

CONEJO QUIVER



[info@cvarchers.com](mailto:info@cvarchers.com)  
[www.cvarchers.com](http://www.cvarchers.com)

Monthly Newsletter

**August 2012**

## From the Prez



I would like to thank all those who helped at the last work party. We changed bails for 6 targets, fixed the tool rack in the bin, found the main water main and fixed a pipe leak. We also did the normal housekeeping duties. It was hot, but I can safely say “Mission accomplished.” Big thanks to Keith for organizing and leading the effort.

All of this volunteer labor leads me to think about how many hours our members give to the CVA. So I started adding the time up. Based on my back of the envelope numbers, I think the number is around 300 to 400 hours per month. This includes JOAD, range maintenance, board of directors meetings and miscellaneous tasks. This is before the shoots, which are another 150 to 400 hours per shoot. When you add it all up there are about 5000 to 7000 hours per year of volunteer labor. We are talking some seriously dedicated volunteers

I must admit, the range has not looked better since I have been a member. With all the volunteer help, JOAD, facilities, trails, lanes and the areas by the bins look incredible. This is all thanks to the many hands of our CVA members.

Thank all of you who have helped make CVA the incredible facility that it is today.

Clark Pentico  
CVA President

## From the desk of The Vice Prez

### Dave Dragan

Hi everyone, Well the Olympics are over and a big congratulations to our US Mens and Womans Archery teams. As you probably know the men brought home the team silver just missing the gold by 1 point! And Katuna Lorig made it to the bronze metal match, and ended up loosing to the girl from Mexico. All in all it was a very good showing for our US Archers! And I hope that all of you got a chance to watch some of the matches on TV and enjoy the fact you were watching the best Archers in the world compete in Olympic style Archery!! I know that the interest in our sport will continue to grow because of the exposure Archery got during the Olympics and the fact that the entertainment industry is adding to it also! We will continue to be busy at our Saturday JOAD sessions with many new people coming out to try Archery for the first time, and I don't see this letting up any time soon!!



This leads me to the next thing. We have an awesome staff of Coaches and Instructors at CVA JOAD! But we have been very busy lately and can always use some extra help! If you as a member of CVA have never seen what we do on a typical Saturday processing on average of 175 to 200 people in 5 hours, come on out and join in on the fun! If you want to hone your own skills as an Archer, I as a Coach know no better way than to work with other Archers on their skills. This just helps you to understand your form better by teaching someone else how to understand form and technique. And this will give you an opportunity to become involved in you club!!

As far as getting more involved in your club, lets talk about elections coming up! We have board positions available and we need some nominations for these positions. Now you can either nominate someone you feel would be an asset to our board, or nominate yourself!

Please come out to the next monthly club meeting and make your nominations known. Or you can contact myself or any other current board member to make a nomination. The elections will be held during September with results announced at the annual October club shoot and awards meeting. So if you would like to get more involved in our club, or know someone that you think would be an asset, nominate them soon! We have a lot of work to do in the future for our ever growing club and can always use some new blood and ideas to help continue to make CVA the the premier Archery complex I think in the country!! Thanks all, hope to see you all at the range enjoying our great sport!!

Thanks all. I hope to see you all at the range enjoying our great sport

All My Best

Coach Dave





## **CBH/SAA- Your State Archery Association Explained By Curtis Hermann**

Last month we discussed the NFAA, the national organization that enforces rules and records all things pertaining to field archery on the national level. This month we are a little closer to home as we discuss our own state archery association, what it does and the relationship it has with you, the Conejo Valley Archers and the NFAA.

First let's us just understand the acronym CBH/SAA, it is in two parts - the first part (CBH) stands for California Bowman Hunters and the second part (SAA) stands for State Archery Association. It is therefore a joining together of the bowhunters (CBH) and the target archers (SAA). Generally speaking the organization is referred to as CBH (how we like to shorten things up!)

This is very important, in most states these two organizations are separate entities, by joining forces we have more political clout through a larger membership. This joining of forces does benefit the bowhunter somewhat more than it does the target archer but that is just the nature of the beast, not necessarily a weakness in the organization. Let me explain. Bowhunters spend money on hunting licenses and game tags, this in turn benefits and supports monetarily a large state agency (CA.Dept. of Fish & Game), therefore we have a close relationship with this agency through the CBH/SAA Legislative Team; who speaks for and represents every bowhunter in California .

