthur Robertson



JOAD – Always On Point

May 2023

Howdy CVA and JOAD families!

I am going to keep my dialogue short since we provided many photos this month.



Just as a reminder there are snakes on the range. We have had several slither through the tournament range while JOAD is underway. The JOAD kids have had the pleasure of seeing gopher snakes, red belly coach whips, and of course, rattlers. Ken kindly removed and released a baby rattler that was by the benches. Parents and kids please keep an eye out especially while looking for missed arrows!

Archers, Ken Downey, Nic Y and Jack H recently went to Fresno to shoot the annual Fresno Safari. It was a great shoot, lots of archers, warm weather and great friends. The Fresno Safari is always well attended by CVA members and its always a pleasure hanging out and shooting the beautiful range. Our JOAD crew did very well, Ken, Nic and Jack all got first places within their respective divisions! Way to go JOAD!

The JOAD group had a special guest recently, our very own John Downey came and shot with the kids. He had an opportunity to shoot, mentor and regale stories of a young archer named Kenny Downey. John had an opportunity to shoot in one of our JOAD games called "Red or Better," and even outshot the younger Downey! We hope John becomes a regular feature during our JOAD Saturdays.

Next month stay tuned for an update from Chula Vista SoCal Showdown, State Outdoor Championships and we have graduate archers!!

See you at the range,

Ken and Geoff



Baby rattler on the range. He was near the benches by the bin!



A gopher snake was near the target mat bin. Ken caught it and let the kids view a gopher snake.



Opening hour of the Fresno Safari.



The Fresno Archers have a beautiful range, full of natural outcroppings and shade trees.



Just taking a moment to enjoy the day.



Ken, Nic and Jack shot extremely well. Bow Caddies, David and Geoff were also present.



Obi-Wan : It's over Anakin, I have the high ground...



You had to be there, but there was **A LOT** of conversation about blue cows and Balenciaga (don't ask!!)

Group shot: Foreground David Y, Ken, Jack Nic and Geoff and a 3D gorilla



The classic full-size elephant



Evenings at the range, Ken and Nic



First place winners!!! Jack, Nic and Ken



John Downey was our guest and we had so much fun shooting with him.



Rishi, Rayan, Isabelle and Tanvi shooting 40M.



Rhett, Nic and Jack shooting 70M!



Johann and Rishi showing their form. We hope to see them at the next tournament!



Father and Son shooting together. Now we know where Ken gets his good form from!

From the JOAD Picture Vault

February 2001



Who doesn't like to pop balloons?

FROM THE DESK OF OUR VOLUNTEER COORDINATOR (COMMUNICATIONS)

Richard C. Silverio

Mike Keena and Kevin Cloepfil are planning to do a work party to prepare the tournament range for the 2023 State Outdoor tournament. He is planning on doing this work party this Saturday 5/20 from sun-up (I would say 6am) till 9am at the tournament range. Interested members who wants to volunteer can meet at the Tournament Range. Please bring weed eater if you have one.



We also now have an online sign up for the 2023 State Outdoor tournament if you are interested to volunteer for this venue. There is also an incentive to shoot the tournament for free if you do both range set-up (Thursday, June 22) and range teardown (Sunday, June 25). The online signup is now available if you are interested to retire some of those hours for this opportunity:

<https://signup.com/client/invitation2/secure/6548048050/false#/invitation>

Finally, we have the following lanes in our field range up for adoptions if you are interested. Lanes 4, 13, 16, 23 and 25 are all up for grabs. Lanes 9, 10, 12 and 13 are also up for grabs on the Middle Ridge Trail.

Please contact our Club Vice President, **Cathy Linson** at cmlinson@yahoo.com or by calling her at 805-791-5102 to let her know if you are interested to adopt any of these lanes.

CVA Monthly Club Shoot Results

John Downey, Tournament Chair

We had a good shoot in April with some nice scores (in yellow). Twenty-five scores in total were turned in which is a good turnout. Oscar Melendez shot the top score of 541 scratch (out of 560, shooting FS). He was followed by Stephen Buba (497, FS) and Brian Carter (485, BHFS). Brian also picked up the top Traditional score of 285 shooting his trusty recurve bow.

I've enclosed all scores to date that I have for your review. I suspect there may be some inaccuracies due to the new club year and people changing styles etc. Please let me know if you see an error.

As this is the fifth club shoot on the club year (February was cancelled due to all the rain we are still recovering from), Folks are starting to pick up handicaps. We will start posting those as well in the next issue of the Quiver.

Keep stick'n them pointy ends in the target.
Hope to see you on the range.

Thanks
John Downey

Name	Div.	Style	Sex	Nov	Dec	Jan	Mar	Apr
Oscar Melendez	A	FS	M	529	537	524	542	541
Stephan Buba	A	FS	M					497
Brian Carter	MS	BHFS	M	488				485
Matthew Ive	A	FS	M	473	502		435	479
Terry Marvin	MS	FS	M	479		468	458	474
Nathan Collins	YA	FS	M				438	470
Brent Siemer	MS	FS	M				415	466

Kurt Hoberg	MS	FITA	M		417		402	441
Jim Collins	A	BHFS	M	432		460	408	437
Rachel Howerton	A	FITA	F	395	336		302	414
Brandon Newcomer	A	BHFS	M					357
Philip Mastinick	A	BB	M				348	354
Brian Carter	MS	TRAD	M		291			285
Carlo Parda	A	TRAD	M					278
Jaelyn Howerton	A	BB	F	257	300		261	278
Josh Fint	A	LB	M			212	259	268
Brent Siemer	A	TRAD	M					235
Carlos Parada	GA	TRAD	M				259	235
Tom Sheppard	GA	BHFS	M	243	224		311	233
Tom Swindell	GA	LB	M	185	253	206		207
Gary Howerton	MS	BB	M	129			168	194
Brian Rohrer	MS	TRAD	M					191
Norman Rice	GA	TRAD	M					169
Morgan Thomas	A	TRAD	F	170	162		136	147
Norman Rice	GA	LB	M				163	147
Alejandro B (Guest)	A	FS	M					
Angela Rogers	A	FS	F	INC		492	523	
Ben Spielman	A	LB	M					
Brian Rohrer	MS	BB	M	229				
Cassandra Silverio	C	BB	F					
Charles Neace	A	FS	M	529	524	522	530	
Charlie Houghton	C	FITA	M					
Chef Robert Bogin	A	FS	M					
Chris Cavaliere	A	TRAD	M					
Curtis Hermann	GA	LB	M	161	120	124		
Erik Hammerquist	A	BHFS	M	451				
George Conner	GA	FS	M	426				

Jack Houghton	Y	FITA	M					
James Stankovich	GA	LB	M					150
Jeff Owens	MS	LB	M	207				
Jim Bullington	A	BHFS	M					
Joe Cavaleri	GA	TRAD	M					
Julian Acebo	MS	BHFS	M	428				
Justin Lerma	A	FS	M					
Keith Huebner	A	FS	M					506
Ken Downey	A	FITA	M					
Michael Cooper	A	FS	M					
Norman Rice	GA	BHFS	M					
Patrick Bullington	A	BHFS	M					
Ramon Barajas	A	BHFS	M					
Richard Silverio	A	BB	M					
Rogelio Segundo	A	LB	M					181
Sarah Dakin	A	BHFS	F					
Scott Leviant	A	FS	M					
Wendell Wright	GA	LB	M	249				



Getting Involved, an Archery Way of Life

A column for the "Conejo Quiver" by Curtis Hermann, May 2023

A little discussion on some archery organizations you should know about.

Archery has some very interesting organizations involved with keeping our beloved sport on track and heading in the right direction. Some of these you will be aware of and some you won't. Some you will care about and some you won't, but as archers we need to know about them, perhaps a little about what they do to help our sport and perhaps a little about the people behind them.

If you have been in archery only for a short time you will probably not be aware of many of these organizations. Most of them will seem a little mysterious and very far away and just who are these people and what are they like?

In my years participating, promoting and attempting to guide archery in a positive and honorable direction, I was fortunate enough to be a part of some of these organizations and work with some mighty fine individuals with similar goals in mind. Some of these names you may recognize and some are not well known but, I found they were all equals when they put their heads together to solve an issue.

Recently an issue arrived in my email from a fellow NBEF (National Bowhunter Education Foundation) board member that stirred up an interesting conversation. The topic of the email was "The Finland Report," about the results of a long-term study (ten years) on the effectiveness of the bow and arrow in the killing of large game distinctly compared to the modern hunting rifle. The conclusion of the report was that from the moment of contact of the projectile (arrow or bullet) with the animal's vital



area and to the point of expiration or death in time (average 13 seconds) was essentially the same. In other words, an arrow is just as effective as a bullet as a tool for game management and hunting. The animal's physical reaction to the two types of projectile contact was of course different, but the end results were the same.

What was important about this study was not its results, most any good bowhunter could attest that the results were accurate, but the fact that we had detailed authenticated scientific confirmation of what we already knew, meant that any question of the effectiveness of the bow and arrow could no longer be denied!

This report was brought to our members by Anders Gejer from Stockholm, Sweden. Anders is the NBEF Region Coordinator for Europe and North Africa. Other participants were NBEF board member from Alaska, Dr. John "Jack" Frost, (the fourth bowhunter to have harvested all 29 species of N. American big game i.e. the "Grand Slam"). Steve George, NY, NBEF Board Chairman, Stephen Spenser Indiana NBEF Coordinator, Marilyn Bentz from South Dakota, Ex. Dir. NBEF and myself NBEF Region 1 Western States Coordinator.

As this test result was positive for archery and bowhunting the conversation remained about how to use and share this information to the archery and hunting community and which parts could be utilized in future bowhunter education manuals.

The next issue was a bit more complicated; it was about the use of a drone to recover hit or wounded or expired game that cannot be found by traditional hunting methods. Twenty-one states have legalized the use of a drone for recovery (but none allow the use of a drone to locate game that has not been shot) and the questions are several, is it hunting to use a drone even if it is just recovery, is it moral, where does the use of technology stop? Is the use of a drone any different than using a dog, are they equal and where do you stand on this issue?

I am now going to list the people in this conversation and the purpose I will disclose at the end. Doug Clayton, past NBEF President, past P&Y Board member, a very successful traditional

bowhunter. Steve Keithley serves on the Maryland Wildlife Advisory Commission, NBEF/IBEP Instructor. C.J. Winard, Wildlife Biologist for Bowhunter magazine. Dennis Fredrickson, NBEF CFO and Canadian bowhunter. Barb Terry Ten Point & Wicked Ridge Crossbows, customer relations, training & education, NBEF/IBEP Instructor. Jack Frost, Alaska IBEP State Chairman, bowhunter and P&Y Board member. Anders Gejer, Sweden NBEF Coordinator. I have not yet entered this conversation due to health issues but have been slowly forming my response and will join in soon (they are used to me taking extra time to form my thoughts).

Ok, my purpose for listing the people in this ongoing conversation was to show you that some were big names and others just involved archers like you and I. That you too can be involved in issues where each person carries equal weight in the discussion. When you get involved with these organizations you get to be a part of what makes archery so great, so strong and with a strong forcible future!

So of course, the best place to start is with your own club, run for a position on the board, or volunteer for a club position like target chairman or range master or other position. Once anchored in at the club level volunteer for something at the state level.

Kurt Hoberg could advise you how to get involved with the USA Archery group to become a coach if your interest is in target archery or CBH/SAA (California Bowman Hunters and State Archery Association). Notice that CBH/SAA is both a hunting and a target archery organizations that covers Field Archery (target & 3-D), target archery (like USA Archery) and hunting (big and small game and bow-fishing). Through CBH/SAA you can become involved with the NFAA (National Field Archery Association) and have input in Field Archery on the national level. The NFAA is home based in Yankton, S.D. and holds all the National Field Archery Championships each year.

If your main interest is bowhunting than your two best organizations are CBH/SAA and the NBEF/IBEP (National Bowhunter Education Foundation – International Bowhunter

Education Program) (www.nbef.org or <https://cbhsaa.net>). CBH/SAA has the bowhunting legislative action arm as well as the Big Game record book and positions as a big game measuring official. The NBEF/IBEP is a hunter education program that helps bowhunters improve their expertise the world over through hunting knowledge and safety classes.

Become a Bowhunter / Hunter Education Instructor and focus on bowhunting, that's what I did. Bowhunter Education overlapped with CBH/SAA where I held the position of International Bowhunter Education Program Chairman for ten years (1994-2004) and with the Department of Fish & Wildlife Hunter Education Division first as the State Chairman for the NBEF Instructor Force (1983- 2004) and as a Hunter Education Instructor (1997 to 2023), Bowhunter Education Instructor (1983-2023).

The Club Level, State Level, Region Level or National Level are all looking for volunteer support from dedicated people and the rewards are big in your life, small or non- existent material wise. Since I have been involved in one level or another for forty years, I think I can sum it all up as just as important in my life as being a successful archer or bowhunter. Volunteering has indeed added a tremendous amount of value to my life experience.

Beyond CVA, CBH/SAA, USA Archery and the NFAA there are a multitude of organizations you can become a part of, let me list a few.

- **RMEF – Rocky Mountain Elk Foundation**
- **WTF – Wild Turkey Foundation**
- **NBEF/IBEP - National Bowhunter Education Foundation, International Bowhunter Education Program**
- **Pope & Young Club Professional Bowhunter Society**
- **Mule Deer Foundation**
- **California Predator Calling Association**
- **California Department of Fish & Wildlife**

NOTE: The **California Department of Fish & Wildlife** has volunteer openings for those who want to help biologists count

Desert Big Horn Sheep and of course Hunter & Bowhunter Education instructor positions.

These are all just off the top of my head and there are dozens more out there, so where ever your archery adventures take you, you can be sure there is an organization out there to help preserve and pass on the knowledge and tradition of the sport. Joining up and being a strong supporter is not only important to you but for the future generations that follow.

What a legacy to have, and what a way to enhance your joy of being an archer and it all boils down to taking that first step of volunteering!

Till next month, Curtis

This month's tip:

Compound arrow rests for 2023!

Going over some of the latest iterations of the arrow rest world I thought I would pass on some very dependable and easy to use models that I like and that you may want to consider.



Trophy Ridge Whisker Biscuit V Max \$89.99

[Beararchery.com/collections/bow-rests/products/trophy-ridge-whisker-biscuit-v-max-arrow-rest](https://beararchery.com/collections/bow-rests/products/trophy-ridge-whisker-biscuit-v-max-arrow-rest)

The Whisker-Biscuit known to be tough and reliable for many years now has V-Notch technology, precise micro-adjustments and perpendicular bristles that reduce vane drag and increases accuracy over previous models. Simply a no-nonsense rest that is dependable, accurate and will not break the bank.

QAD UltraRest Intefrate MX \$269.99

[Mathewsinc.com/product/integrate-mx-rest](https://mathewsinc.com/product/integrate-mx-rest)

This rest has been around for many years and gone through many improvements, it is now an integrated mount that clamps on to just about any mfg.'s bow making it more streamlined with increased strength, reliability and better center shot setup.



Hamskea Epsilon w/C.O.R. Riser Interface Bracket \$274.99

[Hamskeearchery.com/product-category/arrow-rests/](https://hamskeearchery.com/product-category/arrow-rests/)

For the hard-core bowhunter the Epsilon is precise, true center shot, lightweight and helps bowhunters wring the utmost accuracy from their rigs. The riser interface bracket is compact and helps eliminate quiver interference.



Ripcord Drive Cage \$169.95 [Ripcordarrowrest.com/ripcord-drivecage](https://ripcordarrowrest.com/ripcord-drivecage)

A bit more reasonable price-wise and for those of you who like a limb driven rest. A full capture rest that has been around for a very long time. Available with or without micro-adjust with a ball bearing drive system, this rest is smooth, dependable and accurate.

A good arrow rest makes bow tuning so much easier, so get the best one that suits your needs, Curtis

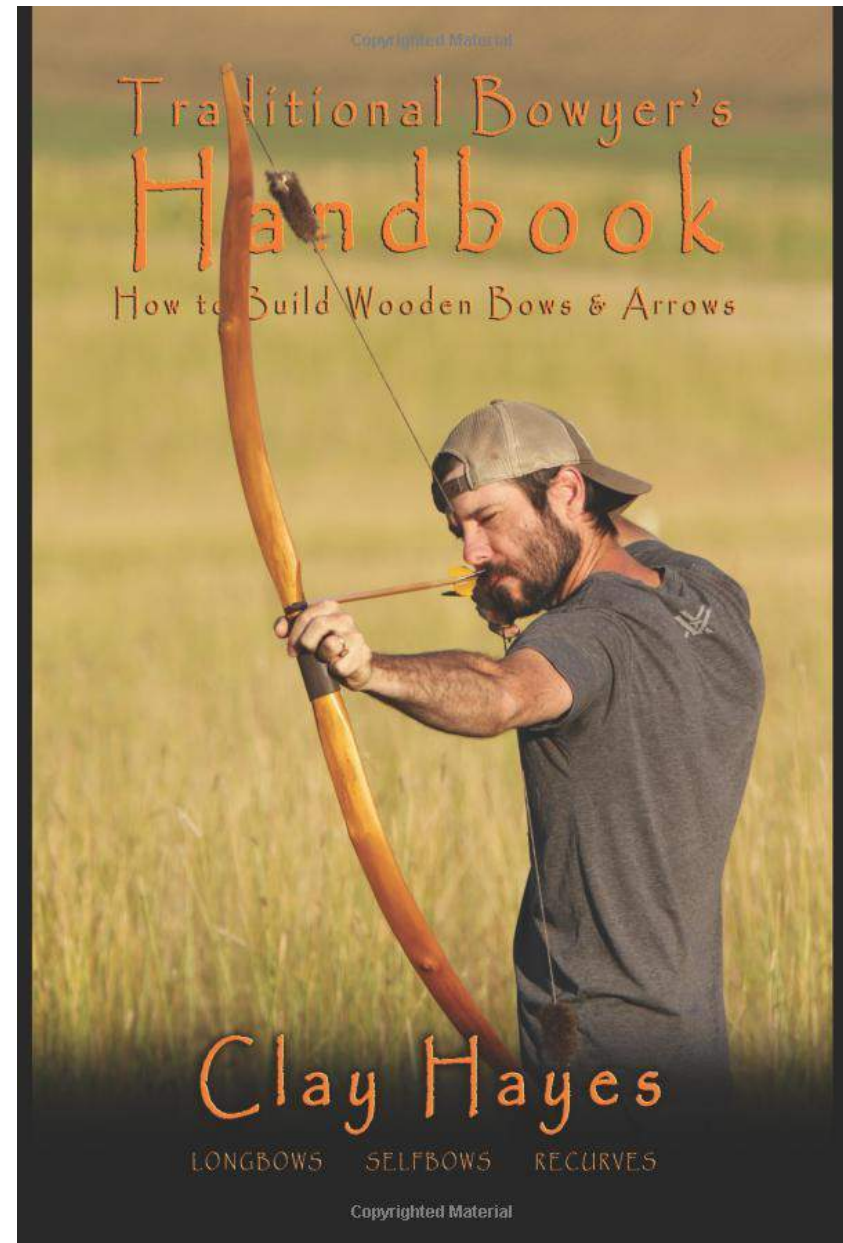
Things life has taught me:

"You don't have to win every argument. Stay true to yourself."