As a member of this team for ten years during my tenure on the CBH/SAABOD as Bowhunter Education Chairman, I like to think I have considerable experience from which to draw conclusions from. A second benefit that the bowhunter has with CBH is the Big Game Club, this is run by the Second VP of Hunting, Craig Fritz (a local Ventura County native and past CVA member) and Craig does an excellent job of Recording and Publishing all the measured animals into the record book, (published bi-annually)



he oversees Jerry Maytum's <sup>3</sup>Team of Measurers,<sup>2</sup> their training and in addition puts on the annual State Broadhead Tournament. This tournament is extremely popular and a big fundraiser for this organization. For those of you who are into small game, the Small Game Club Chairman is Dennis Hayworth; these records are published in the CBH newsletter and in the Big Game Book. If you are a CBH/SAA member and submit an animal for measurement and it meets the minimum score needed you are a member of the Big Game Club.

The Target Archery side of CBH has no similar compelling agency in state government to support or create a relationship with and therefore the target archers have somewhat less clout than the bowhunter but do not underestimate the power they do have. The target archers must deal with a lot of local government agencies like Parks and Recreation or open space groups, often much of this work is done at the club level. It is through the relationship the club has with CBH/SAA and the NFAA that gives it the clout it needs to convince local governments that we are a safe, regulated and insured sport and that they should consider our needs as an enhancement to their community.

Under the 2nd VP Field the State outdoor Field Round Tournament is held. Under the 2nd VP of Target the 900 or American Round, the State Indoor Tournaments are held. All these records are kept by CBH/SAA, published in the newsletter and on occasion published in book form by the CBH Historian. I may not be perfect in stating which 2nd VP is in charge of which tournament but between the two of them they cover all the target archery tournaments, record keeping and rule enforcement.

So let's review, CBH is in charge of the Big Game Club, the record book, the measurers, the Legislative Team and the State Broadhead Tournament. SAA is in charge of the State Field, the State 900 or American Round, the State Indoor tournaments and the record keeping of each as well as the History of California Archery Champions and pioneers i.e. the Hall of Fame.

There are two other positions within CBH/SAA that you should be aware of and those are, the IBEP Chairman (International Bowhunter Education Program) and the NFAA Director (our emissary to the NFAA BOD). The IBEP Chairman oversees the bowhunter education program and the NFAA Director takes the results of the California Archery petitions to the National Meeting for possible implementation into the tournaments regulations.

CBH/SAA has an annual meeting in January of each year, one year the focus is on the Big Game Club and the trophy's that were recorded for the two-year period, the next year the focus will be on the Hall of Fame and Tournaments and California Archery History. This meeting rotates from North to Central to Southern, California. This coming year it will be in southern Cal.

Although I have shown the two sides of our State Archery Association it should be noted that all officers within CBH work back and forth on all issues concerning the organization and that there is no distinct division between the two sides in practice.

I think this is a fair representation of CBH as an organization, now lets explore the relationship to the clubs. Within this state there are many archery regions that are subject to CBH. The borders of these regions are always in flux as new clubs come on board and old ones fold or disappear for some reason or another. Most regions are a group of 3 to five clubs on average; if a region grows large some clubs may break off and create a new region.

CVA is currently a member of SCAA or Southern California Archery Association and probably includes the Verdugo Archers and perhaps Pasadena Roving Archers. Each of these clubs send a representative to the quarterly meeting to present any petitions from their membership and to help solve the issues of the region, such as not scheduling a tournament during the time another club in your region has one scheduled.





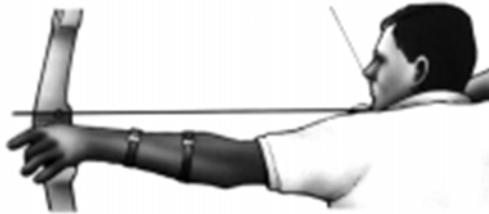
Next month our very own “secretary for life,” JBD, will take us through the relationship between CVA and the NAA/JOAD program, what it does for the youth and membership of CVA, and that will complete this little series. We hope that together we have contributed to your store of knowledge of this little world we call archery.  
Curtis



# Tech Talk with JBD - Correct Arrow Length

One of the most frequent questions I get from archers new to the sport is “What is the correct arrow length for me (or for my daughter or son). The answer I give is not the same for adults and children.