NEW MIDDLE RANGE TRAIL

LANES 9,10,12, AND 13 NEED ADOPTION

Target #	Adopter	Type
1	Arthur Robertson	Rabbit
2	Arthur Robertson	Bear
3	Ben Shirley	Raccoon
4	Ben Shirley	Coyote
5	Ben Shirley	Coyote
6	Rogelio Segundo	Deer
7	Brian Carter	Caribou
8	Brian Carter	Standard Brown Bear
9		Deer
10		Deer
11	Brian Rohrer	Turkey Flock
12		Raccoons & Ground Hogs
13		Black Crow & Raccoon
14	Wendell Wright	Deer in Meadow
15	Tom Swindell	Antelope, Turkey & Pig
16	Jeff Owens	Deer & Dogs
17	Sarah Villalobos	Black Boar, Pig & Standing Bear



ADOPT-A-TARGET (CVA Roving Range)

Target lanes 4, 13, 16, 23, and 25 are in need of adoption.

If interested in helping to care for one of them you can contact our Club Vice President, **Cathy Linson** at cmlinson@yahoo.com or by calling her at 805-791-5102

Jbd

Target	Distance	Adopter
1	35 yrd. fan field 36 yrd fan hunter	Ben Shirley
2	30 yrd. field 32 yrd hunter	Ben Shirley
3	20 yrd. field 19 yd walk-up hunter	Tom Swindell
4	35 ft. walk-up field 11 yrd hunter	
5	80 yrd. walk-up field 70 yrd. walk-up hunter	Norm Rice
6	25 yrd field 28 yrd. fan hunter	Felipe Gamboa
7	55 yrd field 53 yrd walk-up hunter	Mike Steinwender
8	45 yrd walk-up field 44 yrd hunter	Jeff Owens
9	15 yrd. field 15 yrd. walk-up hunter	Ron Riley
10	65 yrd. field 64 yrd. walk-up hunter	Brian Carter
11	40 yrd field 40 yrd. Hunter	Norm Rice
12	60 yrd field 58 yrd. walk-up	Jackie Rice
13	45 yrd field 23 yrd. walk-up hunter	
14	50 yrd. field 48 yrd walk-up hunter	Mike Chase

15	45 yrd. walk-up field 44 yrd. hunter	JOAD Parents
16	50 yrd. field 48 yrd. hunter	
17	20 yrd field 19 yrd. walk-up hunter	JOAD Parents
18	80 yrd. walk-up field 70 yrd walk-up hunter	Brent Richter
19	55 yrd. field 53 yrd. walk-up hunter	Paul & Nathan Sweet
20	25 yrd. field 28 yrd. fan hunter	Arthur Robertson
21	35 yrd. fan field 36 yrd fan hunter	Arthur Robertson
22	30 yrd. field 32 yrd. fan hunter	Phil Bruno
23	35 ft. walk-up field 11 yrd. Hunter	
24	45 yrd. field 23 yrd. walk-up hunter	Julian Acebo
25	65 yrd. field 64 yrd. walk-up hunter	
26	60 yrd field 58 yrd. walk-up	Arthur Robertson
27	15 yrd. field 15 yrd. walk-up hunter	Ramon Barajas
28	40 yrd. field 40 yrd. hunter	Thomas Cayia
	20 yd practice butts running pig	Thomas Cayia



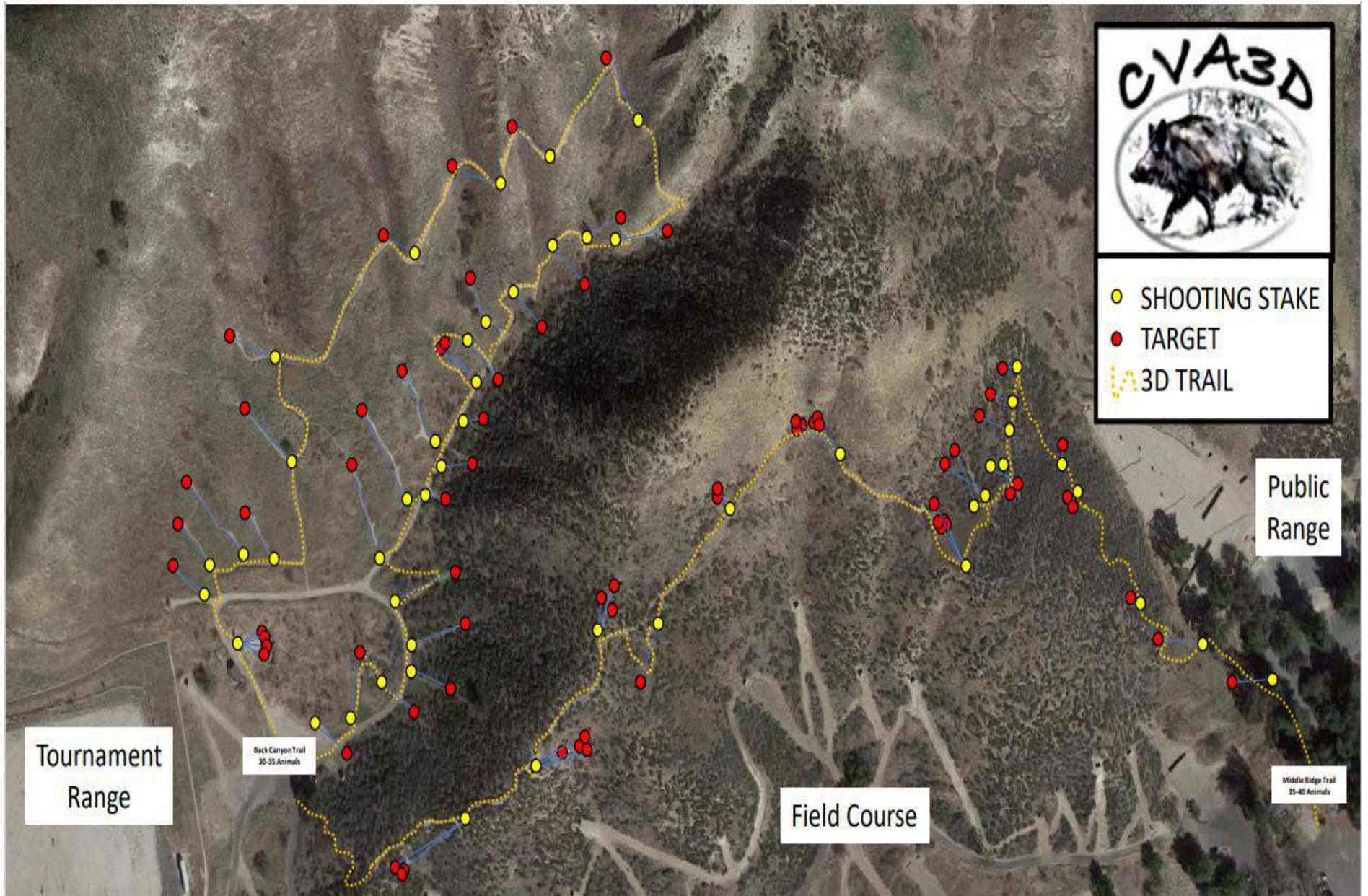
805.581.1671

2150 Agate Court • Simi Valley, CA 93065

CVA CONTACT INFORMATION

BOD Member	Position	E-Mail	Phone
Kurt Hoberg	President, Coach	president@cvarchers.com	805-552-9934
Cathy Linson	Vice President	vicepresident@cvarchers.com	805-791-5102
Scott Leviant	Secretary, Tournament Range Chairman, Coach	secretary@cvarchers.com	213-590-6370
Genevieve Ivie	Treasurer, Instructor	treasurer@cvarchers.com	805-657-9742
Mike Keena	Board Member, Field Range Captain	mkeena@cvarchers.com	805-527-4585
Brandon Newcomer	Field Target Chair		
Bryan Tanger	3D Range Captain	cva3dshooter@gmail.com	
Kevin Cloepfil	Board Member		805-390-1059
Bill Davis	Board Member, Instructor		805-208-7002
David Jockisch	Board Member, Publicity Chair	davidjockisch@yahoo.com	
Erik Hammerquist	Board Member	emammerquist@outlook.com	818-515-4465
Brian Carter	Board Member, Instructor	reiadvisor@yahoo.com	818-232-1580
Clark Pentico	Previous Club President	clarkp@cvarchers.com	805-630-1749
Ken Downey	JOAD Program - Lead Coach	ken.downey@cvarchers.com	805-231-6135
John Downey	Newsletter Editor, Club Tournament Chair, Coach	editor@cvarchers.com	805-527-4894
Michelle Lim, Dawn Luttrell	Work Hours Tracking	cvaworkhours@yahoo.com	
Richard C. Silverio	Volunteer Communications, Coach	richardcsilverio@yahoo.com	818-442-5182
Dennis McKaig	Volunteer Hours Coordinator	cvamemberhours@gmail.com	
Philip Mastinick	Project Management Chair		

CVA 3D Ranges MAP



CONEJO QUIVER

June 2023 Issue



The June Club Shoot and General Meeting (11:30am) has been moved up one week to June 18th due to the CA State Outdoor Tournament being held at our range in our normal monthly time spot. Please make plans to attend.

FROM THE EDITOR

John Downey

Welcome to the June issue of the *Conejo Valley Archers Quiver*.

Yes, this is your second issue in less than a month. We moved everything up this month as we are hosting the California State Outdoor Tournament on our range again this year. This is quite a feather in our cap (Robin Hood Style of course) but does require a lot of effort on the Club's part. We still need helpers for the tournament and for the preparation. Contact **Richard C. Silverio** to other your services (see his article inside).

Kurt is back again with us, as well as our VP, Cathy Linson, and Curtis has another interesting article for us, **It's Just a Simple Stick and String, or is it?**

Geoff has another installment of **JOAD – Always On Point**, the adventures of the CVA JOAD Club program.

I hope you enjoy this issue of the Quiver.
Hope to see you around the range.

Regards
John Downey, Editor

FROM THE DESK OF THE PRESIDENT

Kurt Hoberg

CVA Range News

Overall Range News: And...the green continues...but is starting to brown....not quick enough....

Our draft Code of Conduct has gone through review and we will be adding it to our Membership packet so everyone knows and understands expected behavior on the range.

Field Range: Please, for those who have adopted a lane, visit at least once every two weeks and tidy it up. This makes the effort so much less as they grow quickly and are unmanageable before you know it. The range continues to grow, it really gets thick quickly.

Some quick tips:

- Stand by the shooting stakes and clear any vegetation that is hanging into the lane and may be blocking the target from where shooters are taking their shots.
- Take a look at the shooting stakes themselves and assess if they need to be painted.
- Your lane responsibility also includes the walkup to the next target.
- Assess the bales and stands and let a Board member or Range Captain know if there are repairs needed.

We have a new **Field Target Chair**; Brandon Newcomer has volunteered to take on this important task. For those who shoot the Club Shoots and look forward to getting an award at the Yearly CVA Banquet, this job is the unsung background position that is only noticed when the work does not get done. Based on that, I'm fairly



certain that most of you don't know what the Field Target Chair does for the Club. This position orders the materials to make the targets that magically show up on the Field Range prior to each club shoot. This involves hosting 'Pasting Parties' where we paste the targets you shoot onto cardboard, cut them to the right sizes, and once a month place them prior to the Sunday Club shoot onto the entire range. When you see a Pasting Party volunteer opportunity, come on out and help, its one of the most enjoyable and low impact jobs we have on the range. And, be sure to thank Brandon when you see him for stepping up. We need another volunteer to help Brandon, so please volunteer to assist in supporting your Club in a very important and impactful position.

As mentioned last month, the new Carpet Bales have been ordered – thanks Cathy! Once received (tentatively mid-June) we'll be placing them on the range as volunteer turnout allows. These are HEAVY and it takes at least four strong individuals to place one. If you are passionate about having these on the range, the more turnout we have to help the sooner the range will be updated with the new bales.

Below is an example of what one looks like, for reference you can also take a look at Target 15 on the range, where we installed a carpet bale in Q1 2019.



Tournament News

Pasadena Senior Games: The date has been set for the shoot, July 8-9. We will need help on Friday July 7th for range striping and setup, so please come help if you can. Keep an eye open for signups via your email, we are working on that now.

CA State Outdoor: The tournament is FULL! As of today, we have 410 archers coming to our range to shoot and compete, up from 343 archers last year.

The dates for this shoot are June 22-25, 2023. Range Setup will be Thursday June 22nd (PLEASE volunteer!), with competition taking place from Friday June 23rd through Sunday June 25th.

Work crews are hitting the Tournament Range HARD to clear the venue and make it presentable for a State Level event. As of the writing of this article, we have two weeks before the shoot, which means two work parties. Please volunteer, now is the time to help!

While this happens over the next few weeks, other range maintenance tasks are going to have to wait. Please do not complain, understand that our volunteers are under a great deal of pressure due to the rains to do more work than usual. Mature understanding, and a heart-felt 'thank you', go a long way.

This shoot brings in much needed funds into the club, as well as providing outreach to the larger Archery community. We absolutely need all the volunteers we can get for every day of the tournament, even if you can give us an hour, it is desperately needed and much appreciated. Please mark your calendars and come out to support your club. Working members, this is a great way to satisfy your tournament support membership requirement.

For those who are planning on shooting the tournament, I'm going to give a rebate for those that come out on Thursday the 22nd to help setup the range as an incentive, including parents of competitors.

CVA Club members that come out to help with setup and teardown will be comped the shoot.

California Tournaments: Be sure to check the USA Archery schedule, the CBH newsletter, and social media for status of a scheduled shoot. Schedules seem to change frequently, and often at the last minute.

Please click the links below for more info if you are interested in shooting these tournaments:

- CA Archery is using the USA Archery WEB site to schedule tournaments. Browse to <https://www.usarchery.org/events/find-an-event> to find and schedule out the event of interest.
- CBH/SAA: <https://www.cbhsaa.net/EventCalendar>

Range Security

We continue to have issues with members not locking the tournament range gate. There has been some improvement, but the issue continues.

If you are leaving the range, lock the gate. If you are coming onto the range, lock the gate behind you. If you are unsure if you should lock the gate – lock the gate. Be careful with the locks, don't drop them, or use them as pry-bars, hammers, etc.

All club members must do their part to secure our range.

See you on the range!

Your President,

Kurt

Remember, archery is easy. Shoot a 10, do it again!

FROM THE DESK OF THE VICE PRESIDENT

Cathy Linson, Vice President

Dear Club Members,

This message contains important information regarding your membership in CVA. Article III, Section 4 of the CVA bylaws regulates the conduct of CVA Members. In part, Section 4 says:

“By accepting membership in this Club, all members agree to be responsible for obeying all Club rules and policies. ... These rules and policies shall also include those imposed as grounds for our range lease, insurance, and city/county ordinances. Violation of the Club rules and/or policies shall be grounds for expulsion from the Club.”

Therefore, as part of our commitment to ensuring a safe and environmentally responsible archery experience, you must be aware of and comply with the laws and regulations in California and Ventura County that govern pesticide spraying on our range.

California state law mandates that all pesticide applications (including herbicides, insecticides, and fungicides) must be conducted in accordance with specific guidelines to protect public health and the environment. As custodians of our archery range, it is our responsibility to adhere to these regulations and promote the well-being of our members and the surrounding ecosystem. Beyond that, as Members of CVA, we are mandated to comply with laws regulating the use of such substances.

Ventura County imposes additional obligations on the application of pesticides. As part of those obligations, CVA is required by Ventura County to identify a person to become a Certified Applicator and insure that said person receives appropriate training and registers with the County of Ventura. Only trained and certified applicators will be allowed to handle and apply any pesticides on our range. Failure to comply with this requirement could result in the loss of our lease. In the months ahead, the Board of CVA will work to

identify an individual who can undertake the necessary training to serve as the Certified Applicator for CVA. Until such time as CVA has registered a Certified Applicator with the County of Ventura, no member is permitted to apply any pesticide substance (including any herbicides, insecticides, or fungicides) on the CVA property.

Your cooperation and full compliance is required. A lack of awareness of these requirements will not constitute a defense to a charge of violation of Ventura County's requirements, and will subject the violating Member to the range of consequences set forth in the CVA Bylaws.

To further support our compliance with the pesticide spraying regulations, we request that each club member report the observed use of any pesticide product on the range to the Board immediately, along with any other concerns you may have. We take all reports seriously and will investigate and address any issues promptly, in the manner set forth in the Bylaws.

By collectively adhering to these regulations and guidelines, we can maintain a safe and sustainable archery environment for our members, preserve the natural beauty of our range, and remaining compliance with the terms of our lease and the laws and regulations of the State of California and the County of Ventura.

If you have any questions or require further clarification, please do not hesitate to contact me directly at vicepresident@cvarchers.com or 805-791-5102.

Thank you for your understanding and cooperation.

Cathy

For the Board of Directors

Cathy Linson

Vice President

Conejo Valley Archers

VicePresident@cvarchers.net

805-791-5102

Member Anniversaries!

June 2023

Morgan Thomas

4 Years	Jake Anderson
11 Years	Didier Beauvoir
29 Years	Bob Bombardier
4 Years	Chris Ebuén
34 Years	Curtis Hermann
4 Years	David Hersch
4 Years	Jared Hersh
7 Years	David Jockisch
12 Years	Howard Leviant
2 Years	Michelle Lim
4 Years	James Monroe
14 Years	Norman Rice
15 Years	Brent Richter
3 Years	Victor Smith
7 Years	Ron Tripe



Thank you all for your continued support of our club!