Generally we want the arrows for kids to be an extra 1 to 2 inches longer than what I would proscribe for an adult to allow length for them growing (the kids of course and not the arrows ;-). We allow for the extra length, to help prevent them from pulling the arrow off the rest while drawing back and inadvertently shooting them in the hand. I often also advise new adult archers to buy extra long arrows for themselves if they are not yet making full use of their back muscles while drawing back. New archers will lengthen out their draw as they make more use of their back muscles.



*O.K. so how do we determine what the correct draw length for an archer?*

A quick estimate of an archer's draw length for a FITA or Recurve bows can be determined by drawing back an extra-long arrow and having someone mark the arrow **at the arrow rest** for you while you are at full draw. *I will state the obvious that you shouldn't stand in front of the archer and their arrow when making a line on the arrow.*

## Tech Talk with JBD

The “Correct Arrow Length” is this distance (your draw length) plus approximately one inch to allow for safety. This length (including the one inch) is the Correct Arrow Length we use when determining the proper arrow for a specific weight bow when consulting the Easton Arrow Charts. As we mentioned before, many people find that the Easton Arrow Charts has a tendency to recommend an arrow that is slightly to the stiff side.

Once again, the length is measured from the end of the nock groove (that part of the groove that is closest to the arrow shaft) and includes the nock insert if any.

This is just a starting point however. The optimum length of a finished arrow after fine-tuning is may be influenced by several factors including;

the draw length of the archer

the type and style of point and arrow rest

the configuration of the bow, and

the archer’s shooting style

I should also note that Broadhead arrows typically are longer still to safely clear the hand at full draw. In addition to the above there are a number of additional factors to consider, including the use of overdraws. The proper length of a Broadhead arrow is an article in itself, and can be covered in a future article if there is interest.

**Some Physics to Consider** - Interestingly, the knock end and the arrow rest for the arrow at full draw, can be considered two node points (think standing wave). When an arrow is released it bends around these two node points. Arrows that protrude less than the inch past the rest don’t generally work as well as it affects the nodes. This is another reason that we want the arrow to be the extra inch in length.





<i>NAME</i>	<i>TOTAL SCRATCH</i>	<i>STYLE</i>	<i>AVG</i>
Keith Murphy	4682	BHFS	520.20
Clark Pentico	4678	FS	519.80
Norman Rice	4163	FS	462.60
Steve Price	3748	FS	468.50
Doritina Pentico	3573	FS	397.00

#### Club Championship (Top Five Handicapped Scores)

Doritina Pentico is back again at the top this month in the standings for the Club Championship. Norman Rice is just 9 points back in second place. We still have two more shoots before we'll know who will walk away with the bragging rights this year. Will it be Doritina, oldster Norman Rice, or will 'Club Prez' Clark Pentico sneak in there to grab the glory and break his little girl's heart? Stay tuned.

#### Perpetual Trophy (Top Ten Scratch Scores)

Keith is still at the top this month for this award though Clark is just 4 points back. I have a feeling that Clark may surge to the top next month for the trophy. Will Clark take home the trophy again (and a can of Pledge) or will it be Keith, or Norman Rice, or someone else?

<i>NAME</i>	<i>HSCORE AVG</i>	<i>STYLE</i>
Doritina Pentico	567.00	FS
Norman Rice	558.00	FS
Clark Pentico	555.80	FS
Keith Murphy	554.40	BHFS
Steve Price	547.20	FS

#### Golden Ager Trophy (Top Three Handicapped Scores)

Norman Rice is back at the top again this month for the trophy, with a seventeen-point lead over Steve Price.