Morgan

2023 CALIFORNIA STATE OUTDOOR CHAMPIONSHIPS

PRESENTED BY CONEJO VALLEY ARCHERS

DATE

June 23-25, 2023

LOCATION

Conejo Valley Archers Tournament Range – Simi Valley, CA

ELIGIBILITY

All competitors must have a current USA Archery Full Membership or a temporary membership for a single one event tournament. NFAA members must obtain a temporary membership for no cost from the US Archery website

REGISTRATION

Registration is open at [2023 California State Outdoor Championships – USA Archery \(usarchery.org\)](#)

FEES

JOAD: \$40

After 5/27/23: \$65

Adult: \$65

After 5/27/23: \$90

LUNCH

Snack bar on site, with snacks and drinks. No Lunch Service!

WAITLIST

No waitlist available.

RULES

USA Archery Dress Code and all USA & World Archery rules apply. Visit [usarchery.org](#) and [worldarchery.org](#) for complete rules. Personal coaches are restricted to the spectator area during scoring.

SHIRTS

Customizable T-shirts/sweatshirts will be available on-site
Contact Tournament Director Rose Hoberg at info@cvarchers.com for more information.

2023 State Outdoor Championships

Conejo Traditional Group at the CBH SAA State Field Championship



Josh, Wendell, and Jeff with their trophies from the [CBH SAA](#) State Field Championship. Josh set 4 state records, while Wendell and Jeff took first and second respectively – congrats to all.

FEW PICS FROM A RECENT RANGE WORK PARTY AND 1 FROM THE TRAD SHOOT

Courtesy of Morgan Thomas



SNAKE BITE – FIRST RESPONSE PROTOCOLS

THIS ARTICLE IS REPOSTED AGAIN THIS MONTH DUE TO ALL OF THE RECENT SNAKE ACTIVITY ON THE RANGE

You may be unsure whether you've gotten a snake bite or an unrelated injury. Some signs of a bite include puncture marks at the site of the wound, pain and swelling as well as neurological symptoms such as blurred vision or numbness and tingling of your face and limbs.

If you or another person, are bitten, try to remember the color and shape of the snake, because that may help medical professionals treat the injury.

1. Sit down and stay CALM
2. Do NOT apply a tourniquet
3. Do NOT suck on the wound
4. Stay calm, and alert any immediate local assistance to coordinate transportation to hospital, or call 911 – arrange to meet emergency vehicles at gates

Site addresses:

- **Main Gate:** Tapo Canyon Park – 4651 Tapo Canyon Road
 - **Tournament Range side:** 5000 Bennet Road
5. Wash the wound with warm, soapy water if possible
 6. Circle the site of the bite with a Sharpie and write the time next to it. You should keep a list of your symptoms and

periodically update it, as that could help the medical team that treats you.

7. Cover the wound with a clean, dry dressing. **First-Aid kits** are posted all around the range areas at Main Kitchen, Stage area, between Targets #12 and #13 at the portable restroom, 3D Shade structure, Tournament Range, and the Public Session Range.
8. **Remove jewelry and watches, which will be much harder to get off if your limbs start to swell.**
9. If you begin to experience anaphylaxis, including swelling of the face and throat, hives or difficulty breathing, use an EpiPen if you have one.
10. **VERY IMPORTANT** – Call ahead to the local hospital to alert them that you are bringing in a rattlesnake bite victim and verify they have anti-venom immediately available at the site.

Local Hospitals that generally have or have access to anti-venom onsite:

- Los Robles Hospital – Thousand Oaks – 805-497-2727
- Adventist Health – Simi Valley – 805-955-6000

Report the incident to the club as soon as possible.



First aid kits

First aid kits are available at sites most of you are already aware of , including the Public Session (PS) entrance, the PS Bin, the Kitchen, the Tournament Range, the Field Range, the Middle Ridge Trail, and the 3D Range. You should take a moment the next time you are at the range to check out the locations especially on the ranges you usually shoot; ask your fellow archers if you are not aware of the above first aid kit locations. Presently there are 10 first aid kits each containing identical items; this helps me manage their contents keeping them fresh and up to date and helps you to know what first aid items are available to you should you require them. The picture below shows these first aid items.



The kits are inside white lock boxes clearly marked; see picture. Each lock box has a breakable plastic tie attached to a wooden handle. When pulled the lock box can be opened, this allows anyone to see from a distance that a first aid kit has been used so I can replace any missing items and keep the kits up to date.

I will gladly accept any calls or text messages regarding these CVA first aid kits, my number is 805-603-5585. Let me know if you see that a kit has been opened or needs attention in any way.

Thanks for your attention and remember Safety First!

Thanks,
Arthur Robertson



JOAD – Always On Point

June 2023



Summer is here and JOAD has been busy!

In early June our JOAD celebrated the high school graduation of three archers, Audrey, Nic and Rhett! We have been shooting with these kids for a few years now and it is amazing to see how much they have grown as archers and as human beings. Our celebration included a variety of treats, mimosas for the parents, breakfast burritos, muffins and donuts. We are excited to see where the future takes them!

Prior to the SoCal Showdown, Ken, Geoff and John Downey put together a mini USAT tournament complete with a bracket. The kids shot at distances they were comfortable with or were required to shot for the tournament. Just like a USAT tournament, a win would get the archer two points, a loss zero point and a tie one point each. To add some competition for the kids, father and son duo, John Downey and Ken Downey participated. The mini tournament lasted the entire JOAD session with the overall winner being JOHN DOWNEY! Yes, that is correct, he knocked out his son in the semi finals! Bragging rights are guaranteed for quite a while. True... John also beat a bunch of kids, but they were all excited to cheer him onto a win over Ken.

It's a good thing we held a mini USAT tournament as the following week Ken, Nic and Jack attended the SoCal Showdown in Chula Vista, CA. It was a fun tournament, hosted at the US Olympic Training Center, with the kids experiencing how these national tournaments work. Ken shot extremely well and the CVA JOAD is so proud of him. Nic competed in Recurve U21 and Jack competed in Recurve U14, both getting knocked out in the first round of finals. There was even some excitement on Sunday morning. In the first round of finals, Jack was against the #20 ranked archer and it was down 4 to nothing. In the third end Jack, thinking he was packing to go home, won his round. The score is now 2-4! Fourth round, Jack won again! The score is now tied 4-4. In the fifth round Jack and his 20th ranked opponent TIED! Score is 5 to 5 and Jack entered a one arrow shoot

off. Both archers were in great spirits as the entire field was watching the one arrow shoot off. Jack's opponent shot first and landed a 10, Jack shot immediately after, and the arrow landed in the 8 ring. Jack's day ended there, but he had a great experience at the tournament.

Next up, CVA JOAD archers will be in full force for the CA Outdoor Championships. See you at the range!

Ken and Geoff



A row of bows ...



Two graduates Rhett and Audrey with their Sparkling Martinelli Apple Juice



David K. popping the champagne!



Graduation decoration or balloon shoot off?



More balloons!



The libations were 'o plenty



Matthew had some Martinelli's



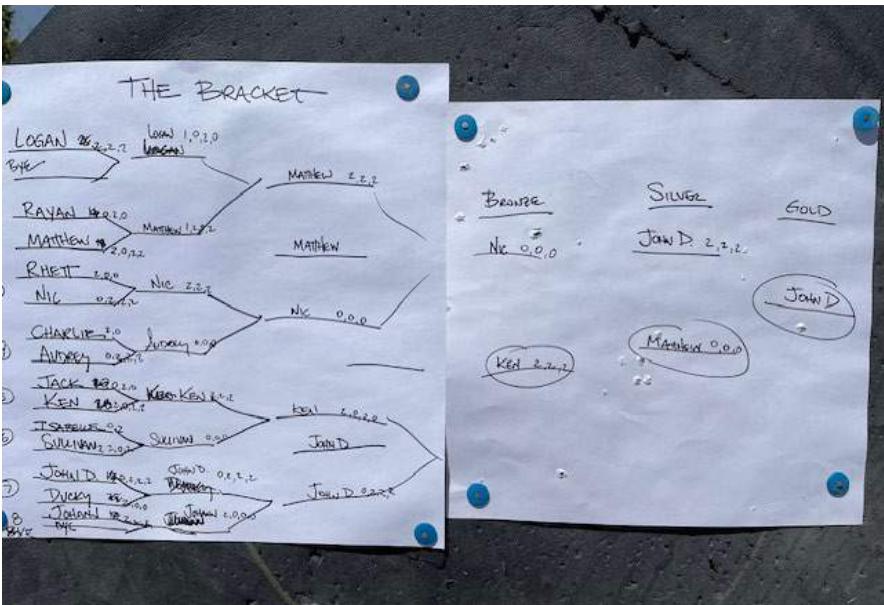
The graduates, Rhett, Nic and Audrey



Graduates and bows



JOAD knows how to party!



The bracket. Pay close attention to the bottom right of the first page...John beat Ken!



Matthew and Declan in our mini-USAT tournament.



Ken, Nic and Jack developing a strategy for SoCal Showdown.



USA Archery got a nice pic of Jack



A great day and a great group pic. Thanks Coach Ken!



Guess who we saw? Former CVA JOAD, Harley K. She found a custom scope mount to watch the action.



Nic preparing for the first round of eliminations.

FROM THE DESK OF OUR VOLUNTEER COORDINATOR (COMMUNICATIONS)

Richard C. Silverio



Conejo Members,

We still have a number of volunteer opportunities available to help out at the State Outdoor Tournament (a good way to get some of those required hours in for our working members).

There is a work party this Saturday, June 17, starting at 6:00 AM in the morning - meet at the tournament range off Bennett Road. Please see Kevin Cloepfil upon arriving, he will assign a task for you to do.

Some of the work needed to prepare is

1. Weed abatement in the parking lot.
 - a. We need every single available parking space as the shoot is full, over 400 archers coming to CVA.
2. Weed abatement in the overflow parking area next to targets 14 and 15. It was mowed last week and may need more.
3. Main Field – mowing or dragging. This needs to be knocked down to as close to dirt as possible.
 - a. Clearing weeds next to the concrete on the shooting line side, entire length of the shooting line

- b. Rock removal as much as we can
4. Weed abatement in the spectator areas

There is an online sign-up

<https://signup.com/client/invitation2/secure/6548048050/false#/invitation>

Finally, we have the following lanes in our field range up for adoptions if you are interested.

- Lanes 5, 7, 10, 11, 12, 13, 23 and 25 are all up for grabs.
- Lanes 9, 10, 12 and 13 are also up for grabs on the Middle Ridge Trail.

Please contact our Club Vice President, Cathy **Linson** at cmlinson@yahoo.com or by calling her at 805-791-5102 to let her know if you are interested in adopting any of these lanes.

Please continue to look out for emails from me for more upcoming volunteer opportunities.

If you have any questions or concerns, contact **Cathy Linson** or myself (**Richard C. Silverio**) at richardcsilverio@yahoo.com.

Thank you and see you at the range,

Richard C. Silverio

*Volunteer Coordinator/USA Archery Level 3 NTS Coach, Instructor
Trainer*

Conejo Valley Archers

Personal Email: richardcsilverio@yahoo.com

CVA Monthly Club Shoot Results

John Downey, Tournament Chair

We had nice turnout again with 22 sets of cards turned in by our archers. Oscar, Charles and Angela picked up the top three spots (with their scratch scores of 541, 534, and 507 respectively)

Josh Fint had the top Trad score of 290.

All Scores to Date

Name	Div	Style	Sex	Nov	Dec	Jan	Mar	Apr	May
Alejandro B (Guest)	A	FS	M						
Alejandro Nijamkin	A	BB	M						175
Angela Rogers	A	FS	F	INC		492	523		507
Ben Spielman	A	LB	M						
Brandon Newcomer	A	BHFS	M					357	410
Brent Siemer	A	TRAD	M					235	153
Brent Siemer	MS	FS	M				415	466	479
Brian Carter	MS	BHFS	M	488				485	470
Brian Carter	MS	TRAD	M		291			285	284
Brian Rohrer	MS	TRAD	M					191	
Brian Rohrer	MS	BB	M	229					
Carlo Parda	A	TRAD	M					278	
Carlos Parada	GA	TRAD	M				259	235	
Cassandra Silverio	C	BB	F						
Charles Neace	A	FS	M	529	524	522	530		534
Charlie Houghton	C	FITA	M						
Chef Robert Bogin	A	FS	M						
Chris Cavaliere	A	TRAD	M						
Curtis Hermann	GA	LB	M	161	120	124			
Erik Hammerquist	A	BHFS	M	451					
Gary Howerton	MS	BB	M	129			168	194	
George Conner	GA	FS	M	426					
Jack Houghton	Y	FITA	M						

Jaclyn Howerton	A	BB	F	257	300		261	278	
James Stankovich	GA	LB	M			150			
Jeff Owens	MS	LB	M	207					
Jim Bullington	A	BHFS	M						
Jim Collins	A	BHFS	M	432		460	408	437	446
Joe Cavaleri	GA	TRAD	M						
Josh Fint	A	LB	M			212	259	268	290
Julian Acebo	MS	BHFS	M	428					385
Justin Lerma	A	FS	M						
Keith Huebner	A	FS	M		506				
Ken Downey	A	FITA	M						
Kurt Hoberg	MS	FITA	M		417		402	441	455
Matthew Ive	A	FS	M	473	502		435	479	499
Michael Cooper	A	FS	M						
Morgan Thomas	A	TRAD	F	170	162		136	147	189
Nathan Collins	YA	FS	M				438	470	
Norman Rice	GA	LB	M				163	147	181
Norman Rice	GA	TRAD	M					169	213
Norman Rice	GA	BHFS	M						
Oscar Melendez	A	FS	M	529	537	524	542	541	541
Patrick Bullington	A	BHFS	M						
Philip Mastinick	A	BB	M				348	354	352
Rachel Howerton	A	FITA	F	395	336		302	414	
Ramon Barajas	A	BHFS	M						
Richard Silverio	A	BB	M						
Rogelio Segundo	A	LB	M		181				
Sarah Dakin	A	BHFS	F						
Scott Leviant	A	FS	M						
Stephan Buba	A	FS	M					497	475
Terry Marvin	MS	FS	M	479		468	458	474	479
Tom Sheppard	GA	BHFS	M	243	224		311	233	375
Tom Swindell	GA	LB	M	185	253	206		207	196
Wendell Wright	GA	LB	M	249					

It's Just a Simple Stick and String, or is it?

A column for the "Conejo Quiver" by Curtis Hermann, June 2023

During our recent "Archery Day" excursion, the conversation topic has been about arrows, nothing dramatic or enlightening, but still it got me to thinking about that little device we call an arrow. For such a simple device an arrow (or at least the right choice of arrow) can quickly get real complicated and is often very confusing for the archer during their first year or two in the sport. So, on my drive home, I decided that I would try to boil down the topic to the basics and use it for my next column. Here goes!

The main body of an arrow as you might expect is the shaft. Today's shaft materials are varied, so I will list them in order of popularity, carbon, carbon aluminum, aluminum, fiberglass and wood.

1. Carbon, the most durable of modern shaft materials, straight, light weight. They remain straight unless broken, the downside is that they require inspection for damage if the arrow comes in contact with any solid material, it was not intended to hit. If carbon fibers get into the bloodstream, you are in serious trouble, so keep an eye on your carbon shafts. The upside is they are strong, straight, light and some real good ones are reasonable in cost.

2. Carbon aluminum, an expensive top end shaft with the exactness of the aluminum core or shell and combined with the strength, stiffness and light weight of carbon. The *small diameter* of these shafts is a plus in penetration and of course are less effected with wind drift on their way to the target. These arrows can be bent but



it is usually minor and they can be straightened more easily as the carbon protects the aluminum and tends to help keep it straight. Expensive, accurate and penetrate the best.

3. Aluminum, extremely tight tolerances in straightness and weight and spine (stiffness) and still very popular in target archery. Aluminum is a heavier material and sometimes preferred by hunters for the very large game like moose or musk ox, due to its penetration from its weight. Downside to aluminum is that it bends fairly easy with today's modern bow performance. Once bent it is rarely able to be straightened sufficiently for competition purposes and the act of straightening also tends to soften the spine a minor amount. Pluses are the reasonable cost, the amount of choices in sizes to meet every archers need, and its consistency and accuracy.

4. Fiberglass, a material that is usually used for youth or children's arrow, very straight and very durable and a great choice for your beginners first arrow. They can handle being stepped on by your little ones with no damage!

If you can find some of the fine fiberglass hunting shafts of the 70's & 80's they are a joy to shoot, durable and a little on the heavy side, just right for hunting.

5. Wood? Wood is for who? Robinhood?

Wood arrow shafts are having a healthy resurgence these days and for a few good reasons, so let me tell you a little about wood shafts. On top of having been the only arrow shaft material for nearly 10,000 years, it is still a very viable shaft material that has some special qualities that I will tell you about.

You will notice some things that are different when you examine a wood arrow, it is a little larger in diameter (generally) than your more modern synthetic shaft material, it has a wood grain appearance and is usually fletched with colorful feathers that are

longer than the plastic vanes you are used to. It is also often artistically crested with bright paints and feathers that make it very pleasing to the eye. The nock and the point are glued on to the shaft, not pressed in or screwed in. And when broken it will give off the very pleasing scent of Port Orford Cedar.

Some things you won't see are the difference in weight, a good set of wood shafts will be weighted within ten grains over a dozen (ex. 320-330 grains for a bare shaft) and will have a spine difference within five pounds (ex. 45 to 50 pounds). Not as precise as the modern arrow, but surprisingly more accurate than you would think, you probably will not notice an accuracy difference until beyond the forty-yard target (which is beyond most hunting shots), making this arrow a fine choice for the roving and hunting archer.

Wood arrows are primarily the choice of the instinctive, gap shooter or point-of-aim traditional archer. If you shoot with a sight, you will miss out on a lot of the experience and beauty of shooting wood. Let me explain! The first thing you will notice when shooting a wood arrow is how quiet the experience is, your bow is quieter, arrow flight is more visible and everything will just seem a little softer, it is the magic of using natural organic materials.

The prettier a wood arrow is the better you will shoot it! Yes, this is true, it is not due to any change in the arrow but a change in the archer that shoots it. A beautiful new dozen arrows pleases the eye, improves the attitude and increases the adrenaline and that increases the fun meter and the end result is a great day of archery! So yes, when you shoot instinctively where you actually see the arrow approach the target, you will experience a new side of archery you never saw when looking through a sight.

Let's summarize the arrow shaft choices and make it simple! When you read up to this point it should be obvious to you that most archers first choice of arrow shaft material will be carbon or aluminum.