<i>NAME</i>	<i>HSCORE AVG</i>	<i>STYLE</i>
Norman Rice	565.30	FS
Steve Price	548.70	FS
Chuck Thurber	539.70	FS

# CONEJO VALLEY ARCHERS ANNUAL FUN IN THE SUN SHOOT

## ZOMBIE ALIEN NOVELTY & 3-D SHOOT

SUNDAY OCTOBER 21, 2012 @ 8:30 AM

30 TARGET MARKED YARDAGE 3-D

(Traditional Stakes – None over 50 yards)

### SHOOTING STYLES

Senior, Adult, Young Adult,  
Youth, Cub

FS, FSL, BHFS, BHFSL, BH, BB

FITA Recurve - LB (Longbow)

RB (Recurve) – SB (Selfbow)

**Class 1-A Zombie License  
Required – Issued at range**

**2 ARROWS**

**Marked Yardage**

**10 – 8 – 5 SCORING**

**Mulligans, 2 available \$1 each**



### REGISTRATION

7:45 AM TO 8:45 AM

### SHOOT STARTS AT 9:00 AM

Adults \$20

Family\* \$30

Couples \$25

Seniors (60+) \$15

Young Adults (15 - \$15

Youths (12 – 14) \$10

Cubs (under 12) \$ 5

(\*Includes Husband, Wife, and  
Dependent children under 18)

**Limited RV Camping Available - (805) 654-3951 or e-mail: [County.Parks@ventura.org](mailto:County.Parks@ventura.org)**

*No Dogs allowed on Range or in County Park. Limited Full RV Hook-ups & Tent Camping in adjacent county park. If you park inside the "county park" at any time you must pay a daily parking fee of \$4.00. Free day parking inside our fenced range.*

**DIRECTIONS:** TAKE THE 118 FREEWAY INTO SIMI VALLEY. EXIT AT TAPO CANYON. NORTH ON TAPO CANYON ROAD 3 MILES TO TAPO CANYON PARK, TURN LEFT INTO THE PARK. THE RANGE IS INSIDE THE PARK TO THE LEFT AS YOU ENTER.

FOR INFORMATION CALL 213-922-3899



# Calendar of Events

## **Aug 26th CVA Club Shoot**

Sept 9th Mojave Archers Harvest 3D marked yardage 30 targets 2 arrows

Sept 16th Riverside Archers Big cat 3D unmarked 25 targets 2 arrows

## **Sept 23rd CVA Club Shoot**

Oct 13th Mojave Archers Boo's Eye Novelty 30 targets 2 arrows

Oct 14th Oranco Bowmen Tomahawk 42 marked yardage #d 2 arrows

## FITA/JOAD Calendar of Events

Friday, September 21, 2012 - Sunday, September 23, 2012 08:00am - 05:00pm

Pacific Coast Championship :: SAC Ranking Tournament (FITA)



# Classifieds



**805.581.1671**

2150 Agate Court • Simi Valley, CA 93065

## Archery Sports

Invites everyone from CVA to come in and take a look.

If you don't know they have moved to

**6641 Santa Susana Pass Road**

**Simi Valley, CA 93063**

**(805) 557-0335**

**Archery Sports** is offering a 10% discount to all active CVA Members.

**You must be a member in good standing of CVA and show your gate Key to receive the discount.**

## **Conejo Valley Archers LOGO CONTEST UPDATED**

There are 2 ways to enter:

Email your logo entries to [editor@cvarchers.com](mailto:editor@cvarchers.com) in PDF format. Please remember to include your name and telephone number.

Submit your logo entry to any board member, bring it to the JOAD range on Saturdays, or submit at the monthly club meetings.

Entries emailed should be submitted no later than September 15rd  
Entries can be hand submitted at the club meeting on September 23rd

**All members in attendance at the September club meeting will vote on the entries. Make sure you are there.**

All entry material becomes the exclusive property of CVA and will not be returned.

Any and all intellectual property rights in ownership of the winning submission will be deemed transferred.

CVA, and/or all others authorized by CVA, shall have the right to edit, adapt, and modify the winning submission and use the winning submission in whatever manner CVA deems appropriate.

CVA is not responsible for late, lost, stolen, misdirected, damaged, incomplete, or illegible entries; or entries that are lost due to computer, internet, or electronic malfunction.

Good Luck to everyone!!!!!!!!!!!!!!!!!!!!!!



Conejo Valley Archers  
P.O. Box 3982  
Thousand Oaks, CA 91359

*Remember with the  
time change next club  
meeting will start at  
11:00 AM*

**Reminder:** Range Beautification Days  
are the 1st Saturday of even months