Carbon: If you shoot a compound, bare-bow or traditional recurve or longbow and prefer the 28-target field round or the middle ridge or back canyon 3D courses then you will find the carbon shaft as the most common choice. This shaft material is tough, straight, and the more common shafts are reasonable in cost and easy to tune, making it the most popular shaft material for the modern archer.

Aluminum: If you shoot a modern competition ILF or target recurve with a sight and prefer the "Public Session" or the "Tournament Range" you may find yourself preferring an aluminum arrow. Although the aluminum arrow comes in three price ranges (economy, standard & elite) the choices in spine range and weight make your ability to tune your bow and arrow precisely. The various price ranges mean you can move up in shaft quality as you improve as an archer.

Carbon Aluminum composite and super upper end Carbon arrow shafts: If you have advanced as an archer to the point that you are a serious contender in State, Sectional, National or World competitions, or if you are a very serious or renowned bowhunter on "Book Animal" quests, you are ready for the super elite modern shaft materials. The upside to these shafts is their long-range accuracy, light wind drift qualities and depth of penetration ability. The downside to many of these shafts are their "Heart Stopping Price!" (*Upper end Easton FITA arrows run over \$500 a dozen*)

Fiberglass: Today's fiberglass shafts are designed for the beginning archer that is most likely younger or a teenager. These are the most durable of the shaft materials and can handle things like being stepped on by your eight-year-old and they are priced right for the archer that will rapidly out grow them in a matter of a season or two. The spine range is usually from 15# to 30# and not to be shot out of heavier draw weight bows.

Wood: This shaft material has few of the qualities of more modern shaft materials, so one would wonder why anyone would choose

wood when stronger, straighter, lighter materials are available. Well, being that I am one of the 8-10 CVA archers that are currently shooting wood shafted arrows out of a traditional longbow, I will try to explain.

We all understand the lure of tradition, we see all sorts of groups who enjoy being a part of a bunch of reenactment participants. It could be a Mountain Man Rendezvous, a Western Six Gun shooters club, Civil War or Revolutionary War reenactment groups and there are many others. Traditional archers are just another group who like to live in the perceived adventure of those who came before us. Robinhood would be the one historical figure that would first come to mind but we have others that are not as well known to the general population. Art Young, Saxton Pope, Chief Compton, Ben Pearson, Fred Bear and Howard Hill would all lead the list of our pioneer hero's. These names may not be known by many of today's archers, but as time goes on in your archery world, you will begin to know them. It was the adventures of these men that we try to capture the essence of.

Beyond the lure of tradition there is just something special about a "Simple Stick and String," and the ability to make your own arrows, tabs, quivers, armguards and sharpen your own broadheads, knives and hatchets.

Wood arrows tend to be works of art, just stop Jim Stankovich when you see him on the range and look at what he can do with a shaft of Port Orford Cedar, you will come away impressed!

Next to shaft material, straightness is the next decision an archer needs to make. Not all arrows are equally straight: there is a range of straightness tolerances, typically from +/- .006 to +/- .001. The tighter the tolerance the straighter the arrow, the better the accuracy (in theory) and the more you pay for them. We are talking about carbon, aluminum and carbon/aluminum composite shafts here, wood arrow straightness does not have such tight tolerances.

Now, if you've just got to have the best, go crazy. But here's a plain fact: +/- .006 inch, the least straight of the choices, is not only pretty damn straight, but as straight as most 3D or Field Archers will ever need.

To see any difference between +/- .006 and +/- .003 you need to be a very good long-range shooter. And to gain anything by going to +/- .001 you need to be at the very top of the game.

During the years when I was collecting belt buckles and Buck knives at the CVA annual awards banquet, I shot an Easton carbon arrow that was .003 in straightness. I definitely felt that they helped me with tighter groups at those targets that were 60 yards or better. As a finger shooter, I could not release the string clean enough to benefit from a straighter shaft.

Basic Rules for Watching Your Weight: Just as dry firing can damage your bow, so can shooting an arrow that is too light. That's why the International Bowhunting Organization (IBO) recommends a minimum arrow weight of 5 grains for every pound of your bow's draw weight. So, if you shoot a 60# bow, your finished arrow (including the point) should weigh no less than 300 grains. Above that minimum, the weight of your arrow should depend on what you'll fling it at and from how far.

A lighter arrow is a faster arrow, which means it has a flatter trajectory, making accurate shooting a little easier, especially at longer ranges. For this reason, target archers usually stay near the 5-grain minimum. But all else being equal, a heavier arrow is going to have more momentum, which will aid in the penetration that a hunter needs. That's why most hunters go heavier, typically between 7 and 11 grains per inch of arrow length or pounds of draw weight.

I've found over the years that the bows made with modern materials (compound or traditional) that are under 40# of draw

weight are usually less effected by using light weigh arrows. Bows over 40# will have increasing damage over time using arrows at the lighter end (5 grains per pound of draw weight). I like 8 grains per pound of draw weight as a nice balance between flat trajectory, light wind drift, a quiet shooting bow and less hand shock. Again, we are talking about modern arrow materials here.

However, my 43# longbow shoots a 29 ¼" 480 grain wood arrow (which is just shy of 11.2 grains per pound of draw weight) as sweet as an arrow can fly.

Spine it: The concept of arrow spine tends to make folk's heads spin. So here is the least you need to know about static and dynamic spine.

Static spine refers to an arrow's stiffness at rest. Manufacturers sell arrows in a range of static-spine values. Because arrows with the same static spine will bend differently when shot through different bows (this is the arrows' dynamic spine), you need to buy shafts whose static-spine value best matches your individual rig. Otherwise, you'll have tuning/or accuracy problems.

If you are shooting a target or FITA style target recurve or a traditional hunting recurve or longbow, a moderate speed compound, you will find these standard spine charts put you pretty close to right on for most rigs. Extremely high-speed compounds, heavy point weights, arrows longer or shorter than a standard 28" draw length will all change your dynamic spine, so it is time to go to the pro-shop and get a little technical help. There are also some very precise after-market calculators out there to help you, when in doubt always err a little on the stiff side.

Fletch it: Vanes or feathers are both quality materials for stabilizing and guiding an arrow down range. Here is how it works, when the tail (nock end) of a speeding shaft veers out of line with the arrow point, the vanes catch extra air and steers the tail back in line. They

come in a huge variety of styles, most of which will fall into one of following categories.

Go traditional: The fletching material for millennia, real feathers are extremely light weight. Their textured surface catches air particularly well and they fold flat when connecting with a non-center-shot riser, making them ideal for stick bows. They are very pretty; they are more expensive and not as durable or weather resistant as synthetic material. Still many National and World Champions use feathers for their ability to stabilize a shaft quicker upon launch.

Plastic vanes: Come is many sizes (1" 1.5" 2" 3" &4"). Plastic vanes are durable, generally quiet in flight and impervious to weather. Vanes are also heavier than feathers and this will affect slightly both spine and FOC.

Go High: The short 2" high profile stiff Blazer vane that comes attached to most factory-built arrows does a real good job for the average archer. This vane also works very well in a "Whisker Biscuit" arrow rest that is popular with hunting compound bows and using a mechanical broadhead that requires less stabilization.

The heavier the point or the larger the broadhead is, the more stabilization it will need and vice versa. Offset or helical fletching will also help in stabilization and accuracy, but it also creates more air resistance (drag) and will slow the arrow especially down range around the 60-yard mark. Spin can also create vane-clearance issues with some arrow rests.

FOC: FOC (forward of center) is the point forward of the center of the shaft where it balances, this is determined primarily by point weight. An example, a 30-inch arrow that balances 3 inches forward of the arrows center has an FOC of 10%. You can change FOC by adding or subtracting weight on the ends of the shaft. Nock weight, cresting, feathers or vanes at one end or insert and point weight at

the other end will all alter the FOC. ATA Technical Guidelines recommends 11% - 16% for FITA, 3-D 6-12%, Field Archery 10-15%, hunting 10-15%. I find a 13% works very well for field and target archery and 16% is a nice balance for hunting and penetration. Many hunting archers today are going with 18-23% FOC for hunting and while this gives great penetration it also makes for more arrow drop at the longer ranges.

The only arrow component not discussed so far is the nock, there is not a lot of weight choices when it come to the nock, your modern arrow shaft comes with the only nock choice available. The one exception is if you want to replace the factory nock with an electronically lighted nock. These nocks are very effective at keeping the arrow visible in flight and on contact with the target but they are also very heavy and will definitely alter your FOC, so build your arrow with this in mind.

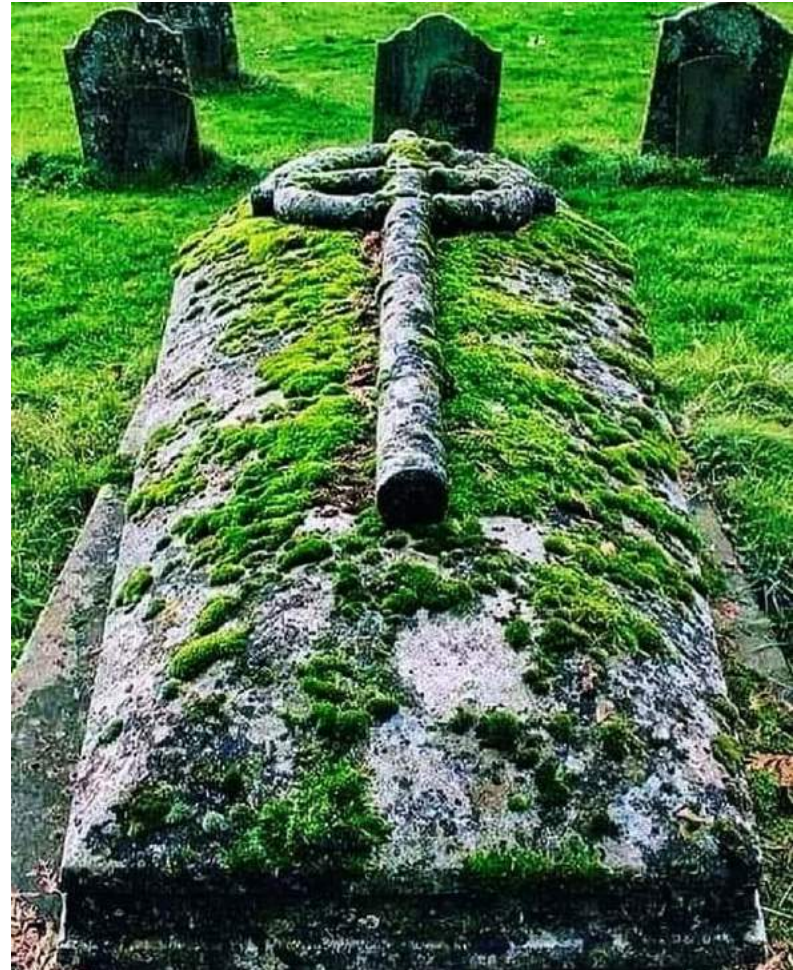
So, there you have it! Just about everything you really need to know about the arrow, its design, components, and the why's of each piece. You see it really is just a "simple stick" with a few little add-ons to make it pretty, make it accurate, make it fun, and make it deadly.

Till next month,

Curtis

Grave of Robin Hood

One of several graves in England attributed to Robin Hood

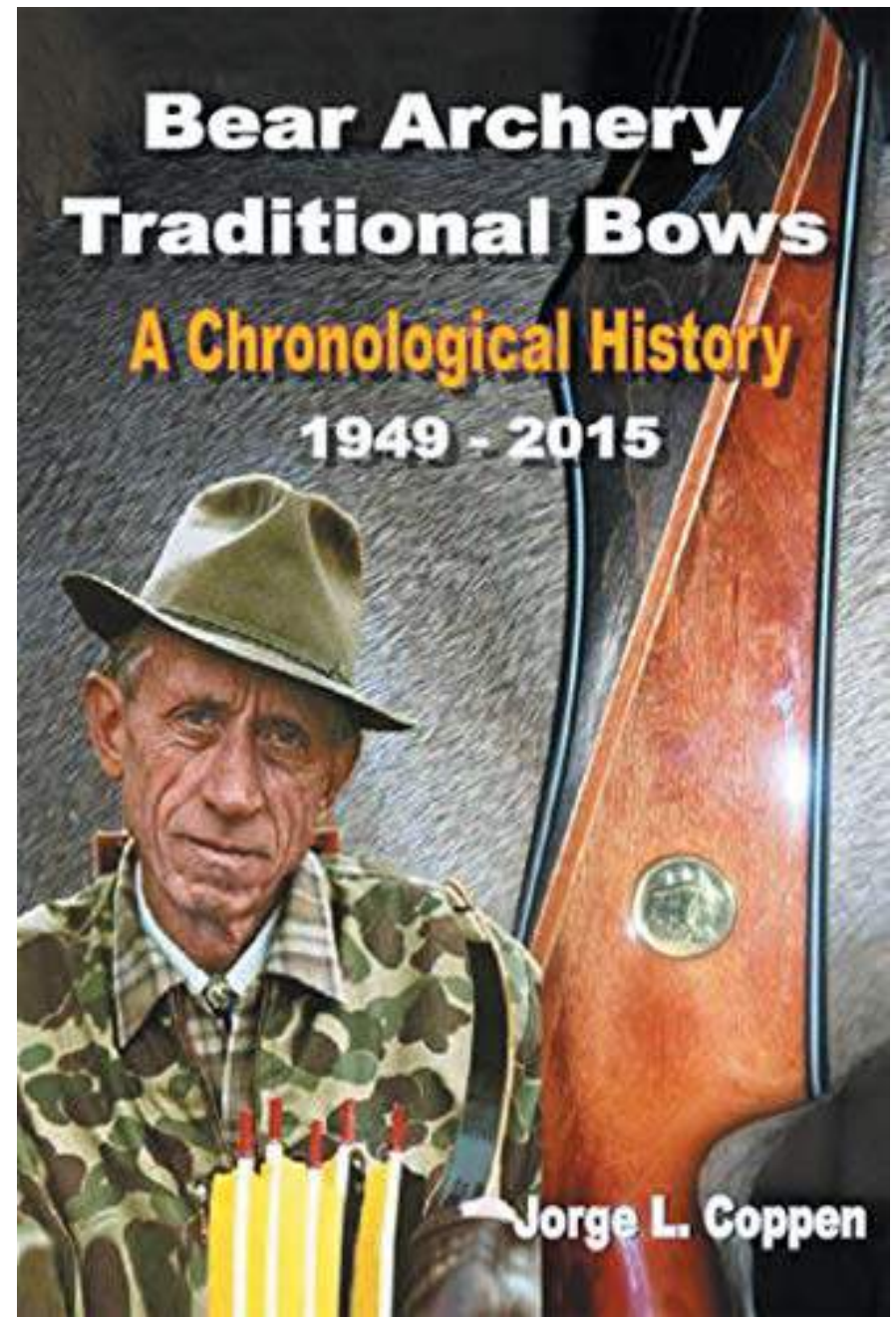


Grave of Robin Hood
Died: November / 8 / 1247.
"Here under this little stone
Lies Robert Earl of Huntingdon
Never has an archer been so good
And people called him Robin Hood
Outlaws like him and his men
England will never see it again.

Western Yorkshire England.

**NEW MIDDLE RANGE TRAIL
LANES 9,10,12, AND 13 NEED ADOPTION**

Target #	Adopter	Type
1	Arthur Robertson	Rabbit
2	Arthur Robertson	Bear
3	Ben Shirley	Raccoon
4	Ben Shirley	Coyote
5	Ben Shirley	Coyote
6	Rogelio Segundo	Deer
7	Brian Carter	Caribou
8	Brian Carter	Standard Brown Bear
9		Deer
10		Deer
11	Brian Rohrer	Turkey Flock
12		Raccoons & Ground Hogs
13		Black Crow & Raccoon
14	Wendell Wright	Deer in Meadow
15	Tom Swindell	Antelope, Turkey & Pig
16	Jeff Owens	Deer & Dogs
17	Sarah Villalobos	Black Boar, Pig & Standing Bear



ADOPT-A-TARGET (CVA Roving Range)

Target lanes 4, 13, 16, 23, and 25 are in need of adoption.

If interested in helping to care for one of them you can contact our Club Vice President, **Cathy Linson** at cmlinson@yahoo.com or by calling her at 805-791-5102

Jbd

Target	Distance	Adopter
1	35 yrd. fan field 36 yrd fan hunter	Ben Shirley
2	30 yrd. field 32 yrd hunter	Ben Shirley
3	20 yrd. field 19 yd walk-up hunter	Tom Swindell
4	35 ft. walk-up field 11 yrd hunter	
5	80 yrd. walk-up field 70 yrd. walk-up hunter	Norm Rice
6	25 yrd field 28 yrd. fan hunter	Felipe Gamboa
7	55 yrd field 53 yrd walk-up hunter	Mike Steinwender
8	45 yrd walk-up field 44 yrd hunter	Jeff Owens
9	15 yrd. field 15 yrd. walk-up hunter	Ron Riley
10	65 yrd. field 64 yrd. walk-up hunter	Brian Carter
11	40 yrd field 40 yrd. Hunter	Norm Rice
12	60 yrd field 58 yrd. walk-up	Jackie Rice
13	45 yrd field 23 yrd. walk-up hunter	
14	50 yrd. field 48 yrd walk-up hunter	Mike Chase
15	45 yrd. walk-up field 44 yrd. hunter	JOAD Parents

16	50 yrd. field 48 yrd. hunter	
17	20 yrd field 19 yrd. walk-up hunter	JOAD Parents
18	80 yrd. walk-up field 70 yrd walk-up hunter	Brent Richter
19	55 yrd. field 53 yrd. walk-up hunter	Paul & Nathan Sweet
20	25 yrd. field 28 yrd. fan hunter	Arthur Robertson
21	35 yrd. fan field 36 yrd fan hunter	Arthur Robertson
22	30 yrd. field 32 yrd. fan hunter	Phil Bruno
23	35 ft. walk-up field 11 yrd. Hunter	
24	45 yrd. field 23 yrd. walk-up hunter	Julian Acebo
25	65 yrd. field 64 yrd. walk-up hunter	
26	60 yrd field 58 yrd. walk-up	Arthur Robertson
27	15 yrd. field 15 yrd. walk-up hunter	Ramon Barajas
28	40 yrd. field 40 yrd. hunter	Thomas Cayia
	20 yd practice butts running pig	Thomas Cayia



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CVA CONTACT INFORMATION

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Philip Mastinick	Project Management Chair		

CVA 3D Ranges MAP

